# A nonlinear projection theorem for Assouad dimension and applications 

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#### Abstract

We prove a general nonlinear projection theorem for Assouad dimension. This theorem has several applications including to distance sets, radial projections, and sum-product phenomena. In the setting of distance sets, we are able to completely resolve the planar version of Falconer's distance set problem for Assouad dimension, both dealing with the awkward 'critical case' and providing sharp estimates for sets with Assouad dimension less than 1 . In the higher dimensional setting, we connect the problem to the dimension of the set of exceptions in a related (orthogonal) projection theorem. We also obtain results on pinned distance sets and our results still hold when distances are taken with respect to a sufficiently curved norm. As another application we prove a radial projection theorem for Assouad dimension with sharp estimates on the Hausdorff dimension of the exceptional set.


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## 1 | INTRODUCTION

How dimension behaves under projection is a well-studied and important problem in geometric measure theory with many varied applications. The classical setting is to relate the Hausdorff

[^0]dimension of a set $F \subseteq \mathbb{R}^{n}$ with the Hausdorff dimension of $\pi_{V}(F)$ for generic $V \in G(n, m)$. Here and throughout, $G(n, m)$ denotes the Grassmannian manifold consisting of $m$-dimensional subspaces of $\mathbb{R}^{n}$ and $\pi_{V}$ denotes orthogonal projection from $\mathbb{R}^{n}$ to $V \in G(n, m)$. We write $\operatorname{dim}_{H} E$ for the Hausdorff dimension of a set $E$. The seminal Marstrand-Mattila projection theorem states that for Borel sets $F \subseteq \mathbb{R}^{n}$
\[

$$
\begin{equation*}
\operatorname{dim}_{\mathrm{H}} \pi_{V}(F)=\min \left\{\operatorname{dim}_{\mathrm{H}} F, m\right\} \tag{1.1}
\end{equation*}
$$

\]

for almost all $V \in G(n, m)$. Here 'almost all' is with respect to the Grassmannian measure, which is the appropriate analogue of $m(n-m)$-dimensional Lebesgue measure on $G(n, m)$. The planar case of this result goes back to Marstrand's 1954 paper [21] and the general case was proved by Mattila [22]. This result has inspired much work in geometric measure theory, fractal geometry, harmonic analysis, ergodic theory and many other areas.

This paper is concerned with the Assouad dimension, which is another well-studied notion of dimension with key applications in embedding theory, quasi-conformal geometry and fractal geometry. The analogue of the Marstrand-Mattila projection theorem for Assouad dimension was proved in [8, Theorem 2.9], the planar case having been previously established by Fraser and Orponen [12]. We write $\operatorname{dim}_{\mathrm{A}} E$ for the Assouad dimension of a set $E$. The result is that for any non-empty set $F \subseteq \mathbb{R}^{n}$

$$
\begin{equation*}
\operatorname{dim}_{\mathrm{A}} \pi_{V}(F) \geqslant \min \left\{\operatorname{dim}_{\mathrm{A}} F, m\right\} \tag{1.2}
\end{equation*}
$$

for almost all $V \in G(n, m)$. An interesting feature of this result is that the inequality cannot be replaced by equality in general. This latter fact was proved in [12] and in [11] it was proved that, apart from satisfying (1.2) almost surely, the behaviour of the function $V \mapsto \operatorname{dim}_{\mathrm{A}} \pi_{V}(F)$ can be very wild. Our projection theorems will share this phenomenon and we make no further mention of $i t$.

We are concerned with parameterised families of nonlinear projections, rather than the orthogonal projections $\pi_{V}$. Our treatment and exposition takes some inspiration from the nonlinear projection theorems of Peres and Schlag [28], which are primarily in the setting of Hausdorff dimension of sets and measures. The work of Peres and Schlag has proved influential, with the concept of transversality at the centre. Their general nonlinear projection theorems have applications in several areas including radial projections, distance sets, Bernoulli convolutions, sumsets, and many other 'nonlinear' problems. Our main result, Theorem 2.2, is a general nonlinear projection theorem for Assouad dimension, and this too has many applications. Our most striking application concerns distance sets, where we are able to completely resolve the planar distance set problem for Assouad dimension, see Theorem 3.1. Specifically, we prove that the Assouad dimension of the distance set of a set $F$ in the plane is at least $\min \left\{\operatorname{dim}_{\mathrm{A}} F, 1\right\}$ (which is sharp). In the higher dimensional setting, we connect the problem to the dimension of the set of exceptions to (1.2), see Theorem 3.3. We also obtain results for pinned distance sets and for distance sets where the distances are taken with respect to a 'sufficiently curved' norm. Our proofs use tools from geometric measure theory, such as the theory of weak tangents [16, 20]; fractal geometry, such as Orponen's projection theorem for Assouad dimension [27] and transversality; and also differential geometry, with 'linearisation’ the underlying principle.

For background on fractal geometry, including Hausdorff dimension and the dimension theory of projections, see the books [4, 23] and the recent survey articles on projections [6, 24]. For background on the Assouad dimension, see the books [9, 29], and for recent results on the Assouad
dimension of orthogonal projections, see [8, 11, 12, 27]. There has recently been intensive interest in nonlinear projections in a variety of contexts. For example, see [1, 2, 15, 32].

For concreteness, we recall the definition of the Assouad dimension, although we will not use the definition directly. Given a non-empty set $F \subseteq \mathbb{R}^{n}$, the Assouad dimension of $F$ is defined to be the infimum of $\alpha \geqslant 0$ for which there is a constant $C>0$ such that, for all $x \in F$ and scales $0<r<R$, the intersection of $F$ with the ball $B(x, R)$ may be covered by fewer than $C(R / r)^{\alpha}$ sets of diameter $r$. In particular, $0 \leqslant \operatorname{dim}_{\mathrm{H}} F \leqslant \operatorname{dim}_{\mathrm{A}} F \leqslant n$.

## 2 | A NONLINEAR PROJECTION THEOREM FOR ASSOUAD DIMENSION

Our main result is a general nonlinear projection theorem for Assouad dimension. The nonlinear projections we consider are defined in Definition 2.1. The definition may seem technical, but in the applications which follow it will be obvious that these conditions are satisfied.

Definition 2.1. We call $\left(\left\{\Pi_{t}: t \in \Omega\right\}, \mu, \mathbb{P}\right)$ a generalised family of projections of $\mathbb{R}^{n}$ of $\operatorname{rank} m \geqslant 1$ if $\mu$ is a measure on $\Omega, \mathbb{P}$ is a measure on $G(n, m)$ and:
(1) (Domain) For all $t \in \Omega, \Pi_{t}$ is a function mapping $\mathbb{R}^{n}$ into itself.
(2) (Differentiability) For all $z \in \mathbb{R}^{n}, \Pi_{t}$ is a $C^{1}$ map of constant rank $m$ in some open neighbourhood of $z$ for $\mu$ almost all $t \in \Omega$. That is, for $\mu$ almost all $t, \Pi_{t}$ is continuously differentiable in a neighbourhood of $z$ and the Jacobian $J_{z^{\prime}} \Pi_{t}$ is a rank $m$ matrix for all $z^{\prime}$ sufficiently close to $z$.

In particular, this means that for all $z \in \mathbb{R}^{n}$ the map $T_{z}: \Omega \rightarrow G(n, m)$ given by $T_{z}(t)=\operatorname{ker}\left(J_{z} \Pi_{t}\right)^{\perp}$ is well-defined almost everywhere (using the rank nullity theorem).
(3) (Absolute continuity) For all $z \in \mathbb{R}^{n}, T_{z}: \Omega \rightarrow G(n, m)$ is measurable (as a partial function defined almost everywhere) and $\mu \circ T_{z}^{-1} \ll \mathbb{P}$.

Note that the Jacobian derivatives $J_{z} \Pi_{t}$ appearing in Definition 2.1 need not be projection matrices. In most applications, for all $z, \Pi_{t}$ will be smooth in a neighbourhood of $z$ for all but at most one point $t \in \Omega$. One can think of the absolute continuity assumption in terms of transversality of the family $\left\{\Pi_{t}\right\}_{t}$.

Theorem 2.2. Let $\left(\left\{\Pi_{t}: t \in \Omega\right\}, \mu, \mathbb{P}\right)$ denote a generalised family of projections of $\mathbb{R}^{n}$ of rank $m \geqslant 1$. For all non-empty bounded $F \subseteq \mathbb{R}^{n}$,

$$
\operatorname{dim}_{\mathrm{A}} \Pi_{t}(F) \geqslant \inf _{\substack{E \subset \mathbb{R}^{n} \\ \operatorname{dim}_{\mathrm{H}} \\ E=\operatorname{dim}_{\mathrm{A}} F}} \operatorname{essinf}_{V \sim \mathbb{P}} \operatorname{dim}_{\mathrm{A}} \pi_{V}(E)
$$

for $\mu$ almost all $t \in \Omega$.

The key technical step in proving Theorem 2.2 is Proposition 4.4. In a certain sense this is a quantitative version of Theorem 2.2 and may be interesting in its own right, especially concerning further applications.

We chose to use general measures $\mathbb{P}$ on $G(n, m)$ rather than the usual Grassmannian measure because this allows us to deduce dimension estimates for the exceptional set, see below. However, the most direct application of Theorem 2.2 is when $\mathbb{P}$ is the Grassmannian measure.

Corollary 2.3. Let $\left(\left\{\Pi_{t}: t \in \Omega\right\}, \mu, \mathbb{P}\right)$ denote a generalised family of projections of $\mathbb{R}^{n}$ of rank $m \geqslant$ 1 , where $\mathbb{P}$ is the Grassmannian measure. For all non-empty bounded $F \subseteq \mathbb{R}^{n}$,

$$
\operatorname{dim}_{\mathrm{A}} \Pi_{t}(F) \geqslant \min \left\{\operatorname{dim}_{\mathrm{A}} F, m\right\}
$$

for $\mu$ almost all $t \in \Omega$.

Proof. This follows from Theorem 2.2 and (1.2).

It is of interest to investigate the exceptional set in Corollary 2.3. Theorem 2.2 also allows one to obtain estimates on the Hausdorff dimension of the exceptional set by relating it to the Hausdorff dimension of the exceptional set in the setting of orthogonal projections. For this we require $\Omega$ to be a metric space. We write $\mathcal{H}^{s}$ for the $s$-dimensional Hausdorff (outer) measure, which we always associate with the $\sigma$-algebra of $\mathcal{H}^{s}$-measurable sets. Again, the following result may appear rather abstract but it is designed to show the reader how to use Theorem 2.2 to investigate the exceptional set. More concrete applications will follow in Section 3.

Corollary 2.4. Let $F \subseteq \mathbb{R}^{n}$ be a non-empty bounded set. Suppose $\Omega$ is a metric space and $\left(\left\{\Pi_{t}: t \in \Omega\right\}, \mathcal{H}^{s}, \mathcal{H}^{u}\right)$ is a generalised family of projections of $\mathbb{R}^{n}$ of rank $m \geqslant 1$ for some

$$
u>\sup \operatorname{dim}_{\mathrm{H}}\left\{V \in G(n, m): \operatorname{dim}_{\mathrm{A}} \pi_{V}(E)<\lambda\right\}
$$

where the supremum is taken over all non-empty $E \subseteq \mathbb{R}^{n}$ with $\operatorname{dim}_{H} E=\operatorname{dim}_{\mathrm{A}} F$. Then

$$
\operatorname{dim}_{\mathrm{A}} \Pi_{t}(F) \geqslant \lambda
$$

for all $t \in \Omega$ outside of a set of exceptions of Hausdorff dimension at most $s$.
Proof. This follows from Theorem 2.2 since, for all $E \subseteq \mathbb{R}^{n}$ with $\operatorname{dim}_{\mathrm{H}} E=\operatorname{dim}_{\mathrm{A}} F$, $\underset{V \sim \mathcal{H}^{u}}{\operatorname{essinf}} \operatorname{dim}_{\mathrm{A}} \pi_{V}(E) \geqslant \lambda$.

When applying Corollary 2.4 it is useful to be able to estimate

$$
\begin{equation*}
\theta(s, n, m):=\sup \operatorname{dim}_{\mathrm{H}}\left\{V \in G(n, m): \operatorname{dim}_{\mathrm{A}} \pi_{V}(E)<\min \left\{\operatorname{dim}_{\mathrm{A}} E, m\right\}\right\} \tag{2.1}
\end{equation*}
$$

where the supremum is taken over all sets $E \subseteq \mathbb{R}^{n}$ with $\operatorname{dim}_{\mathrm{A}} E=s$. It was proved in [8] that, for all integers $n>m \geqslant 1$ and $s \in[0, n]$,

$$
\begin{equation*}
\theta(s, n, m) \leqslant m(n-m)-|m-s| . \tag{2.2}
\end{equation*}
$$

These bounds are simply the known (sharp) bounds for the set of exceptions to (1.1) translated to the Assouad dimension setting (1.2). Corollary 2.4 is especially useful when $n=2$ and $m=1$ since Orponen's projection theorem [27] provides the sharp estimate on the Hausdorff dimension of the set of exceptions to (1.2) in the planar case. Indeed, for sets $F$ in the plane, (1.2) holds outside a set of $V \in G(2,1)$ of Hausdorff dimension 0 , that is,

$$
\begin{equation*}
\theta(s, 2,1)=0 \quad(s \in[0,2]) . \tag{2.3}
\end{equation*}
$$

Orponen's result (2.3) will be used several times throughout the rest of the paper, beginning with the following.

Corollary 2.5. Suppose $\Omega$ is a metric space and $\left(\left\{\Pi_{t}: t \in \Omega\right\}, \mathcal{H}^{s}, \mathcal{H}^{u}\right)$ is a generalised family of projections of $\mathbb{R}^{2}$ of rank 1 for some $u>0$. For all non-empty bounded $F \subseteq \mathbb{R}^{2}$,

$$
\operatorname{dim}_{\mathrm{A}} \Pi_{t}(F) \geqslant \min \left\{\operatorname{dim}_{\mathrm{A}} F, 1\right\}
$$

for all $t \in \Omega$ outside of a set of exceptions of Hausdorff dimension at most $s$.

Proof. This follows from Corollary 2.4 and (2.3).
In certain situations one may only be interested in projections of sets $F$ contained in a subset $U \subseteq \mathbb{R}^{n}$. In this case, the results in this section can be applied under the weaker assumption that the domain of each $\Pi_{t}$ is an open set $U_{0} \supseteq U$, and the differentiability and absolute continuity assumptions hold only for all $z \in U_{0}$. This version of the theorem can be deduced directly from Theorem 2.2 appealing to the Whitney extension theorem. We omit the details.

Finally, we remark that when applying the results in this section we will often identify the codomains of the functions $\Pi_{t}$ as appropriate subsets of $\mathbb{R}^{n}$ for consistency with Definition 2.1 even if they naturally lie in a different space, such as the set of real numbers $\mathbb{R}$.

## 3 | APPLICATIONS

## 3.1 | Distance sets

The distance set problem, originating with the paper [3], is a well-studied problem in geometric measure theory. It has received a lot of attention in the literature in the last few years, see, for example, $[8,14,17,25,30-33]$. Given $F \subseteq \mathbb{R}^{n}$, the distance set of $F$ is

$$
D(F)=\{|x-y|: x, y \in F\} \subseteq[0, \infty) .
$$

The distance set problem is to understand the relationship between the dimensions of $F$ and $D(F)$. For example, it is conjectured that if $F \subseteq \mathbb{R}^{n}$ is Borel and $\operatorname{dim}_{H} F \geqslant n / 2$, then $\operatorname{dim}_{H} D(F)=1$. This conjecture is open for all $n \geqslant 2$. The same conjecture can also be made with Hausdorff dimension replaced by Assouad dimension, where one may even conjecture that

$$
\begin{equation*}
\operatorname{dim}_{\mathrm{A}} D(F) \geqslant \min \left\{\frac{2}{n} \operatorname{dim}_{\mathrm{A}} F, 1\right\} \tag{3.1}
\end{equation*}
$$

for all non-empty sets $F \subseteq \mathbb{R}^{n}$. This conjecture is also open, but stronger partial results are known. It was proved in [8] that, for $F \subseteq \mathbb{R}^{2}, \operatorname{dim}_{\mathrm{A}} F>1$ guarantees $\operatorname{dim}_{\mathrm{A}} D(F)=1$. The techniques in [8] were unable to deal with the awkward 'critical case' $\operatorname{dim}_{\mathrm{A}} F=1$. Recently (in a 69-page preprint appearing on arXiv more than 1.5 years after the first version of this paper), Shmerkin and Wang [33, Corollary 8.1] proved that for $F \subseteq \mathbb{R}^{n}(n \geqslant 2), \operatorname{dim}_{\mathrm{A}} F \geqslant n / 2$ guarantees $\operatorname{dim}_{\mathrm{A}} D(F)=1$. In particular, they resolve the 'critical case' $\operatorname{dim}_{\mathrm{A}} F=n / 2$ in all ambient dimensions.

In this paper, we are able to fully resolve the Assouad dimension version of the distance set problem in the plane, both dealing with the critical case and providing sharp estimates for sets with Assouad dimension less than 1. We emphasise that we do not require $F$ to be bounded or Borel.

Theorem 3.1. For all non-empty sets $F \subseteq \mathbb{R}^{2}$,

$$
\operatorname{dim}_{\mathrm{A}} D(F) \geqslant \min \left\{\operatorname{dim}_{\mathrm{A}} F, 1\right\} .
$$

Theorem 3.1 follows immediately from the more general Theorem 3.3. Theorem 3.1 is sharp, as the following corollary shows. For comparison, it was already observed in [8] that, for all $s \in[0,2]$, $\sup \left\{\operatorname{dim}_{\mathrm{A}} D(F): F \subseteq \mathbb{R}^{2}\right.$ and $\left.\operatorname{dim}_{\mathrm{A}} F \leqslant s\right\}=1$.

Corollary 3.2. For all $s \in[0,1]$,

$$
\inf \left\{\operatorname{dim}_{\mathrm{A}} D(F): F \subseteq \mathbb{R}^{2} \text { and } \operatorname{dim}_{\mathrm{A}} F \geqslant s\right\}=s
$$

Proof. The lower bound ( $\geqslant s$ ) follows from Theorem 3.1. The upper bound $(\leqslant s)$ follows by a standard construction: see, for example, [8, section 3.3.1]. Briefly, for $s \in(0,1)$, let $F \subseteq[0,1]$ be a self-similar set generated by $\left\lceil N^{s}\right\rceil$ equally spaced homotheties with contraction ratio $1 / N$. This ensures that $\operatorname{dim}_{\mathrm{A}} F \geqslant s$. Moreover, for $V=\operatorname{span}(1,-1) \in G(2,1)$, the distance set $D(F)$ has Assouad dimension no more than that of $\pi_{V}(F \times F)$, which is itself a self-similar set generated by $2\left\lceil N^{s}\right\rceil-1$ equally spaced homotheties with contraction ratio $1 / N$. As $N \rightarrow \infty, \operatorname{dim}_{\mathrm{A}} D(F)$ approaches $s$.

The next theorem considers the distance problem in $\mathbb{R}^{n}$ for arbitrary $n \geqslant 2$. It shows that the set of exceptions to (1.2) plays a role. Recall that $\theta(s, n, m)$ denotes the largest possible Hausdorff dimension of the set of exceptions to (1.2), see (2.1) for the formal definition.

Theorem 3.3. For all non-empty sets $F \subseteq \mathbb{R}^{n}$,

$$
\operatorname{dim}_{\mathrm{A}} D(F) \geqslant \min \left\{\operatorname{dim}_{\mathrm{A}} F-\theta, 1\right\},
$$

where $\theta=\theta\left(\operatorname{dim}_{\mathrm{A}} F, n, 1\right)$.

The proof of Theorem 3.3 requires some technical machinery we have not yet introduced. Therefore, we delay the proof until Section 5. Specifically, it will follow from Proposition 4.4, which can be viewed as a quantitative version of Theorem 2.2. Theorem 3.1 follows from Theorem 3.3 together with Orponen's projection theorem (2.3). Given this connection with the exceptional set, it is natural to ask what information would be needed to solve the distance problem in higher dimensions. Applying (2.2), we get

$$
\theta(s, n, 1) \leqslant \min \{n-s, n+s-2\} .
$$

Combining this with Theorem 3.3 we get the following, which does not improve over known results, for example, [8, Theorem 2.5], but provides a somewhat different proof.

Corollary 3.4. If $F \subseteq \mathbb{R}^{n}$ with $\operatorname{dim}_{\mathrm{A}} F \geqslant(n+1) / 2$, then $\operatorname{dim}_{\mathrm{A}} D(F)=1$.
The bound (2.2) for $\theta(s, n, m)$ was proved by applying the bounds for the exceptional set in the Marstrand-Mattila projection theorem (1.1). Orponen's projection theorem is reason to believe that much better bounds are available in the Assouad dimension case. Indeed, if we could prove that $\theta(n / 2, n, 1) \leqslant n / 2-1$, then all $F \subseteq \mathbb{R}^{n}$ with $\operatorname{dim}_{\mathrm{A}} F \geqslant n / 2$ would satisfy $\operatorname{dim}_{\mathrm{A}} D(F)=1$. However, this is not true, at least for $n=3$.

Proposition 3.5. For all $n \geqslant 2, \theta(s, n, 1) \geqslant n-2$ for all $s \in[1,2)$.
Proof. Let $V_{0} \in G(n, n-1)$ and $E \subseteq V_{0}$ be contained in a line segment with $\operatorname{dim}_{\mathrm{A}} E=s-1$. Let $F=E \times[0,1] \subseteq \mathbb{R}^{n}$. Clearly, $\operatorname{dim}_{\mathrm{A}} F=s$ and for all $V \in G(n, 1)$ with $V \subseteq V_{0}$ the projection $\pi_{V}(F)$ is the image of $E$ under a similarity (possibly with contraction ratio 0 ). Therefore, for all such $V$,

$$
\operatorname{dim}_{\mathrm{A}} \pi_{V}(F) \leqslant s-1<1=\min \{s, 1\} .
$$

The Hausdorff dimension of the set of such $V$ is the same as that of $G(n-1,1)$ which is $n-2$.

### 3.1.1 | Pinned distance sets

A related problem is to consider pinned distance sets. Given $x \in \mathbb{R}^{n}$, the pinned distance set of $F \subseteq \mathbb{R}^{n}$ at $x$ is

$$
D_{x}(F)=\{|x-y|: y \in F\} .
$$

If $x \in F$, then $D_{x}(F) \subseteq D(F)$. Here, the conjecture is that if $F$ is Borel and $\operatorname{dim}_{\mathrm{H}} F \geqslant n / 2$, then there should exist a pin $x \in F$ such that $\operatorname{dim}_{\mathrm{H}} D_{x}(F)=1$ (or even many pins). We are also able to prove some results on pinned distance sets in the Assouad dimension setting. Recall the definition of $\theta(s, n, m)$ from (2.1).

Theorem 3.6. Let $F \subseteq \mathbb{R}^{n}$ be a non-empty bounded set. For Lebesgue almost all $x \in \mathbb{R}^{n}$,

$$
\operatorname{dim}_{\mathrm{A}} D_{x}(F) \geqslant \min \left\{\operatorname{dim}_{\mathrm{A}} F, 1\right\} .
$$

Moreover, the set of exceptional $x$ where this does not hold has Hausdorff dimension at most $1+$ $\theta\left(\operatorname{dim}_{\mathrm{A}} F, n, 1\right) \leqslant n-\left|\operatorname{dim}_{\mathrm{A}} F-1\right|$.

Proof. For $t \in \mathbb{R}^{n}$, consider the maps $\Pi_{t}: \mathbb{R}^{n} \rightarrow \mathbb{R}$ defined by

$$
\Pi_{t}(x)=|x-t| .
$$

Then,

$$
T_{z}(t)=\operatorname{ker}\left(J_{z} \Pi_{t}\right)^{\perp}=\operatorname{span}(z-t) \in G(n, 1)
$$

is defined for all $t \neq z$. Since the preimage of $V \in G(n, 1)$ under $T_{z}$ is a line (with Hausdorff dimension 1 ), the triple ( $\left.\left\{\Pi_{t}: t \in \mathbb{R}^{n}\right\}, \mathcal{H}^{u+1}, \mathcal{H}^{u}\right)$ is a generalised family of projections of $\mathbb{R}^{n}$ of rank 1 for all $u>0$. The results follow by applying Corollary 2.3 (with $u=n-1$ ) and Corollary 2.4 (with $u>\theta\left(\operatorname{dim}_{\mathrm{A}} F, n, 1\right)$, recalling (2.1)) observing that $\Pi_{t}(F)=D_{t}(F)$. The quantitative bound comes from (2.2).

We can upgrade this result in the planar case, again using Orponen's result (2.3).
Corollary 3.7. Let $F \subseteq \mathbb{R}^{2}$ be a non-empty bounded set. For all $x \in \mathbb{R}^{2}$ outside of a set of exceptions of Hausdorff dimension at most 1,

$$
\operatorname{dim}_{\mathrm{A}} D_{x}(F) \geqslant \min \left\{\operatorname{dim}_{\mathrm{A}} F, 1\right\} .
$$

Therefore, if $\operatorname{dim}_{\mathrm{H}} F>1$, then there exists $x \in F$ such that $\operatorname{dim}_{\mathrm{A}} D_{x}(F)=1$.
Shmerkin [31] proved that if $F \subseteq \mathbb{R}^{2}$ is a Borel set with equal Hausdorff and packing dimension strictly larger than 1 , then there exists $x \in F$ such that $\operatorname{dim}_{\mathrm{H}} D_{x}(F)=1$.

### 3.1.2 | Distance sets with respect to other norms

It is also natural to consider the distance set (and pinned distance set) problem with respect to norms other than the Euclidean norm. That is, given a norm $\|\cdot\|$ on $\mathbb{R}^{n}$, the distance set of $F \subseteq \mathbb{R}^{n}$ with respect to $\|\cdot\|$ is

$$
D^{\|\cdot\|}(F)=\{\|x-y\|: x, y \in F\}
$$

with the obvious analogous definition of pinned distance sets $D_{x}^{\|\cdot\|}(F)$. Whether or not we expect the same results to hold turns out to depend on the curvature of the unit ball in the given norm. Theorems 3.1, 3.3, 3.6 and Corollary 3.7 hold in this more general setting provided the boundary of the unit ball $\partial B$ is a $C^{1}$ manifold and the associated Gauss map cannot decrease Hausdorff dimension (that is, $\operatorname{dim}_{\mathrm{H}} g(E) \geqslant \operatorname{dim}_{\mathrm{H}} E$ for all $E \subseteq \partial B$, where $g: \partial B \rightarrow S^{n-1}$ is the Gauss map). For example, this holds if $\partial B$ is a $C^{2}$ manifold with non-vanishing Gaussian curvature, since in that case the Gauss map is a diffeomorphism, see [13, Corollary 3.1].

Let $\Pi_{t}^{\|\cdot\|}: \mathbb{R}^{n} \rightarrow \mathbb{R}$ denote the pinned distance map with respect to a general norm, that is, $\Pi_{t}^{\|\cdot\|}(x)=\|x-t\|$, and let $T_{z}(t)=\operatorname{ker}\left(J_{z} \Pi_{t}^{\|\cdot\|}\right)^{\perp}$. If the boundary of the unit ball $\partial B$ is $C^{1}$, then the restriction of $T_{z}$ to $(\partial B+z)$ coincides with the Gauss map (identifying antipodal points in $S^{n-1}$ and then identifying with $G(n, 1)$ ). Therefore, provided the Gauss map cannot decrease Hausdorff dimension,

$$
\mathcal{H}^{u+1} \circ T_{z}^{-1} \ll \mathcal{H}^{u}
$$

for all $u>0$. This observation allows the proof of Theorem 3.6 (and Corollary 3.7) to go through in this more general setting. The proof of Theorem 3.3 (and Theorem 3.1) is deferred until Section 5 and so we also defer discussion of its extension to general norms.

The assumption of non-vanishing Gaussian curvature is natural when studying distance sets. Indeed, for certain 'flat norms' the analogous results do not hold, see [5]. See recent examples [14, 32] where results are obtained for the Hausdorff dimension of distance sets under the assumption that the unit ball is $C^{\infty}$ and $C^{2}$, respectively, in addition to having non-vanishing Gaussian curvature. It is perhaps noteworthy that we only require $C^{1}$ regularity and a weaker condition on the Gauss map. For example, our techniques allow for the Gaussian curvature to vanish on a countable set of points.

## 3.2 | A radial projection theorem for Assouad dimension

Radial projections are perhaps the most natural family of projections alongside orthogonal projections. Given $t \in \mathbb{R}^{n}$, the radial projection $\pi_{t}$ maps $\mathbb{R}^{n} \backslash\{t\}$ onto the boundary of the sphere centred at $t$ with radius 1 . Specifically, $\pi_{t}(x) \in t+S^{n-1}$ is defined by

$$
\pi_{t}(x)=\frac{x-t}{|x-t|}+t
$$

and we define $\pi_{t}(t)=t$ for convenience. Radial analogues of results such as the MarstrandMattila projection theorem are known and turn out to be important in their own right in a variety of settings. For example, Orponen's radial projection theorem [26] has proved a useful tool in in studying the distance set problem, see [14,17]. See also recent work of Liu [18]. Recall the definition of $\theta(s, n, m)$ from (2.1).

Theorem 3.8. Let $F \subseteq \mathbb{R}^{n}$ be a non-empty bounded set. For Lebesgue almost all $t \in \mathbb{R}^{n}$,

$$
\operatorname{dim}_{\mathrm{A}} \pi_{t}(F) \geqslant \min \left\{\operatorname{dim}_{\mathrm{A}} F, n-1\right\} .
$$

Moreover, the set of exceptional $t \in \mathbb{R}^{n}$ where this does not hold has Hausdorff dimension at most $1+\theta\left(\operatorname{dim}_{\mathrm{A}} F, n, n-1\right) \leqslant \min \left\{\operatorname{dim}_{\mathrm{A}} F+1,2 n-1-\operatorname{dim}_{\mathrm{A}} F\right\}$.

Proof. For all $z \in \mathbb{R}^{n}$ and $t \neq z, \pi_{t}$ is smooth on $B(z,|z-t| / 2)$ and

$$
T_{z}(t)=\operatorname{ker}\left(J_{z} \pi_{t}\right)^{\perp}=\operatorname{span}(z-t)^{\perp} \in G(n, n-1) .
$$

Since the preimage of $V \in G(n, n-1)$ under $T_{z}$ is again a line, the triple $\left(\left\{\pi_{t}: t \in \mathbb{R}^{n}\right\}, \mathcal{H}^{u+1}, \mathcal{H}^{u}\right)$ is a generalised family of projections of $\mathbb{R}^{n}$ of rank $n-1$. The results follow by applying Corollary 2.3 (with $u=n-1$ ) and Corollary 2.4 (with $u>\theta\left(\operatorname{dim}_{\mathrm{A}} F, n, n-1\right)$, recalling (2.1)). The quantitative bound comes from (2.2).

We note that $S^{n-1}$ can be replaced by any smooth enough ( $n-1$ )-dimensional 'radially accessible' set. More precisely, let $S \subseteq \mathbb{R}^{n}$ be a compact connected ( $n-1$ )-dimensional $C^{1}$ manifold, with the property that for all $x \in \mathbb{R}^{n} \backslash\{0\}$ the intersection

$$
\{\lambda x: \lambda>0\} \cap S
$$

is a singleton, which we denote by $S(x)$. Then the family of radial projections onto $S$ with 'centre' $t \in \mathbb{R}^{n}$ given by

$$
\pi_{t}^{S}(x)=S(x-t)+t
$$

also satisfies the conclusion of Theorem 3.8. Moreover, the exceptional set does not depend on $S$ and so the conclusion holds for all $S$ simultaneously.

We obtain a sharp result concerning the dimension of the exceptional set in Theorem 3.8 in the planar case, again using Orponen's result (2.3).

Corollary 3.9. Let $F \subseteq \mathbb{R}^{2}$ be a non-empty bounded set. Then

$$
\operatorname{dim}_{\mathrm{A}} \pi_{x}(F) \geqslant \min \left\{\operatorname{dim}_{\mathrm{A}} F, 1\right\}
$$

for all $x \in \mathbb{R}^{2}$ outside of a set of exceptions of Hausdorff dimension at most 1 .
Corollary 3.9 is clearly sharp since a line segment will radially project to a single point for all $t$ in the affine span of the line segment.

## 3.3 | A sum-product type theorem

'Sum-product' results in arithmetic combinatorics refer to a wide range of phenomena regarding the 'independence' of multiplication and addition. For example, for a set $F \subset(0,1)$, one cannot expect the product set

$$
F F=\{x y: x, y \in F\}
$$

and the sumset

$$
F+F=\{x+y: x, y \in F\}
$$

to be 'small' simultaneously. If $F$ is finite, then 'smallness' is determined by cardinality and this statement is made precise by the Erdős-Szemerédi theorem. If $F$ is infinite then it is natural to describe size in terms of dimension. The following is a sum-product type result for Assouad dimension, where we are also able to consider independence of other operations such as addition and exponentiation. For $F \subseteq(0, \infty)$, we write

$$
F^{F}=\left\{x^{y}: x, y \in F\right\} .
$$

Theorem 3.10. Let $F \subseteq \mathbb{R}$ be a non-empty bounded set with $\operatorname{dim}_{H} F>0$. Then

$$
\operatorname{dim}_{\mathrm{A}}(F F+F) \geqslant \min \left\{2 \operatorname{dim}_{\mathrm{A}} F, 1\right\},
$$

and, if $F \subseteq(0, \infty)$,

$$
\operatorname{dim}_{\mathrm{A}}\left(F^{F}+F\right) \geqslant \min \left\{2 \operatorname{dim}_{\mathrm{A}} F, 1\right\} .
$$

Proof. For $t \in \mathbb{R}$, consider the family of projections $\Pi_{t}: \mathbb{R}^{2} \rightarrow \mathbb{R}$ defined by

$$
\Pi_{t}(x, y)=t x+y .
$$

Applying Corollary 2.5 (with $s=u$ arbitrarily close to 0 ) to the Cartesian product $F \times F=\{(x, y)$ : $x, y \in F\}$ (not to be confused with $F F$ ) we get

$$
\operatorname{dim}_{\mathrm{H}}\left\{t: \operatorname{dim}_{\mathrm{A}} \Pi_{t}(F \times F)<\min \left\{\operatorname{dim}_{\mathrm{A}}(F \times F), 1\right\}\right\}=0
$$

Since $\operatorname{dim}_{\mathrm{H}} F>0$, there must exist $t \in F$ such that

$$
\operatorname{dim}_{\mathrm{A}} \Pi_{t}(F \times F) \geqslant \min \left\{\operatorname{dim}_{\mathrm{A}}(F \times F), 1\right\}=\min \left\{2 \operatorname{dim}_{\mathrm{A}} F, 1\right\} .
$$

The result follows since $\Pi_{t}(F \times F)=t F+F \subseteq F F+F$. The fact that $\operatorname{dim}_{\mathrm{A}}(F \times F)=2 \operatorname{dim}_{\mathrm{A}} F$ can be found in, for example, [19, Theorem A. 5 (5)]. The second result is proved similarly, but the details are more involved. For $t>0$, consider the family of projections $\Pi_{t}: \mathbb{R}^{2} \rightarrow \mathbb{R}$ defined by

$$
\Pi_{t}(x, y)=t^{x}+y .
$$

Here,

$$
T_{(x, y)}(t)=\operatorname{ker}\left(J_{(x, y)} \Pi_{t}\right)^{\perp}=\operatorname{span}\left(1, \frac{t^{-x}}{\log (t)}\right) \in G(2,1)
$$

is defined for all $t>0$ (with the obvious interpretation $\operatorname{span}(1,-\infty)=\operatorname{span}(0,1)$ when $t=1$ ). Although $T_{(x, y)}:(0, \infty) \rightarrow G(2,1)$ is not generally surjective or injective, we still have

$$
\mathcal{H}^{s} \circ T_{(x, y)}^{-1} \ll \mathcal{H}^{s}
$$

for all $s>0$. Therefore, by applying Corollary 2.5 to $F \times F$,

$$
\operatorname{dim}_{\mathrm{H}}\left\{t>0: \operatorname{dim}_{\mathrm{A}} \Pi_{t}(F \times F)<\min \left\{\operatorname{dim}_{\mathrm{A}}(F \times F), 1\right\}\right\}=0 .
$$

Since $\operatorname{dim}_{H} F>0$ and $F \subseteq(0, \infty)$, there must exist $t \in F$ such that

$$
\operatorname{dim}_{\mathrm{A}} \Pi_{t}(F \times F) \geqslant \min \left\{\operatorname{dim}_{\mathrm{A}}(F \times F), 1\right\}=\min \left\{2 \operatorname{dim}_{\mathrm{A}} F, 1\right\} .
$$

The result follows since $\Pi_{t}(F \times F)=t^{F}+F \subseteq F^{F}+F$.
This example was partly motivated by Orponen's paper [25]. Orponen [25, Corollary 1.5] proved that if $F \subseteq \mathbb{R}$ is compact, Ahlfors-David regular, and has $\operatorname{dim}_{\mathrm{H}} F \geqslant 1 / 2$, then

$$
\operatorname{dim}_{P}(F F+F F-F F-F F)=1,
$$

where $\operatorname{dim}_{P}$ denotes packing dimension. We are able to provide a much stronger result, but with packing dimension replaced by Assouad dimension. Notably, the set $F$ need not be Ahlfors-David
regular, we consider the much smaller set $F F+F$, and we obtain estimates for sets with arbitrarily small dimension. We note that since the family of projections used to handle $F F+F$ in Theorem 3.10 are orthogonal, this result could be deduced directly from Orponen's projection theorem (2.3). The set $F^{F}+F$ requires our nonlinear theorem, however. Finally, we observe that many other sets constructed from $F$ can be handled in this way - or even sets constructed from a collection of sets, rather than the single set $F$. We leave the details to the interested reader.

## 3.4 | Dimension of sumsets

As a final application, we revisit one of the situations where Peres and Schlag [28] were able to apply their nonlinear projection theorem. Given two non-empty sets $E, F \subseteq \mathbb{R}$ with sufficient 'arithmetic independence', one might hope for $\operatorname{dim}(E+F)=\min \{\operatorname{dim} E+\operatorname{dim} F, 1\}$. This can fail for many reasons but if we parametrise $F$ in a transversal enough way, then we can recover this formula generically. Following [28], for $\lambda \in(0,1 / 2)$ we let

$$
F_{\lambda}=\left\{\sum_{n \geqslant 1} i_{n} \lambda^{n}: i_{n} \in\{0,1\}\right\}
$$

and consider $E+F_{\lambda}$ for generic $\lambda$. For all $\lambda \in(0,1 / 2), F_{\lambda}$ is a compact self-similar Cantor set with $\operatorname{dim}_{\mathrm{H}} F_{\lambda}=\operatorname{dim}_{\mathrm{A}} F_{\lambda}=-\log 2 / \log \lambda$. The following result also holds for more general homogeneous Cantor sets, but we omit the details.

Theorem 3.11. Let $E \subseteq \mathbb{R}$ be non-empty. Then, for almost all $\lambda \in(0,1 / 2)$,

$$
\operatorname{dim}_{\mathrm{A}}\left(E+F_{\lambda}\right) \geqslant \min \left\{\operatorname{dim}_{\mathrm{A}} E+\operatorname{dim}_{\mathrm{A}} F_{\lambda}, 1\right\} .
$$

Moreover, the set of exceptional $\lambda$ in a given interval $(a, b) \subseteq(0,1 / 2)$ for which this does not hold has Hausdorff dimension at most $\operatorname{dim}_{\mathrm{A}} E+\operatorname{dim}_{\mathrm{A}} F_{b}$.

One of the distinguishing features of this result is that the generic dimension bound depends on the parameter $\lambda$. The proof will be a straightforward combination of our approach and the result of Peres and Schlag. Nevertheless, we delay the proof until Section 6.

## 4 | PROOFS OF NONLINEAR PROJECTION THEOREMS

## 4.1 | Tangents

The tangent structure of a set is intimately related to the Assouad dimension and it is via the tangent structure that we will prove Theorem 2.2. Mackay and Tyson [20] pioneered the theory of weak tangents in the context of Assouad dimension. Weak tangents are limits of sequences of blow-ups of a given set with respect to the Hausdorff metric. Rather than use weak tangents directly, it is more convenient for us to use the non-symmetric Hausdorff distance defined by

$$
\rho_{\mathcal{H}}(A, B)=\sup _{a \in A} \inf _{b \in B}|a-b|
$$

for non-empty closed sets $A, B \subseteq \mathbb{R}^{n}$. The Hausdorff metric is then defined as

$$
d_{\mathcal{H}}(A, B)=\max \left\{\rho_{\mathcal{H}}(A, B), \rho_{\mathcal{H}}(B, A)\right\}
$$

for non-empty compact sets $A, B \subseteq \mathbb{R}^{n}$. In what follows, we choose to approximate using $\rho_{\mathcal{H}}$ rather than $d_{\mathcal{H}}$. An alternative would have been to approximate using $d_{\mathcal{H}}$ via subsets, but we found this more cumbersome. This approach was used, for example, in [10, Definition 3.6] with the terminology weak pseudo tangent. Another minor variation we make on the usual theory of weak tangents is to allow some flexibility in the blow-ups: they need not be via strict similarities. This approach was used, for example, in [7, Proposition 7.7] with the terminology very weak tangents. To simplify exposition and terminology, we simply refer to tangents. We write $B(x, r)$ for the closed ball centred at $x \in \mathbb{R}^{n}$ with radius $r>0$.

Definition 4.1. Let $E, F \subseteq \mathbb{R}^{n}$ be non-empty closed sets with $E \subseteq B(0,1)$. Suppose there exists a sequence of maps $\left\{S_{k}\right\}_{k \in \mathbb{N}}$ with $S_{k}: \mathbb{R}^{n} \rightarrow \mathbb{R}^{n}$ and constants $a_{k}, b_{k}>0$ with $\sup _{k}\left(b_{k} / a_{k}\right)<\infty$ such that

$$
a_{k}|x-y| \leqslant\left|S_{k}(x)-S_{k}(y)\right| \leqslant b_{k}|x-y|
$$

for all $k \in \mathbb{N}$ and for all $x, y \in S_{k}^{-1}(B(0,1))$ and suppose that

$$
\rho_{\mathcal{H}}\left(E, S_{k}(F)\right) \rightarrow 0
$$

as $k \rightarrow \infty$. Then we call $E$ a tangent to $F$. If each $S_{k}$ is a homothety, that is, $S_{k}(x)=c_{k} x+t_{k}$ with contraction ratio $c_{k}>0$ and translation $t_{k} \in \mathbb{R}^{n}$, and also $c_{k} \rightarrow \infty$, then we call $E$ a simple tangent to $F$.

The maps $S_{k}$ in Definition 4.1 blow-up the set $F$ around $z_{k}=S_{k}^{-1}(0)$. If the limit $z=$ $\lim _{k \rightarrow \infty} z_{k} \in \mathbb{R}^{n}$ exists, then we call $z$ the focal point of $E$. Note that if $F$ is compact and $E$ is a simple tangent to $F$, then we may assume (by taking a subsequence if necessary) that the focal point exists and, moreover, is a point in $F$. The following is a minor variant on a result of Mackay and Tyson [20, Proposition 6.1.5].

Theorem 4.2. Let $F \subseteq \mathbb{R}^{d}$ be closed and $E \subseteq \mathbb{R}^{d}$ be a tangent to $F$. Then $\operatorname{dim}_{\mathrm{A}} F \geqslant \operatorname{dim}_{\mathrm{A}} E$.
The following result of Käenmäki, Ojala and Rossi [16, Proposition 5.7] shows that Theorem 4.2 has a useful converse.

Theorem 4.3. Let $F \subseteq \mathbb{R}^{d}$ be closed and non-empty. Then there exists a compact set $E \subseteq \mathbb{R}^{d}$ with $\operatorname{dim}_{\mathrm{H}} E=\operatorname{dim}_{\mathrm{A}} F$ such that $E$ is a simple tangent to $F$.

### 4.2 Orthogonal projections of tangents are tangents of nonlinear projections

The key technical result required to prove Theorem 2.2 is the following proposition. It states that there is an appropriately chosen orthogonal projection of a simple tangent, which is a tangent to a given nonlinear projection.

Proposition 4.4. Let $F \subseteq \mathbb{R}^{n}$ be non-empty and compact. Suppose $E$ is a simple tangent to $F$ with focal point $z \in F$. Further suppose that $t \in \Omega$ is such that $\Pi_{t}$ is $C^{1}$ and of constant rank $m \geqslant 1$ in a neighbourhood of $z$. Then $\pi_{V}(E)$ is a tangent to $\Pi_{t}(F)$ for $V=\operatorname{ker}\left(J_{z} \Pi_{t}\right)^{\perp} \in G(n, m)$.

Before proving Proposition 4.4, we provide some preliminary results. We may assume for convenience that $E \subseteq B(0,1 / 2)$. Let $\left\{S_{k}\right\}_{k \in \mathbb{N}}$ be a sequence of homotheties of $\mathbb{R}^{n}$ such that

$$
\rho_{\mathcal{H}}\left(E, S_{k}(F)\right) \rightarrow 0
$$

as $k \rightarrow \infty$. Write $c_{k}>0$ for the contraction ratio of $S_{k}$ and $t_{k} \in \mathbb{R}^{n}$ for the associated translation. Moreover, assume that $c_{k} \rightarrow \infty$ as $k \rightarrow \infty$. Let $z_{k} \in F$ be such that $S_{k}\left(B\left(z_{k}, c_{k}^{-1}\right)\right)=B(0,1)$ and $z=\lim _{k \rightarrow \infty} z_{k} \in F$ be the focal point of $E$, which we may assume exists. (Note that $0=$ $S_{k}\left(z_{k}\right)=c_{k} z_{k}+t_{k}$.) Let $V=\operatorname{ker}\left(J_{z} \Pi_{t}\right)^{\perp}$ and $V_{k}=\operatorname{ker}\left(J_{z_{k}} \Pi_{t}\right)^{\perp}$, noting that $V_{k}, V \in G(n, m)$ for large enough $k$ by the differentiability assumption. Moreover, $V_{k} \rightarrow V$ in the Grassmannian metric $d_{G}$, defined by

$$
d_{G}\left(U, U^{\prime}\right)=d_{\mathcal{H}}\left(U \cap B(0,1), U^{\prime} \cap B(0,1)\right)
$$

for $U, U^{\prime} \in G(n, m)$. This convergence is guaranteed by the assumption that $\Pi_{t}$ is continuously differentiable in a neighbourhood of $z$, and therefore $\operatorname{ker}\left(J_{z^{\prime}} \Pi_{t}\right)^{\perp}$ varies continuously for $z^{\prime}$ sufficiently close to $z$.

There exists a constant $c=c(z, t) \in(0,1)$ such that, for all $k$ sufficiently large and all $x, y \in$ $\operatorname{ker}\left(J_{z_{k}} \Pi_{t}\right)^{\perp}$,

$$
\begin{equation*}
\left|\left(J_{z} \Pi_{t}\right)(x)-\left(J_{z} \Pi_{t}\right)(y)\right| \geqslant c\left|\left\|J_{z} \Pi_{t}\right\|\right| x-y \mid \tag{4.1}
\end{equation*}
$$

where $\|\cdot\|$ denotes the operator norm. This can be guaranteed since $z_{k} \rightarrow z, \Pi_{t}$ is continuously differentiable in a neighbourhood of $z$, and $J_{z} \Pi_{t}$ is injective and linear on $\operatorname{ker}\left(J_{z} \Pi_{t}\right)^{\perp}$.

For large $k$ define $U_{k}: \Pi_{t}\left(B\left(z_{k}, c_{k}^{-1}\right)\right) \rightarrow \mathbb{R}^{n}$ by $U_{k}=S_{k} \circ U_{k}^{0}$ where $U_{k}^{0}: \Pi_{t}\left(B\left(z_{k}, c_{k}^{-1}\right)\right) \rightarrow$ $B\left(z_{k}, 2 c_{k}^{-1}\right)$ is defined by letting $U_{k}^{0}(u)$ be the unique point in the intersection

$$
\Pi_{t}^{-1}(u) \cap\left(V_{k}+z_{k}\right) \cap B\left(z_{k}, 2 c_{k}^{-1}\right)
$$

Lemma 4.5. The map $U_{k}^{0}$ is well-defined for sufficiently large $k$.
Proof. Throughout this proof, we restrict $\Pi_{t}$ to a neighbourhood of $z$ such that it is $C^{1}$ and of constant rank $m$. By the implicit function theorem, the level set $\Pi_{t}^{-1}(u)$ is a simply connected ( $n-$ $m)$-dimensional $C^{1}$ manifold which intersects $B\left(z_{k}, c_{k}^{-1}\right)$ since $u \in \Pi_{t}\left(B\left(z_{k}, c_{k}^{-1}\right)\right)$. This follows by expressing the action of $\Pi_{t}$ near $z$ in local coordinates. Moreover, since $\Pi_{t}$ is differentiable, vectors $v$ in the tangent space $T_{x} \Pi_{t}^{-1}(u)$ at $x \in \Pi_{t}^{-1}(u)$ coincide with directional derivatives of $\Pi_{t}$ at $x$ in direction $v$. For the manifold $\Pi_{t}^{-1}(u)$ to intersect $\left(V_{k}+z_{k}\right)$ more than once, or not at all, inside $B\left(z_{k}, 2 c_{k}^{-1}\right)$ we would require the tangent spaces of $\Pi_{t}^{-1}(u)$ at points inside $B\left(z_{k}, 2 c_{k}^{-1}\right)$ to differ from $\operatorname{ker}\left(J_{z_{k}} \Pi_{t}\right)$ by more than $1 / 100$ (in the Grassmannian metric, say). This is impossible for large enough $k$ since $\Pi_{t}$ is continuously differentiable in a neighbourhood of $z$.

We will use the maps $U_{k}$ to show that $\pi_{V}(E) \subseteq B(0,1) \cap V$ is a tangent to $\Pi_{t}(F)$. Therefore we must show that these maps satisfy the conditions from Definition 4.1. Since $S_{k}$ is a homothety, it is sufficient to demonstrate that $U_{k}^{0}$ satisfies the conditions. This is the content of the next lemma. Note that we only need to consider points which map into $B(0,1)$ under $U_{k}$, which is consistent with the domain of $U_{k}^{0}$ being $\Pi_{t}\left(B\left(z_{k}, c_{k}^{-1}\right)\right)$. We may extend $U_{k}^{0}$ (and thus $U_{k}$ ) to a mapping on the whole of $\mathbb{R}^{n}$ if we wish, but this is not really necessary.

Lemma 4.6. For sufficiently large $k$, for all $x, y \in \Pi_{t} S_{k}^{-1}(B(0,1))=\Pi_{t}\left(B\left(z_{k}, c_{k}^{-1}\right)\right)$

$$
\frac{1}{2\left\|J_{z} \Pi_{t}\right\|}|x-y| \leqslant\left|U_{k}^{0}(x)-U_{k}^{0}(y)\right| \leqslant \frac{2}{c\left\|J_{z} \Pi_{t}\right\|}|x-y|,
$$

where $c$ is the constant from (4.1).
Proof. First note that it is sufficient to prove that for sufficiently large $k$, for all $x, y \in B\left(z_{k}, 2 c_{k}^{-1}\right) \cap$ $\left(V_{k}+z_{k}\right)$,

$$
\begin{equation*}
\frac{c}{2}\left\|J_{z} \Pi_{t}\right\||x-y| \leqslant\left|\Pi_{t}(x)-\Pi_{t}(y)\right| \leqslant 2\left\|J_{z} \Pi_{t}\right\||x-y| . \tag{4.2}
\end{equation*}
$$

Since $\Pi_{t}$ is continuously differentiable in a neighbourhood of $z$,

$$
\begin{equation*}
\left|\Pi_{t}(x)-\Pi_{t}(y)-\left(J_{z} \Pi_{t}\right)(x-y)\right| \leqslant \frac{c}{2}\left\|J_{z} \Pi_{t}\right\||x-y| \tag{4.3}
\end{equation*}
$$

for all $x, y$ sufficiently close to $z$. In particular, for sufficiently large $k$, (4.3) holds for all $x, y \in$ $B\left(z_{k}, 2 c_{k}^{-1}\right)$. The upper bound from (4.2) follows from (4.3) and the triangle inequality, and the lower bound from (4.2) follows from (4.3), (4.1), and the reverse triangle inequality. This completes the proof.

The next result is a technical approximation which says that close to $z_{k}$ the composition $U_{k}^{0} \Pi_{t}$ behaves very much like orthogonal projection onto $V+z_{k}$.

Lemma 4.7. Let $\varepsilon>0$. For sufficiently large $k \geqslant 1$,

$$
\sup _{w \in B\left(z_{k}, c_{k}^{-1}\right)}\left|S_{k}^{-1} \pi_{V} S_{k}(w)-U_{k}^{0} \Pi_{t}(w)\right| \leqslant 2 c_{k}^{-1} \varepsilon .
$$

Proof. Let $w \in B\left(z_{k}, c_{k}^{-1}\right)$ and write $u=\Pi_{t}(w)$. Then $U_{k}^{0} \Pi_{t}(w)=\Pi_{t}^{-1}(u) \cap\left(V_{k}+z_{k}\right) \cap$ $B\left(z_{k}, 2 c_{k}^{-1}\right)$. For sufficiently large $k$, the tangent spaces of the manifold $\Pi_{t}^{-1}(u)$ are in an $\varepsilon$ neighbourhood of $\operatorname{ker}\left(J_{z_{k}} \Pi_{t}\right)=V_{k}^{\perp}\left(\right.$ in the Grassmannian metric $\left.d_{G}\right)$ and since $\left|w-z_{k}\right| \leqslant c_{k}^{-1}$ we conclude that

$$
\left|U_{k}^{0} \Pi_{t}(w)-\pi_{V_{k}}\left(w-z_{k}\right)-z_{k}\right| \leqslant \varepsilon c_{k}^{-1}
$$

for large enough $k$. Moreover, since $V_{k} \rightarrow V$ in $d_{G}$, for sufficiently large $k$ we have

$$
\left.\mid \pi_{V}\left(w-z_{k}\right)+z_{k}-\pi_{V_{k}}\left(w-z_{k}\right)-z_{k}\right)\left|\leqslant 2 d_{G}\left(V_{k}, V\right)\right| w-z_{k} \mid \leqslant \varepsilon c_{k}^{-1} .
$$

Finally, $\pi_{V}\left(w-z_{k}\right)+z_{k}=S_{k}^{-1} \pi_{V} S_{k}(w)$ and the result follows.
We are now ready to prove Proposition 4.4.
Proof. Let $\varepsilon>0$ and $x \in \pi_{V}(E)$. Choose $k$ large enough (in terms of $\varepsilon$ ) to guarantee that the conclusion of Lemma 4.7 holds and also that

$$
\begin{equation*}
\rho_{\mathcal{H}}\left(E, S_{k}(F)\right) \leqslant \varepsilon / 2 \tag{4.4}
\end{equation*}
$$

Choose $y \in S_{k}(F) \cap B(0,1)$ such that

$$
\begin{equation*}
\left|x-\pi_{V}(y)\right| \leqslant \varepsilon \tag{4.5}
\end{equation*}
$$

which we may do by first applying (4.4) and then the fact that orthogonal projections do not increase distances. Then

$$
\begin{aligned}
\left|x-U_{k} \Pi_{t} S_{k}^{-1}(y)\right| & =\left|x-S_{k} U_{k}^{0} \Pi_{t} S_{k}^{-1}(y)\right| \\
& \leqslant\left|x-\pi_{V}(y)\right|+\left|\pi_{V}(y)-S_{k} U_{k}^{0} \Pi_{t} S_{k}^{-1}(y)\right| \\
& =\left|x-\pi_{V}(y)\right|+\left|S_{k} S_{k}^{-1} \pi_{V} S_{k} S_{k}^{-1}(y)-S_{k} U_{k}^{0} \Pi_{t} S_{k}^{-1}(y)\right| \\
& =\left|x-\pi_{V}(y)\right|+c_{k}\left|S_{k}^{-1} \pi_{V} S_{k} S_{k}^{-1}(y)-U_{k}^{0} \Pi_{t} S_{k}^{-1}(y)\right| \\
& \leqslant \varepsilon+c_{k}\left(2 c_{k}^{-1} \varepsilon\right)
\end{aligned}
$$

by (4.5) and Lemma 4.7. Since $S_{k}^{-1}(y) \in F \cap B\left(z_{k}, c_{k}^{-1}\right) \subseteq F$, we have proved that, for all sufficiently large $k$,

$$
\rho_{\mathcal{H}}\left(\pi_{V}(E), U_{k} \Pi_{t} F\right) \leqslant 3 \varepsilon
$$

Since, by Lemma 4.6, $U_{k}$ satisfies the conditions required in Definition 4.1 for sufficiently large $k$, it follows that $\pi_{V}(E)$ is a tangent to $\Pi_{t}(F)$, completing the proof.

## 4.3 | Proof of Theorem 2.2

Theorem 2.2 follows succinctly from Proposition 4.4. First suppose $F$ is closed. Apply Theorem 4.3 to obtain a simple tangent $E$ with focal point $z \in F$ satisfying $\operatorname{dim}_{\mathrm{H}} E=\operatorname{dim}_{\mathrm{A}} F$. Proposition 4.4, the differentiability assumption in Definition 2.1, and Theorem 4.2 imply that for $\mu$ almost all $t \in \Omega$

$$
\operatorname{dim}_{\mathrm{A}} \Pi_{t}(F) \geqslant \operatorname{dim}_{\mathrm{A}} \pi_{V(t)}(E)
$$

for $V(t)=T_{z}(t)=\operatorname{ker}\left(J_{z} \Pi_{t}\right)^{\perp} \in G(n, m)$. Since

$$
\operatorname{dim}_{\mathrm{A}} \pi_{V}(E) \geqslant \underset{V \sim \mathbb{P}}{\operatorname{essinf}} \operatorname{dim}_{\mathrm{A}} \pi_{V}(E)
$$

for $\mathbb{P}$ almost all $V \in G(n, m)$ and $\mu \circ T_{z}^{-1} \ll \mathbb{P}$ (the absolute continuity assumption in Definition 2.1), it follows that

$$
\operatorname{dim}_{\mathrm{A}} \pi_{V(t)}(E) \geqslant \underset{V \sim \mathbb{P}}{\operatorname{essinf}} \operatorname{dim}_{\mathrm{A}} \pi_{V}(E)
$$

holds for $\mu$ almost all $t \in \Omega$. Therefore, since $\operatorname{dim}_{\mathrm{H}} E=\operatorname{dim}_{\mathrm{A}} F$,

$$
\operatorname{dim}_{\mathrm{A}} \Pi_{t}(F) \geqslant \inf _{\substack{E \subset \mathbb{R}^{n} \\ \operatorname{dim}_{\mathrm{H}}=\operatorname{dim}_{\mathrm{A}} F}} \operatorname{essinf}_{V \sim \mathbb{P}} \operatorname{dim}_{\mathrm{A}} \pi_{V}(E)
$$

holds for $\mu$ almost all $t \in \Omega$, proving the theorem for closed $F$. However, if $F$ is not closed, then $\overline{\Pi_{t}(F)} \supseteq \Pi_{t}(\bar{F})$ since $\Pi_{t}$ is continuous. Therefore, since Assouad dimension is stable under taking closure,

$$
\operatorname{dim}_{\mathrm{A}} \Pi_{t}(F)=\operatorname{dim}_{\mathrm{A}} \overline{\Pi_{t}(F)} \geqslant \operatorname{dim}_{\mathrm{A}} \Pi_{t}(\bar{F})
$$

and the desired result follows by applying the result for closed sets.

## 5 | PROOF OF THEOREM 3.3

A key step in the proof of Theorem 3.3 will be to relate pinned distance sets and radial projections via radial product sets. Given $X \subseteq S^{n-1}$ and $Y \subseteq \mathbb{R}$, we define the radial product of $X$ and $Y$ to be the set

$$
X \otimes Y=\{x y: x \in X, y \in Y\} \subseteq \mathbb{R}^{n}
$$

The following is more general than we need. We write $\overline{\operatorname{dim}}_{\mathrm{B}}$ for the upper box dimension and note that for bounded sets $E \subseteq \mathbb{R}^{n}$

$$
\operatorname{dim}_{\mathrm{H}} E \leqslant \overline{\operatorname{dim}}_{\mathrm{B}} E \leqslant \operatorname{dim}_{\mathrm{A}} E .
$$

For concreteness, the upper box dimension of a bounded set $E$ is the infimum of $\alpha>0$ such that there is a constant $C \geqslant 1$ such that, for all $r>0, E$ may be covered by fewer than $\mathrm{Cr}^{-\alpha}$ sets of diameter $r$.

Lemma 5.1. For $X \subseteq S^{n-1}$ and bounded $Y \subseteq \mathbb{R}$,

$$
\operatorname{dim}_{H}(X \otimes Y) \leqslant \operatorname{dim}_{H} X+\overline{\operatorname{dim}}_{B} Y .
$$

Proof. This is straightforward but we include the details due to its importance. Since $Y$ is bounded, without loss of generality we may assume that $Y \subseteq[-1,1]$. Fix $s>\operatorname{dim}_{\mathrm{H}} X$ and $t>\operatorname{dim}_{\mathrm{B}} Y$. Let $\varepsilon>0, r>0$ and $\left\{U_{i}\right\}_{i}$ be a finite or countable cover of $X$ by sets with diameter at most $r$ such that

$$
\sum_{i}\left|U_{i}\right|^{s} \leqslant \varepsilon
$$

where $\left|U_{i}\right|$ denotes the diameter of $U_{i}$. Consider the 'wedge' $W_{i}=\left\{x y: x \in X \cap U_{i}, y \in Y\right\}$. By the definition of upper box dimension, there exists a uniform constant $C \geqslant 1$ such that $W_{i}$ may be covered by fewer than $C\left|U_{i}\right|^{-t}$ sets of diameter no greater than $\left|U_{i}\right|$. Specifically, take a cover of $Y$ by fewer than $C_{0}\left|U_{i}\right|^{-t}$ sets $\left\{A_{a}\right\}_{a}$ of diameter $\left|U_{i}\right| / 2$ and take a cover of $U_{i}$ by fewer than $C_{1}$ sets $\left\{B_{b}\right\}_{b}$ of diameter $\left|U_{i}\right| / 2$ where $C_{0}, C_{1} \geqslant 1$ are uniform constants. Then

$$
\left\{A_{a} \otimes B_{b}\right\}_{a, b}
$$

yields the desired cover of $W_{i}$ (with $C=C_{0} C_{1}$ ). Taking the union of these covers over all $i$ yields an $r$-cover $\left\{V_{j}\right\}_{j}$ of $X \otimes Y$ satisfying

$$
\sum_{j}\left|V_{j}\right|^{s+t} \leqslant \sum_{i}\left|U_{i}\right|^{s+t} C\left|U_{i}\right|^{-t} \leqslant C \varepsilon
$$

which proves that $\operatorname{dim}_{\mathrm{H}}(X \otimes Y) \leqslant s+t$, and thus the lemma.
It is immediate that for all sets $E \subseteq \mathbb{R}^{n}$ and $z \in \mathbb{R}^{n}$

$$
\begin{equation*}
E \subseteq\left(\pi_{z}(E)-z\right) \otimes D_{z}(E)+z \tag{5.1}
\end{equation*}
$$

Indeed, for $x \in E$

$$
\left(\pi_{z}(x)-z\right) \otimes D_{z}(x)+z=x
$$

Therefore, Lemma 5.1 yields that for bounded $E \subseteq \mathbb{R}^{n}$

$$
\begin{equation*}
\operatorname{dim}_{\mathrm{H}} E \leqslant \operatorname{dim}_{\mathrm{H}} \pi_{z}(E)+\overline{\operatorname{dim}}_{\mathrm{B}} D_{z}(E) . \tag{5.2}
\end{equation*}
$$

We are now ready to prove Theorem 3.3.

Proof. It was proved in [8, Lemma 3.1] that if $F \subseteq \mathbb{R}^{n}$ is a closed set and $E$ a simple tangent to $F$, then

$$
\operatorname{dim}_{\mathrm{A}} D(F) \geqslant \operatorname{dim}_{\mathrm{A}} D(E) .
$$

Therefore, it is sufficient to work with tangents of $F$. Assume for now that $F$ is closed and apply Theorem 4.3 to obtain a compact simple tangent $E$ to $F$ with

$$
\operatorname{dim}_{\mathrm{H}} E=\operatorname{dim}_{\mathrm{A}} F .
$$

Apply Theorem 4.3 a second time to obtain a compact simple tangent $E^{\prime}$ to $E$ with

$$
\operatorname{dim}_{\mathrm{H}} E^{\prime}=\operatorname{dim}_{\mathrm{A}} E=\operatorname{dim}_{\mathrm{A}} F
$$

and let $z \in E$ be the focal point of $E^{\prime}$. Let $\mathcal{E} \subseteq G(n, 1)$ be the set of exceptions to (1.2) applied to $E^{\prime}$. By definition $\mathcal{E}$ has Hausdorff dimension at most $\theta=\theta\left(\operatorname{dim}_{\mathrm{A}} F, n, 1\right)$, recall (2.1). We now split into two cases.

Case 1: Suppose $\operatorname{dim}_{\mathrm{H}} \pi_{z}(E)>\theta$. Since $\operatorname{dim}_{\mathrm{H}} \mathcal{E} \leqslant \theta$, there must exist $x \in E$ such that $\operatorname{span}(z-$ $x) \notin \mathcal{E}$. Proposition 4.4 implies that $\pi_{\operatorname{span}(z-x)}\left(E^{\prime}\right)$ is a tangent to $D_{z}(E)$. Therefore, applying Theorem 4.2,

$$
\begin{aligned}
\operatorname{dim}_{\mathrm{A}} D(F) \geqslant \operatorname{dim}_{\mathrm{A}} D(E) \geqslant \operatorname{dim}_{\mathrm{A}} D_{z}(E) & \geqslant \operatorname{dim}_{\mathrm{A}} \pi_{\mathrm{Span}(z-x)}\left(E^{\prime}\right) \\
& \geqslant \min \left\{\operatorname{dim}_{\mathrm{A}} E^{\prime}, 1\right\} \\
& =\min \left\{\operatorname{dim}_{\mathrm{A}} F, 1\right\} .
\end{aligned}
$$

Case 2: Suppose $\operatorname{dim}_{H} \pi_{z}(E) \leqslant \theta$. It follows from (5.2) that

$$
\operatorname{dim}_{\mathrm{H}} E \leqslant \operatorname{dim}_{\mathrm{H}} \pi_{z}(E)+\overline{\operatorname{dim}}_{\mathrm{B}} D_{z}(E) \leqslant \theta+\operatorname{dim}_{\mathrm{A}} D_{z}(E)
$$

and therefore

$$
\operatorname{dim}_{\mathrm{A}} D(F) \geqslant \operatorname{dim}_{\mathrm{A}} D(E) \geqslant \operatorname{dim}_{\mathrm{A}} D_{z}(E) \geqslant \operatorname{dim}_{\mathrm{H}} E-\theta=\operatorname{dim}_{\mathrm{A}} F-\theta .
$$

Therefore, we have proved the desired result for closed sets $F$. If $F$ is not closed, then $\overline{D(F)} \supseteq$ $D(\bar{F})$ since the map from $\mathbb{R}^{n} \times \mathbb{R}^{n}$ to $\mathbb{R}$ defined by $(x, y) \mapsto|x-y|$ is continuous. Therefore, since Assouad dimension is stable under taking closure,

$$
\operatorname{dim}_{\mathrm{A}} D(F)=\operatorname{dim}_{\mathrm{A}} \overline{D(F)} \geqslant \operatorname{dim}_{\mathrm{A}} D(\bar{F})
$$

and the desired result follows by applying the result for closed sets.

## 5.1 | Extension to general norms

The proof given in Section 5 goes through almost verbatim if the distance set is defined via a general norm $\|\cdot\|$ with the property that the boundary of the unit ball $\partial B$ is a $C^{1}$ manifold and the associated Gauss map cannot decrease Hausdorff dimension, see Subsection 3.1.2. In the definition of radial product, $S^{n-1}$ is replaced by $\partial B$ and then (5.1) holds with the radial projection and pinned distance maps taken with respect to the norm $\|\cdot\|$. The proof of [8, Lemma 3.1] goes through almost unchanged in the setting of general norms and therefore we can reduce to tangents $E$ and $E^{\prime}$ in exactly the same way. Finally, writing $\Pi_{t}^{\|\cdot\|}: \mathbb{R}^{n} \rightarrow \mathbb{R}$ for the pinned distance map with respect to $\|\cdot\|$, the case 1 assumption $\operatorname{dim}_{\mathrm{H}} \pi_{z}(E)>\theta$ still guarantees existence of $x \in E$ such that $T_{z}(x)=\operatorname{ker}\left(J_{z} \Pi_{x}^{\|\cdot\|}\right) \notin \mathcal{E}$. This is because the restriction of $T_{z}$ to $(\partial B+z)$ coincides with the Gauss map $g:(\partial B+z) \rightarrow S^{n-1}$ (upon identification of antipodal points in $S^{n-1}$ and then identification with $G(n, 1)$ ) and we assume the Gauss map cannot decrease Hausdorff dimension.

## 6 | PROOF OF THEOREM 3.11

Apply Theorem 4.3 to obtain a simple tangent $E^{\prime}$ to $E$ with $\operatorname{dim}_{\mathrm{H}} E^{\prime}=\operatorname{dim}_{\mathrm{A}} E$ and let $z \in E$ be the focal point of $E^{\prime}$. It is straightforward to see that $F_{\lambda}$ is itself a simple tangent to $F_{\lambda}$ with focal point 0 . Therefore, $E^{\prime} \times F_{\lambda}$ is a simple tangent to $E \times F_{\lambda}$ with focal point $(z, 0)$ for all $\lambda \in(0,1 / 2)$. Let
$V=\operatorname{span}(1,1) \in G(2,1)$. It follows from Proposition 4.4 that $\pi_{V}\left(E^{\prime} \times F_{\lambda}\right)$ is a tangent to $\pi_{V}(E \times$ $F_{\lambda}$ ) and therefore, by Theorem 4.2,

$$
\operatorname{dim}_{\mathrm{A}}\left(E+F_{\lambda}\right)=\operatorname{dim}_{\mathrm{A}} \pi_{V}\left(E \times F_{\lambda}\right) \geqslant \operatorname{dim}_{\mathrm{H}} \pi_{V}\left(E^{\prime} \times F_{\lambda}\right)=\operatorname{dim}_{\mathrm{H}}\left(E^{\prime}+F_{\lambda}\right)
$$

for all $\lambda \in(0,1 / 2)$. It follows from $[28$, Theorem 5.12] that

$$
\operatorname{dim}_{\mathrm{H}}\left(E^{\prime}+F_{\lambda}\right)=\min \left\{\operatorname{dim}_{\mathrm{H}} E^{\prime}+\operatorname{dim}_{\mathrm{H}} F_{\lambda}, 1\right\}=\min \left\{\operatorname{dim}_{\mathrm{A}} E+\operatorname{dim}_{\mathrm{A}} F_{\lambda}, 1\right\}
$$

for almost all $\lambda \in(0,1 / 2)$ and even all $\lambda \in(a, b) \subseteq(0,1 / 2)$ outside of a set of exceptions of Hausdorff dimension at most $\operatorname{dim}_{\mathrm{H}} E^{\prime}+\operatorname{dim}_{\mathrm{H}} F_{b}=\operatorname{dim}_{\mathrm{A}} E+\operatorname{dim}_{\mathrm{A}} F_{b}$, completing the proof.

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## JOURNAL INFORMATION

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