What I wish I had said

STEVEN FRASER

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Can I leave lunch early to take a walk?

Do people think I am rude because I don't talk much?

Why do no one introduce themselves to me?

Should we check if someone has an allergy before we add nuts to the salad?*

Is it rude if I read my book instead of talking to people?

* I did manage to actually say this.

You made it through lunch. Why is that so hard?

Why is it still so LOUD?

Is the work I do actually performance?

Does it matter if people think my work isn't a performance?
IT'S SO EXHAUSTING
About the author

STEVEN FRASER is a writer and artist who has a background in theatre, comic books and animation. His work focuses on mental health and autism and has been staged at The Pleasance Theatre, Hidden Door Festival, Rich Mix London and New Diorama Theatre London. His work has received Creative Scotland Funding, a Tom McGrath Small Grant Award and a Starter for Ten Award from the National Theatre of Scotland.