

Changes in cardiac Na<sup>+</sup>/K<sup>+</sup>-ATPase expression and activity in female rats fed a high fat diet

Aleksandra Jovanovic<sup>1</sup>, Milan Obradovic<sup>1</sup>, Emina Sudar Milovanovic<sup>1</sup>, Alan J. Stewart<sup>2</sup>,  
Samantha J. Pitt<sup>2</sup>, Dragan Alavantic<sup>1</sup>, Ema Aleksic<sup>3</sup> and Esma R. Isenovic<sup>1,3</sup>

<sup>1</sup>Institute of Nuclear Sciences Vinca, University of Belgrade, Laboratory of Radiobiology and Molecular Genetics, Mike Petrovica Alasa 12-14, 11000 Belgrade, Serbia

<sup>2</sup>School of Medicine, University of St Andrews, St Andrews, KY16 9TF, United Kingdom

<sup>3</sup>Faculty of Dentistry in Pancevo, University Business Academy, Belgrade, Serbia

### **Corresponding authors:**

Prof. Dr Esma R. Isenovic / Aleksandra Jovanovic, M.Sc.

Institute of Nuclear Sciences Vinca, University of Belgrade

Laboratory of Radiobiology and Molecular Genetics

P.O.Box 522, 11000 Belgrade, Serbia

Tel/ Fax: +38111-3408147

E-mail: [isenovic@yahoo.com](mailto:isenovic@yahoo.com), [jovsale@gmail.com](mailto:jovsale@gmail.com)

### **Acknowledgments**

This work is supported by the grants No. 173033 and III41028 from the Ministry of Science, Republic of Serbia.

## **Abstract**

The aim of this study was to investigate whether the presence of endogenous estradiol alters the effects of a high fat (HF) diet on activity/expression of the cardiac Na<sup>+</sup>/K<sup>+</sup>-ATPase, via PI3K/IRS and RhoA/ROCK signalling cascades in female rats. For this study, female Wistar rats (8 weeks old, 150-200g), were fed a standard diet or a HF diet (balanced diet for laboratory rats enriched with 42% fat) for 10 weeks. The results show that rats fed a HF diet exhibited a decrease in phosphorylation of the  $\alpha_1$  subunit of Na<sup>+</sup>/K<sup>+</sup>-ATPase by 30% (p<0.05), expression of total  $\alpha_1$  subunit of Na<sup>+</sup>/K<sup>+</sup>-ATPase by 31% (p<0.05), and association of IRS1 with p85 subunit of PI3K by 42% (p<0.05), while the levels of cardiac RhoA and ROCK2 were significantly increased by 84% (p<0.01) and 62% (p<0.05), respectively. Our results suggest that a HF diet alters cardiac Na<sup>+</sup>/K<sup>+</sup>-ATPase expression via molecular mechanisms involving RhoA/ROCK and IRS-1/PI3K signaling in female rats.

**Key words:** High fat diet, estradiol, Na<sup>+</sup>/K<sup>+</sup>-ATPase, obesity, RhoA/ROCK signaling, female

**Abbreviations:** Akt, protein kinase B; CD36, cluster of differentiation 36; CVD, cardiovascular disease; T2DM, type 2 diabetes mellitus; ER $\alpha$ , estrogen receptor- $\alpha$ ; HF diet, high fat diet; HOMA-IR, HOMA-index of insulin resistance; HOMA- $\beta$ , HOMA-index of  $\beta$ -cell function; iNOS, inducible nitric oxide synthase; INS, insulin; IR, insulin resistance; IRS, insulin receptor substrate; Na<sup>+</sup>/K<sup>+</sup>-ATPase, sodium/potassium-adenosine-triphosphatase; PI3K, phosphatidylinositol 3-kinase; RhoA, Ras homolog gene family, member A; ROCK, Rho kinase.

## Introduction

Obesity is defined as an excessive presence of fat in the body and if uncorrected, contributes to the onset and development altered glucose, lipid and energy metabolism, insulin resistance (IR) and variety of cardiovascular diseases (CVD) [1,2]. Rodents fed a high fat diet (HF diet) rapidly develop hyperinsulinemia, hyperglycaemia, whole body IR, and are a valuable research model since they can provide insight into the mechanisms underlying IR in obese individuals with impaired glucose tolerance or type 2 diabetes mellitus (T2DM) [3,4]. In biomedical research, it has become increasingly apparent that female sex hormones, primarily estradiol, have a favourable effect on insulin (INS) sensitivity and that men are more susceptible to IR, T2DM, metabolic syndrome and CVD when compared to premenopausal women [5-9]. However, estradiol production and action may be disrupted by a HF diet, which may be the reason why cardioprotective effects of estradiol are blunted in obesity and IR [10].

Sodium/potassium-adenosine-triphosphatase ( $\text{Na}^+/\text{K}^+$ -ATPase) is an integral membrane protein that transports  $\text{K}^+$  ions into the cell and  $\text{Na}^+$  ions out of the cell two using the energy derived from hydrolysis of ATP. It is composed of a 112 kDa catalytic  $\alpha$  subunit, a heavily glycosylated 35 kDa  $\beta$  subunit [11,12], and a regulatory subunit called FXYD proteins, which are often referred to as  $\gamma$ -subunits [13]. The  $\alpha$ -subunit catalyses ATP hydrolysis and exists in four separate isoforms,  $\alpha_1$ – $\alpha_4$ . The  $\alpha_1$  and  $\alpha_2$  subunits are expressed in rat heart [14].  $\text{Na}^+/\text{K}^+$ -ATPase regulates smooth muscle reactivity and is proposed to be involved in development of systemic hypertension, while the reduction in the transsarcolemmal  $\text{Na}^+$  gradient, established and maintained by  $\text{Na}^+/\text{K}^+$ -ATPase, leads to heart hypertrophy and failure [14,15]. Furthermore, obesity is associated with the reduction of  $\text{Na}^+/\text{K}^+$ -ATPase activity in heart, skeletal muscle and liver, probably due to the development of IR since it has been shown that INS induces translocation of  $\text{Na}^+/\text{K}^+$ -ATPase subunits from intracellular stores to plasma membrane by a phosphatidylinositol 3-kinase (PI3K) dependent pathway [16-19]. In addition, gender-specific regulation of  $\text{Na}^+/\text{K}^+$ -ATPase exist, and estradiol exerts its cardioprotective effects partially by up-regulating  $\text{Na}^+/\text{K}^+$ -ATPase activity/expression [20-22]. It has been shown that estradiol increases synthesis of new  $\alpha$  subunits and  $\text{Na}^+/\text{K}^+$ -ATPase activity by a mechanism involving PI3K signalling [23,24,22]. Despite the importance of obesity induced reduction in  $\text{Na}^+/\text{K}^+$ -ATPase activity in the pathogenesis of several diseases including T2DM and CVD, the association between obesity/ $\text{Na}^+/\text{K}^+$ -ATPase/CVD is still poorly understood. It has been reported that a HF diet upregulates Ras homolog gene family, member A (RhoA)

and its downstream effector Rho kinase (ROCK) in the heart of diabetic rats [25]. Moreover, RhoA/ROCK pathway was demonstrated to down-regulate PI3K/protein kinase B (Akt) signalling [26,27]. ROCK exists in two widely expressed isoforms, ROCK1 and ROCK2, and the ability of ROCK to interfere with INS signalling appears to be isoform-dependent and tissue-specific [28].

We have previously shown that obesity, when accompanied with IR and hypertension, reduces the activity/expression of the cardiac  $\text{Na}^+/\text{K}^+$ -ATPase by a mechanism involving activation of RhoA and reduction of PI3K/Akt activity. We have also demonstrated that estradiol treatment restores the function of  $\text{Na}^+/\text{K}^+$ -ATPase in heart of obese male rats [29]. In this study, we examine whether the decreased ability of endogenous estradiol to stimulate  $\text{Na}^+/\text{K}^+$ -ATPase pump activity in obesity is due to an alteration in the PI3K/insulin receptor substrate (IRS) and RhoA/ROCK signaling cascade.

## **Material and Methods**

### **2.1. Materials**

Ether was purchased from Lek (Ljubljana, Slovenia). Luminol and p-coumaric acid were obtained from Sigma Aldrich Corporation (St. Louis, MO, USA). Protease (Complete, Ultra Mini, EDTA-free) and phosphatase inhibitor cocktails (PhosStop), were purchased from Roche (Mannheim, Germany). The rabbit polyclonal antibodies (anti-Rho A, anti-phospho- $\alpha_1$   $\text{Na}^+/\text{K}^+$ -ATPase (Ser<sup>23</sup>) and anti- $\alpha_1$   $\text{Na}^+/\text{K}^+$ -ATPase) and monoclonal (anti-PI3K p85 $\alpha$ ) were obtained from Abcam (Cambridge, UK). The rabbit polyclonal (anti-ROCK2) and monoclonal (anti-PI3K p110 $\alpha$ ) antibodies were purchased from Cell Signalling Technology (CST, USA). The goat polyclonal anti- $\alpha_2$   $\text{Na}^+/\text{K}^+$ -ATPase antibody, rabbit polyclonal mouse anti-actin monoclonal antibody, and the secondary anti-mouse and anti-rabbit antibodies conjugated to alkaline phosphatase (ALP) or to horseradish peroxidase (HRP) and BCIP/NBT (5-bromo-4-chloro-3-indoyl phosphate/nitro blue tetrazolium chloride), were obtained from Santa Cruz Biotechnology (Santa Cruz, CA, USA).

### **2.2. Animals**

Adult female Wistar rats (8 weeks old, 150-200g), bred at the Institute of Nuclear Sciences (Vinca, Belgrade) were used in this study. The animals were divided into 2 groups: control females (Control) and high-fat diet fed females (Obese). The animals were kept under a 12:12 h light: dark cycle at 22±2°C with. Over the next 10 weeks control females had *ad libitum*

access to standard laboratory chow composed of 20% proteins, 8% cellulose, 13% moisture, 1% calcium, 0.90% lysine, 0.75% methionine+cystine, 0.5% phosphorus, 0.15 – 0.25% sodium, vitamin mixture (A 10000 IU/kg, D<sub>3</sub> 1600 IU/kg, E 25 mg/kg, B<sub>12</sub> 0.02 mg/kg), mixture of minerals (in milligrams per kilogram: zinc 100, iron 100, manganese 30, copper 20, iodine 0.5, selenium 0.1), antioxidants 100 mg/kg, and digestible/metabolizable energy 11 MJ/kg (prepared by “D. D. Veterinarski zavod Subotica”, Subotica, Serbia), while obese females were fed a standard laboratory chow enriched with 42% fat. At the end of the experiment all animals were euthanized under deep ether anesthesia, hearts were excised and quick frozen in liquid nitrogen at -80°C and stored until further experiments. The results related to the body mass, levels of insulin, glucose, the HOMA-index of insulin resistance (HOMA-IR) and HOMA-index of  $\beta$ -cell function (HOMA- $\beta$ ) in control and obese female rats are already published [30], and demonstrate that our obese female rats did not develop IR (depicted by unchanged levels of HOMA-IR and HOMA  $\beta$ ). Experimental protocols were approved by the Vinca Institute’s Ethical Committee for Experimental Animals.

### **2.3. Heart lysate preparation**

To isolate heart lysate proteins we homogenized approximately 200 mg of rat heart tissue on ice with an Ultra-Turrax homogenizer in lysis buffer (pH 7.4) containing: 10 mM Tris, 150 mM NaCl, 1 mM EDTA, 10% glycerol, 1% Triton X-100, 2 mM sodium orthovanadate, phosphatase and protease inhibitor cocktails. Homogenates were incubated for 1h at 4°C and centrifuged at 4°C at 100,000  $\times$  g for 20 min. The supernatants (containing proteins) were obtained and concentration of proteins was determined by Lowry method [31]. The final lysate was stored at -80°C until further experiments.

### **2.4. Heart plasma membrane protein extraction**

To isolate membrane proteins pieces of rat heart (200 mg) were incubated for 30 min in a high-salt solution (20 mM HEPES, 2 M NaCl, and 5 mM sodium azide, pH 7.4) at 4°C. This was followed by centrifugation for 5 min at 1000  $\times$ g, and rehomogenation of the pellet on ice with an Ultra-Turrax homogenizer in TES-buffer (pH 7.4) containing: 20 mM Tris, 250 mM sucrose, and 1 mM EDTA, 2 mM sodium orthovanadate, phosphatase and protease inhibitor cocktails. The homogenate was centrifuged for 5 min at 1000  $\times$ g while the resulting pellet was then rehomogenized in a TES-buffer and recombined the supernatant obtained in previous centrifugation. Afterwards the homogenate was centrifuged for 10 min at 100  $\times$ g, and the obtained supernatant was additionally centrifuged for 10 min at 5000  $\times$ g. The final

pellet (referred to as the “plasma membrane fraction”) was resuspended in TES buffer and stored at -80°C for further analysis. Protein concentrations were determined by the Lowry method [31].

## **2.5. Measurement of cardiac Na<sup>+</sup>/K<sup>+</sup>-ATPase activity**

The Na<sup>+</sup>/K<sup>+</sup>-ATPase activity in heart plasma membrane protein fraction was determined with the modified spectrophotometric procedure [32,33]. Briefly, the reaction medium (20 mM Tris-HCl, 40 mM NaCl, 8 mM KCl, 2 mM MgCl<sub>2</sub>, pH 7.4) and 0.125 mg/ml protein were pre-incubated for 10 min at 37°C. Addition of 2 mM ATP started the reaction and after 15 min, the reaction was terminated by the addition of ice-cold 3 M perchloric acid and the samples were then cooled on ice. A corresponding set of samples was prepared the same way but with additional 2 mM ouabain. The Na<sup>+</sup>/K<sup>+</sup>-ATPase activity represents the difference in the amount of inorganic orthophosphate released from the hydrolysis of ATP, between the samples with or without ouabain. Inorganic orthophosphate concentration was measured by addition of 0.2 M ammonium heptamolybdate in 30% (w:v) sulfuric and a drop of 132 mM stannous chloride. After incubation on room temperature for 15 min, the absorbance was measured at 690 nm. Na<sup>+</sup>/K<sup>+</sup>-ATPase activity was calculated using a phosphate standard calibration curve and the results were expressed as mmol phosphate/min/mg protein.

## **2.6. SDS-PAGE and Western blotting**

Equal amounts of either total protein lysates or plasma membrane protein extracts (80 µg/lane) were separated by 10% or 12% SDS-polyacrylamide gel electrophoresis [34] and transferred to polyvinylidene difluoride (PVDF) membranes as previously described [35,36]. The membranes were blocked with 5% bovine serum albumin and probed with antibodies directed against p85 and p110 subunits of PI3K, RhoA and ROCK2 for total protein lysates and with antibodies directed against α<sub>1</sub> phosphorylated at Ser<sup>23</sup> and non-phosphorylated forms of α<sub>1</sub> and α<sub>2</sub> Na<sup>+</sup>/K<sup>+</sup>-ATPase for membrane proteins. After washing, membranes were incubated with the appropriate secondary antibodies and used for subsequent detection with either BCIP/NBT or with the electrochemiluminescence (ECL) method. In order to insure that protein loading was equal in all samples, all blots were probed with anti-actin antibody and appropriate secondary antibody. Signals on membranes were quantified using ImageJ 1.45s software (National Institutes of Health, USA, <http://rsb.info.nih.gov>).

### **2.7. Co-Immunoprecipitation of IRS and p85 proteins**

For immunoprecipitation, 500 µg of cellular protein was incubated overnight with 2 µg of anti-insulin receptor substrate-1 (IRS-1) antibody at 4°C. Immunocomplexes were collected with protein A/G-sepharose overnight at +4°C and then recovered by centrifugation (2500 *xg*; 5 min) and washed three times with TBS. Proteins were separated by SDS-PAGE, transferred to a polyvinylidene difluoride (PVDF) membrane, and probed with an anti-p85 antibody (in a dilution of 1:1000). After washing, membranes were incubated with the HRP conjugated secondary antibodies and used for subsequent detection with ECL method.

### **2.8. Statistical Analysis**

Values are expressed as mean ± SEM. Statistical analyses of data were evaluated with a Student's *t*- test using Microsoft Excel program for Windows. A two-tailed  $P < 0.05$  was considered significant.

## **3. Results**

### **3.1. Effects of a HF diet on cardiac $\alpha_1$ and $\alpha_2$ subunits of $\text{Na}^+/\text{K}^+$ -ATPase and $\text{Na}^+/\text{K}^+$ -ATPase activity in obese female hearts**

Since the reduced activity and expression of  $\text{Na}^+/\text{K}^+$ -ATPase is a key event leading to the development of various forms of CVD [37], we first examined the effects of a HF diet on the level of  $\alpha_1$  subunit phosphorylation at Ser<sup>23</sup>, and the level of total  $\alpha_1$  and  $\alpha_2$  subunit of  $\text{Na}^+/\text{K}^+$ -ATPase in female rats. The results show that a HF diet led to a decrease in the level of  $\alpha_1$  subunit phosphorylation by 30% ( $p < 0.05$ ) (Fig. 1a) and total  $\alpha_1$  subunit expression by 31% ( $p < 0.05$ ) in obese females compared with their control (Fig. 1b and c). The density ratio between the phosphorylated and total forms of the  $\text{Na}^+/\text{K}^+$ -ATPase  $\alpha_1$  subunit in cardiac tissue was not observed to be different between obese and control female rats (Fig. 1d). In addition, a HF diet did not alter the level of  $\alpha_2$  subunit (Fig. 1e) or in the  $\text{Na}^+/\text{K}^+$ -ATPase activity (Fig. 2).

### **3.2. Effects of HF diet on RhoA and ROCK2 protein expression in rat heart**

To examine the mechanism by which cardiac expression of  $\text{Na}^+/\text{K}^+$ -ATPase may be regulated in female rates fed a HF diet, we next assessed the effects of a HF diet on expression of RhoA

and ROCK2. The results show that in obese females the expression of RhoA was increased by 84% ( $p<0.01$ ) while the level of ROCK2 was increased by 62% ( $p<0.05$ ) compared with controls (Fig. 3).

### **3.3. Effects of HF diet on expression of p85 and p110 subunits of PI3K and association of IRS1 and p85 in rat heart**

Obesity is associated with the reduction of  $\text{Na}^+/\text{K}^+$ -ATPase activity in heart, likely due to the development of IR. We have previously shown that estradiol induces changes in cardiac  $\text{Na}^+/\text{K}^+$ -ATPase activity/expression in male rats by a PI3K dependent pathway [29]. Here we explored the effects of a HF diet on the expression of the p85 and p110 subunits of PI3K in the heart of female rats fed a HF diet. The results revealed no significant change in the level of p85 or p110 subunits of PI3K compared to controls (Fig. 4).

### **3.4. Effects of HF diet on association of IRS1 and p85 subunit of PI3K in rat heart**

Since HF diet-feeding increases phosphorylation of IRS at Ser<sup>307</sup>, which in turn has been shown to reduce the interaction of IRS with the p85 subunit of PI3K, thereby limiting PI3K activation and impairing estradiol signalling [38], we next examined association between IRS-1 and p85 in the hearts of female rats fed a HF diet. The results of co-immunoprecipitation of IRS-1 and p85 proteins revealed reduced association of IRS-1 protein with p85 subunit of PI3K by 42% ( $p<0.05$ ) in obese compared with control female rats (Fig. 5).

## **4. Discussion**

We have previously reported that a HF diet, despite causing the development of an obese phenotype in both male and female rats, only induces hyperlipidaemia, hyperglycaemia, and IR in male rats [39,30,40]. Furthermore, we have reported that in male rats, obesity accompanied with IR decreases cardiac  $\text{Na}^+/\text{K}^+$ -ATPase activity/expression, while estradiol administration as bolus injection achieved contrary effects. In this study we assessed whether the presence of endogenous estradiol in female rats, prevents HF diet induced alterations in the translocation of the cardiac  $\text{Na}^+/\text{K}^+$ -ATPase activity/expression, since it is still unknown to what extent obesity compromises cardioprotective effects of estradiol. Our results indicate that a HF diet causes up-regulation of RhoA/ROCK protein expression, decreases the IRS-1 protein association with p85 subunit of PI3K and reduces the expression of the  $\alpha_1$  subunit of  $\text{Na}^+/\text{K}^+$ -ATPase in female rats. However despite these changes, the activity and expression of

$\alpha_2$  subunit of  $\text{Na}^+/\text{K}^+$ -ATPase in cardiac tissue were unaltered under the influence of a HF diet in female rats.

In cardiac muscle,  $\text{Na}^+/\text{K}^+$ -ATPase plays a crucial role in the regulation of cardiac electrophysiology and cardiomyocytes contractility, while various cardiac disorders including cardiac hypertrophy and hypertension, which commonly occur as a consequence of obesity, are associated with reduction of  $\text{Na}^+/\text{K}^+$ -ATPase activity and expression [18,19,41,37]. We have previously reported that in the hypertrophic heart of male rats a HF diet reduces the activity and expression of the  $\alpha_1$  and  $\alpha_2$  subunits of  $\text{Na}^+/\text{K}^+$ -ATPase, while estradiol treatment reduced heart hypertrophy and increased  $\text{Na}^+/\text{K}^+$ -ATPase expression/activity [42,39]. Earlier, Dzurba et al. reported that pretreatment of ovariectomized female dogs with estradiol increased  $\text{Na}^+/\text{K}^+$ -ATPase activity in the myocardium [43]. Later, Palacios et al. demonstrated that treatment of aortic rings isolated from ovariectomized female rats with estradiol restored activity of  $\text{Na}^+/\text{K}^+$ -ATPase similar to the values observed in aortic rings from intact rats [44]. In addition, the same authors show that estradiol treatment of male rat aortic rings increased expression of  $\alpha_2$  subunit mRNA, and also that  $\alpha_2$  subunit expression is greater, while the  $\alpha_1$  subunit is lower in untreated arterial vessels of female rats compared with males. Here we show that in female rats a HF diet reduces the expression of the  $\alpha_1$  subunit of  $\text{Na}^+/\text{K}^+$ -ATPase, but does not affect the expression of  $\alpha_2$  subunit or the  $\text{Na}^+/\text{K}^+$ -ATPase activity. Numerous studies show significant gender differences in the relative amount of  $\alpha_1$  and  $\alpha_2$  catalytic isoforms and the activity of  $\text{Na}^+/\text{K}^+$ -ATPase [44,24,45,46]. In our study, unaltered  $\text{Na}^+/\text{K}^+$ -ATPase activity despite the reduced content of its  $\alpha_1$  subunit may be explained by the fact that rodent  $\alpha_1$ -subunit isoform has a very low affinity to ouabain, and ouabain-sensitive methods largely reflect the  $\alpha_2$ -subunit content [47,48]. Michea et al. reported that a diminished expression of  $\alpha_1$  subunit does not affect  $\text{Na}^+/\text{K}^+$ -ATPase activity, whereas the reduction of  $\alpha_2$  protein accounted for the reduction of total  $\text{Na}^+/\text{K}^+$ -ATPase activity of diabetic animals [49]. Recently, Correll et al show by overexpressing  $\alpha_1$  and  $\alpha_2$  *tg* mice, that only overexpression of  $\alpha_2$  subunits of the  $\text{Na}^+/\text{K}^+$ -ATPase reduced cardiac hypertrophy and remodeling [50]. Furthermore, distribution of  $\alpha_1$  and  $\alpha_2$  isoforms varies in heart in a region-specific manner [51], even in the same single cell [52]. All these findings potentially suggest that the  $\alpha_2$  subunit of  $\text{Na}^+/\text{K}^+$ -ATPase is capable of substituting the role of  $\alpha_1$  subunit in terms of regulating  $\text{Na}^+/\text{K}^+$ -ATPase activity. Our data support this hypothesis, since in our study the protein expression of  $\alpha_1$  subunit was reduced, while the activity of  $\text{Na}^+/\text{K}^+$ -ATPase was unchanged. We also assume that the stimulatory effect of estradiol on

Na<sup>+</sup>/K<sup>+</sup>-ATPase activity is sufficient to maintained normal function of Na<sup>+</sup>/K<sup>+</sup>-ATPase during reproductive period in HF fed female rats, even it was shown that obesity permanently reduce expression and activity of Na<sup>+</sup>/K<sup>+</sup>-ATPase in heart.

There is strong evidence that a HF diet increases the expression of RhoA and ROCK in various tissues, and that alterations in activity of downstream targets can enhance vascular smooth muscle cells contractility which can eventually lead to the development of several pathological conditions, including hypertension, atherosclerosis and heart failure [53-55]. Soliman et al. reported that feeding mice a HF diet for 17 weeks significantly increases the expression of cardiac RhoA and ROCK2 [56]. Similarly, in our study a HF diet augmented both RhoA and ROCK2 expression in obese female rat hearts. This may be related to the activation of the renin–angiotensin system, which is common in obesity and is characterized by increased level of Ang II [57]. This in turn induces a hypertrophic response in cardiomyocytes through various signal transduction pathways, including activation of RhoA [58,59]. Furthermore, it has been shown that both inducible nitric oxide synthase (iNOS) and the RhoA/ROCK pathway are activated in hearts of streptozotocin-induced diabetes as well as that iNOS may be a contributing factor in the RhoA/ROCK-mediated contractile dysfunction by increasing the total pool of RhoA available for activation [56,25]. In addition, we have previously demonstrated that a HF diet in the same rats used in this study caused an increase in cardiac iNOS mRNA and protein levels by a mechanism involving increased activation of Akt [60]. The mechanism by which iNOS may regulate RhoA expression in the heart appears to be a combination of transcriptional and translational upregulation of the RhoA gene and decreased degradation of the RhoA protein [56,25,61,62]. A number of studies demonstrated that upregulation of iNOS leads to RhoA phosphorylation at Ser<sup>188</sup> thereby protecting it from ubiquitin/proteasome-mediated degradation, while iNOS inhibition was associated with a decrease in RhoA mRNA and protein expression in the aorta and pulmonary artery [63,62,61].

Obesity decreases Na<sup>+</sup>/K<sup>+</sup>-ATPase activity and expression through dysregulation of multiple signalling cascades, and one of the mechanisms includes the IRS-1/PI3K signalling pathway [29]. Depending on the cell type, estradiol signaling can involve the PI3K signaling pathway. We have previously reported that PI3K is involved in estradiol regulation of the sodium pump in heart tissue [22,29]. Estradiol has been shown to activate PI3K through binding of phosphotyrosine-containing proteins such as IRS-1 and insulin receptor substrate-2 (IRS-2)

and the association of p85 with IRS-1 in different types of cells [64,65]. However, obesity induced IR is associated with serine phosphorylation of IRS-1 which attenuates tyrosine phosphorylation of IRS-1 in response to estradiol stimulation [66,67]. It has been shown that a HF diet increases phosphorylation of IRS at Ser<sup>307</sup>, which is located near the phosphotyrosine-binding domain of IRS-1, and its phosphorylation has been shown to reduce the interaction of IRS with the p85 subunit of PI3K, thereby limiting PI3K activation and impairing estradiol and INS signalling [38,68]. Results from our study reveal that a HF diet does not influence the expression of p85 and p110 subunits of PI3K, but significantly reduces the association of p85 subunit of PI3K and IRS-1 in the heart of obese female rats. This may be a consequence of enhanced RhoA/ROCK signalling, since it has been shown that both partial deletion of ROCK2 and its inhibition by fasudil prevents Ser<sup>307</sup> phosphorylation of IRS-1 in mice fed a HF diet for 17 weeks [56]. In addition, we have previously reported that in the same rats used in this study, a HF diet altered the expression of cardiac cluster of differentiation 36 (CD36) and fatty acid metabolism [60], leading to the accumulation of intramyocellular lipids, which in turn may activate serine kinases such as protein kinase C and mammalian target of rapamycin to consequently induce serine phosphorylation of IRS-1 [69,70].

Even though healthy premenopausal women are naturally protected from CVD, partially via ER $\alpha$  signalling in the vasculature [71], several lines of evidence show that beneficial effects of ER $\alpha$  signalling are blunted in obesity and IR conditions [72] as well as that HF diet reduces concentration of estradiol and alters the expression of estrogen receptors [73-75]. We have previously demonstrated that a HF diet decreases serum estradiol level, as well as cardiac estrogen receptor- $\alpha$  (ER $\alpha$ ) signalling and believe that due to the lack of beneficial action of estradiol, some of HF diet effects on female heart are similar to those observed in male rats and they include the up-regulation of cardiac iNOS expression [60] and consequential stimulation of RhoA/ROCK signalling and decrease in IRS-1/PI3K association and the expression of  $\alpha_1$  subunit of Na<sup>+</sup>/K<sup>+</sup>-ATPase. However, why reduced estradiol affected the level of cardiac Na<sup>+</sup>/K<sup>+</sup>-ATPase  $\alpha_1$  subunit expression but not  $\alpha_2$  subunit expression remains to be elucidated. Although there has been much research into the role of estradiol in regulating Na<sup>+</sup>/K<sup>+</sup>-ATPase activity and its contribution to the pathogenesis of cardiovascular disease in obesity and T2DM, the molecular mechanisms that control these processes are poorly understood. The research outlined in our study provide new information on the molecular basis of a Na<sup>+</sup>/K<sup>+</sup>-ATPase regulation by endogenous estradiol in the diabetic female rat heart and its role in the control of the estradiol-regulated Na<sup>+</sup>/K<sup>+</sup>-ATPase activity.

A greater understanding of how obesity impairs Na<sup>+</sup>/K<sup>+</sup>-ATPase activation will provide important insights into preventing and reducing CVD in the female population.

### Conflict of interest

None declared.

### References

1. Eckel RH, Barouch WW, Ershow AG (2002) Report of the National Heart, Lung, and Blood Institute-National Institute of Diabetes and Digestive and Kidney Diseases Working Group on the Pathophysiology of Obesity-Associated Cardiovascular Disease. *Circulation* 105 (24):2923-2928. doi:10.1161/01.cir.0000017823.53114.4c
2. Ren J, Ma H (2008) Impaired cardiac function in leptin-deficient mice. *Current Hypertension Reports* 10 (6):448. doi:10.1007/s11906-008-0084-0
3. Han D-H, Hansen PA, Host HH, Holloszy JO (1997) Insulin Resistance of Muscle Glucose Transport in Rats Fed a High-Fat Diet: A Reevaluation. *Diabetes* 46 (11):1761-1767. doi:10.2337/diab.46.11.1761
4. Pagliassotti MJ, Knobel SM, Shahrokhi KA, Manzo AM, Hill JO (1994) Time course of adaptation to a high-fat diet in obesity-resistant and obesity-prone rats. *American Journal of Physiology - Regulatory, Integrative and Comparative Physiology* 267 (3):R659-R664
5. Ohta T, Katsuda Y, Miyajima K, Sasase T, Kimura S, Tong B, Yamada T (2014) Gender differences in metabolic disorders and related diseases in Spontaneously Diabetic Torii-Lepr(fa) rats. *Journal of diabetes research* 2014:841957. doi:10.1155/2014/841957
6. Al-Daghri NM, Al-Attas OS, Alokail MS, Alkharfy KM, Shaik NA, Draz HM, Bamakhramah A, Sabico SL (2010) Gender-specific associations between insulin resistance, hypertension, and markers of inflammation among adult Saudis with and without diabetes mellitus type 2. *Adv Med Sci* 55 (2):179-185
7. Macotela Y, Boucher J, Tran TT, Kahn CR (2009) Sex and depot differences in adipocyte insulin sensitivity and glucose metabolism. *Diabetes* 58 (4):803-812. doi:10.2337/db08-1054
8. Vital P, Larrieta E, Hiriart M (2006) Sexual dimorphism in insulin sensitivity and susceptibility to develop diabetes in rats. *The Journal of endocrinology* 190 (2):425-432
9. Meisinger C, Thorand B, Schneider A, Stieber J, Doring A, Lowel H (2002) Sex differences in risk factors for incident type 2 diabetes mellitus: the MONICA Augsburg cohort study. *Archives of internal medicine* 162 (1):82-89
10. Balasubramanian P, Jagannathan L, Subramanian M, Gilbreath ET, MohanKumar PS, MohanKumar SMJ (2012) High fat diet affects reproductive functions in female diet-induced obese and dietary resistant rats. *Journal of Neuroendocrinology* 24 (5):748-755. doi:10.1111/j.1365-2826.2011.02276.x
11. Therien AG, Blostein R (2000) Mechanisms of sodium pump regulation. *Am J Physiol Cell Physiol* 279 (3):C541-566
12. Kaplan JH (2002) Biochemistry of Na,K-ATPase. *Annual review of biochemistry* 71:511-535. doi:10.1146/annurev.biochem.71.102201.141218
13. Garty H, Karlish SJ (2006) Role of FXYD proteins in ion transport. *Annual review of physiology* 68:431-459. doi:10.1146/annurev.physiol.68.040104.131852

14. Fuller W, Tulloch LB, Shattock MJ, Calaghan SC, Howie J, Wypijewski KJ (2013) Regulation of the cardiac sodium pump. *Cell Mol Life Sci* 70 (8):1357-1380. doi:10.1007/s00018-012-1134-y
15. Herrera VL, Chobanian AV, Ruiz-Opazo N (1988) Isoform-specific modulation of Na<sup>+</sup>, K<sup>+</sup>-ATPase alpha-subunit gene expression in hypertension. *Science* 241 (4862):221-223
16. Benziane B, Chibalin AV (2008) Frontiers: Skeletal muscle sodium pump regulation: a translocation paradigm. *American Journal of Physiology - Endocrinology And Metabolism* 295 (3):E553-E558. doi:10.1152/ajpendo.90261.2008
17. Taniguchi CM, Emanuelli B, Kahn CR (2006) Critical nodes in signalling pathways: insights into insulin action. *Nature reviews Molecular cell biology* 7 (2):85-96. doi:10.1038/nrm1837
18. Iannello S, Milazzo P, Belfiore F (2007a) Animal and human tissue Na,K-ATPase in normal and insulin-resistant states: regulation, behaviour and interpretative hypothesis on NEFA effects. *Obesity reviews : an official journal of the International Association for the Study of Obesity* 8 (3):231-251. doi:10.1111/j.1467-789X.2006.00276.x
19. Iannello S, Milazzo P, Belfiore F (2007b) Animal and human tissue Na,K-ATPase in obesity and diabetes: A new proposed enzyme regulation. *The American journal of the medical sciences* 333 (1):1-9
20. Louet JF, LeMay C, Mauvais-Jarvis F (2004) Antidiabetic actions of estrogen: insight from human and genetic mouse models. *Curr Atheroscler Rep* 6 (3):180-185
21. Baba T, Shimizu T, Suzuki Y, Ogawara M, Isono K, Koseki H, Kurosawa H, Shirasawa T (2005) Estrogen, insulin, and dietary signals cooperatively regulate longevity signals to enhance resistance to oxidative stress in mice. *The Journal of biological chemistry* 280 (16):16417-16426. doi:10.1074/jbc.M500924200
22. Obradovic M, Stewart AJ, Pitt SJ, Labudovic-Borovic M, Sudar E, Petrovic V, Zafirovic S, Maravic-Stojkovic V, Vasic V, Isenovic ER (2014) In vivo effects of 17beta-estradiol on cardiac Na<sup>(+)</sup>/K<sup>(+)</sup>-ATPase expression and activity in rat heart. *Mol Cell Endocrinol* 388 (1-2):58-68. doi:10.1016/j.mce.2014.03.005
23. Sudar E, Velebit J, Gluvic Z, Zakula Z, Lazic E, Vuksanovic-Topic L, Putnikovic B, Neskovic A, Isenovic ER (2008) Hypothetical mechanism of sodium pump regulation by estradiol under primary hypertension. *J Theor Biol* 251 (4):584-592. doi:10.1016/j.jtbi.2007.12.023
24. Palacios J, Marusic ET, Lopez NC, Gonzalez M, Michea L (2004) Estradiol-induced expression of N<sup>(+)</sup>-K<sup>(+)</sup>-ATPase catalytic isoforms in rat arteries: gender differences in activity mediated by nitric oxide donors. *American journal of physiology Heart and circulatory physiology* 286 (5):H1793-1800. doi:10.1152/ajpheart.00990.2003
25. Soliman H, Craig GP, Nagareddy P, Yuen VG, Lin G, Kumar U, McNeill JH, Macleod KM (2008) Role of inducible nitric oxide synthase in induction of RhoA expression in hearts from diabetic rats. *Cardiovascular research* 79 (2):322-330. doi:10.1093/cvr/cvn095
26. Vemula S, Shi J, Hanneman P, Wei L, Kapur R (2010) ROCK1 functions as a suppressor of inflammatory cell migration by regulating PTEN phosphorylation and stability. *Blood* 115 (9):1785-1796. doi:10.1182/blood-2009-08-237222
27. Chang J, Xie M, Shah VR, Schneider MD, Entman ML, Wei L, Schwartz RJ (2006) Activation of Rho-associated coiled-coil protein kinase 1 (ROCK-1) by caspase-3 cleavage plays an essential role in cardiac myocyte apoptosis. *Proc Natl Acad Sci U S A* 103 (39):14495-14500. doi:10.1073/pnas.0601911103
28. Nakagawa O, Fujisawa K, Ishizaki T, Saito Y, Nakao K, Narumiya S (1996) ROCK-I and ROCK-II, two isoforms of Rho-associated coiled-coil forming protein serine/threonine kinase in mice. *FEBS letters* 392 (2):189-193

29. Obradovic M, Zafirovic S, Jovanovic A, Milovanovic ES, Mousa SA, Labudovic-Borovic M, Isenovic ER (2015) Effects of 17beta-estradiol on cardiac Na(+)/K(+)-ATPase in high fat diet fed rats. *Mol Cell Endocrinol* 416:46-56. doi:10.1016/j.mce.2015.08.020
30. Stanimirovic J, Obradovic M, Jovanovic A, Sudar-Milovanovic E, Zafirovic S, Pitt SJ, Stewart AJ, Isenovic ER (2016) A high fat diet induces sex-specific differences in hepatic lipid metabolism and nitrite/nitrate in rats. *Nitric oxide : biology and chemistry / official journal of the Nitric Oxide Society* 54:51-59. doi:10.1016/j.niox.2016.02.007
31. Lowry OH, Rosebrough NJ, Farr AL, Randall RJ (1951) Protein measurement with the Folin phenol reagent. *The Journal of biological chemistry* 193 (1):265-275
32. Katz AI, Epstein FH (1967) The role of sodium-potassium-activated adenosine triphosphatase in the reabsorption of sodium by the kidney. *The Journal of clinical investigation* 46 (12):1999-2011. doi:10.1172/JCI105689
33. Taras MJ, Greenberg AE, Hoak RD, Rand MC (1971) *Standard Methods for the Examination of Water and Wastewater*. 13th edn. American Public Health Association, Washington, DC
34. Laemmli UK (1970) Cleavage of structural proteins during the assembly of the head of bacteriophage T4. *Nature* 227 (5259):680-685
35. Towbin H, Staehelin T, Gordon J (1979) Electrophoretic transfer of proteins from polyacrylamide gels to nitrocellulose sheets: procedure and some applications. *Proc Natl Acad Sci U S A* 76 (9):4350-4354. doi:10.1073/pnas.76.9.4350
36. Burnette WN (1981) "Western blotting": electrophoretic transfer of proteins from sodium dodecyl sulfate--polyacrylamide gels to unmodified nitrocellulose and radiographic detection with antibody and radioiodinated protein A. *Anal Biochem* 112 (2):195-203. doi:10.1016/0003-2697(81)90281-5
37. Schwinger RH, Bundgaard H, Muller-Ehmsen J, Kjeldsen K (2003) The Na, K-ATPase in the failing human heart. *Cardiovascular research* 57 (4):913-920
38. Lee J, Xu Y, Lu L, Bergman B, Leitner JW, Greyson C, Draznin B, Schwartz GG (2010) Multiple abnormalities of myocardial insulin signaling in a porcine model of diet-induced obesity. *American Journal of Physiology - Heart and Circulatory Physiology* 298 (2):H310-H319. doi:10.1152/ajpheart.00359.2009
39. Obradovic M, Sudar E, Zafirovic S, Stanimirovic J, Labudovic-Borovic M, Isenovic ER (2015) Estradiol in vivo induces changes in cardiomyocytes size in obese rats. *Angiology* 66 (1):25-35. doi:10.1177/0003319713514477
40. Sudar Milovanovic E, Jovanovic A, Misirkic-Marjanovic M, Vucicevic L, Janjetovic K, Isenovic ER (2015) Effects of Intracerebroventricularly (ICV) Injected Ghrelin on Cardiac Inducible Nitric Oxide Synthase Activity/Expression in Obese Rats. *Experimental and clinical endocrinology & diabetes : official journal, German Society of Endocrinology [and] German Diabetes Association* 123 (10):581-588. doi:10.1055/s-0035-1559758
41. Kjeldsen K (2003) Myocardial Na,K-ATPase: Clinical aspects. *Experimental & Clinical Cardiology* 8 (3):131-133
42. Obradovic M, Zafirovic S, Jovanovic A, Milovanovic ES, Mousa SA, Labudovic-Borovic M, Isenovic ER (2015) Effects of 17beta-estradiol on cardiac Na/K-ATPase in high fat diet fed rats. *Mol Cell Endocrinol*. doi:10.1016/j.mce.2015.08.020
43. Dzurba A, Ziegelhoffer A, Vrbjar N, Styk J, Slezak J (1997) Estradiol modulates the sodium pump in the heart sarcolemma. *Molecular and cellular biochemistry* 176 (1-2):113-118
44. Palacios J, Marusic ET, Lopez NC, Gonzalez M, Michea L (2004) Estradiol-induced expression of Na<sup>+</sup>-K<sup>+</sup>-ATPase catalytic isoforms in rat arteries: gender differences in activity mediated by nitric oxide donors. *American Journal of*

Physiology - Heart and Circulatory Physiology 286 (5):H1793-H1800.  
doi:10.1152/ajpheart.00990.2003

45. Fekete A, Vannay A, Ver A, Vasarhelyi B, Muller V, Ouyang N, Reusz G, Tulassay T, Szabo AJ (2004) Sex differences in the alterations of Na(+), K(+)-ATPase following ischaemia-reperfusion injury in the rat kidney. *J Physiol* 555 (Pt 2):471-480. doi:10.1113/jphysiol.2003.054825

46. Dias FMV, Ribeiro Júnior RF, Fernandes AA, Fiorim J, Travaglia TCF, Vassallo DV, Stefanon I (2014) Na(+)-K(+)-ATPase Activity and K(+) Channels Differently Contribute to Vascular Relaxation in Male and Female Rats. *PloS one* 9 (9):e106345. doi:10.1371/journal.pone.0106345

47. Clausen T (2003) Na<sup>+</sup>/K<sup>+</sup> Pump Regulation and Skeletal Muscle Contractility. *Physiological Reviews* 83 (4):1269-1324. doi:10.1152/physrev.00011.2003

48. Galuska D, Kotova O, Barrès R, Chibalina D, Benziane B, Chibalin AV (2009) Altered expression and insulin-induced trafficking of Na<sup>+</sup>-K<sup>+</sup>-ATPase in rat skeletal muscle: effects of high-fat diet and exercise. *American Journal of Physiology - Endocrinology And Metabolism* 297 (1):E38-E49. doi:10.1152/ajpendo.90990.2008

49. Michea L, Iribarra V, Goecke IA, Marusic ET (2001) Reduced Na-K pump but increased Na-K-2Cl cotransporter in aorta of streptozotocin-induced diabetic rat. *American Journal of Physiology - Heart and Circulatory Physiology* 280 (2):H851-H858

50. Correll RN, Eder P, Burr AR, Despa S, Davis J, Bers DM, Molkentin JD (2014) Overexpression of the Na<sup>+</sup>/K<sup>+</sup> ATPase alpha2 but not alpha1 isoform attenuates pathological cardiac hypertrophy and remodeling. *Circulation research* 114 (2):249-256. doi:10.1161/CIRCRESAHA.114.302293

51. Schwinger RH, Wang J, Frank K, Muller-Ehmsen J, Brixius K, McDonough AA, Erdmann E (1999) Reduced sodium pump alpha1, alpha3, and beta1-isoform protein levels and Na<sup>+</sup>,K<sup>+</sup>-ATPase activity but unchanged Na<sup>+</sup>-Ca<sup>2+</sup> exchanger protein levels in human heart failure. *Circulation* 99 (16):2105-2112

52. James PF, Grupp IL, Grupp G, Woo AL, Askew GR, Croyle ML, Walsh RA, Lingrel JB (1999) Identification of a specific role for the Na,K-ATPase alpha 2 isoform as a regulator of calcium in the heart. *Mol Cell* 3 (5):555-563

53. Mukai Y, Shimokawa H, Matoba T, Kandabashi T, Satoh S, Hiroki J, Kaibuchi K, Takeshita A (2001) Involvement of Rho-kinase in hypertensive vascular disease: a novel therapeutic target in hypertension. *FASEB journal : official publication of the Federation of American Societies for Experimental Biology* 15 (6):1062-1064

54. Kishi T, Hirooka Y, Masumoto A, Ito K, Kimura Y, Inokuchi K, Tagawa T, Shimokawa H, Takeshita A, Sunagawa K (2005) Rho-kinase inhibitor improves increased vascular resistance and impaired vasodilation of the forearm in patients with heart failure. *Circulation* 111 (21):2741-2747. doi:10.1161/circulationaha.104.510248

55. Chitaley K, Weber D, Webb RC (2001) RhoA/Rho-kinase, vascular changes, and hypertension. *Curr Hypertens Rep* 3 (2):139-144

56. Soliman H, Nyamandi V, Garcia-Patino M, Varela JN, Bankar G, Lin G, Jia Z, MacLeod KM (2015) Partial deletion of ROCK2 protects mice from high-fat diet-induced cardiac insulin resistance and contractile dysfunction. *American Journal of Physiology - Heart and Circulatory Physiology* 309 (1):H70-H81. doi:10.1152/ajpheart.00664.2014

57. Zhou MS, Schulman IH, Zeng Q (2012) Link between the renin-angiotensin system and insulin resistance: implications for cardiovascular disease. *Vascular medicine* 17 (5):330-341. doi:10.1177/1358863X12450094

58. Kim S, Iwao H (2000) Molecular and cellular mechanisms of angiotensin II-mediated cardiovascular and renal diseases. *Pharmacological reviews* 52 (1):11-34

59. Aikawa R, Komuro I, Nagai R, Yazaki Y (2000) Rho plays an important role in angiotensin II-induced hypertrophic responses in cardiac myocytes. *Molecular and cellular biochemistry* 212 (1-2):177-182
60. Jovanovic A, Milovanovic ES, Obradovic M, Pitt SJ, Stewart AJ, Zafirovic S, Stanimirovic J, Radak D, Isenovic ER (2016) Influence of a high-fat diet on cardiac iNOS in female rats. *Current vascular pharmacology*
61. Rolli-Derkinderen M, Sauzeau V, Boyer L, Lemichez E, Baron C, Henrion D, Loirand G, Pacaud P (2005) Phosphorylation of serine 188 protects RhoA from ubiquitin/proteasome-mediated degradation in vascular smooth muscle cells. *Circulation research* 96 (11):1152-1160. doi:10.1161/01.RES.0000170084.88780.ea
62. Sauzeau V, Rolli-Derkinderen M, Lehoux S, Loirand G, Pacaud P (2003) Sildenafil prevents change in RhoA expression induced by chronic hypoxia in rat pulmonary artery. *Circulation research* 93 (7):630-637. doi:10.1161/01.res.0000093220.90027.d9
63. Sauzeau V, Rolli-Derkinderen M, Marionneau C, Loirand G, Pacaud P (2003) RhoA expression is controlled by nitric oxide through cGMP-dependent protein kinase activation. *The Journal of biological chemistry* 278 (11):9472-9480. doi:10.1074/jbc.M212776200
64. Isenovic ER, Divald A, Milivojevic N, Grgurevic T, Fisher SE, Sowers JR (2003) Interactive effects of insulin-like growth factor-1 and beta-estradiol on endothelial nitric oxide synthase activity in rat aortic endothelial cells. *Metabolism: clinical and experimental* 52 (4):482-487. doi:10.1053/meta.2003.50079
65. Mauro L, Salerno M, Panno ML, Bellizzi D, Sisci D, Miglietta A, Surmacz E, Ando S (2001) Estradiol increases IRS-1 gene expression and insulin signaling in breast cancer cells. *Biochemical and biophysical research communications* 288 (3):685-689. doi:10.1006/bbrc.2001.5815
66. Bandyopadhyay GK, Yu JG, Ofrecio J, Olefsky JM (2005) Increased p85/55/50 Expression and Decreased Phosphatidylinositol 3-Kinase Activity in Insulin-Resistant Human Skeletal Muscle. *Diabetes* 54 (8):2351-2359. doi:10.2337/diabetes.54.8.2351
67. Kolter T, Uphues I, Eckel J (1997) Molecular analysis of insulin resistance in isolated ventricular cardiomyocytes of obese Zucker rats. *American Journal of Physiology - Endocrinology And Metabolism* 273 (1):E59-E67
68. Manrique C, Lastra G, Habibi J, Mugerfeld I, Garro M, Sowers JR (2012) Loss of Estrogen Receptor  $\alpha$  Signaling Leads to Insulin Resistance and Obesity in Young and Adult Female Mice. *Cardiorenal Medicine* 2 (3):200-210. doi:10.1159/000339563
69. Dey D, Basu D, Roy SS, Bandyopadhyay A, Bhattacharya S (2006) Involvement of novel PKC isoforms in FFA induced defects in insulin signaling. *Mol Cell Endocrinol* 246 (1-2):60-64. doi:10.1016/j.mce.2005.12.014
70. Draznin B (2006) Molecular Mechanisms of Insulin Resistance: Serine Phosphorylation of Insulin Receptor Substrate-1 and Increased Expression of p85 $\alpha$ . *The Two Sides of a Coin* 55 (8):2392-2397. doi:10.2337/db06-0391
71. Manrique C, Lastra G, Ramirez-Perez FI, Haertling D, DeMarco VG, Aroor AR, Jia G, Chen D, Barron BJ, Garro M, Padilla J, Martinez-Lemus LA, Sowers JR (2016) Endothelial Estrogen Receptor- $\alpha$  Does Not Protect Against Vascular Stiffness Induced by Western Diet in Female Mice. *Endocrinology* 157 (4):1590-1600. doi:10.1210/en.2015-1681
72. Lehmann ED, Hopkins KD, Gosling RG (1996) Increased aortic stiffness in women with NIDDM. *Diabetologia* 39 (7):870-871
73. Gorres BK, Bomhoff GL, Gupte AA, Geiger PC (2011) Altered estrogen receptor expression in skeletal muscle and adipose tissue of female rats fed a high-fat diet. *Journal of applied physiology* 110 (4):1046-1053. doi:10.1152/jappphysiol.00541.2010

74. Guo H, Zhang Y, Brockman DA, Hahn W, Bernlohr DA, Chen X (2012) Lipocalin 2 deficiency alters estradiol production and estrogen receptor signaling in female mice. *Endocrinology* 153 (3):1183-1193. doi:10.1210/en.2011-1642
75. Hilakivi-Clarke L, Stoica A, Raygada M, Martin MB (1998) Consumption of a high-fat diet alters estrogen receptor content, protein kinase C activity, and mammary gland morphology in virgin and pregnant mice and female offspring. *Cancer research* 58 (4):654-660

## FIGURE LEGENDS

**Fig. 1 Effects of a HF diet on expression of cardiac  $\alpha_1$  and  $\alpha_2$  subunits level of  $\text{Na}^+/\text{K}^+$ -ATPase** (a) Phosphorylation of the  $\alpha_1$  subunit of  $\text{Na}^+/\text{K}^+$ -ATPase at  $\text{Ser}^{23}$ . (b) Expression of total  $\alpha_1$  subunit of  $\text{Na}^+/\text{K}^+$ -ATPase. (c) Ratio of phospho- $\alpha_1$   $\text{Na}^+/\text{K}^+$ -ATPase and total  $\alpha_1$   $\text{Na}^+/\text{K}^+$ -ATPase. (d) Expression of total  $\alpha_2$  subunit of  $\text{Na}^+/\text{K}^+$ -ATPase. The results are expressed relative to the value obtained for the control and represent mean  $\pm$  SEM (n=4-5; \* p<0.05; N.S.-not significant). Representative western blots of phosphorylation of  $\alpha_1$  subunit of  $\text{Na}^+/\text{K}^+$ -ATPase at  $\text{Ser}^{23}$ , expression of total  $\alpha_1$  and  $\alpha_2$  subunit of  $\text{Na}^+/\text{K}^+$ -ATPase and corresponding  $\beta$ -actin proteins are shown.

**Fig. 2 Effects of a HF diet on cardiac  $\text{Na}^+/\text{K}^+$ -ATPase activity in female rats.** Specific activities of  $\text{Na}^+/\text{K}^+$ -ATPase are expressed in mmol  $\text{P}_i/\text{h}/\text{mg}$  of protein and represent mean  $\pm$  SEM (n=6-8).

**Fig. 3 Effects of HF diet on RhoA and ROCK2 protein expression in female rat heart** (a) Expression of RhoA protein in lysate. (b) Expression of ROCK2 protein in lysate. The results are expressed relative to the value obtained for control and represent mean  $\pm$  SEM (n=5-6; \*p<0.05, \*\*p<0.01). Representative western blots for RhoA, ROCK2 and corresponding  $\beta$ -actin proteins in control and obese female rats are shown.

**Fig. 4 Effects of HF diet on p85 and p110 subunits of PI3K expression in heart lysates** (a) Expression of p85 protein in lysate. (b) Expression of p110 protein in lysate. The results are expressed relative to the value obtained for the control and represent mean  $\pm$  SEM (n=4-5; N.S.-not significant). Representative western blots for p85 and p110 subunits and corresponding  $\beta$ -actin proteins in control and obese female rats are shown.

**Fig. 5 Effects of HF diet on association of IRS1 and p85 subunit of PI3K in rat heart** Association of IRS1 and p85 in lysate. Results are expressed relative to the value obtained for control and represent mean  $\pm$  SEM (n=4; \*p<0.05). Representative western blots of IRS1 association with p85 subunit of PI3K in cardiac lysates are shown.

Figure 1.

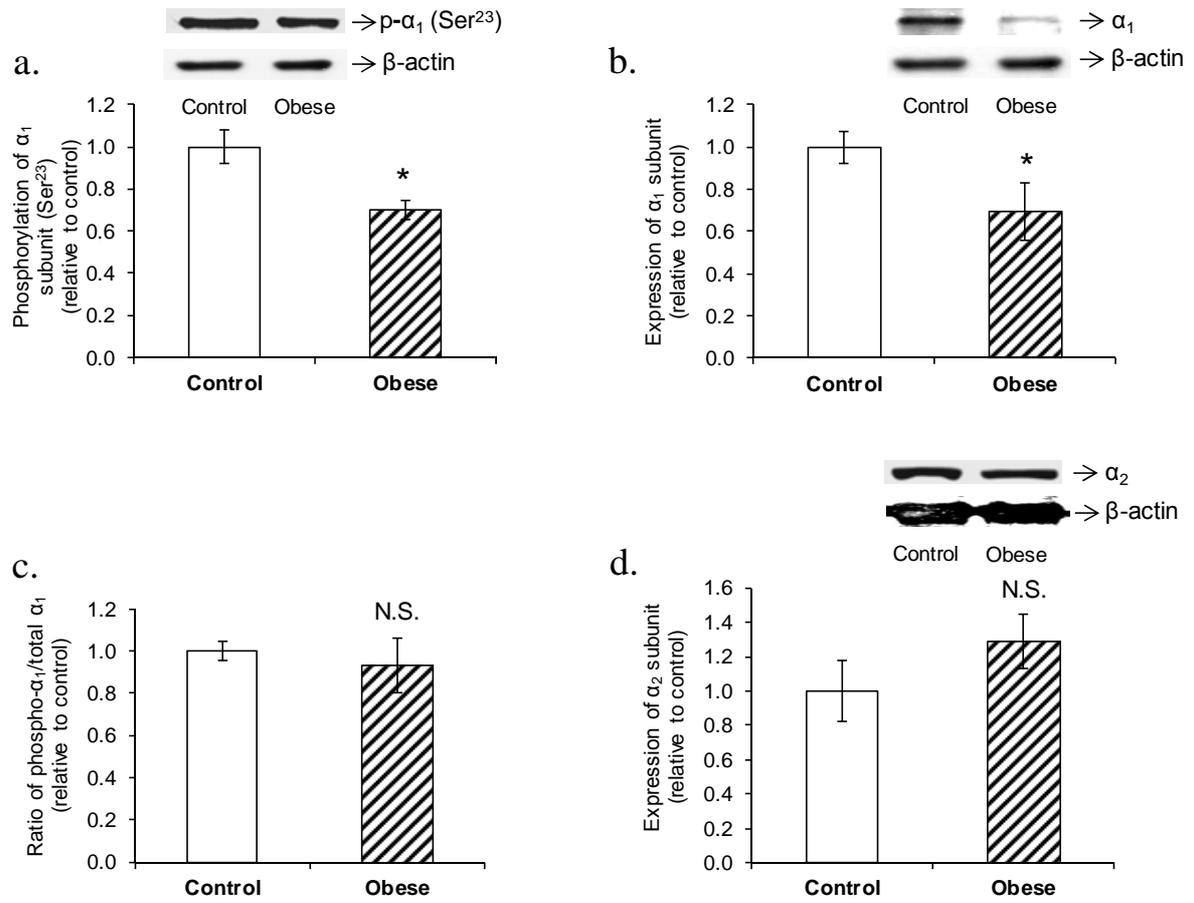


Figure 2.

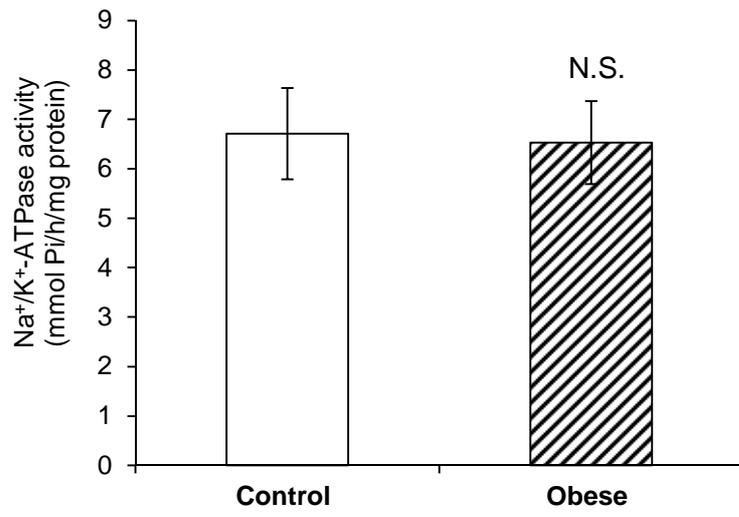


Figure 3.

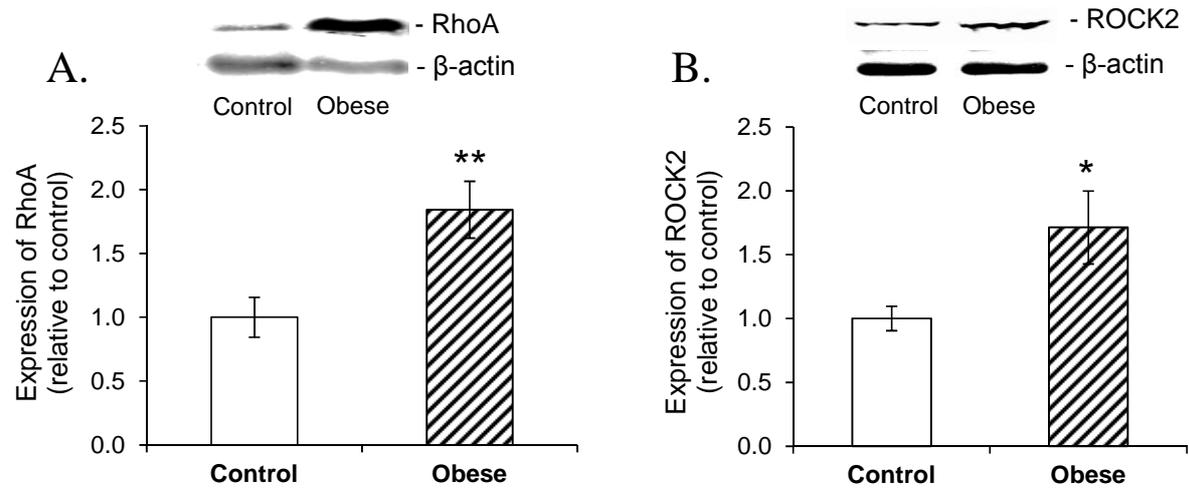


Figure 4.

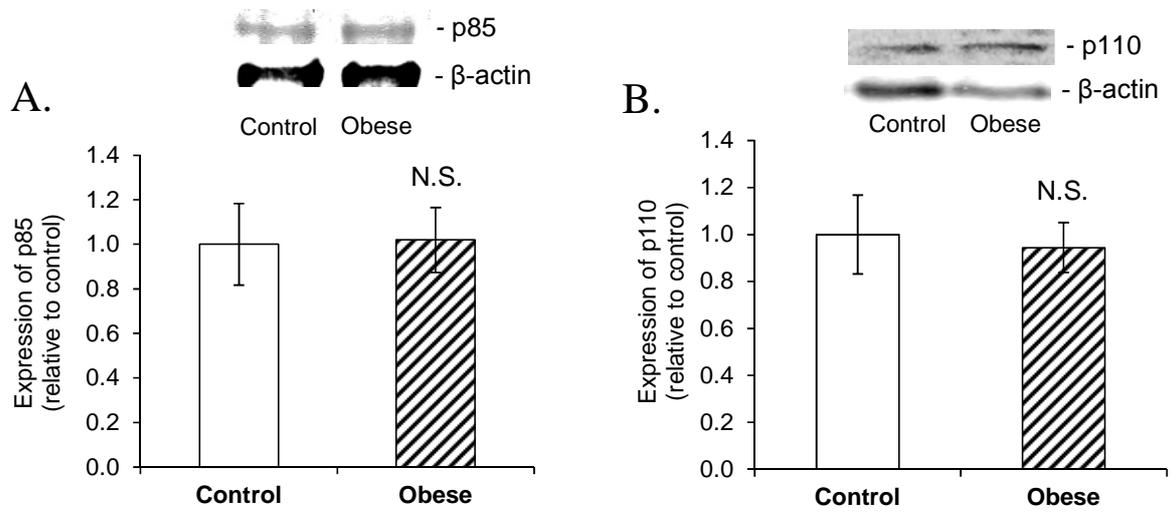


Figure 5.

