

Predicting the exposure of diving grey seals to shipping noise.^{a)}

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1 There is high spatial overlap between grey seals and shipping traffic, and their func-
2 tional hearing range indicates they are sensitive to underwater noise emitted by ships.
3 However, there is still very little data about the exposure of grey seals to shipping
4 noise, constraining effective policy decisions. Particularly, there are few predictions
5 that consider the at-sea movement of seals. Consequently, this study aimed to pre-
6 dict the exposure of adult grey seals and pups to shipping noise along their three-
7 dimensional movement track, and assess the influence of shipping characteristics on
8 sound exposure levels. Using ship location data, a ship source model and the acoustic
9 propagation model RAMSurf, this study estimated weighted 24-hr sound exposure
10 levels (10-1000 Hz) (SEL_w). Median predicted 24-hr SEL_w was 128 dB re $1\mu Pa^2s$
11 and 142 dB re $1\mu Pa^2s$ for the pups and adults respectively. The predicted expo-
12 sure of seals to shipping noise did not exceed best evidence thresholds for temporary
13 threshold shift. Exposure was mediated by the number of ships, ship source level,
14 the distance between seals and ships, and the at-sea behaviour of the seals. The
15 results can inform regulatory planning related to anthropogenic pressures on seal
16 populations.

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17 I. INTRODUCTION

18 Global commercial shipping underpins trade and economic development, and with the
19 globalisation of manufacturing and financial markets, shipping has increased dramatically
20 since the start of the 20th century (Hoffmann and Kumar, 2010). The carrying capacity of
21 the world commercial fleet has increased by 1.6 billion deadweight tonnes since 1970 and
22 was carried by more than 94,000 ships in 2018 (UNCTAD, 2018). Commercial ships emit
23 low frequency underwater noise from propeller cavitation, machinery onboard the ship and
24 the flow of water past the vessel (Urlick, 1983), and this has been linked to a 3.3 dB per
25 decade increase in underwater ambient sound levels between 1950 and 2007 (Frisk, 2012).
26 An increasing weight of evidence suggests that shipping noise, defined as water-borne sound
27 (ISO, 2017) from motorised watercraft (Erbe *et al.*, 2019), can have a detrimental effect on
28 marine mammals through mechanisms such as communication masking (Hatch *et al.*, 2012;
29 Jensen *et al.*, 2009), behavioural change (Blair *et al.*, 2016; Dyndo *et al.*, 2015; Mikkelsen
30 *et al.*, 2019) and physiological changes such as hearing damage (Finneran, 2015; Jones *et al.*,
31 2017; Rolland *et al.*, 2012).

32 As central-place foragers that return to haul-out sites to rest, breed and moult, seals
33 heavily utilise the coastal zones which are also home to busy shipping lanes. Jones *et al.*
34 (2017) highlighted a high rate of daily co-occurrence for harbour seals, grey seals and ship-
35 ping within 50 km of the coast. Evidence suggests that seals can flush into the water when
36 cruise ships pass haul-out sites (Jansen *et al.*, 2015), and exhibit alert and orienting be-
37 haviour in response to the sound of boat playbacks (Tripovich *et al.*, 2012). In addition,

38 Mikkelsen *et al.* (2019) report 2.2% to 20.5% of the at-sea time of tagged grey and harbour
39 seals in the North Sea contained audible shipping noise.

40 However, there is still very little information about the at-sea exposure of seals to ship-
41 ping noise and their spatial relationship with shipping given their three-dimensional use of
42 the underwater environment. Grey seals (*Halichoerus grypus*) frequently dive ~ 200 m to
43 the seafloor of the continental shelf, although where habitat permits, they can exceed this
44 depth (Jessopp *et al.*, 2013; McConnell *et al.*, 1999; Photopoulou *et al.*, 2014; SCOS, 2018;
45 Thompson *et al.*, 1991). Evidence suggests that they can potentially experience differential
46 noise exposure of up to 10 dB as they undertake such movement vertically throughout the
47 water column (Chen *et al.*, 2017). To assess noise from shipping, predictions primarily take
48 the form of two-dimensional maps (Erbe *et al.*, 2014). However, these maps often neglect
49 or average the influence of depth. This may be particularly problematic when assessing
50 the exposure of seals in shallow shelf seas, which are regions of intersection between dy-
51 namic environmental properties that influence sound propagation and high density shipping
52 (Simpson and Sharples, 2012).

53 Phocid seals have a functional hearing range from 50 Hz – 80 kHz (National Marine
54 Fisheries Service, 2018), which overlaps with the dominant frequencies of noise from large
55 commercial ships (10 – 1000 Hz). Seals utilise sound production and reception during
56 mating, mother-offspring interactions and while maintaining territory (Hayes *et al.*, 2004;
57 Van Parijs *et al.*, 2001). Grey seals vocalise at frequencies between 100 and 500 Hz (Asselin
58 *et al.*, 1993) placing them at risk of communication masking by shipping noise (Bagoćius,
59 2014). Exposure to underwater noise from shipping has the potential to induce temporary

60 or permanent threshold shift, exhibited by an increase in the threshold level at which an
61 animal can hear at a given frequency (Southall *et al.*, 2007, 2019). The mean daily sound
62 exposure level measured at the Port of Vancouver’s inbound shipping lane and weighted
63 using a frequency weighting function for underwater phocid pinnipeds was 156 (SD = 1.3)
64 dB re $1\mu Pa^2s$ (Martin *et al.*, 2019), which did not exceed the 181 dB re $1\mu Pa^2s$ threshold
65 for the onset of temporary threshold shift (TTS) from non-impulsive underwater noise (ISO,
66 2017; Southall *et al.*, 2019). However, these measurements did not consider seal habitat use.
67 Jones *et al.* (2017) modelled the exposure of harbour seals in the Moray Firth, Scotland, UK,
68 to shipping noise using seal tag movement data and reported that when considering upper
69 confidence intervals some estimates did exceed the threshold for the onset of TTS. These
70 predictions were only based on the two-dimensional location of seals at-sea and suggest there
71 is still great uncertainty associated with sound exposure predictions.

72 In response to evidence of the negative impact of underwater noise on marine mammals,
73 a number of international regulatory bodies are taking steps to mitigate the risks associated
74 with shipping noise (European Commission, 2008, 2010, 2017). However, effective man-
75 agement is still constrained by a lack of data pertaining to the exposure of marine life to
76 shipping noise. As a result, it is difficult for policy to set targets for acceptable noise levels
77 without data on historic and current noise levels against which to track trends and measure
78 the effectiveness of policy to mitigate noise (Merchant *et al.*, 2016). It is necessary to under-
79 stand the exposure of an individual, and consequently populations, in order to explore the
80 impact of this exposure on marine animals (Merchant, 2019; Van der Graaf *et al.*, 2012).

81 Consequently, this study aims to predict the exposure of individual seals to shipping noise
82 using a sophisticated underwater acoustic propagation model and the three-dimensional
83 location and dive tracks of tagged grey seals. Specifically, the study aims to investigate the
84 at-sea exposure of grey seals at two different life stages; pups and adults. The seal tracking
85 data will link noise exposure directly to at-sea vertical and horizontal spatial use by seals,
86 improving the applicability of the results to risk calculations and marine spatial planning.
87 The study also aims to investigate the influence of ship source level, the number of ships
88 and the proximity of ships to seals on predicted noise exposure levels.

89 **II. METHODOLOGY**

90 This study undertook an historic reconstruction of 24-hr weighted sound exposure levels
91 (SEL_w) (ISO, 2017) for seal pups in the Celtic Sea and adult seals primarily located in
92 the English Channel with respect to shipping noise (Fig. 1). These regions host high
93 volume shipping lanes (Fig. 2) but grey seals also utilise breeding and haul-out sites along
94 the coast resulting in significant overlap between grey seals and shipping (Jones *et al.*,
95 2017; SCOS, 2018). The region is a good example of a dynamically active, shallow, shelf
96 sea characterised by mesoscale eddies and fronts, as well as the development of a strong
97 thermocline in the summer (Pingree, 1980), and the influence these properties have on
98 sound propagation (Shapiro *et al.*, 2014). Seals were tagged with Fastloc[®] GPS/GSM tags
99 (SMRU Instrumentation), which provided location and dive data for each seal. The seals
100 were tagged as part of separate studies on animal movement and habitat use from 2009
101 to 2013 (Huon *et al.*, 2015; Thompson, 2012). Weighted sound pressure levels (ISO, 2017)

102 from ships in a 24 hour period were predicted along each seal's three-dimensional track using
103 historic records of ship movements, a ship source level model and a range dependent acoustic
104 propagation model.

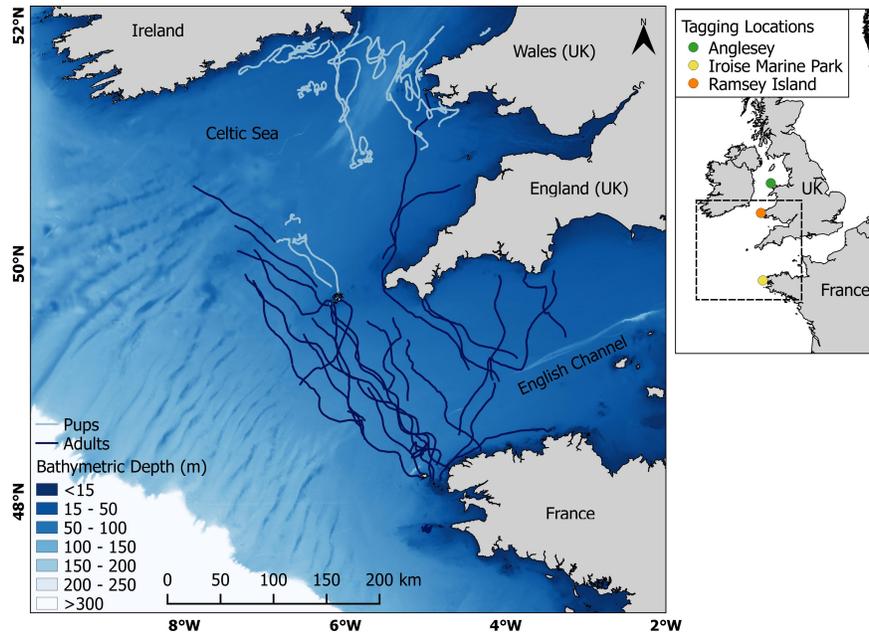


FIG. 1. Map of study area showing bathymetric depth of region and 24 hour seal track segments used to calculate weighted sound exposure levels. Navy blue tracks are adult seals tagged in the Iroise Marine Park (Inset map: yellow dot). Light blue tracks are seal pups tagged on Anglesey (Inset map: green dot) or Ramsey Island (Inset map: orange dot), Wales UK.

105 A. Seal location and movement data

106 The details of 18 seals included in the study are given in Table I. Celtic Sea animals were
107 tagged in 2009 or 2010 at sites on Anglesey or Ramsey Island, Wales, UK (Table I, Fig.
108 1) under Home Office Licence No. 60/4009. English Channel animals were tagged in the

109 Iroise Marine Park under licences No. 10/102/DEROG and 13/422/DEROG provided by
110 the French Ministry of the Environment (Fig. 1). Seals were caught, anaesthetised using
111 Zoletil[®] (Vibrac, France) where necessary, and tags glued to clean, dry fur at the base of
112 the neck using epoxy resin or cyano-acrylate contact adhesive. The tagging methodology
113 followed [McConnell *et al.* \(1999\)](#) and is explained in detail by [Thompson \(2012, p. 6\)](#), [Huon
114 *et al.* \(2015, p. 1093\)](#) and [Carter *et al.* \(2017\)](#).

TABLE I. Details of seal tag data used in the study. A total of 18 seals were included; 9 adults and 9 pups. Noise was calculated for a total of 86 days. The table shows the percentage of the total time the seal spent at sea used in the study. ISMP - Iroise Sea Marine Park

ID	Location	Mass	Sex	%	Days	Age
	tagged	(kg)		track		Class
				used		
B23	ISMP	129	M	3.4	4	Adult
B24	ISMP	124	M	4.8	6	Adult
B26	ISMP	68	F	0.6	1	Adult
B27	ISMP	152	M	2.4	4	Adult
B31	ISMP	206	M	4.0	4	Adult
B32	ISMP	114	F	3.4	4	Adult
B33	ISMP	210	M	7.3	11	Adult
B35	ISMP	148	M	3.5	4	Adult
B37	ISMP	70	M	3.8	4	Adult
hg27-01-09	Anglesey	37	M	2.1	3	Pup
hg27-04-09	Anglesey	38	M	3.3	5	Pup
hg29-11-10	Anglesey	35	M	2.0	5	Pup
hg29-15-10	Ramsey	39	F	0.5	1	Pup
hg29-16-10	Anglesey	40	F	4.4	5	Pup
hg29-18-10	Ramsey	32	M	10.6	9	Pup
hg29-21-10	Ramsey	37	M	5.5	7	Pup
hg29-23-10	Ramsey	29	M	5.3	1	Pup
hg29-24-10	Ramsey	32	F	25.8	8	Pup

115 Erroneous GPS locations were identified as those obtained using fewer than 5 satellites
116 and/or having high residual error values from the Fastloc[®] position algorithm (Dujon *et al.*,
117 2014; Russell and McConnell, 2014). These were removed and tests on land reveal that such
118 procedures can result in a distance error <50 m for 95% of locations (Russell and McConnell,
119 2014). An animal was given the status ‘diving’ when the tag registered a depth of 1.5 m
120 or deeper for greater than 8 seconds. A dive ended when depth was shallower than 1.5
121 m. In order to produce a three-dimensional track for each seal, the timestamps of location
122 and depth points transmitted by the tags were used to interpolate each dive in space using
123 hermite curve interpolation (Kuhn *et al.*, 2010; Tremblay *et al.*, 2006). The tags attempt
124 to record regular location fixes but they rely on the seal surfacing to capture satellite data
125 (Carter *et al.*, 2016). As a result, the time between location points can vary, and there can
126 be bias in the number of GPS points to locations where the seal is not diving. To address
127 this, the interpolation also re-sampled the seal track at a rate of 1 second to produce a
128 track with regularly spaced location points. Hermite curve interpolation can more closely
129 represent the curvilinear paths of animals moving through a fluid environment than linear
130 interpolation (Tremblay *et al.*, 2006). Dives that were not within 180 minutes of a GPS
131 fix were excluded to reduce error in interpolated locations (Carter *et al.*, 2017). This value
132 retains as much continuous track as possible while limiting error.

133 In order to calculate at-sea 24-hr sound exposure levels, periods of haul-out were excluded
134 and track segments that were 24 hours in duration were extracted. Haul-outs were deter-
135 mined by the wet/dry sensors aboard the tag and periods of haul-out were transmitted as
136 part of the tag data message. In addition, track segments had to be located entirely within

137 the study area to ensure AIS data coverage and overlap in time and space with environ-
138 mental datasets for acoustic modelling. The 24-hr track segments along which noise was
139 estimated are shown in Figure 1 and the number of days processed for each seal is shown in
140 Table I. The mean maximum dive depth and mean inter-dive interval for all seals was 34.7
141 (SD = 32.8) m and 58.1 (SD = 51.4) seconds respectively.

142 **B. Ship location data**

143 This study utilised historic data from terrestrial Automatic Identification Systems (AIS)
144 to determine the location of ships at sea in relation to the grey seal tracks. AIS data were
145 obtained from shipais.com and Marine Traffic for time periods that overlap with the seal
146 data. Each dataset provided coverage for a subsection of the total study area (Fig. 1), but
147 overall this resulted in complete coverage of the area (Fig. 1 and Fig. 2). The data from
148 all sources were combined in a SQLite database and matched on the unique field ‘MMSI
149 number’.

150 A subset of 930 MMSI numbers were removed from the analysis because no data on vessel
151 length was available, length was recorded as zero or they were identified as base stations
152 and aircraft, resulting in 22,443 ships in the final AIS database. The data were split into
153 transects. A transect was defined as containing more than one AIS location point, and
154 the ship was moving at a speed over ground over 1.5 knots. Ships slower than this were
155 likely to be stationary or drifting at anchor ([Marine Management Organisation, 2014](#); [2015](#)).
156 A transect ended and a new transect started when there was greater than 180 minutes
157 between location points. The next point was the start of a new transect. This 180 minute

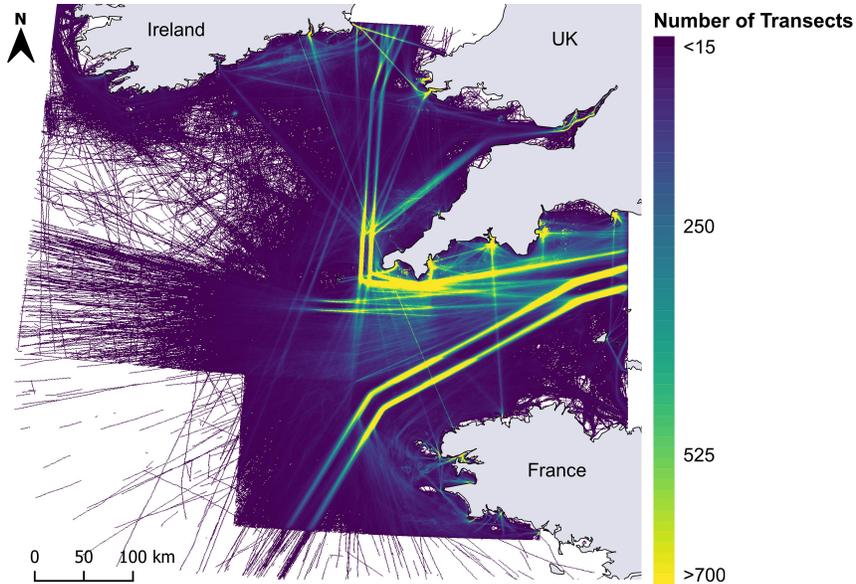


FIG. 2. Ship transects derived from raw AIS data from all data sources. Shows AIS data coverage of area occupied by the seal tracks. Colour ramp shows total number of transects that intersect a cell for all data (approx. $1 \text{ km} \times 1 \text{ km}$). Data between 2 and 98 % of range visualised. Transects are passages of a ship with more than 1 AIS location point, travelling at a speed over over ground between 1.5 and 60 knots and with less than 180 minutes between points. Maximum number of transects passing through a cell was 352690.

158 time interval was short enough to resolve ships rounding Land's End, UK and heading north
 159 into the Celtic Sea, as well as those leaving and returning to the study area, while retaining
 160 the presence of as many ships as possible. The location of a ship along the transect at a
 161 particular time was estimated using linear interpolation.

162 C. Ship source model

163 The source level (ISO, 2017) of each ship was calculated using the Research Ambient
164 Noise Directionality (RANDI) model (Breeding *et al.*, 1996; Chen *et al.*, 2017; Erbe *et al.*,
165 2014; Jones *et al.*, 2017; Ross, 1976; Williams *et al.*, 2014). The model is based on the
166 relationship between ship source level, speed and vessel length and has satisfactory agreement
167 to monopole source levels (ISO, 2019) derived from measured data. RANDI has exhibited
168 underestimates of 5 to 13 dB at frequencies greater than 200 Hz (Simard *et al.*, 2016), and
169 median estimation errors of 0 (± 7.1 dB) (Peng *et al.*, 2018) when compared to monopole
170 source levels. There are several ship source level models available (Brooker *et al.*, 2015;
171 Wittekind, 2014) and each of these models exhibit some level of disagreement (Jansen and
172 de Jong, 2017; Karasalo *et al.*, 2017; Simard *et al.*, 2016) when compared to monopole source
173 levels derived from measured data (Chion *et al.*, 2019; ISO, 2017). Given this variation
174 between models, a deterministic one-way sensitivity analysis was conducted to assess the
175 influence of source level and other modelling parameters on the predicted exposure of seals.
176 The resulting uncertainty in predicted exposure was calculated by generating bootstrapped
177 samples of SEL_w every 15 minutes along the seal track. A more detailed explanation of this
178 analysis is included in the Supplementary Material ¹.

179 The length and speed of the ship for input into the RANDI model was derived from the
180 AIS data. Spectral source levels were estimated at every 1 Hz between 10 and 1000 Hz and
181 integrated to give 1/3 octave band source levels (ISO, 2017). 1/3 octave band source level
182 was obtained for each ship individually in a 15 minute period using the ships length and

183 speed over ground at that point along its transect. Median broadband source levels in the
184 database ranged from 132 dB re $1\mu Pa^2 m^2$ for ships <30 ft to 196 dB re $1\mu Pa^2 m^2$ for ships
185 >630 ft. Ship source levels were not grouped into classes.

186 **D. Acoustic propagation model**

187 The parabolic equation model RAMSurf (Collins, 1993) was used to calculate propa-
188 gation loss (ISO, 2017) between each sound source and the location of each seal. This
189 model is suitable for range dependent, low frequency, shallow water scenarios (Etter, 2013).
190 The horizontal and vertical step parameters for the acoustic model were fixed at 50 m and
191 0.5 m respectively for all simulations. These ensured a convergent solution across all fre-
192 quencies tested. Ships greater than 164 ft (~ 50 m) were assigned a source depth of 6 m
193 (Scrimger and Heitmeyer, 1991) and smaller vessels a depth of 3 m (Erbe *et al.*, 2012b).
194 The model considers detailed three-dimensional environmental changes. The environmen-
195 tal conditions were described along each transect by submitting the bathymetric depth, a
196 sound speed profile for the water column and geoacoustic parameters every 2 km to the max-
197 imum range of each transect. Sediment type was determined from the EMODnet Geology
198 project seabed substrate map (1:1000000) (European Commission, 2016). Geoacoustic pa-
199 rameters for the model were extracted from the literature based on the percentage of mud,
200 sand and gravel given in the sediment classification (Hamilton, 1980; Long, 2006). The
201 sound speed profile was calculated using the 9 term equation proposed by Mackenzie (1981).
202 Temperature and salinity values for each profile were extracted from the Iberian Biscay
203 Irish Ocean Reanalysis system (0.083×0.083 degrees resolution; 50 depth levels) available

204 through the E.U. Copernicus Marine Environment Monitoring Service (CMEMS; product
205 identifier: IBI_REANALYSIS_PHYS_005_002). Complete tables of model and geoacoustic
206 parameters are given in the Supplementary Material².

207 The bathymetry of UK and Irish waters was determined using the EMODnet Digital
208 Bathymetry (DTM 2016) at $1/8 * 1/8$ arc minute resolution ([EMODnet Bathymetry Con-](#)
209 [sortium, 2016](#)). This data is given in metres with reference to lowest astronomical tide but
210 converted to mean sea level using the Vertical Offshore Reference Frame data generated by
211 the UK Hydrographic Office ([Adams *et al.*, 2006](#); [Turner *et al.*, 2010](#)). Bathymetric data
212 for French waters were taken from the MNT Bathymétrie de façade Atlantique (Projet
213 Homonim) which is provided in metres with reference to mean sea level ([Shom, 2015](#)).

214 Seal tag data provides depth with reference to the water surface. This varies in height
215 with respect to the sea floor throughout the tidal cycle. The seals are diving throughout the
216 tidal cycle and therefore, can dive deeper than the bathymetry layer at certain points. This
217 was minimised by using bathymetry with reference to mean sea level and noise exposure
218 values were corrected to the noise level 5 m above the sea floor if there was a mismatch
219 between maximum dive depth and bathymetric depth. The impact of this correction was
220 assessed within the sensitivity analysis presented in the Supplementary Material³

221 Simulations were conducted at the centre frequencies of one-third octave bands between
222 10 and 1000 Hz. This frequency range encompasses the maximum energy output for ships
223 and covers both of the frequencies (63 and 125 Hz) recommended by the Marine Strategy
224 Framework Directive as important for monitoring shipping noise ([European Commission,](#)
225 [2008](#), [2010](#), [2017](#)). However, it is noted that ship source levels do extend beyond this ([Veirs](#)

226 *et al.*, 2015). The propagation loss output was smoothed to remove variation associated with
227 the coherent nature of the model. This was completed using a moving average (Harrison
228 and Harrison, 1995).

229 E. Construction of three-dimensional received noise levels

230 At each 15 minute time step a three-dimensional noise field of broadband (10 - 1000 Hz)
231 weighted sound pressure levels (SPL_w) (ISO, 2017) was generated for the area enclosing
232 the dive and location track of the seal (Fig. 3). Sound pressure levels (ISO, 2017) for each
233 ship were calculated by subtracting smoothed propagation loss values, calculated using the
234 RAMSurf model, from the ship source levels, calculated using the RANDI ship source model.
235 The RAMSurf model output is two-dimensional (range and depth). Three-dimensional cov-
236 erage of the area enclosing the seal track was generated by calculating propagation loss
237 along multiple transects at an azimuth of 2.5° . This produced a noise field composing depth
238 and range at multiple azimuths (Figure 3). Sound pressure levels were weighted using two
239 methods; the underwater m-weighting function proposed by Southall *et al.* (2007) for pin-
240 nipeds and the underwater frequency weighting function for phocid pinnipeds proposed by
241 Southall *et al.* (2019). Broadband SPL_w (10-1000 Hz) was calculated by integrating across
242 all frequencies (approximated by summation). Total SPL_w (10-1000 Hz) from all ships at
243 each point along the seal track was calculated by summing the noise intensity of each ship
244 as shown in Equation 1 where l_i is the i^{th} ship and n is the number of ships in 15 minutes.

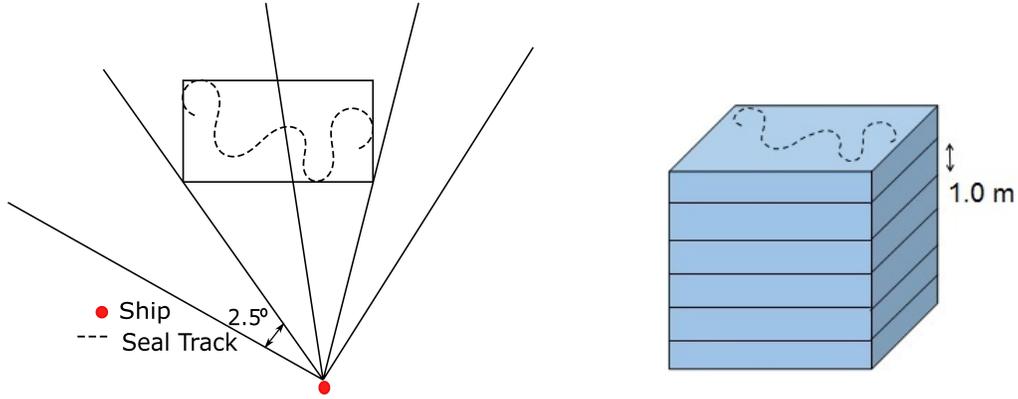


FIG. 3. Diagram of methodology used to create received noise field for each 15 minutes of seal track. For each 15 minute track segment, the track was enclosed in a rectangle. For each ship the bearing between the ship and corners of the rectangle were calculated. The maximum bearing was increased and the minimum bearing was decreased by 2.5° to ensure complete coverage of the seal track and transects between the two outer transects were created at an azimuth of 2.5° . Propagation loss and hence received sound pressure levels were calculated along each transect and at every 1 m in depth.

$$totalSPL_w = 10\log_{10} \sum_{i=1}^n 10^{l_i/10} \quad (1)$$

245 The ship locations were determined for the mid-point of each 15 minute time period. The
 246 ships were assumed to remain stationary during each 15 minute period and the seal moved
 247 throughout the noise field. It is recognised that in reality the ships and seals would move
 248 relative to each other in a 15 minute period. However, the computational time required to
 249 recalculate the sound field using the RAMSurf model is a key factor in determining the pos-
 250 sible temporal resolution for noise calculations. This parameter was included in a sensitivity

251 analysis (see Supplementary Material⁴) which demonstrated the sufficient accuracy of a 15
252 minute resolution.

253 All ships within 120 km of the seals' location in a 15 minute period were included in
254 noise calculation estimates. It was a precautionary threshold to include all possible ships
255 contributing to noise levels. Seals located close to the boundary would be exposed to fewer
256 ships due to the lack of AIS data outside the boundary. To combat this issue a 15 km buffer
257 zone was implemented. Seal tracks only touched the edge of the 15 km buffer zone on 5 of
258 86 days.

259 **F. 24-hr sound exposure levels and prediction of auditory damage**

260 The exposure of the seal to shipping noise was linearly interpolated from the sound field
261 for each 24-hr period to give sound exposure levels with a temporal resolution of 1 second (i.e.
262 a noise exposure value was predicted at the seal's location every 1 second). The temporal
263 exposure period of 24 hours is arbitrary ([National Marine Fisheries Service, 2018](#); [Southall](#)
264 [et al., 2019](#)). However, this is the standard cumulative period utilised by [National Marine](#)
265 [Fisheries Service \(2018\)](#) for assessing auditory threshold shift.

266 Sound exposure has the potential to have a negative impact on auditory systems through
267 permanent threshold shift or temporary threshold shift, as well as instigate maladaptive be-
268 havioural or physiological responses ([Hastie et al., 2018](#); [Rolland et al., 2012](#); [Southall et al.,](#)
269 [2019](#)). Consequently, this study reports two sound exposure values, 24-hr SEL_w and 24-hr
270 SEL_w above effective quiet. The 24-hr SEL_w represents the total contribution of shipping
271 noise perceivable by seals to the soundscape ([ISO, 2017](#)) (given the limitations in AIS data)

272 and includes weighted sound pressure levels emitted by ships that, while may not be at an
273 intensity to cause auditory damage, may be pertinent in assessing behavioural responses to
274 noise levels or when assessing the contribution of shipping to the wider soundscape. 24-hr
275 SEL_w above effective quiet was calculated by removing SPL_w values below an estimated
276 level of effective quiet for grey seals, 124 dB re $1\mu Pa^2$ (Finneran, 2015). Effective quiet
277 can be defined as the exposure levels which do not result in TTS nor retard the recovery
278 of TTS from a previous exposure (Ward *et al.*, 1976). It recognises that some sound expo-
279 sures are at a level that no matter how long the exposure lasts it will never result in TTS
280 (Ward *et al.*, 1976). It is important to consider the effective quiet threshold when calculating
281 sound exposure levels because accumulating low sound levels over long durations may result
282 in an inflated impression of sound levels (Finneran and Branstetter, 2013). However, there
283 is very little data on appropriate levels of effective quiet in marine mammals (Finneran,
284 2015). Hence the value used here was estimated by Finneran (2015) when considering the
285 lowest value known to cause TTS in pinnipeds. The two types of sound exposure level were
286 weighted using the Southall *et al.* (2007) frequency weighting function and compared to a
287 best estimate value of 183 dB re $1\mu Pa^2s$ for the onset of TTS in pinnipeds with respect to
288 non-impulsive sounds (Southall *et al.*, 2007). For comparison, they were also weighted using
289 the updated frequency weighting function proposed by Southall *et al.* (2019) and compared
290 to the corresponding threshold of 181 dB re $1\mu Pa^2s$ for the onset of TTS in phocid pinnipeds
291 (Southall *et al.*, 2019). Uncertainty estimates associated with modelled values are provided
292 in the Supplementary Material⁵.

293 G. Analysis of shipping traffic

294 The relative influence of ship source levels, distance and the number of ships on the
295 calculated sound exposure levels from shipping was analysed using a Generalised Additive
296 Mixed Model (GAMM). GAMMs allows for non-linear relationships between the response
297 variable and the explanatory variables and the inclusion of random effects. The response
298 variable, 15-min SEL_w (i.e. SEL_w integrated over 15 minutes and weighted using frequency
299 weighting function proposed by Southall *et al.* (2007)), was modelled using the explanatory
300 variables, closest point of approach of a ship (CPA), defined as the minimum separation
301 distance between a seal and any of the ships in the 15 minute section, the maximum source
302 level of any ship in the 15 minutes (SL_{max}), the number of ships within 120 km of the
303 seal for those 15 minutes (NUM) and the location of the seal (English Channel or Celtic
304 Sea). CPA, NUM and SL_{max} were included in the model as individual smooths as well as a
305 multivariate smoothed term using tensor product smooths of cubic regression splines (Wood,
306 2006). This was appropriate because each covariate was not isotropic (i.e. they did not have
307 the same scale) (Wood, 2006). The GAMM models were implemented in R version 3.5.3 (R
308 Core Team, 2019) using the mgcv package version 1.8-28 (Wood, 2003, 2004, 2006). The
309 models were implemented using a Gaussian error structure with an identity link function.
310 The response variable was log transformed ($\log(y)$) to improve the normality of the residuals
311 where different model families (e.g. Gamma) did not improve the model.

312 The random variable seal was included to account for the possibility of greater sim-
313 ilarity between the exposures of an individual seal compared to other seals. Each 15

314 minute sample was highly autocorrelated because it was likely to contain the same ships
315 as those before and after it. As a result, the data was subsampled and every 10th 15
316 minute section was included in the model. The inclusion of a spherical correlation structure
317 ($corSpher(form = \sim 1|seal)$) reduced any remaining autocorrelation between the residuals
318 where necessary. Model selection was completed using Akaike’s Information Criterion (AIC)
319 and followed the methodology laid out by [Zuur \(2009\)](#) by first creating a model with all vari-
320 ables, determining the random structure that gave the lowest AIC and then determining the
321 optimum fixed effects structure by removing variables and comparing AIC values. AIC was
322 given by $-2loglikelihood + 2k$ where k is the number of parameters. Model validation was
323 completed by visual inspection of the residuals.

324 **III. RESULTS**

325 **A. Shipping traffic and seals**

326 The weighted sound exposure levels of adult grey seals in the English Channel and grey
327 seal pups in the Celtic Sea varied as they moved throughout their environment, particularly,
328 lower received levels resulted from scattering and absorption at the boundaries with the
329 surface and bottom of the ocean (Fig. 4 and 5). Spatial variation in received noise levels
330 was driven in part by the number of ships, the source level of the ships and the distance
331 between the seal and the ship. In a 15 minute period, within 5 km of the seal, the mean
332 number of ships was only 1.1 (SD = 0.3) for the Celtic Sea and 1.3 (SD = 0.5) for the
333 English Channel. However, within 120 km of the seal, this was higher for the English

334 Channel group at 26.9 (SD = 24.5) ships and lower for the Celtic sea group at 6.5 (SD =
 335 7.2) ships, highlighting the overall busier nature of the greater English Channel area (Fig.
 336 2).

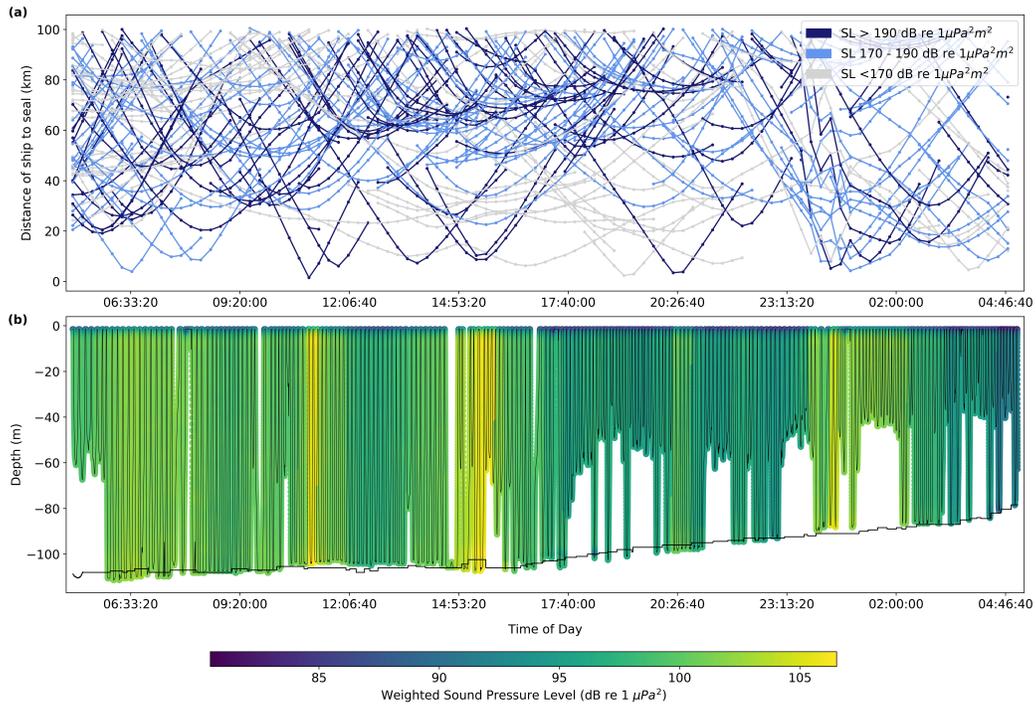


FIG. 4. Distance between the seal and each ship (a) and the weighted received sound pressure levels along the dive track of Seal B23 for 24 hours in the English Channel (b). The source level of each ship is classified to show the loudest ships. The noise levels are a reflection of the number of ships, distance between seal and ships, and the source level of each ship. The total number of ships in each source level category was 87, 116 and 93 for >190, 170 - 190, <170 dB re $1\mu Pa^2 m^2$ respectively. Time of day starts at 29th October 2011 05:05:00. Black horizontal line indicates bathymetry. Black vertical lines indicate seal dives. Values were weighted as proposed by Southall *et al.* (2019). Dives below the bathymetry arise from bathymetry referenced to mean seal level, the seal diving throughout the tidal cycle and location error.

337 The closest point of approach between a seal and any of the ships in a 15 minute section,
338 was 161 m for the English Channel seals and 535 m for the Celtic Sea seals. The majority
339 of 15 minute sections (52%) had a CPA below 35 km. For the English Channel seals 65%
340 of CPA for ships were below 35 km, whereas ships in the Celtic Sea were generally not as
341 close to the seals and only 41% of CPA were below 35 km.

342 The source levels of ships included in the predictions were greater in the English Channel
343 (Median = 176 dB re $1\mu Pa^2 m^2$, Inter-Quartile Range (IQR) = 46 dB) than the Celtic Sea
344 (Median = 170 dB re $1\mu Pa^2 m^2$, IQR = 34 dB). This difference was even more stark when
345 only considering those ships that were within 5 km of the seal. The median source level in
346 the English Channel was 177 dB re $1\mu Pa^2 m^2$ (IQR = 30 dB) but this was only 154 dB re
347 $1\mu Pa^2 m^2$ (IQR = 20 dB) in the Celtic Sea. Seals included in the study in the Celtic Sea,
348 generally utilised areas located further from the major shipping lanes where the largest ships
349 are concentrated (Fig. 1 and 2).

350 The relationship between 15-min SEL_w , the closest point of approach of a ship (CPA),
351 maximum ship source level (SL_{max}) and the number of ships within 120 km of the seal
352 (NUM) in that 15 minutes was modelled using a GAMM. The model, following stepwise
353 model selection using AIC, included the multivariate smooth of CPA, NUM and SL_{max} ,
354 as well as, the main effect smooths of SL_{max} and CPA as significant explanatory variables
355 (Table. II). It did not include location or the number of ships as an individual smooth
356 (Table. II). The 15-min SEL_w decreased as the closest point of approach increased, and
357 15-min SEL_w increased as the maximum ship source level increased. As the closest point of
358 approach increased, noise remained constant if the maximum source level increased and/or

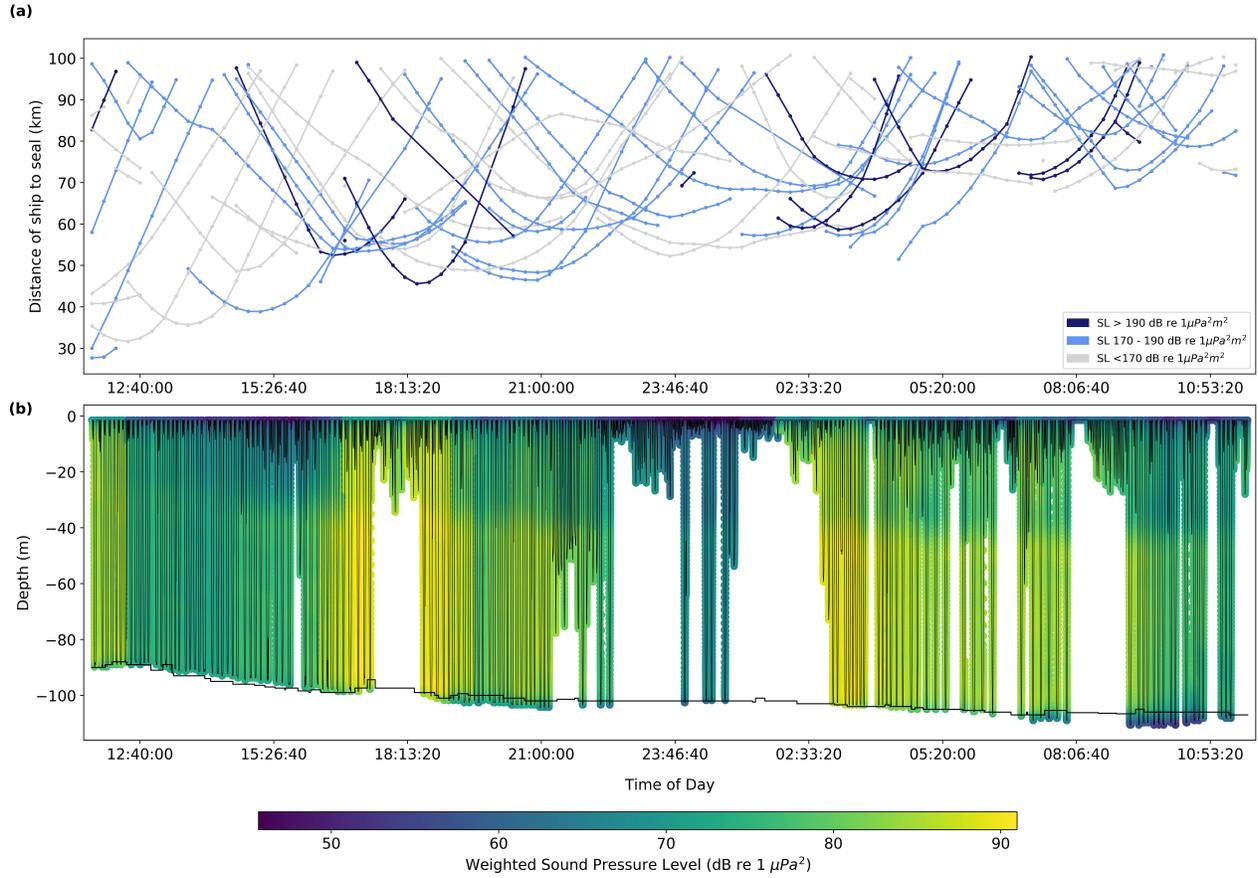


FIG. 5. Distance between the seal and each ship (a) and the weighted received sound pressure levels along the dive track of Seal hg29-11-10 in 24 hours in the Celtic Sea (b). The source level of each ship is classified to show the loudest ships. The noise levels are a reflection of the number of ships, distance between seal and ships, and the source level of each ship. The total number of ships in each source level category was 13, 36 and 35 for >190 , $170 - 190$, <170 dB re $1\mu\text{Pa}^2\text{m}^2$ respectively. Time of day starts at 21st June 2011 at 11:40:00. Black horizontal line indicates bathymetry. Black vertical lines indicate seal dives. Values were weighted as proposed by Southall *et al.* (2019). Dives below the bathymetry arise from bathymetry referenced to mean seal level, the seal diving throughout the tidal cycle and location error.

359 the number of ships increased. This relationship did not differ between the Celtic Sea or
360 English Channel. However, in the Celtic Sea there are fewer 15 minute sections with high
361 numbers of ships, a close approach and high SL_{max} than the English Channel (Fig. 6).
362 Model validation plots are included in the Supplementary Material⁶ and show the residuals
363 and autocorrelation were appropriately modelled.

TABLE II. The structure of the maximal model with all explanatory variables and each model tested during model selection for the response variable 15 minute weighted sound exposure level.

Model	df	R^2 (adj)	AIC	Δ AIC
A: Full ^a	15	0.66	-1242	
B: Full - Location ^b	14	0.64	-1248	-6
C: B - NUM ^c	12	0.63	-1250	-2
D: C - CPA ^d	10	0.61	-1188	62

^a $\log(15SEL_w) \sim ti(SL)+ti(num)+ti(CPA)+ti(CPA, NUM, SL)+location+(1|seal)+corSpher(1|seal)$

^b $\log(15SEL_w) \sim ti(SL) + ti(num) + ti(CPA) + ti(CPA, NUM, SL) + (1|seal) + corSpher(1|seal)$

^c $\log(15SEL_w) \sim ti(SL) + ti(CPA) + ti(CPA, NUM, SL) + (1|seal) + corSpher(1|seal)$

^d $\log(15SEL_w) \sim ti(SL) + ti(CPA, NUM, SL) + (1|seal) + corSpher(1|seal)$

364 The relationship between CPA, NUM and SL_{max} can be examined more closely in Figure
365 4 and Figure 5, which also show the distance between a seal and the ships that were included
366 in the soundscape calculations. Figure 4 shows three peaks in SPL_w greater than 105 dB
367 re $1\mu Pa^2$ just before 12:06, at 14:53, and between 23:13 and 02:00. The high noise levels at
368 the seal are mediated by the source level of the ship, how close the ship came to the seal
369 and the number of ships. Just before 12:06 at Peak 1 a loud ship (>190 dB re $1\mu Pa^2 m^2$) is
370 close to the seal. At Peak 2 just after 14:53, the ships are further away from the seal than
371 during Peak 1 but there is a second loud ship and the presence of a quieter ship (<170 dB

372 re $1\mu Pa^2 m^2$) in the area, which results in similar overall noise levels at Peak 1 and Peak
 373 2. The peak in noise between 23:13 and 02:00 has a high number of different ships, which
 374 result in sustained noise levels across the time despite variation in traffic. At 20:26 a loud
 375 ship results in higher noise levels, just before this, a ship follows an almost identical path to
 376 the ship at 20:26 but the lower source level of the ship results in lower noise levels.

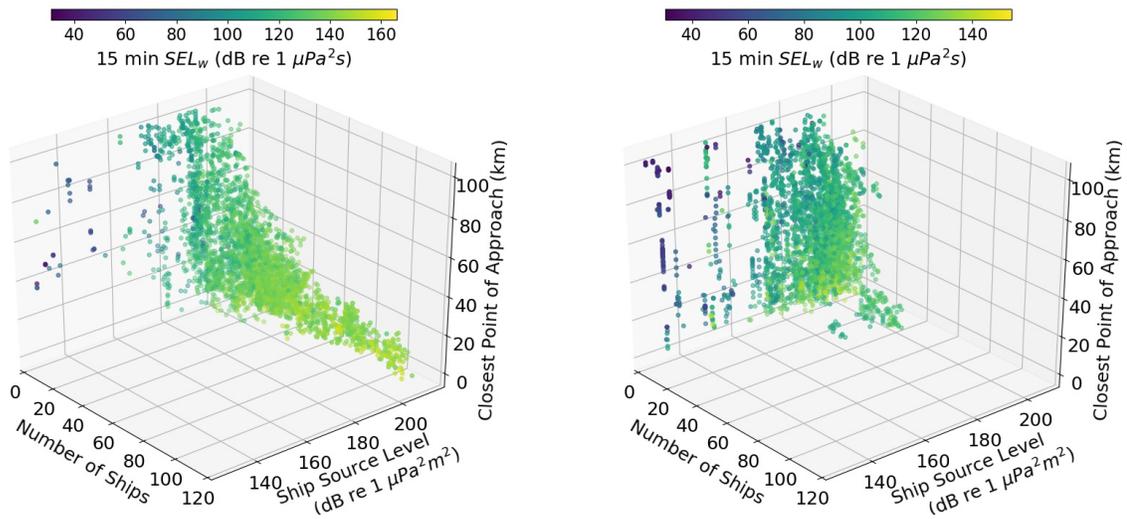


FIG. 6. The weighted sound exposure level SEL_w in 15 minutes given the number of ships, the closest point of approach for a single ship and the maximum ship source level in that 15 minute period in the English Channel (left) and the Celtic Sea (right). Note different scales. 15-min SEL_w were weighted using frequency weighting function for underwater pinnipeds proposed by Southall *et al.* (2007). The Celtic sea has fewer of the high noise scenario data points with high source levels, a close approach and high ship numbers.

B. 24-hr sound exposure levels

The 24-hr SEL_w ranged from 124 to 170 dB re $1\mu Pa^2s$ for all seals for a total of 86 days (Fig. 7) when weighted using the underwater pinniped frequency weighting function proposed by Southall *et al.* (2007). Median 24-hr SEL_w for all seals was 149 dB re $1\mu Pa^2s$. Median 24-hr SEL_w for the Celtic Sea pups was 143 (129 - 156) dB re $1\mu Pa^2s$ and 159 (124 - 170) dB re $1\mu Pa^2s$ for the English Channel adults. These values represent the total exposure of seals to shipping noise during these 24 hour periods. However, SPL_w values throughout the 24 hours ranged from 0 to 140 dB re $1\mu Pa^2$ with the median value of the maximum SPL_w on each of the 86 days being 115 dB re $1\mu Pa^2$. In contrast, 24-hr SEL_w was between 9 and 18 dB lower when weighted using the updated underwater frequency weighting function for phocid pinnipeds proposed by Southall *et al.* (2019). Median 24-hr SEL_w for the Celtic Sea pups was 128 (118 - 140) dB re $1\mu Pa^2s$ and 142 (106 - 152) dB re $1\mu Pa^2s$ for the English Channel adults with a maximum SPL_w of 121 dB re $1\mu Pa^2$ and median maximum SPL_w of 99 dB re $1\mu Pa^2$ for all seals.

In order to assess if TTS could occur in the seals, 24-hr SEL_w above effective quiet was also calculated using only exposures to SPL_w greater than or equal to the value of effective quiet (124 dB re $1\mu Pa^2$) in a 24 hour period. For the values weighted as proposed by Southall *et al.* (2007), the number of days with 24-hr SEL_w above zero decreased dramatically from 86 to 18 when considering only SPL_w greater than or equal to the value of effective quiet. Mean exposure duration above effective quiet was 38.57 (SD = 47.86) minutes (Tbl. III). All but one of the days with SPL_w above effective quiet were for seals in the English Channel.

398 24-hr SEL_w above effective quiet ranged from 141 to 169 dB re $1\mu Pa^2s$ with a median
399 value of 154 dB re $1\mu Pa^2s$ although for the majority of days, 68 of 86, the 24-hr SEL_w
400 above effective quiet was zero (Tbl. III). Similarly, when values were weighted using the
401 updated function by Southall *et al.* (2019), there were no instances where SPL_w was greater
402 than or equal to the value of effective quiet (124 dB re $1\mu Pa^2$) in any 24 hour period. The
403 estimated values did not exceed the threshold of 183 dB re $1\mu Pa^2s$ or 181 dB re $1\mu Pa^2s$ for
404 the onset of TTS when weighted using functions by Southall *et al.* (2007) and Southall *et al.*
405 (2019) respectively. The inter-quartile range of predicted 24-hr SEL_w values given estimated
406 uncertainty in model predictions was between 2 and 6 dB for all seals (see Supplementary
407 Material⁷).

408 IV. DISCUSSION

409 This study presented predictions of the 24-hr weighted sound exposure levels for grey
410 seals given the three-dimensional at-sea behaviour of individual seals. For pups primarily
411 located in the Celtic Sea, median 24-hr SEL_w was 143 dB re $1\mu Pa^2s$ and for adults primarily
412 located in the English Channel median 24-hr SEL_w was 159 dB re $1\mu Pa^2s$ (using Southall
413 *et al.* (2007) frequency weighting function). It is not possible to give direct comparisons
414 between the two areas or between the adults and pups because data were only available for
415 pups in the Celtic Sea region and adults in the English Channel region confounding any
416 possible comparative analysis. However, given the results presented here, it is reasonable
417 to assume that differences in shipping activity is a driver of differential noise exposure in
418 the two groups. Merchant *et al.* (2016) highlighted that 125 Hz octave band noise in the

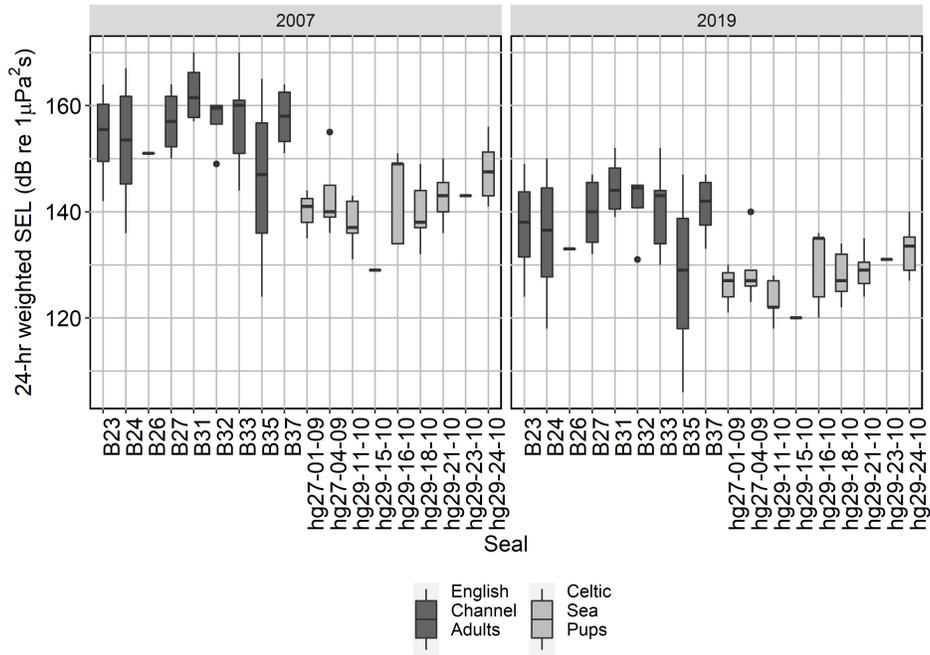


FIG. 7. The 24-hr weighted sound exposure levels for adult seals in the English Channel and pups in the Celtic Sea. The values were weighted using the frequency weighting function for underwater pinnipeds from Southall *et al.* (2007) (left panel) or underwater phocid pinnipeds from Southall *et al.* (2019) (right panel). A total of 86 days were processed for 9 adult seals and 9 seal pups.

419 south-eastern Celtic Sea was quieter than Falmouth Bay in the English Channel, and noted
 420 it as one of the quietest regions compared to locations in the North Sea. The mean 24-hr
 421 SEL_w recorded using a hydrophone in Falmouth Bay and weighted using the Southall *et al.*
 422 (2007) m-weighting curve for pinnipeds was 156 ± 19.1 dB re $1 \mu Pa^2 s$; a remarkably similar
 423 match to average exposure for seals in the English Channel (Merchant *et al.*, 2012). The
 424 seals occupy water south-west of Falmouth Bay in busier and therefore, noisier waters but
 425 their occupation of these waters is temporary because they are transiting through the area
 426 unlike the stationary hydrophone in Falmouth Bay. The results are also between 20 and 36

TABLE III. The 24-hr weighted sound exposure levels (SEL_w) including only SPL_w greater than effective quiet (EQ) set at a value of 124 dB re $1\mu Pa^2$. The number of minutes SPL_w was greater than effective quiet and the maximum SPL_w predicted in 24-hrs. Values were weighted as proposed by Southall *et al.* (2007). When weighted using function for phocid pinnipeds proposed by Southall *et al.* (2019) there were no SPL_w above effective quiet.

Seal	Maximum SPL_w (dB re $1\mu Pa^2$)	24-hr SEL_w above EQ (dB re $1\mu Pa^2s$)	Minutes above EQ
B31	133	162	34
B31	134	168	176
B32	126	152	9
B32	124	142	1
B35	130	159	24
B37	126	158	38
B32	126	153	10
B27	131	162	52
B23	126	154	12
B24	130	164	107
B24	125	141	0.8
B31	126	153	12
B33	140	169	90
B33	128	156	13
B33	125	147	3
B33	138	168	90
B37	126	153	12
hg29-24-10	126	154	10

427 dB lower than 24-hr SEL_w values reported for harbour seals in the Moray Firth (Jones *et al.*,
428 2017). This disparity could arise from differences in shipping traffic but also the propagation
429 model used, the two-dimensional modelling approach, and the wider frequency range (12.5
430 Hz to 20 kHz) studied by Jones *et al.* (2017). In addition, Jones *et al.* (2017) studied harbour
431 seals, which do not travel as far from haul-out sites (Thompson *et al.*, 1996), and therefore,

432 may be more resident in areas of high shipping traffic. However, the results highlight spatial
433 variation in noise patterns and shipping traffic in different regions. It provides evidence that
434 regional variations must be considered carefully in underwater noise management plans.

435 SPL_w values ranged from 0 to 140 dB re $1\mu Pa^2$ and median maximum SPL_w in a day was
436 115 dB re $1\mu Pa^2$ and 99 dB re $1\mu Pa^2$ when weighted as proposed by Southall *et al.* (2007)
437 and Southall *et al.* (2019) respectively. Ambient sound levels (ISO, 2017) absent of shipping
438 noise in the region were not available as part of this study but measurements by Merchant
439 *et al.* (2016) at one location in the Celtic Sea suggested median ambient sound levels to be
440 83.3 dB re $1\mu Pa^2$ at 125 Hz. In the English Channel recordings from Falmouth Harbour
441 measured broadband (0.01 – 1 kHz) sound pressure levels between 86.1 and 148.6 dB re
442 $1\mu Pa^2$ and the minimum recorded level (representative of ambient sound in the absence of
443 shipping) was 96.2 dB re $1\mu Pa^2$ (Merchant *et al.*, 2012). These values suggest that the seals
444 were exposed to sound from shipping above that which could be considered ambient sound
445 levels in both the Celtic Sea and English Channel. However, the estimated level of effective
446 quiet for grey seals is 124 dB re $1\mu Pa^2$ and the SPL_w values remained below this for many
447 of the seals.

448 The SEL_w in 15 minutes was closely related to the number of ships, the closest point
449 of approach of any ship and the source level of the loudest ships in that 15 minutes. For
450 example, ships with high source levels over 50 km from the seal still resulted in received
451 SPL_w greater than 100 dB re $1\mu Pa^2$ for a seal in the Celtic Sea (Fig. 5). These exposures
452 may be indistinguishable from ambient sound for seals but they will raise the overall ambient
453 sound levels and may be of concern for issues such as call masking and chronic stress related

454 to sustained exposure (Rolland *et al.*, 2012). Ship noise exposure detectable above ambient
455 sound levels will be most relevant for determining auditory damage and possible behavioural
456 responses to noise, and these generally arose from ships closer to the seal and with higher
457 source levels. However, the results demonstrated the ability of high numbers of loud ships
458 far away from the seal to generate high noise exposure levels at the seal's location. This
459 suggests that when assessing the impacts of shipping noise, the area over which ships are
460 included in calculations of noise levels should be sufficiently wide to capture such exposure
461 and not just focus on the first few kilometres from the seal (Mikkelsen *et al.*, 2019).

462 In addition to shipping traffic alone, difference in behaviour between English Channel
463 adults and Celtic Sea pups as a result of age or location specific factors such as bathymetry
464 may also be mediating noise exposure in the two groups. Figure 1 shows that the seals in the
465 Celtic Sea were mainly located to the north of the region where shipping density is lower.
466 English Channel seals cross an area of very high intensity shipping. However, compared to
467 their whole track they tend to make this crossing only once or twice, and visual inspection
468 of the track suggests they are undertaking directed travel through the area. The majority
469 of their time was spent around the islands within the Iroise Marine Park. The noise levels
470 in this area are unknown but is likely to be different as a result of lower numbers of large
471 ships. Huon *et al.* (2015) studied 19 seals, 9 of which are included here, and found that
472 individuals spent 67% of their time within the Marine Park. Harbour seals in the Moray
473 Firth, which experience much higher cumulative noise levels, also tend to remain close to
474 the coast. However, they are resident within the zones of higher intensity shipping (Jones
475 *et al.*, 2017). This could account for their higher exposure.

476 Recommendations for appropriate frequency weighting functions and TTS onset thresh-
477 olds have been systematically updated with the availability of new audiometric studies and
478 approaches (National Marine Fisheries Service, 2018; Southall *et al.*, 2007, 2019). Specifi-
479 cally, Southall *et al.* (2019) present separate frequency weighting functions and TTS onset
480 thresholds for otariid and phocid pinnipeds. When compared to the underwater pinniped
481 frequency weighting function proposed by Southall *et al.* (2007) this updated function for
482 phocid pinnipeds underwater shows reduced hearing sensitivity at low frequencies. This is
483 particularly true between 10 and 1000 Hz, the dominant frequencies emitted by ships. This
484 accounts for the 9 to 18 dB difference between 24-hr SEL_w using the two functions. How-
485 ever, Southall *et al.* (2019) recognise limits on high frequency hearing exceeded 60 kHz for
486 many phocid species. Therefore, it may be necessary to consider a wider frequency range
487 when predicting the exposure of phocid pinnipeds to shipping noise. Southall *et al.* (2007)
488 took a necessarily cautious approach due to the limited available data. This approach may
489 still be useful if a regulatory scenario also requires a precautionary approach, and when com-
490 paring predicted exposure to historical measurements that have been subsequently frequency
491 weighted.

492 Southall *et al.* (2019) proposed that, given best available data, phocid seals will experience
493 TTS for underwater non-impulsive sounds such as shipping noise when weighted sound
494 exposure levels exceed 181 dB re $1\mu Pa^2s$. In older recommendations this threshold was
495 183 dB re $1\mu Pa^2s$ (Southall *et al.*, 2007). The exposure of seals above effective quiet in this
496 study did not exceed these threshold values when weighted using the appropriate comparable
497 frequency weighting function. For the most precautionary approach, using Southall *et al.*

498 (2007) frequency weighting functions, 8 adults and 1 pup for a total of 18 days experienced
499 SPL_w greater than the values of effective quiet. The 24-hr SEL_w above effective quiet range
500 from 141 to 169 dB re $1\mu Pa^2s$ and as such are between 14 and 42 dB below the threshold
501 level for TTS. Auditory weighting functions and TTS onset thresholds have been derived
502 from direct measurements of hearing thresholds, consideration of auditory anatomy and data
503 on sound production capabilities (Southall *et al.*, 2019). However, these studies often utilise
504 only 1 or 2 individuals (Southall *et al.*, 2019). Furthermore, there is very limited auditory
505 data specifically studying the underwater hearing of adult grey seals or pups (Finneran, 2015;
506 Southall *et al.*, 2019). Pups may be more sensitive to noise but future work is necessary to
507 explore the sensitivity of animals in this vulnerable juvenile stage.

508 Temporary threshold shift is determined by exposure frequency, duration, sound pressure
509 level, temporal pattern of noise and available recovery time (Finneran and Branstetter, 2013;
510 Finneran, 2015). Kastak and Schusterman (1999) found average threshold shift of 4.8 dB
511 given exposure for 20 minutes at 100 Hz to sound pressure levels ranging from 133 – 156
512 dB re $1\mu Pa^2$. These conditions were met three times in this study. Many studies of TTS
513 growth and recovery in phocid seals examined frequencies higher (2.5 - 4 kHz) than the
514 peak shipping noise used in this study (10-1000 Hz) and higher sound pressure level values
515 than seals were exposed to in these calculations. Kastelein *et al.* (2012) tested the hearing
516 of two harbour seals using octave band noise at a centre frequency of 4 kHz. They showed
517 maximum TTS of 10 dB 1 – 4 minutes after a 120 minute exposure to 148 dB re $1\mu Pa^2$.
518 TTS began to occur at sound pressure levels of 136 dB for 60 minutes. This suggests
519 any one of the properties (exposure frequency, duration etc.) determining TTS should be

520 closely monitored for changes that may result in exposures great enough to induce TTS.
521 In addition, mitigation measures to address any detected increase in underwater noise from
522 shipping should consider the impact of sound pressure levels but also exposure duration and
523 frequency given their ability to influence levels of TTS experienced by the seals (Finneran
524 and Branstetter, 2013; Finneran, 2015; Joy *et al.*, 2019).

525 24-hr sound exposure levels are often considered for regulatory assessments because the
526 metric considers the duration of exposure as well as SPL and frequency (Finneran and
527 Branstetter, 2013). The standard duration of exposure for non-impulsive sounds such as
528 shipping noise has been 24 hours (National Marine Fisheries Service, 2018; Southall *et al.*,
529 2007). However, it is recognised that this is an arbitrary value (Southall *et al.*, 2019). If
530 a species shows high site fidelity at a high exposure zone they may be exposed for much
531 longer than 24 hours. Alternatively, individuals may move in and out of high exposure
532 zones. Particularly, for sources such as ships that are highly mobile, peaks in noise may be
533 quite short and an individual may have periods where shipping noise could be zero. The
534 development of a more ecologically relevant value is key for future policy and management of
535 noise (National Marine Fisheries Service, 2018). Seals spend time at-sea between periods of
536 haul-out, therefore, the duration over which seals are potentially exposed to underwater noise
537 varies and supports the assertion that the accumulation period appropriate for a specific
538 species or noise source will vary. The mean length of exposures above effective quiet in 24
539 hours was 38.47 minutes but some of the Celtic Sea pups spent greater than 2 months at sea
540 (Carter *et al.*, 2017). The 24-hr SEL_w metric assumes the ‘equal energy’ hypothesis, where
541 by exposures of equal energy are assumed to result in the same amounts of threshold shift

542 regardless of how the exposure is distributed in time (Finneran and Branstetter, 2013). It is
543 known that the equal-energy approach overestimates intermittent exposures because it does
544 not consider the recovery that can occur from TTS between the noise exposures within the
545 total accumulation period (Finneran and Branstetter, 2013). Hence, for seals, a continuous
546 accumulation period of 24 hours, as used in this study, may result in higher levels of TTS
547 than if periods of haul-out and recovery are included.

548 In addition to possible auditory damage, behavioural responses and physiological re-
549 sponses have been recorded for a number of marine species to shipping noise (Blair *et al.*,
550 2016; Celi *et al.*, 2015; Rolland *et al.*, 2012; Williams and Bain, 2002). Seals have shown
551 behavioural reactions such as entering the water, decrease in resting behaviour and increase
552 in alert behaviour at the sight of approaching boats and boat noise playbacks when hauled
553 out (Jansen *et al.*, 2015; Tripovich *et al.*, 2012). There is only limited anecdotal evidence of
554 changes in the at-sea behaviour of seals in response to shipping noise (Mikkelsen *et al.*, 2019).
555 As such, acceptable exposure levels with respect to behavioural changes are unknown, and
556 crucially, if there is a behavioural response, what level of behavioural response is harmful for
557 individual survival and population stability (McHuron *et al.*, 2017). The results show that
558 seals are exposed to shipping noise and this is likely to be above ambient sound levels gen-
559 erated by other sound sources. Therefore, further assessment of the behavioural responses
560 of seals to this noise is warranted. This may be especially true of grey seal pups that are
561 potentially naive to underwater anthropogenic noise when they leave breeding colonies for
562 the first time. To avoid starvation, they must rapidly develop at-sea movement and for-
563 aging behaviour without parental guidance making them vulnerable to disturbance (Carter

564 *et al.*, 2017). Furthermore, the prolonged immaturity of grey seal pups (5yrs females; 10yrs
565 males) means that increased pup mortality will not immediately manifest itself in observable
566 population dynamics (Harwood and Prime, 1978).

567 Exposure levels and at-sea spatial usage are key parameters in understanding the spa-
568 tial risk for marine animals of exposure to shipping noise, and are required to set effective
569 management targets (Erbe *et al.*, 2014). The results can contribute to estimation of noise
570 budgets and assessments of soundscapes which will help close the gap to establishing quanti-
571 tative noise level targets that regulators can enforce. As described by Merchant *et al.* (2017)
572 population density and noise exposure can be combined to provide risk maps. This is a
573 similar approach as implemented by Erbe *et al.* (2012a). However, the majority of the dis-
574 tribution and noise based information is related to two-dimensional maps. In contrast, the
575 results presented assess the noise exposure for seals using their three-dimensional dive track
576 and adds the new dimension of depth to risk based assessment of noise levels for manage-
577 ment goals. The results suggest that when seals are located at the surface or at the sea floor
578 they may experience lower noise levels due to surface and bottom losses. This observation
579 highlights the potential importance of considering three dimensional space use by marine
580 animals when calculating exposure, especially those that utilise the complete water column
581 (Chen *et al.*, 2017).

582 The predictions presented in this study are subject to a number of limitations and un-
583 certainties, including the source level estimates (Simard *et al.*, 2016), missing ships and
584 incomplete transects in the AIS data (Hermannsen *et al.*, 2019), and uncertainty in the
585 environmental input data. The inter-quartile range of predicted 24-hr SEL_w values given

586 estimated uncertainty in model predictions was between 2 and 6 dB for all seals (see Supple-
587 mentary Material⁸). The resulting noise exposure estimates should be viewed in this context,
588 and in combination with noise estimates for other noise sources. However, this study used
589 a sophisticated acoustic propagation model that has been benchmarked and compared to
590 experimental data (Davis *et al.*, 1982; Hanna and Rost, 1981). RAMSurf considers detailed
591 representations of environmental properties that are particularly important in shallow water
592 propagation scenarios. It has been highlighted that in such scenarios simple spreading laws
593 can result in significant errors (Farcas *et al.*, 2016; Robinson *et al.*, 2014). The uncertainties
594 associated with the simple spreading model could account for some of the differences seen in
595 ship noise exposure between the Moray Firth and the region of south-west UK considered
596 here. Validation of the Jones *et al.* (2017) model alone suggests that median absolute error
597 in the model was 9.75 (2.11 - 24.51) dB (Jones *et al.*, 2019).

598 In summary, at-sea three dimensional exposure of grey seals to shipping noise ranged
599 from 124 to 170 dB re $1\mu Pa^2s$ in 24-hrs when weighted using the underwater frequency
600 weighting function for pinnipeds proposed by Southall *et al.* (2007). However, only 9 seals
601 were exposed to weighted sound pressure levels greater than the estimated value of effective
602 quiet for phocid seals, and 24-hr SEL_w based on exposures above effective quiet ranged
603 from 141 to 169 dB re $1\mu Pa^2s$. In contrast, when values are weighted using the updated
604 frequency weighting function for underwater phocid pinnipeds, 24-hr SEL_w was between
605 106 and 152 dB re $1\mu Pa^2s$ and SPL_w did not exceed effective quiet on any occasion. The
606 exposure of seals to shipping noise did not exceed best evidence thresholds for TTS. The
607 exposure of the seals was mediated by the number of ships, CPA of these ships, maximum

608 ship source level and the at-sea behaviour of the seals. The study presents vital data on
609 the exposure of grey seals and the influence of shipping traffic on this exposure. This is
610 central to our understanding of the risks posed by shipping noise and can inform marine
611 spatial planning in the future. A major obstacle to concrete policy commitments on shipping
612 noise is a lack of understanding of marine noise budgets, which characterise the contribution
613 of different noise sources to the overall underwater soundscape ([Merchant *et al.*, 2017](#)).
614 Exposure values reported here contribute to such noise budgets by representing the total
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632 ¹See Supplementary materials at [URL to be inserted by AIP]

633 ²See Supplementary materials at [URL to be inserted by AIP] for details of the acoustic model parameters

634 ³See Supplementary materials at [URL to be inserted by AIP]

635 ⁴See Supplementary materials at [URL to be inserted by AIP] for details of the sensitivity analysis

636 ⁵See Supplementary materials at [URL to be inserted by AIP] for details of the sensitivity analysis and the
637 estimation of uncertainty

638 ⁶See Supplementary materials at [URL to be inserted by AIP] for model validation plots

639 ⁷See Supplementary materials at [URL to be inserted by AIP] for details of the sensitivity analysis

640 ⁸See Supplementary materials at [URL to be inserted by AIP] for details of the sensitivity analysis

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