The onset of large-scale turbulence in the interstellar medium of spiral galaxies

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ABSTRACT
Turbulence is ubiquitous in the interstellar medium (ISM) of the Milky Way and other spiral galaxies. The energy source for this turbulence has been much debated with many possible origins proposed. The universality of turbulence, its reported large-scale driving, and that it occurs also in starless molecular clouds, challenges models invoking any stellar source. A more general process is needed to explain the observations. In this work, we study the role of galactic spiral arms. This is accomplished by means of three-dimensional hydrodynamical simulations which follow the dynamical evolution of interstellar diffuse clouds (∼100 cm$^{-3}$) interacting with the gravitational potential field of the spiral pattern. We find that the tidal effects of the arm’s potential on the cloud result in internal vorticity, fragmentation and hydrodynamical instabilities. The triggered turbulence results in large-scale driving, on sizes of the ISM inhomogeneities, i.e. as large as ∼100 pc, and efficiencies in converting potential energy into turbulence in the range ∼10–25 per cent per arm crossing. This efficiency is much higher than those found in previous models. The statistics of the turbulence in our simulations are strikingly similar to the observed power spectrum and Larson scaling relations of molecular clouds and the general ISM. The dependence found from different models indicate that the ISM turbulence is mainly related to local spiral arm properties, such as its mass density and width. This correlation seems in agreement with recent high angular resolution observations of spiral galaxies, e.g. M51 and M33.

Key words: turbulence – methods: numerical – stars: formation – ISM: clouds – ISM: general – ISM: kinematics and dynamics.

1 INTRODUCTION
Interstellar turbulence has been inferred observationally since the 1950’s (von Weizsäcker 1951), based on the spatial distribution of the interstellar matter over the plane of sky. Its complex/filamentary structure resembled those also observed from chaotic motions of turbulent flows. Velocity dispersions have also been measured by that time (von Hoerner 1951), revealing the supersonic nature of the turbulent motions. For the years that followed, the view of a turbulence-dominated interstellar medium (ISM) became much clearer (see reviews by Elmegreen & Scalo 2004; Mac Low & Klessen 2004; Hennebelle & Falgarone 2012; Falceta-Gonçalves et al. 2014, and references therein).

H and CO surveys from molecular clouds reveals an universal scaling relation of the measured line-widths, with $\sigma_v \propto L^\alpha$ (Larson 1981), over length-scales ranging from 0.01 pc up to tens of parsecs (Heyer & Brunt 2004; Goldsmith et al. 2008; Heyer et al. 2009; Liu, Wu & Zhang 2012; Poidevin et al. 2013). The observed data is well fitted by a power law with an $\alpha \approx 0.5$ slope. Such a universal slope for the turbulence in the ISM is a striking result. Exceptions to this universal behaviour arise naturally at high-density collapsing cores as gravitational effects may dominate (Yoshida et al. 2010; Heyer & Brunt 2012) though. Density fluctuations probed by scintillation of background radiation, as well as rotation measure of intrinsic interstellar emission (Armstrong, Rickett & Spangler 1995; Minter & Spangler 1996), reveals a turbulent picture of diffuse ISM as well. The observed data indicate a single power law for the whole interstellar turbulence up to hundreds of parsecs in length-scale. Therefore, the current paradigm points towards a universal origin for the turbulence in the Galaxy. What would then be large-scale driving source of turbulence in our Galaxy?

Large star-forming regions in our Galaxy, such as Carina and Orion nebulae, induced theorists to assume a maximum role of

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stellar feedback. Winds, ionization fronts and, most of all, Supernovae (SNe), have been claimed as dominant sources for the kinetic energy of the ISM (e.g. Mac Low & Klessen 2004; Gressel et al. 2008; Hill et al. 2012, and others). Despite providing similar energy injection rate compared to the estimates for the turbulent ISM, stellar feedback is not universal, and happens at much smaller scales. As pointed by Heitsch et al. (2006), stellar feedback acts locally, and only after the first stars are formed in the cloud. Also, numerical simulations reveal that superbubble bubbles tend to release most of its energy perpendicular to the galactic disc (e.g. Melioli et al. 2009; Henley et al. 2010), reducing their efficiency in maintaining the disc gas turbulent. Moreover, it is hard to relate stellar feedback to the turbulent motions of quiescent molecular clouds. These objects show little star formation and are too dense and cold for external sources, such as a blast wave, to have any effect in driving internal turbulent motions. Most of these objects present similar internal kinematics though (see e.g. Williams, Blitz & McKee 2000; Poidevin et al. 2013).

Self-gravity has also been previously proposed as major driver of internal motions, on the length-scales of clouds (e.g. Vázquez-Semadeni et al. 2008), as well as globally in the galactic disc (e.g. Wada, Meurer & Norman 2002; Kim & Ostriker 2006; Wada & Norman 2007; Agertz et al. 2009). These later works rely on the fact that radiative cooling of the interstellar gas results in the formation of regions in the disc that become gravitationally unstable, i.e. Toomre $Q < 1$ (Toomre 1969). The dynamical evolution of the disc after collapse was followed and, in general, the motions observed have been interpreted as turbulence. Wada et al. (2002) showed that the collapse first drives motions at smaller scales, which then grow to larger scales, in agreement with a type of inverse-cascade of the fluctuations. The power spectrum of their simulations presented inertial ranges with slopes of $\sim -0.8$, flatter than observed. Since the efficiency of such mechanism depends on the initial temperature, as $Q \propto c_\star$, the gravitational collapse generally starts once the gas is cool and mostly neutral, or molecular. The low temperatures therefore result in low velocity turbulence. Another potential problem with this mechanism is that the motions driven by self-gravity are largely coherent and hence are less likely to drive the chaotic motions inherent in turbulence. Furthermore, as turbulence does not reside solely in molecular clouds that are self-gravitating, a non-self-gravity origin for turbulence is required.

Converging flows have been considered as one of the main mechanisms for the formation of molecular clouds (Audit & Hennebelle 2005; Heitsch et al. 2006; Hennebelle, Audit & Miville-Deschênes 2007; Banerjee et al. 2009; Heitsch, Naab & Walch 2011), and could also be the cause of their turbulence. Strong shocks combined to efficient cooling of the downstream gas result in very dense and cold thin layers. Applied to the ISM, this picture may be understood as the origin of dense and cold structures, like the cold ISM, or even molecular clouds. These dense layers may become unstable to the non-linear thin layer instability (NLTI; Vishniac 1994), resulting in their fragmentation and a complex velocity distribution. Converging flows, combined to the NLTI, would then not only be able to explain the formation of molecular clouds but also the internal turbulence. Vázquez-Semadeni et al. (2006) showed by means of numerical simulations that a thin cold sheet, reminiscent of those observed by Heiles & Troland (2003) and Heiles (2004) in our Galaxy, can be formed at the junction of the two converging flows. The velocity dispersion observed (attributed as ‘turbulence’ by the authors) is credited to the NLTI. However, as shown by Heitsch et al. (2006), the complex velocity fields observed in numerical simulations of converging flows is mostly due to the combined dynamics of the individual condensations rather than proper turbulent motions within these clouds. The energy source that generates the cloud-like structures cannot be the same that drives its internal turbulence. Also, shocks are not efficient in providing kinetic energy to the turbulent motions of the gas. Heitsch et al. (2006) find $<5$ per cent efficiency in converting the large-scale kinetic energy of the flows into turbulent components in the dense layer. Most of this energy is actually lost by thermal radiation. Although converging flows may be the dominant process for the formation of dense structures in the ISM, e.g. molecular clouds, a different mechanism is responsible for the origin of their turbulence.

Since the early work of Roberts (1969), the origin of dense clouds have also been associated with the interaction of interstellar gas with the gravitational potential of the spiral pattern of disc galaxies. The first spiral model of Lin & Shu (1964) considered these as propagating waves, based on global distributions of stars and gas taken altogether. They showed that the non-axisymmetric disturbances can propagate in a constant shape so that they always look like a spiral arm. In a different approach, Kalnajs (1973) analysed the orbits of the stars in a galactic disc. He found that, in a given frame of reference rotating with angular velocity $\Omega_p$, it is possible to construct a sequence of closed stellar orbits of increasing radii that produce enhanced stellar densities where these orbits are closer to each other. It was shown that the enhanced density of orbits is of a spiral-like shape. Since the orbits are closed, they repeat themselves after each revolution, and therefore, produce long-lived spirals. Several later works (e.g. Pichardo et al. 2003; Junqueira et al. 2013) showed that it is possible to obtain self-consistent solutions in this scenario. A spiral-shaped perturbation in a pre-existing axisymmetric potential modified the stellar orbits, which evolve into a new perturbation of the total potential. The solution for this self-consistent model is long-lived spirals. However, it has been also argued, based on N-body simulations, that arms formed from the crowding of stellar orbits are transient (Sellwood & Carlberg 1984; Carlberg & Freedman 1985; Elmegreen & Thomasson 1993; Bottema 2003; Baba et al. 2009; Fujii et al. 2011). See the review of Dobbs & Baba (2014), for a discussion on this subject. Scarano & Lepine (2012) argued that the breaks in the metallicity gradient seen in spiral galaxies would not exist if the arms were short lived. Finally, the recent analysis of spatial distributions of stars, gas and dust of the Milky Way, based on several tracers, agrees better with a long-lived density-wave theory of a four-armed galaxy (see Vallée 2014, for details).

Recent studies (e.g. Bonnell et al. 2006; Kim & Ostriker 2006; Dobbs et al. 2008; Bonnell, Dobbs & Smith 2013) have employed numerical simulations to study the dynamics of the interstellar gas as it passes through a galactic spiral shock. These revealed that spiral shocks, associated with thermal instabilities, naturally give rise to a cold gas phase in the arms that develops into molecular clouds and star-forming regions. In spite of stellar feedback models, cloud–arm interactions are ‘more’ universal in the sense that they should occur all over the galactic disc. As the interstellar gas flows into the arms, the shock fronts are in general non-steady and may suffer local instabilities such as the NLTI and Kelvin–Helmholtz instability (KHI). This unstable region may drive turbulence-like perturbations (Wada & Koda 2004; Kim, Kim & Ostriker 2006; Kim, Kim & Kim 2014). However, the perturbations arise away of the dense regions that evolve to molecular phase. The main role of the instabilities would be to drive an inhomogeneous ISM instead.

The newly born clouds may then leave the arms, thanks to the combined effect of centrifugal acceleration (for an observer in the reference frame of the cloud), as the cloud interacts with the arms.
potential, and sheared velocities of the gas due to the rotation of the Galaxy. Dense gas streaming out of arms is observed in spiral galaxies, identified as ‘spurs’ (Dobbs & Bonnell 2006). At the interarm region, these may be dissipated, by external heating and ionization, or survive and interact with subsequent spiral patterns (see Fig. 1). Cloud–arm interactions could then be an interesting alternative.

Many decades ago, Woodward (1976) provided two-dimensional numerical studies of the interaction of a cloud and the spiral shock, proposing that such interaction triggers star formation as the cloud implodes. The shocked gas should cool at time-scales shorter than the dynamical time, resulting in a dense and cool cloud that then fragments and forms stars. That author also showed that sheared motions of the cloud and surrounding gas drives KHI that can excite local turbulence. More recently, Bonnell et al. (2006) provided a number of smoothed particle hydrodynamics (SPH) simulations taking into account pre-shock ISM clumpiness, and found that a spread in the velocity distribution of the gas has also been observed. However, the velocity dispersion observed was identified by the authors as due to the random mass loading of clumps at the spiral shock, and not proper turbulence.

If focused on the shock, only the mechanism of cloud–arm interaction described above can be understood as a variation of the converging flows model. Therefore, both models suffer from the limitations such as energy transfer efficiency, and driving scales for the turbulence. However, other facet of the cloud–arm interaction has not been fully addressed yet on the problem of turbulence triggering: the effects of the gravitational potential of the arm on the cloud itself. Up to now, most models have focused on the interaction of the cloud with the gas component of the arm. These have neglected the tidal effects that can drive internal motions, possibly more efficiently than the shocks. Also, as discussed further in the paper, most of the previous numerical simulations of the gas content of the galactic disc make use of sinusoidal profiles for the arm potential. Here, we have chosen more realistic distributions obtained from self-consistent analysis of stellar dynamics, which result in exponential profile.

In this work, we revisit the problem of cloud–arm interactions, and provide a systematic study of the interaction of clouds and the gravitational potential of spiral pattern aiming at the onset of turbulent motions. This study is accomplished by means of full three-dimensional hydrodynamical simulation, using a grid-based Godunov scheme. The problem and numerical setup are described in Section 2. Main results from simulations are provided in Section 3. In Section 4, we discuss the results obtained comparing them with previous works, and by providing an analytical toy model to the problem, followed by the main Conclusions of this work.

2 GOVERNING EQUATIONS AND MODEL SETUP

The dynamical evolution of the interstellar gas, as it interacts with the gravitational potential of the galactic arm, is determined by the full set of hydrodynamical equations, solved in the conservative form as

\[ \partial_t U + \nabla \cdot F(U) = f(U), \]

where \( f(U) \) is the source term, \( U \) is the vector of conserved variables:

\[ U = \left[ \rho, \rho v, \left( \frac{1}{\gamma - 1} p + \frac{1}{2} \rho v^2 \right) \right]^T, \]

and \( F \) is the flux tensor:

\[ F = \left[ \rho v, \rho vv + pI, \left( \frac{\gamma}{\gamma - 1} p + \frac{1}{2} \rho v^2 \right) v \right]^T, \]

where \( \rho \) is the gas mass density, \( I \) the identity matrix, \( v \) the fluid velocity, \( p \) the thermal pressure, \( \gamma \) the adiabatic polytropic index and \( f \) corresponds to source terms for the given conserved variable \( U \). The set of equations is closed by calculating the radiative cooling as a source term for the energy equation, as follows:

\[ \frac{\partial T}{\partial t} = \frac{1}{(1 - \gamma)} n^2 \Lambda(T), \]

where \( n \) is the number density and \( \Lambda(T) \) is the cooling function, which is obtained through an interpolation method of the electron cooling efficiency table for an optically thin gas. The cooling function used was obtained from Smith, Sigurdsson & Abel (2008), for which emission lines from the main atoms and molecules (e.g. CO) are obtained at a temperature range of \( T = 10^{-10} \) K and gas densities up to \( 10^{13} \) cm\(^{-3} \), assuming solar metallicity \( Z = 1 Z_{\odot} \).

The set of equations is solved using the GODUNOV code\(^1\) (see Falceta-Gonçalves et al. 2010a,b; Falceta-Gonçalves, Lazarian & Houde 2010c; Kowal & Lazarian 2010; Falceta-Gonçalves & Lazarian 2011; Kowal, Falceta-Gonçalves & Lazarian 2011a; Kowal, de Gouveia Dal Pino & Lazarian 2011b; Ruiz et al. 2013; Falceta-Gonçalves & Monteiro 2014; Santos-Lima et al. 2014). The spatial reconstruction is obtained by means of the fifth-order monotonicity-preserving method (He et al. 2011), with approximate HLLC Riemann solver (Mignone & Bodo 2006). The time integration is performed with the use of a third-order four-stage

\(^1\) http://amuncode.org
explicit optimal strong stability preserving Runge–Kutta SSPRK(4,3) method (Ruuth 2006).

The system is set in the reference frame of the spiral arm, therefore the non-inertial terms (centrifugal and Coriolis) are taken as external source terms. The gravitational potential of the galaxy (Φ) is also set as an external source term. Self-gravity of the interstellar gas has been neglected in this work, as well as magnetic fields. Therefore, the external source term in the momentum equation is given by

\[ f(ρv) = -Ω_p x (Ω_p x r) - 2Ω_p x v - \nabla Φ, \]  

(5)

where we assume Ω_p is the angular velocity of the spiral pattern of the Galaxy. Gerhard (2011) presented a compilation of estimates of Ω_p based on different methods, obtaining values in the range of 15–30 km s\(^{-1}\) kpc\(^{-1}\). In this work, we assume Ω_p = 26 km s\(^{-1}\) kpc\(^{-1}\) for the calculations. Since the computational box is set in the reference frame of the spiral pattern, the potential may be set as constant in time. The gravitational potential is also split into in the reference frame of the spiral pattern, the potential may be well described by a logarithmic spiral, with a Gaussian profile on the azimuthal direction (equation 6 of Junqueira et al. 2013), as

\[ Φ_i(R, θ, z) = \xi_0 R e^{-R^2/σ^2(R)} [1 - cos(mθ - f_m(R))] - c R - |z|, \]  

(6)

where ξ_0 is the perturbation amplitude, c is the inverse of the length-scale of the spiral pattern, σ the width of the Gaussian profile in the galactocentric azimuthal direction, k = m/Rtan(θ) the wavenumber, i the pitch angle and f_m(R) the shape function, given by

\[ f_m(R) = m \tan(i) ln(R/R_0), \]  

(7)

being m the number of arms and R_0 the position where the arm starts.

The spiral pattern has been described in many previous works by a sinusoidal profile superimposed to the disc potential. A more consistent surface density distribution of the galactic disc though has been recently obtained for the Galaxy (Lépine, Dias & Mishurov 2008), based on stellar orbital velocities, showing that an exponential profile naturally arises from the linear theory of orbital perturbations. The excess in the surface density distribution was well described by a logarithmic spiral, with a Gaussian profile on the azimuthal direction (equation 6 of Junqueira et al. 2013), as

\[ Φ_i(R, θ, z) = \xi_0 R e^{-R^2/σ^2(R)} [1 - cos(mθ - f_m(R))] - c R - |z|, \]  

(6)

where ξ_0 is the perturbation amplitude, c is the inverse of the length-scale of the spiral pattern, σ the width of the Gaussian profile in the direction perpendicular to the arm σ⊥ = σsin i is defined.

Observationally, the arm-to-disc density ratio is determined as \( Σ_a/Σ_d = 0.13–0.23 \) for spiral galaxies (Antoja et al. 2011), which corresponds to ξ_0 = 0.86–1.52 \times 10^4 σ⊥ R^2 km\(^{-2}\) kpc\(^{-1}\), for i = 15° and m = 2. In our simulations, ξ_0 is kept as free parameter since we aim to understand the role of the spiral arm potential in the internal dynamics of the incoming gas. The sets of parameters used in our numerical simulations are given in Table 1. Most models were performed with a numerical resolution of 512 × 512 × 256 cells, corresponding to a spatial resolution, in real units, of ~1.95 pc. Model 1, which is mostly discussed along this manuscript was computed with 1024 × 1024 × 512 cells, corresponding to ~0.975 pc per cell.

The ambient gas is set, in the reference frame of the box, with initial velocity \( v_{ad} = Ω_0 R_0 \) \([R_0 − (y cos i − x sin i) (k cos i + s sin i), \) and gas density \( n_0 = 1 \) cm\(^{-3}\) at mid-plane (z = 0), which exponentially decreases along vertical direction with scaleheight of 120 pc. The temperature is set initially as uniform, being \( T = 10^3 \) K. Both Z-boundaries and upper Y-boundary are set as open. X-boundaries are set as periodic. Bottom Y-boundary is set as a constant inflow of interstellar gas with constant density and velocity, given by the values previously described for the ambient gas.

Finally, the ISM inhomogeneity that is interacting with the pattern potential is set as an overdense spherical cloud of radius \( R_c = 50 \) pc (as depicted in the right-hand panel of Fig. 1), with uniform density \( n_c = 10^2 \) cm\(^{-3}\) and temperature \( T = 100 \) K, and initially flowing the diffuse gas with a velocity amplitude given in Table 1. The cloud is initially positioned at the lower X-boundary. The dynamical evolution of such a cloud as it interacts with the arm is shown in the next section.

### 3 RESULTS

#### 3.1 Simulations

Let us start this section focusing on the results obtained for Model 1. We address each aspect of this specific model in detail here, which are then extended to the other models further in the paper to avoid unnecessary repetition.

As the cloud flows with the diffuse medium towards the spiral pattern, it also interacts with the ambient medium. The relative velocity of the ambient gas and the cloud creates a weak shock that is clearly visible in the top-left image of Fig. 2. The density is increased locally by a factor of ~2.5, and local shear instability is
visible. Acoustic waves also propagate outwards, at the local speed of sound.

The cloud does not fragment, or collapse, due to this effect though. On the contrary, at this stage (\(t \sim 10\) Myr), the effects of the tides generated by the arm are already visible. Whilst shocked at the left border, by the incoming ISM gas from the lower-left boundary, the cloud is slightly stretched in the horizontal direction. The accelerated portion of cloud (upper part) then shocks with the gas within the arms potential at \(t = 20\) Myr (top-centre image). The bottom part of the cloud, which is delayed, moves up more easily without shocking with any pre-existing gas. The upper portion of the cloud is now slower and had lost considerable linear momentum to the ambient gas, while the bottom part of the cloud moves towards it. At \(t = 30\) Myr (top-right panel), approximately, the cloud material shocks with itself (collapse) resulting in a disc-like structure. At this stage, parts of this system move in different directions, some upwards still sustaining the initial pull while other move downwards, falling back to the arm potential well after crossing it previously. Denser parts interpenetrate in several directions, resulting in the complex morphology seen in the mid-left panel of Fig. 2 (\(t = 40\) Myr). Now, the homogeneous picture of the preset cloud is completely changed to a complex and turbulent-like morphology.

In the following snapshots, the cloud is seen fragmented, with the presence of clumps in a myriad of length-scales, being some of them denser than the original cloud. As follows, until \(t = 90\) Myr, the dynamics of the remainings of the cloud is dominated by the arm potential, with a bulk motion following the X-axis, i.e. along the orientation of the arm. The dense structures naturally diffuse as they interact with the ambient gas, and a stream of gas flowing to the top-right direction is visible. It is interesting to point out that in the time-scales described here the gravitational collapse of some of the clumps could occur, however the collapse is not obtained here because self-gravity is neglected. A fraction of the gas mass would then be in stars before moving to the interarm region. The timescales during which the cloud remains trapped in the arm potential is discussed further in the paper.

The column density maps for the line of sight (LOS) perpendicular to the disc plane are shown in Fig. 3. As described above based on the mid-plane density slices, the cloud is clearly stretched and collapsed into a planar structure up to \(t = 30–40\) Myr. In the column density projection, it is possible to recognize that the sheared flows develop the KHI, as clearly visible at \(t = 40\) and 50 Myr (centre row). The instability is possibly the cause of the fragmentation of the cloud. The final clumpy and filamentary morphology is visible in the bottom row. Rayleigh–Taylor instabilities are also easily recognized from the column density maps, as the ‘voids’, filled with hotter material, move both upwards and downwards (depending on its position with respect to the axis of the arm) away of the potential well of the arm. The cooled and denser material then follows the opposite trend, resulting in a number of filamentary structures.
perpendicular to the arm (and to the main body remanescent of the cloud).

As the turbulence is supersonic at large length-scales (>10 pc), in the absence of any feedback from star formation, the cloud lifetimes is limited by the turbulent diffusion. The turbulent eddy diffusivity is described as

$$D_{ij} = \frac{1}{2} \frac{\partial Y^2}{\partial t} \simeq |\delta v||,$$

where $Y$ represents the averaged separation between pairs of fluid elements. For the turbulent properties of the cloud at the large scale $L \sim 100$ pc, we found $D_{ij} \sim 10^{25}$ cm$^2$ s$^{-1}$, which result in a diffusion time-scale $\tau_{\text{diff}} \simeq L^2/D_{ij}$ > 100 Myr. Therefore, the diffusion time-scale is longer than the time needed for the turbulence to be triggered as the cloud interacts with the arm. The total mass in the cloud decreases with time, reaching a value of $\sim 2 \times 10^5$ M$_\odot$ at $t = 100$ Myr. This is in agreement with the values obtained from the simulations, which could indicate that turbulent diffusion may be the dominant mechanism of disruption of the cloud. It is interesting to point here that the role of the inflowing diffuse gas on the diffusion/evaporation of the dense cloud is negligible.

The inflowing gas can also be piled-up as it shocks with the cloud. Are the turbulent dense structures seen as the result of original material perturbed by the arm, or turbulent gas resultant of shocked compression? Unfortunately, in a grid-based code, as used in this work, it is not possible to flag particles and follow their positions during the run (e.g. as in SPH codes). We contour this issue by defining streamlines of fluxes instead. The three-dimensional perspective of the cloud in combination with the velocity field, as streamlines, is shown in Fig. 4 at four different times of the run.

The streamlines have been selected to illustrate the flow of the diffuse gas. Streamlines represent the orientation of the fluxes of matter connected through cells. In a standard head-on shock streamlines are perpendicular to the shock surface, showing that the incoming (upstream) flux results, after the shock, in a denser shocked (downstream) flow. However, in our simulations, the streamlines are bended at the surface of the cloud. Since the interaction is not a one-dimensional shock, the oblique angle between the cloud surface and the velocity of the diffuse gas results in the deflection of the flow. The diffuse gas flows around the dense structure. Little, or virtually zero, diffusion of the low-density gas into the cloud is observed. The dense gas is dynamically shielded from the shock with the ambient flowing gas.

Even though a full Lagrangian integration of test particles would be required for a complete understanding of this process, the streamlines suggest that large scale, coherent and supersonic flows of diffuse matter are not dynamically relevant for the internal dynamics of the cloud. The main source of turbulence in our simulations is probably not due to the shocks between the cloud trapped in the spiral arm and the diffuse incoming flow. The internal dynamics of the dense gas must then be assessed.

### 3.2 Statistics of turbulence

The internal motions of general flows may be complex, but not turbulent. Coherent flows in an ensemble of collapsing cores for...
Origin of ISM turbulence

Figure 4. Three-dimensional projection of the density (colours) and velocity streamlines, for Model 1, at $t = 20, 50, 80$ and $100$ Myr. The streamlines represent the flow of the background diffuse medium. The denser cloud seems shielded to the flow. As the diffuse gas interacts with the cloud, it is deflected and flow around the cloud. The diffusion of the clouds material is small revealing a low efficiency in driving motions within the dense structure. Bottom: same projection but for an LOS inclined $30^\circ$ with respect to the galactic plane. Streamlines pass by, and not through, the dense structure.

instance may eventually look as turbulence from an observational perspective but naturally these are not turbulent in nature. Unfortunately, since local properties of a turbulent fluid are unpredictable, turbulence can only be modelled in terms of statistical quantities, mainly the velocity power spectrum or its correlation functions.

The velocity energy spectrum $E_u(k)$ is defined as $\int_{k=1/l}^{\infty} E_u(k')dk' = \delta u_l^2$. If the turbulence is incompressible, isotropic and local,\(^2\) the energy transfer rate between scales ($\epsilon$) may be assumed as constant. These conditions, proposed by

\(^2\)The concept of locality here is understood in terms of the scales of the interacting waves. Triadic interactions of wave–wave interactions are of the type $k_1 + k_2 = k_3$ (after selection rules have been applied to the Fourier
Figure 5. Internal velocity distribution of the dense structure, in the plane of the Galaxy, for Model 1 at $t = 100$ Myr. The field is obtained after subtraction of bulk velocity of the flow (see text), and turbulent motions are highlighted.

Kolmogorov, naturally lead to the following spectrum for the velocity field:

$$E_\omega(k) \propto \varepsilon^{2/3} k^{-5/3},$$

where, $\varepsilon \simeq \delta u^2/\tau$, where $\delta u$ is the velocity fluctuation amplitude at length-scale $l$, and $\tau = \tau_{\text{eddy}} = l/\delta u$, its dynamical time-scale.$^3$

The energy spectrum of velocity was obtained in the simulations after removal of the bulk motion of the system with respect to the arm (see Fig. 5). In order to reduce the contamination of the sheared velocity profile – in the reference frame chosen – at large scales, we subtract the average velocity obtained at each radius $R(x, y)$ from the velocity of the cells it intercepts. The remaining velocity distribution is a composition of coherent flows dynamically related to the local gravitational potential, the shocks, and the turbulence itself. The result is shown in Fig. 6 (left) for $t = 50$ and 100 Myr.

The two spectra are slightly different with the earlier velocity field ($t = 50$ Myr) showing a steeper spectrum, comparable to a power law with slope $\sim 2$. Such a steep power spectrum is expected for compressible turbulence with large Mach numbers ($M_1 = (\delta u^2)^{1/2}/c_s > 1$). At $t = 100$ Myr, the spectrum reveals a more Kolmogorov-like slope. Such ‘evolution’ of the turbulent pattern of the flow may indicate that the origins of turbulence occur in a highly compressible flow, such as strong cooled shocks, and then evolve towards a less drastic situation as energy is dissipated. Such a case would be in agreement with that of colliding flows in the ISM. A strong radiative shock, i.e. highly compressible, would drive supersonic turbulence at large scales. However, as pointed in the Introduction, such models are unable to provide either supersonic turbulence or large-scale turbulence. The typical driving for colliding flows, for instance, occurs at the shock width scales and with amplitudes $M_1 \sim 1$. Another explanation for the observed slope is that turbulence is being driven at large scale but have had not enough time to cascade towards small scales. The steeper spectrum would then be caused by a lack of energy at small scales, instead of a more efficient cascade process due to compressibility. The typical time-scale for turbulence to cascade at a given length-scale $l$ is $\tau \sim 1/\nu \sim l^{2/3} (M_1 L, c_s)^{-1}$, being $M_1< L$, the sonic Mach number of the turbulent motions at the largest length-scale $L$. For a temperature of $T \sim 10^2-10^3$ K, and a scale of $L \sim 100$ pc, we find $\tau \sim 3-5 \times 10^7 M_1^{-1}$ yrs. For a mildly supersonic turbulence, the turbulent cascade should not be fully evolved at $t < 50$ Myr, in agreement to the proposed idea.

Another tool that may be used to identify if the turbulence is actually driven at large scale is the statistics of enstrophy ($Z(k)$), defined as the energy spectrum of vorticity $\omega = \nabla \times \mathbf{u}$, i.e. $Z(k) \equiv 2\pi k \langle |\vec{\omega}(k)|^2 \rangle$. Similarly to the energy spectrum of velocity, enstrophy is related to the second moment of vorticity distribution as $Z(k) \sim \langle |\vec{\omega}(k)|^2 \rangle$. The enstrophy is an invariant of the Navier–Stokes equation in two-dimensional turbulence, with interesting implication for the galactic disc case if motions perpendicular to it get constrained somehow, especially for the inverse cascade problem (see Section 4). In any case, even in the three-dimensional case, the spectrum of vorticity can lead to interesting conclusions. In a Kolmogorov-like turbulence, since $Z = k^2 E_\omega$, the slope of enstrophy is $+1/3$, resulting in the accumulation at small scales. The peak in $Z_k$ is expected to occur at the transition scale where dissipation starts to dominate the dynamics of the flow. If the driving source was shock induced at scales as large as the shock widths, and inverse cascade operate, the observed enstrophy spectra would be peaked at small scales – during the whole simulation – and slowly evolving in time towards the large scales. This is exactly the opposite to what is shown in Fig. 6 (right). There the enstrophy spectrum at $t = 50$ Myr is not peaked at small scales, but is flat. At $t = 100$ Myr, most of the curve is nicely reproduced by a $+1/3$ power law, at the inertial range, with a peak at small scales. The total enstrophy spectrum increases with time, specially at small scales. The increasing pile-up of power at the small scales indicate a ‘cascade’ process, which is associated with the fact that the driving of the turbulence must have occurred at larger scales than that of shocks.

Fig. 7 shows the spatial distribution of the squared vorticity in the galactic plane, at different times of the run, from top left ($t = 10$ Myr) to bottom right ($t = 90$ Myr). From this, it is not clear though on what scales turbulence is driven, as its power peaks at the dissipation scales. On the other hand, it is possible to use this quantity as an indication of where turbulent motions have been excited. The early stages of the cloud–arm interaction, at $t = 10-20$ Myr, are dominated by shock-induced vorticity. These are caused by both the shear of the downstream and upstream flows, as well as to the local instabilities, as discussed before. These regions are restricted to the shocks though and had not enough time to diffuse, or to cascade inversely, in the dynamical time of the cloud. It can be seen that at $t = 30-40$ Myr, the whole cloud has become filled with increased vorticity. Notice that the triggering mechanisms here are different. At the later stage, the cloud has already been tidally stretched and contracted, as it is now falling back to the arm after one crossing. At $t > 60$ Myr, the surrounding diffuse medium also presents increased vorticity. We find the main driving mechanisms to be the non-linear interactions of waves excited by the shaky cloud, during its motion in and out of the spiral arm, and the Rayleigh–Taylor instability, as it advects part of the turbulent gas out of the arm.
Origin of ISM turbulence

Figure 6. Power spectra of velocity (left) at two different times of the simulation, for Model 1, as a function of wavenumber $k = 1/l$ kpc$^{-1}$. The reference dotted lines corresponds to a standard Kolmogorov slope $-5/3$ and Burgers slope $-2$, which also corresponds to compressible turbulence. At first glance, one may believe in a transition from compressible to incompressible turbulence as time evolves. However, this is not the case as seen from the spectra of vorticity (right). The small power of vorticity at small scales reveal that most driving is then occurring at large scale. At $t = 100$ Myr, the cascade is fully developed – as the typical time-scale for the energy transfer though scales is $\tau \sim l/u_L \sim 3 \times 10^7$ Myrs, at the largest scale –, and an increasing power spectrum of vorticity (with slope $\sim 1/3$, as in Kolmogorov case) is then observed.

Figure 7. Mid-plane maps of the squared specific vorticity ($w^2 \equiv n\omega^2$) obtained for Model 1, at different times of the run, from top left ($t = 10$ Myr) to bottom right ($t = 90$ Myr). Spatial axis in units of kpc. Three different moments are identified from these plots. First at $t = 10–20$ Myr, in which turbulence is driven at the border of the cloud at the two shock surfaces due to local instabilities. The second is when the whole cloud becomes turbulent, at $t \sim 30–40$ Myr. The third is when most of the computational domain shows strong vorticity at $t > 80$ Myr.
determine the dominant process in our models since both processes occur, however we may point out that the shocks observed in the simulations are much narrower than the scales where the intermittency is observed. The clumps, on the other hand, are predominantly at similar scales of tens of parsec, and are more likely to be causing the intermittent behaviour.

The characterization of the intermittency is of particular interest here in order to understand the origins of turbulence in the ISM. The inverse cascade turbulence is known to present little, or virtually zero, intermittency (see Boffetta & Ecke 2012, and references therein). The strong intermittent behaviour in our model at small scales is another indicative that the inverse cascade cannot be the dominant driver of the observed turbulence.

### 3.3 Larson’s scaling relation

From the observational point of view, it is not possible to access the three-dimensional information of the interstellar turbulence. We must always be aware of projection effects, as the signal is integrated over considerable length-scales, much larger than the dissipation scales in most cases. Let us reconstruct observable quantities from the simulated cube here.

We follow the approach of Falceta-Gonçalves & Lazarian (2011) to calculate the synthetic observational velocity dispersions, and compare to those obtained from the actual three-dimensional distribution. The three-dimensional velocity dispersion is a function of the scale \( l \). For each \( l \), the computational domain is divided in \( N_l \) subvolumes \( V_{1D} = l^3 \). The dispersion of velocity for the size \( l \) is then obtained as the mean value of the local density-weighted velocity dispersions \( \sigma_v = \rho v^2 \) obtained for each subvolume. For the synthetic observational dispersion, on the other hand, we subdivide the plane representing the sky in squares of area \( F \), which mimics the observational beamsize. Here, we chose a LOS along \( x \)-direction, i.e. an observer within the galactic plane looking through along the spiral pattern. The dispersion of \( v^* \) is then calculated within each of the subvolumes \( V_{syn} = F L \), as a function of \( l/L \).

The results of both calculations are shown in Fig. 9, where the averaged three-dimensional density-weighted velocity dispersion are shown as red triangles, while the synthetic observational counterparts are shown as black crosses, for all LOS’s defined for each length-scale, or beamsize, as a function of the length-scale. At large scales, both values converge, while at small scales a large dispersion of the synthetic observational values is observed around the expected 3D measure. This behaviour occurs if the turbulent flow presents a highly structured density distribution, e.g. in supersonic turbulence. Voids and multiple overlaid dense structures at different LOS’s, for the same beamsize, result in very different velocity dispersions.

Historically, observational surveys of the ISM revealed a more linear scaling relation, which led to the direct fit of the Larson scaling relation (Larson 1981) \( \sigma_v \sim \sigma_0 (l/l_0)^p \). Such fit is supported by the theory itself, to some extent, due to the relation between the velocity dispersion and the structure function of the turbulent distribution. From the theoretical point of view, the energy spectrum \( (E_k) \) is equivalent – though in Fourier space – to the second-order structure function. The structure function, or two-point correlation function is defined as

\[
S_p(l) = \langle |\mathbf{u}(r + l) - \mathbf{u}(r)| \rangle \approx C(p) e^{p/(l/l_0)^{1/3}},
\]

where \( p \) is a positive integer representing the moment order and \( l \) is the vector lag in space. For a Kolmogorov turbulent spectrum,
the second-order \( (p = 2) \) structure function is then \( S_2(l) \propto l^{3/2} \), and therefore

\[
<\delta u_l^2>_ep \sim (\epsilon l)^{3/2}.
\] (12)

Observations of several molecular clouds in the Galaxy indicate however a fiducial fitting for each of these as \( \sigma_v \sim 0.9\rho^{0.5} \) km s\(^{-1}\) (see Heyer & Brunt 2004). The observational slope differs slightly from what is expected for a Kolmogorov scaling. If the complete subset data from these several clouds are plotted together instead, i.e. not only averaged values for each scale, the linear relationship proposed by Larson is less evident and a picture similar to that shown in Fig. 9 is observed (Ballesteros-Paredes et al. 2011). Possibly, the difference between the slopes obtained for individual clouds and those expected for a turbulent flow may be related to observational issues, and not to the local nature of the gas. What is particularly important here is that our models present turbulent amplitudes in agreement with those observed in molecular clouds.

### 3.4 Other models

The results shown so far have been obtained based on Model 1, which has been chosen as the fiducial model, given its higher numerical resolution and its initial setup. In order to understand how, or if, different properties of ISM/spiral arm would change the conclusions made so far, we will now analyse the dynamical evolution of the other models.

All models, except for Model 3 (see Table 1), are very similar in their general behaviour. The cloud is initially moving towards the arm, which pulls the cloud closer accelerating and stretching it. As the cloud passes through the arm, the internal motions become more complex. Internal shear and shocks dissipate part of the kinetic energy gained from the potential of the arm, triggering the turbulence within the cloud. The surrounding medium is also pushed as the cloud moves, triggering turbulence in the diffuse gas as well. The loss of kinetic energy makes the clouds, which were initially freely moving in the galactic discs, bound to the arm’s potential well. Model 3 is the only model where the cloud is unbound after its crossing. Though random motions are still driven within the cloud, the amplitude of the perturbations observed is smaller compared to the other models. The cloud leaves the box at \( t \sim 80 \) Myr.

In Fig. 10, we present the energy spectra obtained for Models 2–8, at the last snapshot. All spectra present similar profiles, though with shorter inertial range when compared to that of Model 1, due to the coarser grid used in these models. An inertial range of about one decade in wavenumber is observed in all models, with slopes similar to \(-5/3\). Compared to each other the models present similar amplitudes, except to Model 3, which lies far below the average. The outlier situation of Model 3 is explained since this is the only model run where the cloud leaves the box through the upper \( t \)-boundary after interacting with the spiral pattern. The cloud is unbound to the gravitational potential of the arm. Notice that other examples are also initially unbound, but the internal dissipation during the interaction removes enough linear and angular momentum of the cloud that then becomes bound the arm (at least long enough for a second interaction).

For the models where the cloud becomes bound to the spiral arm, the turbulent velocity dispersion may be related to other local properties. We computed the turbulence amplitude \( \langle \delta v^2 \rangle^{1/2} \) for all models, at different times, which was then averaged over the different snapshots. The correlations of the averaged dispersions found with respect to the initial parameters \( \xi_0 \), \( \sigma_\perp \) and initial cloud–arm relative velocity \( v \), are shown in Fig. 11.

The parameter \( \xi_0 \) is related to the surface mass overdensity of the spiral arm, while \( \sigma_\perp \) its distribution. These two parameters reveal the strength of the gravitational forces acting in the cloud. On the other hand, \( v \) is not related to the gravitational forces, but is the parameter that controls the shock strength between the cloud and the arm.

It is interesting to notice from Fig. 11 that there is no clear correlation between the turbulence driven in our models with the initial relative velocity between the cloud and the arm. The strength of the shock should be, if the NTLI was the dominant process in driving random motions in the gas, strongly correlated to the level of turbulence. This is clearly not observed here. On the other...
The scales at which these instabilities take place are small compared to the length-scales of the system. In the simulations presented in this work a cloud 100 pc wide interacting with a spiral arm shows shock induced turbulence at its edge, i.e. the working surface, exclusively. The turbulence driving therefore occurs at small scales \((l < 10 \text{ pc})\), and not over the whole volume of the cloud. One would then expect that, unless the cloud is completely disrupted into small fragments of the same size of the driving scales, two processes must then occur – not specifically in this order – to generate a fully developed turbulent cloud: (i) the diffusion of the turbulent energy through the whole volume of the cloud, and (ii) an inverse cascade of the turbulence from small to large scales. As explained below, these two steps impose serious restrictions to the model of shock-induced turbulence in the ISM.

Let us first focus on the filling factor of the energy injection. Waves excited by the non-linear evolution of the shocked cloud (NI, with amplitudes \(v_{\text{ini}}\), could eventually propagate inwards and result in a fully turbulent cloud. The turbulent diffusion of transonic perturbations \((v_{\text{ini}} \sim c_s)\) over the entire cloud \((V \sim L)\) occurs on a time-scale of \(\tau_{\text{dyn}} \sim L/c_s \sim 20–80\) Myr. However, because of the isotropic dilution of kinetic energy over the whole volume, in order to keep the turbulence amplitude as large as that driven initially, the cloud must interact with the arm for a time longer than \(\tau_{\text{cross}} > \tau_{\text{dyn}}/f\), where \(f\) is the volume filling factor of the shocked region (neglecting any loss of kinetic energy). Even overestimating the shock thickness as \(\Delta_{\text{shock}} \sim 0.1L\), one obtains \(\tau_{\text{cross}} > 200\) Myr, which is probably too large compared to the dynamical time-scales of cloud–arm interactions, or even compared to the lifetimes of these objects.

### 4.2 Inverse cascade: from small to large scales

The second main issue regarding shock-induced turbulence arises from the fact that the ISM turbulent spectrum peaks at scales of hundreds of parsecs. Shock induced turbulence is characterized by the transfer of energy and momentum from large scale (and coherent) converging flows into a multiscale, chaotic and diffusive field. This phenomenon has been identified in numerical simulations (e.g. Hunter et al. 1986; Walder & Folini 2000;Audit & Hennebelle 2005; Heitsch et al. 2005, 2011;Vázquez-Semadeni et al. 2007; Vázquez-Semadeni et al. 2007; Inoue & Fukui 2013; Folini, Walder & Favre 2014, and others), being promptly related to the collapse of dense structures in the ISM and star formation, and analytically described by Vishniac (1994) as the non-linear evolution of perturbations in shock-bounded slabs.

The NTII is understood to arise at large Mach number shocks as perturbations perpendicular to the working surface of the shock may grow non-linearly. The growth rate \(v\) of surface bending perturbations \((\delta)\) is \(v \sim c_s k (k \delta)^{1/2}\). The perturbations at smaller scales therefore grow faster, and drive local vorticity at scales as large as the shock thickness \((\delta \simeq \Delta_{\text{shock}})\). Quenching should occur when the local turbulent kinetic pressure start acting as restoring force. The velocity dispersion at the slab is then expected to saturate around the local sound speed, i.e. the amplitude of driven eddies \(v_\perp \gtrsim c_s\). The statistics of the shock bound region of colliding flows has been recently studied by means of 3D numerical simulations by Folini et al. (2014), which confirmed the low efficiency in the conversion of kinetic energy into turbulence. Similar results were obtained in the magnetized case from 3D magnetohydrodynamic simulations by Falceta-Gonçalves & Abraham (2012).

Kraichnan (1967) noticed that the dissipationless/unforced two-dimensional Navier–Stokes equation admits the energy \(\langle E_\perp \rangle\) and the
enstrophy ($Z_0$) as quadratic invariants. Specific cascades for each of these is therefore expected. Once driven, at an intermediate scale $l_{0y}$, it is possible to show that enstrophy cascades to small scales while energy should present an inverse cascade (see review by Boffetta & Ecke 2012). At equilibrium, the energy is dissipated at the smallest scale ($l_0$) due to viscosity, and at the largest scale ($L$) due to the dynamical friction of eddies. The slopes of power spectra are derived as $-5/3$ for the inverse cascade, and $-3$ for the direct cascade. Such inverse cascade has been observed in laboratory experiments, presenting scalings similar to those of Kraichnan (1967, e.g. Paret & Tabeling 1998). This picture may be different in three dimensions though as enstrophy is no longer invariant (due to the non-linear term ($\omega \cdot \mathbf{V}$) $u$ of the Navier-Stokes equation, known for the process of vortex stretching). One might speculate if both inverse and direct cascades should occur simultaneously in three-dimensional turbulence, with reduced inverse energy transfer rate compared to that estimated for 2D turbulence. Recent theoretical efforts (by means of both analytical and numerical simulations) focused on the study of the inverse cascade process in three-dimensional turbulent flows (e.g. Biferale, Musacchio & Toschi 2012; Dubief, Terrapon & Soria 2013). Biferale et al. (2012) presented an exact decomposition of the Navier–Stokes equation and showed that tridic interactions between waves with equally signed helicity result in inverse cascade of energy, with a $-5/3$ slope as well.

Let us now consider then that the inverse cascade operates in the shocked gas of the ISM. Under the assumption that the inverse cascade operates at constant energy transfer rate $\epsilon$, the turbulent spectrum driven at small scales will peak at different scales as a function with time, given as $\epsilon_{\text{peak}} \sim e^{1/2} l_1^{5/3}$. Transonic perturbations driven at shock length-scales (i.e. $\sim \text{pc}$ scales, with $\epsilon \sim 10^{-4}$ cm$^2$ s$^{-1}$) would have their spectrum shifted towards larger scales, say $L = 100$ pc, at $t > 20$ Myr. With respect to the turbulent amplitude, if dissipation is neglected, the turbulent specific energy (erg g$^{-1}$) grows linearly with time, i.e. $\langle \nu \rangle \simeq (\epsilon t)^{1/2}$. For a constant transonic driving, e.g. at parsec scale, one obtains an averaged turbulent amplitude $>10$ km s$^{-1}$, at $t > 10$ Myr. Both time-scales are larger than that expected for the interaction between the gas and the spiral arm. Still, the turbulence induced by NTLL is not expected to be supersonic. In a more realistic scenario, the dissipation of supersonic flows is likely to dominate over the slow inverse cascade and, even if energy could diffuse towards large scales, it would result in transonic/subsonic turbulence (Folini et al. 2014), in contrast to the observations (e.g. Larson 1981; Armstrong et al. 1995; Heyer & Brun 2012; Poidevin et al. 2013).

From our simulations, turbulence is supersonic at large scales since very early stages of the run. If this is compared to the time-scales needed for the inverse cascade to operate, it is clear that the shock-induced turbulence is not the main turbulent driver in these models. Also, the spectra of vorticity in Fig. 10 revealed that the power at the smallest scales, equivalent to the shock thickness, rise with time, consistent to a driving at larger scales.

Therefore, if the local converging flows (gas–arm shock) are not the main source of energy for the observed turbulence, we now must determine the role of the other main source of energy in the system: the gravitational potential of the arm.

4.3 Driving turbulence at large scales: a toy model

If subject to an uniform gravitational field, any interstellar cloud would be homogeneously accelerated, and internal turbulence would not be driven (at least not due to the gravitational potential). In a more realistic gravitational field however an extended cloud would be distorted by tidal effects.

As described previously, we made use of a cylindrically symmetric gravitational potential for the spiral arm with an amplitude that radially decreases with the radial distance to its axis of symmetry, $r$. Let us consider each portion of a gas cloud interacting with the potential of the arm as an independent body, a point source, and neglect all forces except gravity. The equations of motion, in the direction perpendicular to the axis of symmetry of the arm, is obtained by

$$ \frac{\partial \mathbf{L}}{\partial \mathbf{r}} = \frac{d}{dt} \left( \frac{\mathbf{L}}{r} \right) = 0, \quad (13) $$

with $\mathbf{L} = (\mathbf{r} + \mathbf{\Omega}_p \times \mathbf{r})^2 / 2 + \Phi$, the Lagrangian per unit of mass of the system in the reference frame of the spiral pattern. The gravitational potential of the arm $\Phi$ is given by equation (6). Let us first consider whether the arm’s potential is dominant over the non-inertial terms of the Lagrangian. For each individual parcel of the gas interacting with the spiral arm, the equation of motion perpendicular to the arm, under the dominant arm approximation, is

$$ \ddot{r} \simeq -C(R_0) \epsilon \left[ \frac{r}{\sigma_z} \right], \quad (14) $$

where $\sigma_z = \sigma \sin i$, $C(R_0) = \xi_0 R_0 \sigma_z^{-2}$, and for which we used the coordinate change $r = (R \cos \theta - a - R_0) \cos i$, $\mathbf{r}$ the coordinate of the fluid parcel perpendicular to the arm, $R$ and $R_0$ the galactocentric radii of the particle and the reference frame, respectively, and the fact that $r \ll R_0$. The right-hand side of equation (14) is time-independent, so we can use $\ddot{r} = \dot{r} \dot{r} \mathbf{e}$ to obtain the quite obvious conservation equation given below:

$$ \nu^2(r) \simeq \nu^2(r_0) + C(R_0) \sigma_z^2 \left[ \exp \left( - \frac{r^2}{\sigma_z^2} \right) - \exp \left( - \frac{r_0^2}{\sigma_z^2} \right) \right], \quad (15) $$

where $\nu$ represents the linear velocity of the fluid in the local reference frame. The equation above, for an initial condition $\nu^2(r_0) \rightarrow 0$, and $r \ll R_0$, being $r_0$ the initial distance of the fluid parcel with respect to the arm, results in

$$ \nu(t) \simeq \sigma_z \epsilon r_0^{-1} \left( \frac{2 \sigma_z C(R_0)^{1/2}}{\sqrt{\pi}} + B(r_0) \right), \quad (16) $$

being $B(r_0)$ the integration constant for $r_0$, and $r_0^{-1}$ the inverse of the imaginary error function, which is expanded as a series of polynomials

$$ \sum_{k=0}^{\infty} \frac{(r(t)/\sigma_z)^{2k+1}}{k!(2k+1)} \simeq \frac{2 \sigma_z C(R_0)^{1/2}}{\sqrt{\pi}} + B(r_0). \quad (17) $$

Now considering an ensemble of particles, initially at rest, emerging from a region of size $L$, with barycentre located at $r = r_0$, i.e from a region $[r_0 - L/2, r_0 + L/2]$ away of the arm. This would mimic, in one dimension, a cloud of gas falling in the spiral arm. The average dispersion of velocities may then be estimated by computing the relative velocity of each element with respect to each other. At a given time $t$, each element would be located at positions $r$ and $r'$, being the squared relative velocity defined as $\delta v^2 \equiv (v(r) - v(r'))^2$. In the first-order approximation, the average velocity

4 Notice that truncating the expansion (at first order only) is a good approximation for the case in study. If we want to study the turbulence at the densest regions of the spiral arms, then $r \ll \sigma_z$. For $r = 0.5 \sigma_z$, for instance, we
dispersion is obtained by integrating $\delta v^2$ over all the positions of all elements, as given below:

$$\langle \delta v^2 \rangle = f \int_{-\frac{L}{2}}^{\frac{L}{2}} [v(r) - v(r')]^2 \, dr$$

$$\simeq C(R_0)\sigma_\perp^2 \int_{-\frac{L}{2}}^{\frac{L}{2}} \exp \left\{ -\frac{(\sigma_\perp C(R_0)^{1/2} t - r_0)^2}{2\sigma_\perp^2} \right\} - \times \exp \left\{ -\frac{(\sigma_\perp C(R_0)^{1/2} t - (r_0 - l))^2}{2\sigma_\perp^2} \right\} \, dr,$$

where $f$ is the normalization factor given the integral over all elements of the cloud.

$$\langle \delta v^2 \rangle \simeq C(R_0)\sigma_\perp^4 \times \exp \left\{ -\frac{(A(t) - r_0)^2}{\sigma_\perp^2} \right\} + \frac{\sqrt{\pi}}{2} \left[ \text{erf} \left( \frac{A(t) - r_0 + L/2}{\sigma_\perp} \right) - \text{erf} \left( \frac{A(t) - r_0 - L/2}{\sigma_\perp} \right) \right] - \sqrt{\frac{\pi}{2}} \exp \left\{ -\frac{(A(t) - r_0)^2}{\sigma_\perp^2} \right\} \times \left[ \text{erf} \left( \frac{A(t) - r_0 + L/2}{\sqrt{2}\sigma_\perp} \right) - \text{erf} \left( \frac{A(t) - r_0 - L/2}{\sqrt{2}\sigma_\perp} \right) \right],$$

where $A(t) = \sigma_\perp C(R_0)^{1/2} t$. If $L \ll 2r_0$, equation (19) resumes to

$$\langle \delta v^2 \rangle \sim C(R_0)\sigma_\perp^4 \frac{\sqrt{\pi}}{2} \times \left[ \text{erf} \left( \frac{A(t) - r_0 + L/2}{\sigma_\perp} \right) - \text{erf} \left( \frac{A(t) - r_0 - L/2}{\sigma_\perp} \right) \right].$$

Or

$$\langle \delta v^2 \rangle \sim \sigma_\perp \frac{\sqrt{\pi}}{2} \left( 1 - \exp \left( -\frac{r_0^2}{\sigma_\perp^2} \right) \right) \times \left[ \text{erf} \left( \frac{A(t) - r_0 + L/2}{\sigma_\perp} \right) - \text{erf} \left( \frac{A(t) - r_0 - L/2}{\sigma_\perp} \right) \right].$$

The solution for equation (21) is given for a set of parameters $\sigma_\perp$, $r_0$ and $L$, in Fig. 12, as a function of the displacement of the cloud barycentre $(r(t) - r_0)$. As long as $\sigma_\perp > r_0 > L$, as discussed above, the values shown represent a reasonable approximation. For clouds as large as 100 pc, and $\sigma_\perp \simeq 2r_0 \sim 1$ kpc, the potential well of the arm drives a velocity shear that is roughly $\sim$20–30 percent of the bulk velocity of the cloud. For $r_0 \sim 600$ km s$^{-1}$ kpc$^{-1}$ and $R_0 = 8$ kpc, one obtains $\langle \delta v^2 \rangle^{1/2} \sim 30$–46 km s$^{-1}$, at the length-scale of the cloud size, i.e. few tens to a hundred of parsecs.

We must point out that equation (21) gives an estimate for the internal shear of the cloud, not the turbulence itself. The transfer of this local kinetic energy into turbulence will depend on the processes taking place during the passage of the cloud through the arm. For instance, if the cloud is retained in the arm for a long time, at least one dynamical time-scale, the efficiency is high.

5 DISCUSSION

SNe are among the main energy sources in the ISM. Naturally, one would consider its contribution in driving the turbulence obtain $\mathcal{O}(1) \simeq 12\mathcal{O}(3)$. Therefore, for regions as close to the arm axis as $r = 0.5\sigma_\perp$, we can neglect the contribution from all terms higher than the first order.
and the spiral pattern of the Galaxy. Inhomogeneities in the ISM naturally arise at the spiral arms due to shocks, cooling and/or gravitational fragmentation, which move to the interarm region eventually (see Bonnell et al. 2013). Such structures then interact with the next spiral arm, as described in this work. The interaction is not only collisional, but gravitational. Large ISM inhomogeneities, such as >100 pc scale neutral clouds, would suffer differential accelerations that drive internal motions. The internal shear develops into turbulence at scales as large as the cloud size.

Heitsch et al. (2006), for instance, compared the kinetic energy of the inflow to that in the unstable and cold gas phase, obtaining turbulence driving efficiencies of order of 2–5 per cent. The efficiency in our models may be obtained by comparing the turbulent kinetic energy to the gravitational potential variation during the crossing. In the models, the clouds are trapped to the arm, the efficiency is >25 per cent. This difference occurs basically because the turbulence in converging flow models is a post-product of the radiative shocks, i.e. first kinetic energy has to be lost efficiently for the formation of the cold and dense layer, which is then non-uniformly accelerated by the NTTL. Naturally, most of the initial reservoir of energy is lost by radiation at the shock. Instead, the mechanism reported here benefits directly from the large-scale kinetic energy due to the flow into the spiral arms gravitational potential.

We must point out here that both processes actually occur in our simulations. The importance of each can be determined as detailed earlier. We analysed the turbulent motions generated in the clouds as a function of different parameters of the simulation, and found no correlation of the driven turbulence with the relative velocity between the cloud and the arm. The spiral pattern parameters, however, show a clear correlation with the driven turbulence. Larger values result in larger turbulent amplitudes, while larger \( \sigma \perp \) result in smaller \( \langle \delta v^2 \rangle^{1/2} \). These two correlations support the idea of a tidally driven turbulence for clouds in the ISM. More-massive arms present stronger differential accelerations within the cloud, which leads to larger internal shearing. More compact arms are responsible for larger turbulent amplitudes as well. Notice that the interesting parameter is not \( \sigma \perp \) itself but \( r_0/\sigma \perp \), i.e. the position of the cloud at the potential profile. If the cloud is positioned in a region that \( r_0/\sigma \perp < 1 \), the net result of the interaction with the arm will be reduced.

Our model is different to that of turbulence driven globally in the galaxy by gravitational instability (Wada et al. 2002). In the later, the collapse of gravitationally unstable interstellar gas is responsible for driving the observer dispersion of velocity. In our model, the gravitational interaction between the gas and the potential of the arms would be responsible for sheared motions that further evolve into turbulence. The main difference between both is that the gravitational collapse drives motions at small scales (\( \sim \lambda \text{clouds} \)), with subsonic/transonic motions (Agertz et al. 2009), while the gas–arm interaction drives supersonic turbulence at large scales. Also, the gravitational collapse drives coherent inward motions that may develop into chaotic motions after the complex interaction between collapsed structures. This is possibly the cause of the flatter power spectra observed in simulations of gravitationally collapsing discs. It is particularly interesting to perform more numerical simulations of the gas–arm interaction, as done in this work, but considering self-gravity to account for the possible effects of gravitational collapse in the turbulence driving. This will be pursued in a future work.

From an observational perspective, there are recent high spatial resolution data available for few nearby spiral galaxies, for which a detailed study of the ISM turbulence have been provided (see Hughes et al. 2013a,b; Colombo et al. 2014). Hughes et al. (2013b) and Colombo et al. (2014) showed that cloud-scale CO linewidths are typically related to the arm/interarm properties, as predicted in our model. Also, Hughes et al. (2013a) presented observed \(^{12}\text{CO}(1–0)\) line profiles for different regions of M51 showing that the linewidths are larger at regions with higher stellar surface densities, indicating that regions of deepest potential are indeed more turbulent.

It is worth mentioning here that the mechanism of turbulent driving by tidal forces acting on the ISM inhomogeneities is maximized if the cloud interacts with the arm for longer time-scales. As the cloud bounces in the potential well, the gravitational energy of the cloud is effectively drained into turbulent motions. The process known as cloud trapping, or cloud streaming, has already been discussed previously, mostly in the context of crowding stellar orbits in spiral galaxies, and on the formation of giant molecular clouds.

Roberts & Stewart (1987) for instance, studied the orbital dynamics of clouds and stars in N-body simulations, in which angular momentum losses due to cloud–cloud collisions were taken into account. The authors showed that streaming of clouds along the arm, i.e. orbits partially trapped by the spiral pattern, was present even without cloud–cloud collisional dissipation. The streaming (trapping) naturally arises due to the tendency for orbits to crowd at the spiral arms. However, as the clouds stream towards smaller radii, they are accelerated and eventually leave the arm. These authors found typical time-scales for the crowding as \( \sim 50 \) Myr, and that trapping is enhanced for even longer time-scales if considerable linear/angular momentum is lost by the cloud. Unfortunately, these authors were not able to distinguish internal motions within the clouds due to numerical limitations. It is, however, interesting to compare these results to our own, which makes use of different dissipation mechanisms. Such radial inwards/outwards streaming flows, related to the spiral patterns, have been observed in numerical simulations (e.g. Dobbs & Bonnell 2006; Shetty et al. 2007), and observationally (e.g. Aalto et al. 1999; Fresneau, Vaughan & Argyle 2005; Riffel et al. 2008; Meidt et al. 2013). The cloud trapping is particularly important to the fact that clouds would rarely interact with arms more than once in a dynamical time-scale.

As the clouds are perturbed by the arms, we expect the clouds to fragment and collapse, or to be dissipated as the Coriolis and centrifugal effects result in its migration to the interarm regions. Eventually, if the cloud survives as individual entity, we expect the internal turbulence to decay quickly, in a time-scale of \( \tau \sim L/v_L \), compared to the time between subsequent arm crossings, \( \delta t_{\text{arms}} \sim 2\pi R/m |V(R) - \Omega_c R| \). It is unprobable then that the turbulence in interstellar clouds to be built up with time as a consequence of many interactions with different arms. Therefore, we believe that the maximum kinetic energy provided by this mechanism is limited by that of one arm crossing.

Notice that the typical streaming process that naturally arise from the torques of the spiral pattern on point sources is not a dissipative mechanism. For the purposes of keeping the cloud close to the arm for long time-scales, this is not important anyway. Related dissipative models have been proposed also (e.g. Zhang 1996). In the tidal model presented here, energy is ‘lost’ as the cloud interacts with the potential of the arm, as well. Most of the ‘loss’ is not due to internal friction (i.e. heat) but to the conversion of the large-scale motions in the cloud into smaller scales, due to a kinetic cascade. Eventually, part of this energy is dissipated into heat, while the rest remains as randomized kinetic energy of the dense structures formed in the process. This energy loss can be estimated from equation (21), as shown in Fig. 12. In one cloud–arm passage, the internal
dissipation of the potential energy may be as large as 25 per cent of the escape kinetic energy. Such a process can therefore enhance the time-scales by which the clouds interact with arms, as well as, possibly result in increased radial motions of gas in spiral galaxies.

These results have been presented in the scenario where arms form as long-lived perturbations in the gravitational potential of the disc. Let us now consider a different context, in which the spiral arms are transient (Baba, Saitoh & Wada 2013) and giant H ii/molecular clouds are formed by gravitational collapse of the interstellar gas, instead of by standing shocks with spiral arms (see Wada et al. 2002; Dobbs & Baba 2014). In such a scenario, multiple and discontinuous arms are formed – and destroyed – in relatively short time-scales. Also, dense and cold regions would form, scarcely distributed in the disc, as a consequence of the gravitational collapse of a cooling ISM (Agertz et al. 2009). The relative motion between the clouds and the arms would be reduced compared to the standing shock wave model. Such a scenario has been related to Sa-type spiral galaxies, while prominent standing waves in stellar motions would correspond better to types Sb and Sc. One then may wonder what happens to the turbulence driving mechanism proposed in this work in a transient arm scenario.

Despite the dynamical differences between the two galactic scenarios, the driving mechanism occurs similarly in both. In Section 4.3, the driving observed in the simulations was described as the consequence of the tidal interaction between the potential well of the arm and an interstellar cloud, and the non-linear evolution of internal sheared motions. We showed that the relative motion between them is not an initial condition (see equation 16), and the turbulent amplitude is basically dependent on the gravitational potential, and width, of the arm, and on the size of the cloud. Therefore, we do not expect any difference in the turbulent amplitude in the case of a transient spiral arm scenario, given the time-scales for cloud–arm interaction are short compared to the dissipation time-scale of the arms.

6 CONCLUSIONS
In this work, we studied the onset of turbulence in the ISM based on the interaction of interstellar gas inhomogeneities and the spiral arm. Here, we focused only on the gravitational interaction of the spiral pattern with the ISM. Three-dimensional hydrodynamical simulations are provided with different initial setups. In all models turbulence is observed, at different locations and levels. In most of the models, the cloud interacting with the arm becomes strongly turbulent $\langle \delta v^2 \rangle \gg c_i$. In contrast to previous theories to account for the ISM turbulence, the injection here occurs at large scales and is not related to local properties such as star formation rates. The statistics of turbulence obtained for the models are in agreement with a Kolmogorov-type turbulent cascade, and synthetic observables are compatible to the Larson scaling relations.

Although our simulations span only a limited inertial range, we can draw conclusions that should apply to the full range of turbulence seen in molecular clouds.

We find that the spiral shock can trigger turbulence, but in contrast to pure colliding flows, it is due to the large-scale tidal interaction rather than the small scale of the shock-induced fluid instabilities. Naturally, the differential forces act at large scales, $l_{max} \simeq L_{cloud}$. The sheared motions within the cloud then develop KH, as well as internal shocks, which evolve into a turbulent cascade later on.

From the first cloud–arm crossing, typical time-scales of 20–50 Myr are required for the turbulence to develop.

More-massive and more compact arms, i.e. larger $\xi_a$ and smaller $\sigma_\perp$, respectively, result in larger turbulent amplitudes $\langle \delta v^2 \rangle$. No correlation has been obtained between $\langle \delta v^2 \rangle$ and the galactocentric radius of the cloud – by means of the cloud–arm relative velocity. Therefore, turbulence would be ‘universal’, at least near the spiral pattern of the Galaxy. Though our results have been addressed in a scenario of long-lived standing arms, i.e. based on the density wave theory, these should be similar in transient arm scenarios, given that clouds interact with a non-uniform stellar potential well.

An analytical toy-model is presented to account for the random motions generated within a cloud interacting with a spiral arm. The analytical model predictions are in agreement with the main results of the simulations, confirming that the main triggering mechanism of the observed turbulence is the differential gravitational forces within the cloud. These results are in agreement with recent observations with high spatial resolution of nearby spiral galaxies (e.g. Hughes et al. 2013a,b; Colombo et al. 2014).

The models were performed without self-gravity. A natural consequence of this work would be to study next the effects of self-gravity in such a model, where fragmentation and collapse of small structures would be allowed. This is to be studied in a future work.

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5 The condition $\nu(\xi_0) \rightarrow 0$ has even been assumed for equation (16).