

1 **The global prevalence and trend of human intestinal carriage of ESBL-producing *E. coli***
2 **in the community**

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16 **Running Title: The global faecal carriage of ESBL *E. coli* in the community**

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27 Abstract**28 Objectives**

29 Intestinal colonisation by ESBL *Escherichia coli* and its association with community-acquired
30 MDR infections is of great concern. This review determined the worldwide prevalence of
31 human faecal ESBL *E. coli* carriage and its trend in the community over the past two decades.

32 Methods

33 A systematic literature search was conducted using PubMed, EMBASE and Google Scholar to
34 retrieve articles published between 1st January 2000 to 13th February 2020 that contained data
35 on the prevalence of faecal carriage of ESBL *E. coli* among healthy individuals. A cumulative
36 (for the whole period) meta-analysis was used to estimate the global and regional pooled
37 prevalence rates. Articles were grouped into study periods of three years and subgroup meta-
38 analyses were undertaken to examine the global pooled prevalence over time.

39 Results

40 Sixty-two articles covering 29,872 healthy persons were included in this meta-analysis. The
41 cumulative (2003-2018) global pooled prevalence of ESBL *E. coli* intestinal carriage in the
42 community was 16.5% (95% CI: 14.3–18.7%, $P < 0.001$). The pooled prevalence showed an
43 upward trend, increasing from 2.6% (95% CI: 1.6-4.0) in 2003-2005 to 21.1% (95% CI: 15.8-
44 27.0%) in 2015-2018. Over the whole period, the highest carriage rate was observed in South-
45 East Asia (27%, 95% CI: 2.9–51.3%), while the lowest occurred in Europe (6.0%, 95% CI:
46 4.6–7.5%).

47 **Conclusion**

48 Globally, an eight-fold increase in the intestinal carriage of ESBL *E. coli* in the community
49 occurred over the past two decades. Prevention of its spread may require new therapeutic and
50 public health strategies.

51 **Introduction**

52 The gut microbiota is a reservoir of antimicrobial resistance genes ¹. Among
53 Enterobacteriaceae, *Escherichia coli* is becoming a major storehouse of ESBL genes which
54 impart resistance to a number of β -lactam antibiotics ²⁻⁴.

55 *E. coli*, a gram-negative facultative anaerobe ^{5,6} whose primary habitat is the distal intestines
56 of humans and animals, ^{7,8} is the most common cause of urinary tract infections ⁹ and urosepsis
57 in humans ¹⁰. Acquisition of drug resistance genes by *E. coli* makes the treatment of these
58 infections difficult. For example, ESBL-producing *E. coli* are resistant to many β -lactam
59 antibiotics, including penicillins, aztreonam and most cephalosporins ¹¹. **ESBL *E. coli* can**
60 **emerge in the human or animal gut following the use of antibiotics** ^{12,13}. Since *E. coli* are
61 generally transmitted through the faecal-oral route, ¹⁴ MDR forms of ESBL *E. coli* are
62 transmissible through contact with humans, animals or the environment, or ingestion of
63 contaminated food or water ¹⁵⁻¹⁹. In fact, 60% of community-acquired ESBL *E. coli* was
64 attributable to human-to-human transmission, whereas food accounted for about 20% ²⁰.

65 The intestinal carriage of ESBL *E. coli* is usually asymptomatic and persistent ²¹. However,
66 many studies have shown the association of the faecal carriage with ESBL *E. coli* infections
67 ²²⁻²⁵. Unlike infections with β -lactam-sensitive *E. coli*, ESBL *E. coli* infections have poor
68 clinical outcomes. For instance, the mortality rate of ESBL *E. coli* sepsis (60%) is three times
69 higher than for β -lactam-sensitive strains (20%) ²⁶.

70 Two systematic reviews on ESBL Enterobacteriaceae in 2011 and 2016 showed a steady
71 increase in the worldwide community prevalence ^{27,28}. Faecal ESBL *E. coli* carriage, in
72 particular, has become a global pandemic which can lead to widespread infections with limited
73 therapeutic options ²⁸. Understanding the current status of this MDR bacterium is critical for
74 developing effective methods for its control, including the prevention of its transmission and
75 decolonisation of carriers. The 2016 review ²⁷ covered Enterobacteriaceae in general, but did
76 not provide specific details on ESBL *E. coli*. The meta-analysis presented here highlights the
77 global prevalence and evolution of faecal ESBL *E. coli* carriage in healthy individuals over the
78 past two decades.

79

80 **Methods**

81 This study was conducted following the Preferred Reporting Items for Systematic Reviews and
82 Meta-Analyses (PRISMA) 2009 checklist (Table S1) ²⁹.

83 **Data sources and search terms**

84 A systematic literature search was conducted in PUBMED, EMBASE and Google Scholar to
85 retrieve relevant articles published from 1st January 2000 to 13th February 2020. We used four
86 groups of search terms: (1) *Escherichia coli* OR *E. coli*, (2) extended spectrum β -lactamase
87 OR ESBL, (3) faecal OR faeces OR stool OR intestinal OR gastrointestinal tract, and (4)
88 community OR community-acquired. These groups of search terms were then connected by
89 the Boolean operator “AND” to find papers that contain the terms anywhere in the article. The
90 search retrieved 122, 173, and 280 articles indexed in PubMed, EMBASE and Google scholar,
91 respectively, for further screening (Figure 1). Two authors (Y. B., W. B.) screened titles and
92 abstracts to select studies. Another author (A. B) was involved in reaching a consensus for
93 discrepancies.

94 **Study selection: inclusion and exclusion criteria**

95 Studies that reported the prevalence of ESBL *E. coli* carriage among healthy individuals of any
96 age group were eligible. A healthy individual was defined as an asymptomatic person who
97 lived in the community or visited a hospital only for a routine wellness check-up, antenatal
98 care, vaccination, pre-international travel screening or for transrectal biopsy screening for
99 prostate cancer. We excluded studies that reported faecal ESBL *E. coli* prevalence among
100 hospital outpatients, admitted patients, residents of aged care facilities, and household contacts
101 of colonised individuals, as well as studies that analysed non-faecal samples or involved only
102 non-human study subjects. Our analysis included original articles written in English, and
103 excluded reviews, retrospective and case-control studies, and conference abstracts. In addition,
104 we only included studies that confirmed ESBL production with at least the double-disk synergy
105 test (DDST) or PCR and excluded those studies that relied solely on antibiotic susceptibility
106 testing. Studies that determined the faecal carriage of ESBL Enterobacteriaceae, but did not
107 perform bacterial species identification or did not specify the total number of ESBL *E. coli*
108 positive persons, were excluded (Figure 1).

109 **Data extraction and quality control**

110 The main outcome of interest was the prevalence of gastrointestinal colonisation by ESBL *E.*
111 *coli* in healthy individuals. The prevalence was obtained by dividing the total number of
112 confirmed ESBL *E. coli* positive individuals by the total number of individuals screened via
113 stool testing. For each research article, year of study, study design, nature of study participants,
114 method of ESBL confirmation and study location (country and WHO region³⁰) were recorded
115 and shown in a spreadsheet (Table S2). For studies that took more than a year (e.g. 2012-2013)
116 the approximate mean (2013) was taken as the “year of study”.

117 The methodological quality of each study was assessed using the Quality Assessment Tool for
118 Observational Cohort and Cross-Sectional Studies developed by the National Heart, Lung, and
119 Blood Institute of the NIH ³¹ (Table S3).

120 **Figure 1 here**

121 **Data Analysis**

122 A random-effects meta-analysis using the DerSimonian and Laird method ³² was performed to
123 obtain a pooled prevalence and estimate the global trend of faecal ESBL *E. coli* carriage.
124 Subgroup meta-analyses were performed by grouping studies using the WHO regions ³⁰ and
125 three-year intervals of study period. The Freeman-Tukey arcsine methodology ³³ was used to
126 stabilise the variance of raw proportions, and no studies with 0% or 100% proportions were
127 excluded ³⁴. The I-squared (I^2) statistic was the measure of heterogeneity, ³² and probability
128 values less than 0.05 at 95% CI were considered significant. The presence of publication bias
129 was assessed using Egger's regression test ³⁵. The meta-analysis was performed using
130 OpenMeta (Analyst) ³⁶. GraphPad Prism (Version 8.0.2, San Diego, California, USA) was used
131 to create linear regression plots and bar graphs.

132

133 **Results**

134 **Study characteristics and quality assessment**

135 Of the 575 relevant articles produced by the search, 62 were included in our meta-analysis
136 (Figure 1). They comprised 20 prospective and 42 cross-sectional studies deemed to be of fair
137 to good quality. The characteristics and quality assessment of the selected studies are presented
138 in Table S2.

139 **Prevalence of faecal ESBL *E. coli* carriage in the community**

140 The 62 studies covered a total of 29,872 healthy individuals from the six WHO regions. This
141 gave a global pooled prevalence of ESBL *E. coli* intestinal carriage in the community of 16.5%
142 (95% CI: 14.3–18.7%) (Figure 2). The highest carriage rates occurred in South-East Asia (27%,
143 95% CI: 2.9–51.3%), followed by Western Pacific (24.5%, 95% CI: 17.6–31.4%), Africa
144 (21.4%, 95% CI: 12.7–30.1%) and Eastern Mediterranean (20.6%, 95% CI: 10.2–30.1%). The
145 lowest pooled prevalence was reported from European studies (6.0%, 95% CI: 4.6–7.5%)
146 (Figure 2 and Table S2).

147 Looking at the country level, the highest community prevalence was reported from Tanzania
148 (76.3%), followed by Vietnam (75.1%), Laos (70.2%), China (58.5%), Thailand (56.1%),
149 Egypt (45.1%) and Lebanon (38.5%). Australia (with a prevalence of 1.9%) and the USA (at a
150 carriage rate of up to 3.5%), were among countries with the lowest prevalence (Figure S1,
151 Table S2).

152 [Figure 2 here](#)

153 **Global trend in prevalence of human intestinal ESBL *E. coli* carriage**

154 The results of subgroup meta-analyses performed by dividing the study period into three-year
155 intervals are shown in Figure S2. The pooled prevalence increased steadily from 2.6% (95%
156 CI: 1.6-4.0%) in 2003-2005 to 21.1% (95% CI: 15.8-27.0%) in 2015-2018, representing an
157 average increase of 1.2% per year (Figure 3A and Figure S2). Similarly, an estimated
158 projection from linear regression analysis revealed a 1.5% yearly increase, with an estimated
159 global prevalence of just under 30% in 2020 (P=0.021) (Figure 3B).

160 [Figure 3 here](#)

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164 Discussion

165 We studied the intestinal carriage of MDR ESBL *E. coli* among healthy people as it has very
166 significant clinical and public health implications^{37,38}. Healthy carriers may develop serious
167 urinary, intraabdominal or blood-stream infections at some point in their lifetime²². Mortality
168 rates following ESBL *E. coli* infections are generally high,²⁶ and last-resort carbapenems are
169 the only reliable treatment options³⁸. Even mild urinary tract infections have a tendency to
170 become recurrent, leading to increased morbidity^{39,40}. From a public health perspective,
171 human-to-human transmission of ESBL *E. coli* and its extensive spread throughout the world
172 is a great concern³⁷. Clonal and plasmid-mediated spread are responsible for the increasing
173 global incidence of MDR *E. coli*, as seen, for example, with the pandemic *E. coli* ST131 clone
174 and the *bla*_{CTX-M} plasmid^{37,41}. Furthermore, the possible horizontal transfer of ESBL genes to
175 other flora within the human gut is another concern²¹.

176 Using a 15-year pooled prevalence, this study found that at least one-sixth (16.5%) of the
177 world's population is colonised by ESBL *E. coli*. Subgroup meta-analysis by every three years
178 of study period showed an increasing trend with a much higher carriage rate in recent years.
179 For example, the pooled prevalence for the period 2015-2018 was 21.1% (95% CI: 15.8-
180 27.0%). This is almost a three-fold increase when compared to the pooled prevalence of 10
181 years earlier (7.8% (95% CI: 2.2-13.3%) in 2006-2008), and an eight-fold increase from 2003-
182 2005 (2.6% (95% CI: 1.6-4.0%)). The global pooled prevalence in our study is higher than that
183 reported by Karanika *et al.*, who found a 14% global pooled prevalence for the intestinal
184 carriage of ESBL Enterobacteriaceae (*E. coli*, *K. pneumonia*, etc.) among healthy people²⁷.
185 However, Karanika *et al.* considered studies conducted between 1978 and 2015, missing 2015-
186 2018 which, as our analysis showed, was a period of further increase in prevalence. A study by
187 Woerther *et al.* also showed an increasing trend of ESBL Enterobacteriaceae between 2002
188 and 2011 in each of the six WHO regions³⁰.

189 By WHO region,³⁰ the pooled prevalence was highest in South-East Asia whereas Europe and
190 the Americas had the lowest carriage. These relative estimates concurred with the ones
191 presented by Karanika *et al.*, who showed the highest prevalence rate in South-East Asia (46%,
192 95% CI: 29–63%) and the lowest prevalence rates in the Americas (North (2%, 95% CI: 0-
193 5%) and South (3%, 95% CI: 0-7%)) and Europe (central (3%, 95% CI: 1-5%), northern (4%,
194 95% CI: 2-6%), southern (6%, 95% CI: 1-12%))²⁷. Differences in the regional carriage rates
195 compared with our study are most likely due to variation in the study periods and methods
196 (inclusion and exclusion criteria). For instance, our study determined carriage rates specific for
197 ESBL *E. coli* and we included only those confirmed by at least DDST or PCR.

198 There could be several explanations for the successful worldwide spread of ESBL *E. coli*. The
199 first, and most likely, is a high transmission rate as seen in the rates of ESBL *E. coli*
200 colonisation among travellers. A Swiss study recruited 170 Swiss travellers to South Asia
201 (India, Bhutan, Nepal, and Sri Lanka) who initially had negative ESBL *E. coli* upon pre-travel
202 stool screening. Surprisingly, on return, 118/170 (70%) of these travellers were found to have
203 been colonised with ESBL *E. coli* (86% among travellers to India)⁴². A Danish study also
204 reported a more than 90% colonisation rate among travellers to India⁴³. Second, the faecal
205 titre of ESBL *E. coli* was high among colonised humans (10^2 - 10^8 colony-forming unit
206 (cfu)/gram of stool)⁴⁴ and animals (10^3 - 10^7 cfu/gram of stool)^{45,46}. This high faecal ESBL *E.*
207 *coli* titre among carriers could relate to the documented high rate of human-to-human
208 transmission related with poor post-toilet hygiene. Hence, effective feco-oral transmission
209 seems the main driving factor for the increasing worldwide prevalence.

210 Our findings suggest that the presence of MDR gram-negative ESBL *E. coli* is dramatically
211 increasing outside the hospital setting. This is concerning, given the risk of persistent intestinal
212 carriage,²¹ as well as the possible horizontal transfer of ESBL genes to other flora within the
213 human gut⁴⁷⁻⁴⁹. In addition, because ESBL *E. coli* are resistant to most of the available

214 antibiotics, our findings signal that the world could be heading to the worst phase of a “post-
215 antibiotic era”, where common infections that used to be easily treated will no longer respond
216 to currently existing medications. Since *E. coli* is a common cause of urinary tract infections,
217 sepsis and neonatal meningitis, increasing prevalence of ESBL *E. coli* has significant clinical
218 implications, with an anticipated increase in morbidity and mortality. With antimicrobial
219 resistance projected to become the number one killer of humans by 2050,⁵⁰ ESBL *E. coli* could
220 become one of the main culprits. The WHO’s global antimicrobial resistance surveillance
221 system (GLASS) has already been monitoring the resistance profile of *E. coli* from blood and
222 urine samples obtained during routine clinical care since 2015⁵¹. However, since ESBL *E. coli*
223 is no longer restricted to the hospital setting, and given the high community carriage shown by
224 our results, we believe control strategies by WHO and other organisations would be better
225 informed by including monitoring of faecal carriage of ESBL *E. coli* among healthy
226 individuals.

227 A strength of this review is in following a strict inclusion criterion on the method of ESBL *E.*
228 *coli* detection. In addition, we used subgroup meta-analysis to show the temporal pattern. It is
229 important to note, however, that the study also had several limitations. First, it determined the
230 pooled prevalence in each WHO region,³⁰ that may lead to an over- or underestimation of the
231 prevalence for certain member countries and the findings need careful interpretation. For
232 example, a 9.9% pooled prevalence in the Americas was mainly contributed by the high
233 carriage rate in the South Americas, not the USA. Second, there was a **limited number of studies**
234 **in certain locations, such as Africa, South–East Asia, North America, and Australia. This might**
235 **have overestimated or underestimated the prevalence in these areas.** Third, the review only
236 considered articles published in English, and relevant data published in other languages may
237 have been missed. Finally, the varying time periods of studies from different WHO regions³⁰
238 might have under- or overestimated the regional cumulative prevalence and the global trend.

239 **Conclusion**

240 The intestinal carriage of MDR ESBL *E. coli* showed a high and increasing prevalence among
241 healthy individuals worldwide. Based on the findings, we recommend that the WHO and other
242 institutions should consider a community stool ESBL *E. coli* surveillance scheme and
243 implement preventive measures to address its community spread.

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248 **Transparency declarations**

249 None to declare.

250 **Data sharing**

251 All data is available in the manuscript or the supplementary materials.

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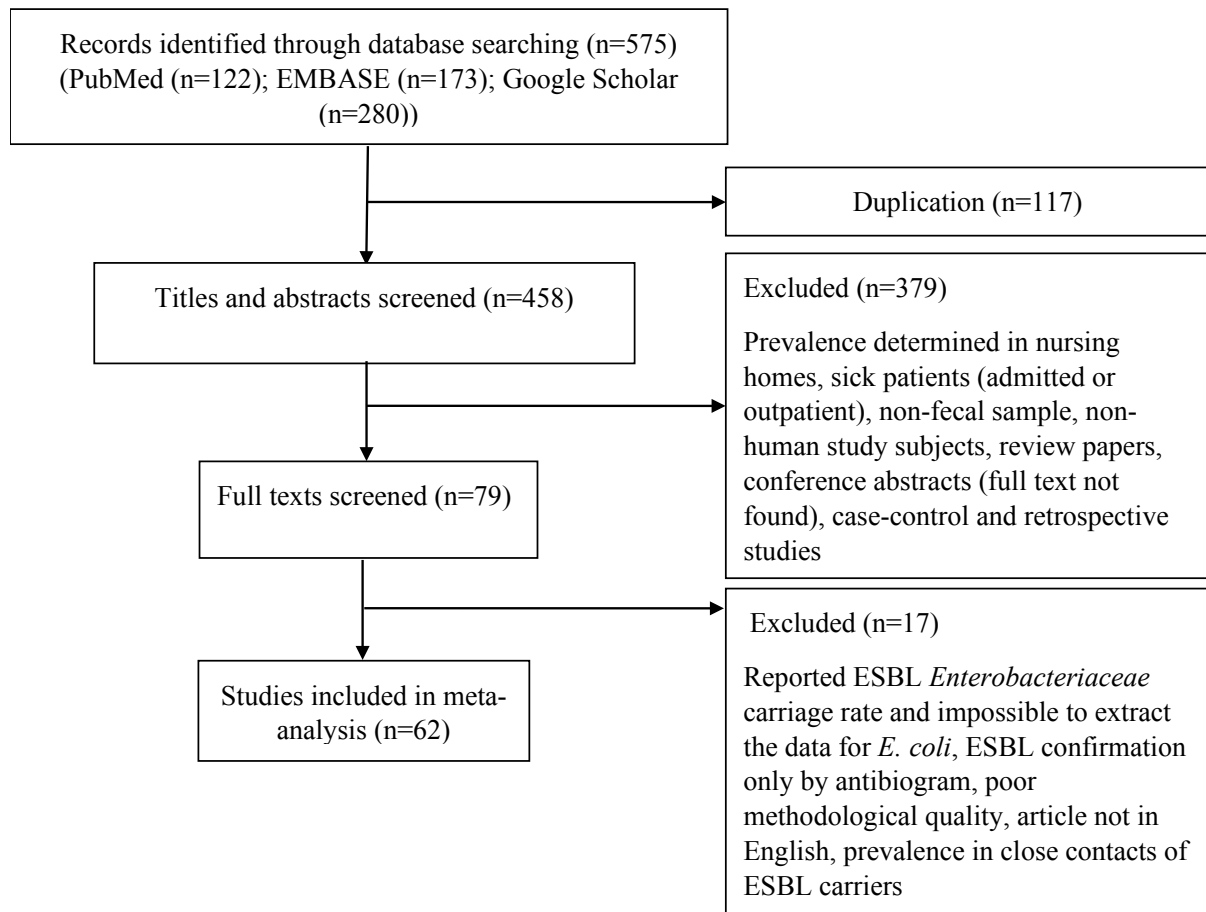
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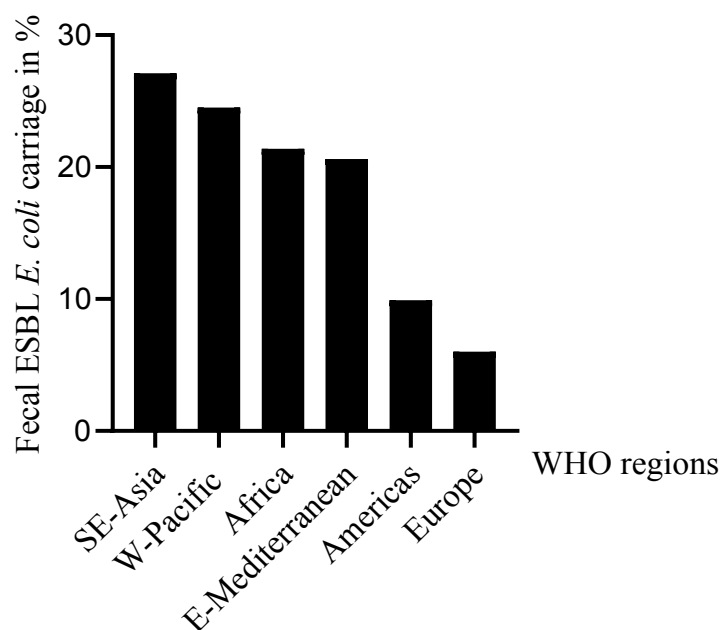
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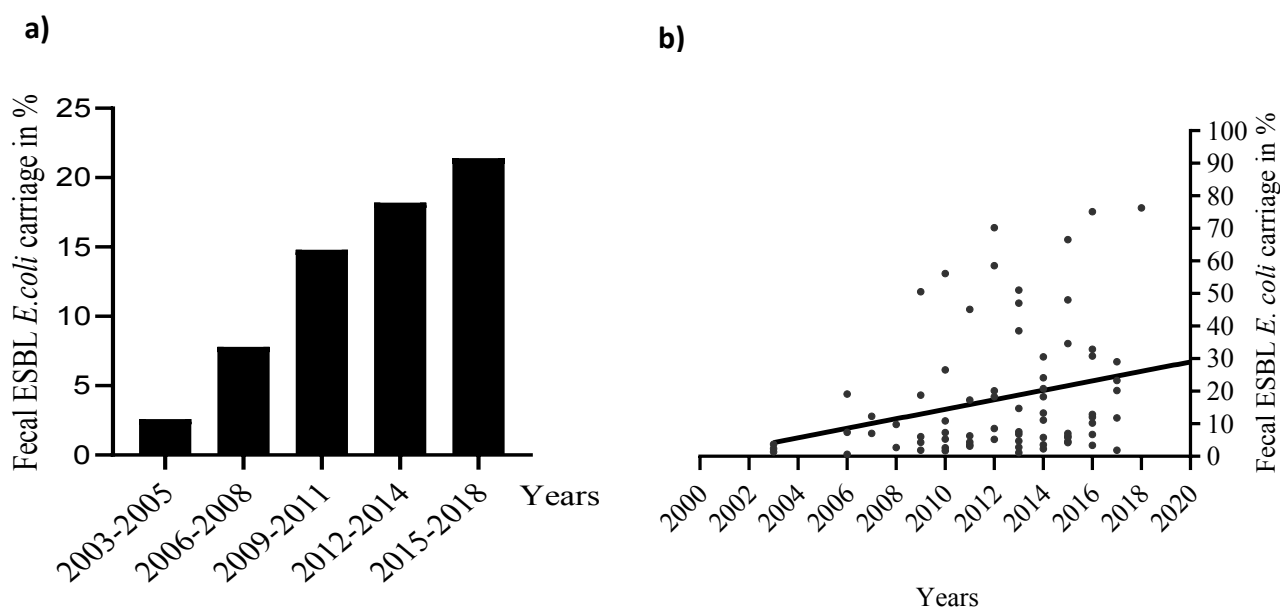
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552 Figure 1: Flow chart showing selection of articles for meta-analysis.



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554 Figure 2: Pooled prevalence of intestinal ESBL *E. coli* carriage among healthy individuals in
 555 six WHO regions³⁰. E-Mediterranean: Eastern Mediterranean; SE-Asia: South-East Asia; W-
 556 Pacific: Western pacific region.



557

558 Figure 3: Global trend in faecal ESBL *E. coli* carriage among healthy individuals. **(a)** Pooled
 559 prevalence showing a clear increase from one three-year interval to another. **(b)** A simple linear
 560 regression plot depicting the trend of carriage (1.5% rise per year, $P=0.021$).

561 **Annexes**

562 **Figure S1:** Forest plot showing subgroup meta-analysis of studies stratified by the six WHO
563 regions³⁰. Abbreviations: *E. coli*, *Escherichia coli*; ES, effect size; ESBL, extended spectrum
564 B-lactamase.

565 **Figure S2:** Forest plot showing subgroup meta-analysis of studies stratified by three-year
566 interval of study period. Abbreviations: *E. coli*, *Escherichia coli*; ES, effect size; ESBL,
567 extended spectrum B-lactamase.

568 **Table S1:** PRISMA Checklist

569 **Table S2:** Summary table of the 62 articles that contain data on the prevalence of faecal
570 ESBL *E. coli* carriage among healthy persons worldwide, 2000-2020.

571 **Table S3:** Quality assessment criteria for the eligible studies

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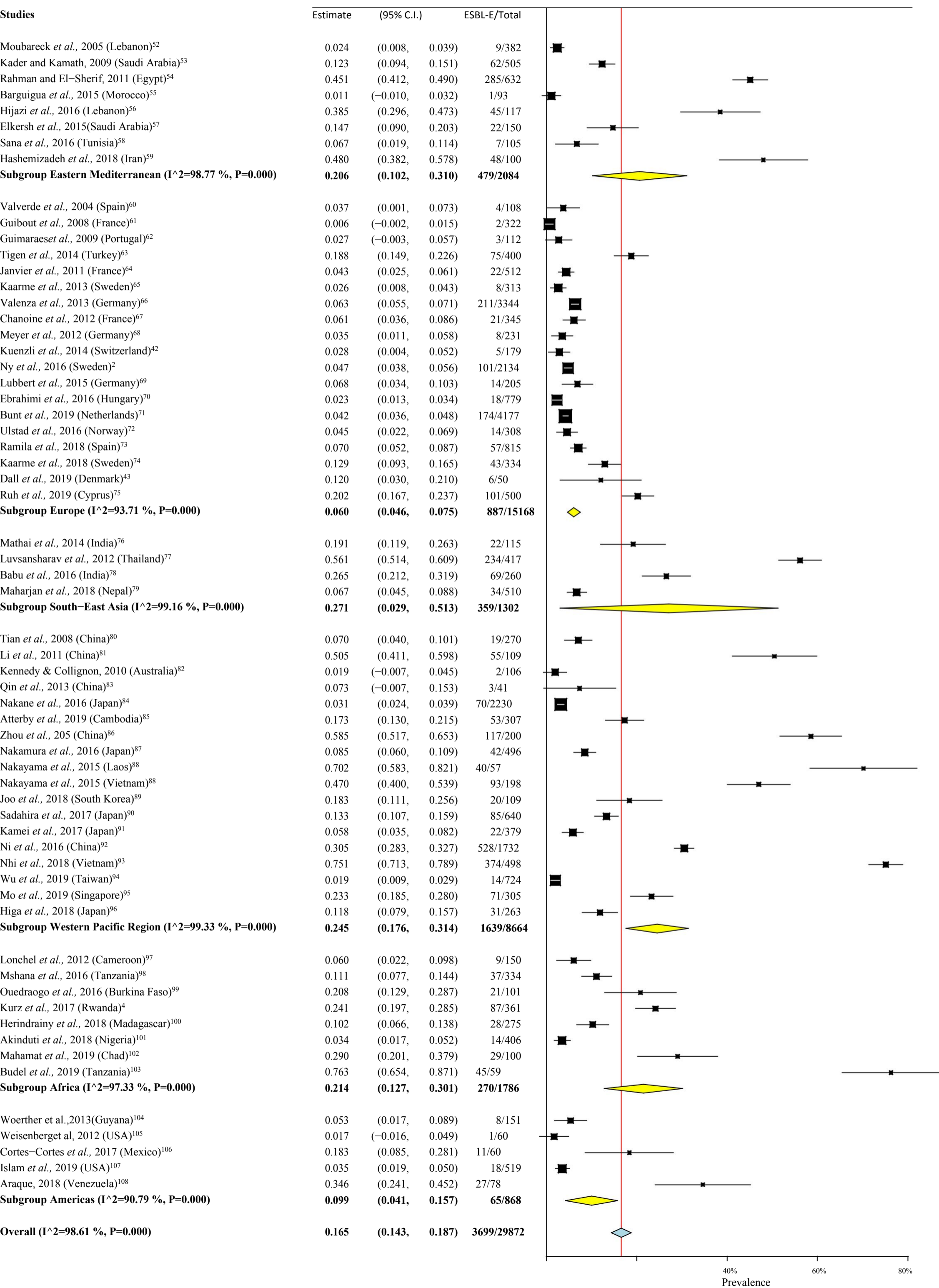


Figure S1: Forest plot showing subgroup meta-analysis of studies stratified by the six WHO regions(32). Abbreviations: *E. coli*, *Escherichia coli*; ES, effect size; ESBL, extended spectrum B-lactamase; ESBL-E, ESBL *E. coli*.

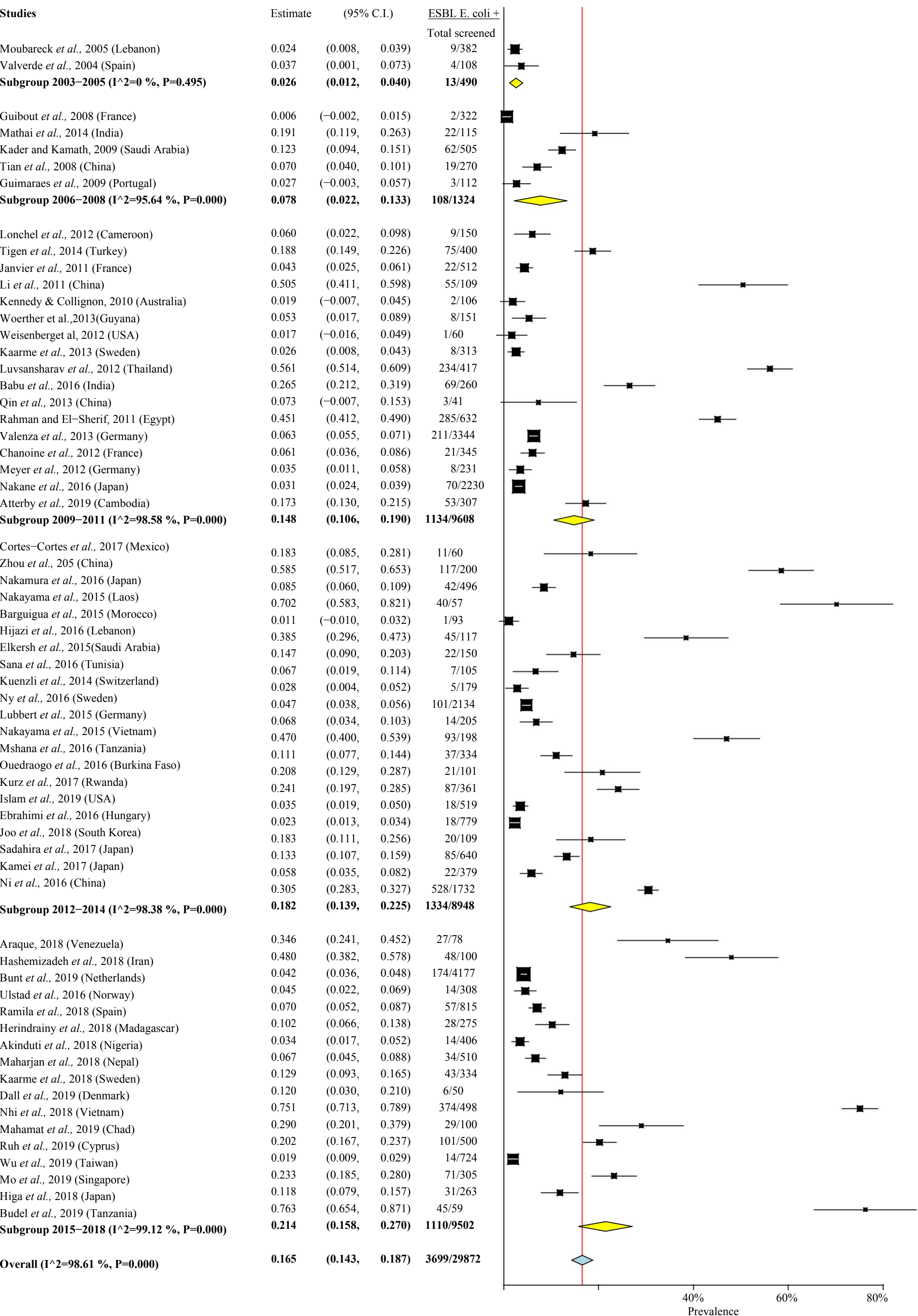


Figure S2: Forest plot showing subgroup meta-analysis of studies stratified by three-year interval of study period. Abbreviations: E. coli, Escherichia coli; ES, effect size; ESBL, extended spectrum B-lactamase.

Section/topic	#	Checklist item	Reported on page #
TITLE			
Title	1	Identify the report as a systematic review, meta-analysis, or both.	page 1
ABSTRACT			
Structured summary	2	Provide a structured summary including, as applicable: background; objectives; data sources; study eligibility criteria, participants, and interventions; study appraisal and synthesis methods; results; limitations; conclusions and implications of key findings; systematic review registration number.	pages 1-2
INTRODUCTION			
Rationale	3	Describe the rationale for the review in the context of what is already known.	page 2
Objectives	4	Provide an explicit statement of questions being addressed with reference to participants, interventions, comparisons, outcomes, and study design (PICOS).	page 3
METHODS			
Protocol and registration	5	Indicate if a review protocol exists, if and where it can be accessed (e.g., Web address), and, if available, provide registration information including registration number.	–
Eligibility criteria	6	Specify study characteristics (e.g., PICOS, length of follow-up) and report characteristics (e.g., years considered, language, publication status) used as criteria for eligibility, giving rationale.	pages 4-5
Information sources	7	Describe all information sources (e.g., databases with dates of coverage, contact with study authors to identify additional studies) in the search and date last searched.	pages 3-4
Search	8	Present full electronic search strategy for at least one database, including any limits used, such that it could be repeated.	Pages 3-6
Study selection	9	State the process for selecting studies (i.e., screening, eligibility, included in systematic review, and, if applicable, included in the meta-analysis).	page 4
Data collection process	10	Describe method of data extraction from reports (e.g., piloted forms, independently, in duplicate) and any processes for obtaining and confirming data from investigators.	Pages 4-5
Data items	11	List and define all variables for which data were sought (e.g., PICOS, funding sources) and any assumptions and simplifications made.	Page 4
Risk of bias in individual studies	12	Describe methods used for assessing risk of bias of individual studies (including specification of whether this was done at the study or outcome level), and how this information is to be used in any data synthesis.	page 6
Summary measures	13	State the principal summary measures (e.g., risk ratio, difference in means).	pages 5-6
Synthesis of results	14	Describe the methods of handling data and combining results of studies, if done, including measures of consistency (e.g., I^2) for each meta-analysis.	page 5-6

Risk of bias across studies	15	Specify any assessment of risk of bias that may affect the cumulative evidence (e.g., publication bias, selective reporting within studies).	pages 5-6
Section/topic	#	Checklist item	Reported on page #
Additional analyses	16	Describe methods of additional analyses (e.g., sensitivity or subgroup analyses, meta-regression), if done, indicating which were pre-specified.	pages 5-6
RESULTS			
Study selection	17	Give numbers of studies screened, assessed for eligibility, and included in the review, with reasons for exclusions at each stage, ideally with a flow diagram.	page 6, Figure 1
Study characteristics	18	For each study, present characteristics for which data were extracted (e.g., study size, PICOS, follow-up period) and provide the citations.	page 6, Table S2
Risk of bias within studies	19	Present data on risk of bias of each study and, if available, any outcome level assessment (see item 12).	page 6
Results of individual studies	20	For all outcomes considered (benefits or harms), present, for each study: (a) simple summary data for each intervention group (b) effect estimates and confidence intervals, ideally with a forest plot.	pages 6-8, Figures 2 and 3, Supplementary Figures 1 and 2
Synthesis of results	21	Present results of each meta-analysis done, including confidence intervals and measures of consistency.	Pages 6-8, Supplementary Figures 1 and 2
Risk of bias across studies	22	Present results of any assessment of risk of bias across studies (see Item 15).	Page 6
Additional analysis	23	Give results of additional analyses, if done (e.g., sensitivity or subgroup analyses, meta-regression [see Item 16]).	Pages 6-8, Supplementary Figures 1 and 2
DISCUSSION			
Summary of evidence	24	Summarize the main findings including the strength of evidence for each main outcome; consider their relevance to key groups (e.g., healthcare providers, users, and policy makers).	pages 8-12

Limitations	25	Discuss limitations at study and outcome level (e.g., risk of bias), and at review-level (e.g., incomplete retrieval of identified research, reporting bias).	page 11
Conclusions	26	Provide a general interpretation of the results in the context of other evidence, and implications for future research.	pp 11-12
FUNDING			
Funding	27	Describe sources of funding for the systematic review and other support (e.g., supply of data); role of funders for the systematic review.	12
Table S1: PRISMA Checklist			

WHO area	Country	Year of study	Study design	Study participants (All healthy individuals-community setting)	Total number of individuals screened (stool sample)	Number of ESBL <i>E. coli</i> positive individuals among screened	Faecal ESBL <i>E. coli</i> carriage rate in (%)	Method of ESBL detection (stool sample) Screening, confirmatory	Quality score
A F R I C A	Herindrainy <i>et al.</i> , 2018 (Madagascar)	2015-2016	Prospective cohort	Healthy pregnant women	275	28	10.2%	CHROMagar ESBL (France), DDST	Good
	Mshana <i>et al.</i> , 2016 (Tanzania)	2014	Cross-sectional	Healthy community residents	334	37	11.1%	CHROMagar ESBL (France), VITEK-2 system, PCR	Good
	Ouedraogo <i>et al.</i> , 2016 (Burkina Faso)	2014	Cross-sectional	healthy volunteers	101	21	20.8%	bioMérieux ESBL agar plates (France), DDST, PCR	Good
	Lonchel <i>et al.</i> , 2012 (Cameroon)	2009	Cross-sectional	healthy students	150	9	6%	Drigalski and MacConkey with cefotaxime (1.5 mg/L) and ceftazidime (2 mg/L), DDST, PCR	Good
	Kurz <i>et al.</i> , 2017 (Rwanda)	2014	Prospective cohort	caregivers of patients recruited within 48 h of admission	361	87	24.1%	CHROMagar-ESBL Mast Diagnostica (Germany), ESBL-AmpC-Detection Test Mast Diagnostica	Good
	Mahamat <i>et al.</i> , 2019 (Chad)	2017	Cross-sectional	health staff and university students	100	29	29.0%	BioMérieux ESBL agar plates (Good

								France), double-disc synergy test, PCR	
	Bu'del <i>et al.</i> , 2019 (Tanzania)	2018	Cross-sectional	hotel employees in Zanzibar	59	45	76.3%	BioMe'rieux ChromID ESBL (France), PCR	Good
	Akinduti <i>et al.</i> , 2018 (Nigeria)	2016	Cross-sectional	community residents	406	14	3.4%	starch-iodide paperacidometric method, double disc method, PCR	Fair
A M E R I C A S	Woerther <i>et al.</i> , 2013 (Guyana)	2010	Cross-sectional	healthy adults	151	8	5.3%	Chemunex ESBL plates (France), DDST, PCR	Good
	Islam <i>et al.</i> , 2019 (USA)	2013-2015	Prospective cohort	Children in well-child visits	519	18	3.5%	ESBL CHROMagar plates (France), DDST	Good
	Araque, 2018 (Venezuela)	2015	Cross-sectional	healthy children	78	27	34.6%	MacConkey agar plates with cefotaxime (2 mg/L), VITEK 2 system, PCR	Good
	Weisenberg <i>et al.</i> , 2012 (USA)	2009-2010	Prospective cohort	Healthy individuals pre-travel	60	1	1.7%	MacConkey with cefpodoxime (4ug/ml), DDST, PCR	Good
	Cort'es-Cort'es <i>et al.</i> , 2017 (Mexico)	2012	Cross-sectional	healthy volunteers (age range 15-60 years)	60	11	18%	disk containig lactamaseinhibitr +PCR	Fair
	S O U T H E A S T A S I A	Luvansharav <i>et al.</i> , 2012 (Thailand)	2010	Cross-sectional	Healthy individuals in rural Thailand	417	234	56.1%	MacConkey with cefotaxime 2 mg/ml, DDST, PCR
	Babu <i>et al.</i> , 2016 (India)	2011-2013	Prospective cohort	healthy individuals/health check-up	260	69	26.5%	MacConkey with 1ug/ml ceftazidime, PCR	Good
	Mathai <i>et al.</i> , 2014 (India)	2005-2007	Cross-sectional	Healthy Volunteers	115	22	19.1%	MacConkey with Ceftazidime (2ug/ul), DDST, PCR	Good
	Maharjan <i>et al.</i> , 2018 (Nepal)	2016	Cross-sectional	healthy adults (health science students)	510	34	6.7%	DDST, PCR	Good
E U R O P E	Kaarme <i>et al.</i> , 2013 (Sweden)	2010	Prospective cohort	Healthy preschool children	313	8	2.6%	Luria-Bertani broth (USA) with cefpodoxime (5ug/mL), double disc approximation, PCR	Good

Kaarne <i>et al.</i> , 2018 (Sweden)	2016	Prospective cohort	healthy preschool children	334	43	12.9%	Luria-Bertani broth (USA) with cefpodoxime (5ug/mL), double disc approximation, PCR	Good
Kuenzli <i>et al.</i> , 2014 (Switzerland)	2012-2013	Prospective cohort	Pretravel for all age groups	179	5	2.8	BioMérieux chromID® ESBL (France), Vitek-2® system, PCR	Good
Dall <i>et al.</i> , 2019 (Denmark)	2014-2017	Prospective cohort	Pre-travel screening for adults	50	6	12%	BioMérieux ChromID ESBL (France), ESBL + AmpC Screen Kit (Rosco, Denmark)	Good
Valenza <i>et al.</i> , 2013 (Germany)	2009-2012	Prospective cohort	Healthy individuals living in the community	3344	211	6.3%	MacConkey agar with 1mg/L cefotaxime, DDST, PCR	Good
Ruh <i>et al.</i> , 2019 (Cyprus)	2017	Cross-sectional	Healthy volunteers (health check-up)	500	101	20.2%	MacConkey agar with cefotaxime and ceftazidime 1mg/L, DDST	Good
Ny <i>et al.</i> , 2016 (Sweden)	2012-2013	Cross-sectional	Volunteers in the community	2134	101	4.7%	CHROMoriental-agar plate supplemented with 3 mg/L cefpodoxime+ PCR	Good
Ebrahimi <i>et al.</i> , 2016 (Hungary)	2013-2014	Cross-sectional	Healthy individuals screened for employment purposes	779	18	2.3%	EMB with 2 mg/L cefotaxime, DDST, PCR	Good
Chanoine <i>et al.</i> , 2012 (France)	2011	Cross-sectional	healthy subjects living in the Paris area	345	21	6%	Biomerieux chromogenic ESBL agar plates (France), DDST, PCR	Good
Guibout <i>et al.</i> , 2008 (France)	2006	Cross-sectional	healthy subjects living in the Paris area	322	2	0.6%	Drigalski agar plates with 0.5mg/L cefotaxime, PCR	Good
Valverde <i>et al.</i> , 2004 (Spain)	2003	Cross-sectional	Healthy volunteers	108	4	3.7%	MacConkey (cefotaxime or ceftazidime 1ug/ml), DDST, PCR	Good

	Lübbert <i>et al.</i> , 2015 (Germany)	2013	Prospective cohort	Pre-travel screening for adults	205	14	6.8%	BioMérieux CHROMagar™ ESBL (Paris, France), Etest (bioMérieux, Marcy l'Etoile, France), PCR	Good
	Bunt <i>et al.</i> , 2019 (Netherlands)	2014-2016	Cross-sectional	community residents	4177	174	4.2%	MacConkey agar with 1 mg/L cefotaxime, PCR	Good
	Ulstad <i>et al.</i> , 2016 (Norway)	2014-2016	Cross-sectional	Healthy Norwegians (general practitioners)	308	14	4.5%	MacConkey agar plates with cefotaxime (1 mg/L), Total ESBL + AmpC Confirm kit (Rosco Diagnostica, Denmark), PCR	Good
	Tigen <i>et al.</i> , 2014 (Turkey)	2008-2010	prospective cohort	Men with undergoing transrectal biopsy of prostate (all had sterile urine)	400	75	19%	MacConkey with 1 mg/mL cefotaxime or 1mg/mL ceftazidime, Modified combined disk method, PCR	Good
	Meyer <i>et al.</i> , 2012 (Germany)	2011	Cross-sectional	healthy volunteers (physicians and nurses)	231	8	3.5%	ChromID ESBL screening, VITEK 2 system.	Good
	Guimaraes <i>et al.</i> , 2009 (Portugal)	2007-2008	Cross-sectional	healthy children	112	3	2.7%	Levine agar plates with 2mg/L cefotaxime, DDST, PCR	Good
	Rámila <i>et al.</i> , 2018 (Spain)	2014-2015	Cross-sectional	Pregnant women at time of delivery	815	57	7%	combination disk test on Mueller Hinton with and without 250 mg/L cloxacillin, PCR	Fair
	Janvier <i>et al.</i> , 2011 (France)	2009	prospective cohort	Asymptomatic soldiers	512	22	4.3%	DDST, PCR	Good
Eastern Mediterranean	Rahman and El-Sherif, 2011 (Egypt)	2010-2011	Cross-sectional	Asymptomatic individuals attending check-up clinic	632	285	45.1%	MacConkey with 1ug/ml of cefotaxime, DDST	Good

Hashemizadeh <i>et al.</i> , 2018 (Iran)	2014-2015	Cross-sectional	Health volunteers	100	48	48%	DDST, PCR	Good
BARGUIGUA <i>et al.</i> , 2015 (Morocco)	2013	Cross-sectional	healthy humans in community	93	1	1.1%	MacConkey (cefotaxime or ceftazidime 1mg/L), DDST	Good
Kader and Kamath, 2009 (Saudi Arabia)	2006-2007	Cross-sectional	healthy individuals attending pre-employment check up	505	62	12.3%	MacConkey (cefotaxime or ceftazidime 1ug/ml), DDST	Good
Moubareck <i>et al.</i> , 2005 (Lebanon)	2003	Prospective cohort	Healthy subjects	382	9	2.4%	DDST, PCR	Good
Hijazi <i>et al.</i> , 2016 (Lebanon)	2013	Cross-sectional	healthy infants (1-12 month)	117	45	38.5%	DDST, PCR	Good
Elkersh <i>et al.</i> , 2015 (Saudi Arabia)	2012-2013	Cross-sectional	Healthy neonates ≤ 7 days	150	22	14.7%	Disc diffusion(screening), DDST	Good
Sana <i>et al.</i> , 2016 (Tunisia)	2013	Cross-sectional	healthy children at school	105	7	6.60%	cefotaxime (2 μ g/ml), DDST, PCR	Fair
Joo <i>et al.</i> , 2018 (South Korea)	2014	cross sectional	Healthy Korean adults	109	20	18.3%	PCR	Good
Tian <i>et al.</i> , 2008 (China)	2007*	Cross-sectional	Elderly people with age more than 65 in the community	270	19	7%	EMB with 1ug cefotaxime, VITEK 2 system (bioMérieux, Marcy l'Etoile, France), PCR	Good
Sadahira <i>et al.</i> , 2017 (Japan)	2013-2015	Prospective cohort	Men prior to transrectal biopsy	640	85	13.3%	ChromAgar/ESBL plates- Kanto Chemical (Tokyo, Japan)	Good
Kamei <i>et al.</i> , 2017 (Japan)	2013-2015	Prospective cohort	Men prior to transrectal biopsy	379	22	5.9%	chromID ESBL (Sysmex-bio-Merieux, Tokyo, Japan), PCR	Good
Zhou <i>et al.</i> , 2015 (China)	2012	Cross-sectional	healthy asymptomatic adults (Pre-employment)	200	117	58.5%	ChromID ESBL agar (bioMérieux, Marcy l'Etoile, France), DDST, PCR	Good
Qin <i>et al.</i> , 2013 (China)	2008-2011	Prospective cohort	Healthy Volunteers	41	3	7%	ESBL scre, Disk diffusion, PCR	Good

	Wu <i>et al.</i> , 2019 (Taiwan)	2016-2017	Cross-sectional	Healthy Volunteers	724	14	1.9%	CHROMagar™, ESBL plate (CHROMagar Paris, France), PCR	Good
	Mo <i>et al.</i> , 2019 (Singapore)	2016-2017	Cross-sectional	healthy community-dwelling individuals	305	71	23.3%	CHROMagar ESBL((bioMérieux), whole genome sequencing of all ESBL positive E. coli	Good
	Higa <i>et al.</i> , 2018 (Japan)	2017	Cross-sectional	healthy community-dwelling individuals	263	31	11.8%	Mackonkey with 2ug/ml cefotaxime, DDST	Good
	Nhi <i>et al.</i> , 2018 (Vietnam)	2016	prospective cohort	healthy children (urban)	498	374	75%	MacConkey with ceftriaxone 6mg/L, PCR	Good
	Nakane <i>et al.</i> , 2016 (Japan)	2010-2011	Cross-sectional	Healthy food handlers	2230	70	3.1%	DDST, PCR	Good
	Nakamura <i>et al.</i> , 2016 (Japan)	2011-2012	prospective cohort	Health individuals working at food supply centers	496	42	8.5%	MacConkey with 1 mg/L cefotaxime or 1 mg/L ceftazidime, DDST, PCR	Good
	Ni <i>et al.</i> , 2011 (China)	2009	Cross-sectional	Healthy subjects attending annual P/E	109	55	50.5%	MacConkey with 1 mg/L cefotaxime or 1 mg/L ceftazidime, PCR	Good
	Atterby <i>et al.</i> , 2019 (Cambodia)	2011	Cross-sectional	Persons from 10 households in 10 villages of Cambodia	307	53	17%	chromID OXA-48 (BioMérieux), chromID CARBA (BioMérieux) and C3GR CHROMag), PCR	Good
	Kennedy & Collignon, 2010 (Australia)	2008-2009	Prospective cohort	Healthy individuals pre-travel	106	2	1.9%	chromID ESBL (bioMérieux, France), PCR	Good
	Nakayama <i>et al.</i> , 2015 (Laos)	2012	Cross-sectional	community residents	57	40	70.2%	MacConkey with 2 mg/L cefotaxime, DDST, PCR	Good
	Nakayama <i>et al.</i> , 2015 (Vietnam)	2013	Cross sectional	community residents	198	93	47%	MacConkey with 1 mg/L cefotaxime, DDST, PCR	Good

	Ni <i>et al.</i> , 2016 (China)	2014	Cross sectional	healthy individuals in six communities /check-up	1732	528	30.5%	MacConkey with 4 µg/ml cefotaxime, CHROMagar ESBL plates (Mei xiang, China), PCR	Fair
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Table S2: Summary table of the 62 articles that contain data on the prevalence of faecal ESBL *E. coli* carriage among healthy persons worldwide, 2000-2020.

Criteria	Yes	No	Other (CD, NR, NA)*
1. Was the research question or objective in this paper clearly stated?			
2. Was the study population clearly specified and defined?			
3. Was the participation rate of eligible persons at least 50%?			
4. Were all the subjects selected or recruited from the same or similar populations (including the same time period)? Were inclusion and exclusion criteria for being in the study prespecified and applied uniformly to all participants?			
5. Was a sample size justification, power description, or variance and effect estimates provided?			

6. For the analyses in this paper, were the exposure(s) of interest measured prior to the outcome(s) being measured?			
7. Was the timeframe sufficient so that one could reasonably expect to see an association between exposure and outcome if it existed?			
8. For exposures that can vary in amount or level, did the study examine different levels of the exposure as related to the outcome (e.g., categories of exposure, or exposure measured as continuous variable)?			
9. Were the exposure measures (independent variables) clearly defined, valid, reliable, and implemented consistently across all study participants?			
10. Was the exposure(s) assessed more than once over time?			
11. Were the outcome measures (dependent variables) clearly defined, valid, reliable, and implemented consistently across all study participants?			
12. Were the outcome assessors blinded to the exposure status of participants?			

13. Was loss to follow-up after baseline 20% or less?			
14. Were key potential confounding variables measured and adjusted statistically for their impact on the relationship between exposure(s) and outcome(s)?			

Quality Rating (Good, Fair, or Poor)
Rater #1 initials: YB
Rater #2 initials: WB
Additional Comments (If POOR, please state why):

*CD, cannot determine; NA, not applicable; NR, not reported

Table S3: Quality assessment criteria for the eligible studies