

1 **Multivariate selection and intersexual genetic constraints in a wild bird population**

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10 **Running title:** Multivariate intralocus sexual conflict

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27 **Abstract**

28 When selection differs between the sexes for traits that are genetically correlated between the
29 sexes, there is potential for the effect of selection in one sex to be altered by indirect selection in
30 the other sex, a situation commonly referred to as intralocus sexual conflict (ISC). While
31 potentially common, ISC has rarely been studied in wild populations. Here, we studied ISC over
32 a set of morphological traits (wing length, tarsus length, bill depth, and bill length) in a wild
33 population of great tits (*Parus major*) from Wytham Woods, UK. Specifically, we quantified the
34 microevolutionary impacts of ISC by combining intra- and inter-sex additive genetic
35 (co)variances and sex-specific selection estimates in a multivariate framework. Large genetic
36 correlations between homologous male and female traits combined with evidence for sex-
37 specific multivariate survival selection suggested that ISC could play an appreciable role in the
38 evolution of this population. Together, multivariate sex-specific selection and additive genetic
39 (co)variance for the traits considered accounted for additive genetic variance in fitness was
40 uncorrelated between the sexes (cross-sex genetic correlation = -0.003, 95% CI = -0.83, 0.83).
41 Gender load, defined as the reduction in a population's rate of adaptation due to sex-specific
42 effects, was estimated at 50% (95% CI = 13%, 86%). This study provides novel insights into the
43 evolution of sexual dimorphism in wild populations and illustrates how quantitative genetics and
44 selection analyses can be combined in a multivariate framework to quantify the
45 microevolutionary impacts of ISC.

46

47 **Keywords:** **G** matrix, genetic correlation, intralocus sexual conflict, selection gradient, sexual
48 dimorphism, animal model, heritability, natural selection, quantitative genetics, gender load

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53 **Introduction**

54 Males and females in dioecious species are typically dimorphic for a large number of phenotypic
 55 traits (Fairbairn *et al.*, 2007). Such sexual dimorphism is generally believed to be adaptive,
 56 reflecting difference in sex-specific phenotypic optima (Fairbairn, 2007). While the widespread
 57 occurrence of sexual dimorphism indicates that its evolution is possible, large genetic
 58 correlations between most homologous male and female traits suggest that its short-term
 59 evolution may be constrained (Lande, 1980; Poissant *et al.*, 2010). Indeed, whenever selection
 60 differs between the sexes for traits that are genetically correlated between the sexes, there is
 61 potential for the effect of selection in one sex to be altered by indirect selection in the other sex,
 62 a situation generally referred to as intralocus sexual conflict (ISC) or gender load (Arnqvist &
 63 Rowe, 2005; Bedhomme & Chippindale, 2007; Bonduriansky & Chenoweth, 2009; Pennell &
 64 Morrow, 2013). While potentially common and important, such intersexual genetic constraints
 65 remain little studied in wild populations (Bonduriansky & Chenoweth, 2009; Pennell & Morrow,
 66 2013; Poissant *et al.*, 2010; Wyman *et al.*, 2013).

67
 68 The evolutionary forces acting on sexual dimorphism depend on the interaction between sex-
 69 specific genetic (co)variances and directional selection, as represented by the Lande (1980)
 70 sex-specific version of the Lande (1979) equation:

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$$73 \begin{matrix} \Delta z_m \\ \Delta z_f \end{matrix} = \frac{1}{2} \begin{bmatrix} \mathbf{G}_m & \mathbf{B} \\ \mathbf{B}^T & \mathbf{G}_f \end{bmatrix} \begin{bmatrix} \beta_m \\ \beta_f \end{bmatrix} \quad (1)$$

74

75

76 where Δz_m and Δz_f are vectors of male and female specific responses, \mathbf{G}_m and \mathbf{G}_f are sex-
 77 specific additive genetic covariance matrices, \mathbf{B} and \mathbf{B}^T are matrices of cross-sex additive

78 genetic covariances, and β_m and β_f are sex-specific vectors of selection gradients. The
79 coefficient of one half is included to account for the fact that selected male and female parents
80 make equal autosomal contributions to offspring of both sexes (Lande, 1980). Despite being
81 well known among evolutionary biologists studying sexual dimorphism, surprisingly few have
82 applied the Lande (1980) equation in wild populations (though see Jensen *et al.*, 2008, Stearns
83 *et al.*, 2012, Tarka *et al.*, 2014, and Walling *et al.*, 2014, for rare examples). Instead, studies
84 typically focus on estimating either only sex-specific selection (Cox & Calsbeek, 2009) or
85 quantitative genetic parameters (Poissant *et al.*, 2010). In addition, while equation 1 is explicitly
86 multivariate, most quantitative genetic studies of sexual dimorphism performed to date have
87 focused on univariate traits (Wyman *et al.*, 2013). As a consequence, we still know relatively
88 little about the structure of the **B** matrix and its impact on the evolution of sexual dimorphism
89 (Gosden *et al.*, 2012; Wyman *et al.*, 2013). For example, asymmetry of the **B** matrix (differences
90 between below- and above-diagonal elements) may play an important role in facilitating the
91 evolution of multivariate sexual dimorphism (Wyman *et al.*, 2013), but too few **B** matrices have
92 been published to assess the importance of this mechanism (Barker *et al.*, 2010; Wyman *et al.*,
93 2013). Studies combining sex-specific selection and quantitative genetic parameters, and
94 especially those doing so in a multivariate framework, are therefore needed (Walsh & Blows,
95 2009; Wyman *et al.*, 2013).

96
97 Genetic constraints on the evolution of sexual dimorphism may be widespread (Bonduriansky &
98 Chenoweth, 2009; Cox & Calsbeek, 2009; Pennell & Morrow, 2013; Poissant *et al.*, 2010). In
99 particular, negative cross-sex genetic correlations (r_{mf}) for lifetime fitness in wild populations
100 have been reported (e.g. Brommer *et al.*, 2007; Foerster *et al.*, 2007), and r_{mf} for fitness
101 components are on average lower than for other trait categories (Poissant *et al.*, 2010).
102 However, little is known about the traits underlying these cross-sex genetic correlations for
103 fitness and their relative importance (Bonduriansky & Chenoweth, 2009; Pennell & Morrow,

104 2013). In part, this is because research tends to be qualitative rather than quantitative, with
105 publications focusing on the statistical significance of intralocus sexual conflicts rather than
106 quantifying their impacts on microevolution.

107

108 A variety of metrics have been developed to quantify multivariate genetic constraints (Walsh &
109 Blows, 2009), and researchers have started applying them to studies of sexual dimorphism in
110 both laboratory (Gosden *et al.*, 2012; Lewis *et al.*, 2011) and wild (Stearns *et al.*, 2012; Tarka *et al.*,
111 2014; Walling *et al.*, 2014) populations. However, in many cases, differences in data
112 transformation and standardization make comparison of results across traits and studies difficult
113 (Hansen & Houle, 2008; Houle *et al.*, 2011). In addition, not all metrics provide easily
114 interpretable or comparable quantitative information (Hansen & Houle, 2008). One approach
115 that is particularly valuable for the study of ISC is the R metric of Agrawal and Stinchcombe
116 (2009). This metric quantifies the impact of genetic covariances on a population's rate of
117 adaptation, including the specific case of cross-sex genetic covariances. Importantly, it yields
118 results that are readily comparable across sets of traits, populations and species (Agrawal &
119 Stinchcombe, 2009). Despite its potential for improving our understanding of ISC, to date few
120 have applied the approach in that context (see Walling *et al.*, 2014, for a rare example).

121

122 The importance of considering multivariate phenotypes in studies of ISC is increasingly being
123 recognized (Wyman *et al.*, 2013). However, conducting multivariate quantitative genetic studies
124 in wild populations remains challenging, due to difficulties in acquiring sufficiently large
125 pedigree-linked datasets (Wilson & Poissant, 2016). In this study, we take advantage of a long-
126 term study of individual variation in morphological traits (wing length, tarsus length, bill depth
127 and bill length) conducted over multiple decades in a wild pedigreed population of great tits
128 (*Parus major*) from Wytham Woods, Oxford, UK (Savill *et al.*, 2010), to quantify the
129 microevolutionary impacts of ISC in a wild population. Despite being a model organism for

130 evolutionary ecology research, surprisingly little is currently known about the genetic basis of
131 homologous male and female traits and ISC in this species. This could be due to the fact that
132 morphological traits routinely measured in field studies such as wing and tarsus length are not
133 particularly sexually dimorphic in great tits relative to other bird species (Gosler, 1990; Székely
134 *et al.*, 2007). However, it should be stressed that sexual dimorphism is a relatively poor
135 predictor of contemporary sex-specific selection (Cox & Calsbeek, 2009) and quantitative
136 genetic parameters (Poissant *et al.*, 2010), and hence ISC. In fact, while studies in other great tit
137 populations found little evidence for sex-specific selection on morphology (e.g. Björklund &
138 Linden, 1993), in Wytham Woods, differential use of space and resources by males and females
139 (Gosler, 1987a,b), evidence for sex-specific selection on size (Blakey & Perrins, 1999), and
140 large cross-sex genetic correlations for morphological traits (Garant *et al.*, 2004; Robinson *et al.*,
141 2013) all suggest that gender load from sex differences in selection on morphology could be
142 substantial. In addition to providing novel insights into the causes and consequences of
143 morphological variation in great tits, this study illustrates some means for generating quantities
144 that will be valuable to quantitatively compare the impacts of ISC over various sets of traits in
145 different populations and species.

146

147 **Materials and methods**

148 **Study population**

149 Great tits are small passerine birds distributed throughout Europe and Asia (Gosler, 1993).
150 Their abundance, wide distribution in Europe, and willingness to use nest boxes, have made
151 them a model of choice in ecology and evolution research, and numerous populations
152 throughout the species' range are now the focus of long-term individual-based studies. The
153 Wytham Woods great tit population has been monitored since 1947. Details about the
154 population and field methods are available in Perrins and Gosler (2010) and references therein.
155 Since 1963, ~1020 nest boxes have been monitored yearly during the breeding season. Each

156 year, all nestlings (10-15 days post-hatching) and ~80% of presumed parents were captured
157 and fitted with a unique metal ring serving as an ID tag. Additional birds were also captured with
158 nets within and around Wytham Woods as part of specific experiments and long-term
159 monitoring. At each capture, birds were aged and sexed using plumage characteristics and
160 measured for a variety of traits. We assumed that birds not first ringed as nestlings in a Wytham
161 Woods nestbox were immigrants from elsewhere; while a small number of nests probably occur
162 each year in natural cavities these are a small proportion compared to those in nest boxes.

163

164 **Morphological data**

165 We considered four sexually dimorphic morphological traits that have been consistently
166 measured in adults since 1983: wing length, tarsus length, bill depth and bill length. We
167 considered breeding adults born between 1982 and 2008. For simplicity and to ensure higher
168 repeatability, we limited our analyses to measurements obtained by a single measurer (A.
169 Gosler) who obtained all bill dimension measurements. We only used records of recruits (birds
170 identified attempting reproduction in Wytham Woods) obtained during the nesting season (May
171 and June) in a bird's first year of life. Some individuals (< 0.1%) were measured multiple times
172 and in such cases we used the average. Phenotypic records were available for 2575 individuals
173 measured on average at 3.90 traits each (96.5% of individuals were measured for all traits).

174

175 We quantified sexual dimorphism using the size dimorphism index (SDI) of Lovich and Gibbons
176 (1992). It is obtained by subtracting one from the ratio of the larger sex to the smaller sex (i.e. 1
177 - trait mean of larger sex / trait mean of smaller sex), which sets the neutral value at 0 (i.e. no
178 sexual dimorphism). By convention, values are made positive when female values are the
179 largest and negative when male values are the largest (Lovich & Gibbons, 1992). 95% CI for
180 SDI estimates were obtained by bootstrapping phenotypes 10000 times. We tested if
181 multivariate sexual dimorphism was statistically significant using a MANOVA in R (R Core

182 Team., 2015).

183

184 **Pedigree information**

185 A pedigree was constructed based on field information of social parentage from 1958 to 2010.

186 This pedigree included birds ringed within Wytham Woods as well as surrounding woodlands.

187 The pedigree contained 87956 individuals connected by 79400 maternal and paternal links

188 (7187 dams and 7963 sires). Molecular parentage is not routinely conducted in the study

189 population. Given the small number of individuals genotyped relative to the size of the social

190 pedigree and an EPP rate of 12-13% (Firth *et al.*, 2015; Patrick *et al.*, 2012), efforts to combine

191 social and genetic parentage would have affected less than 0.1% of pedigree links, with

192 negligible impacts on quantitative genetic and selection analyses. For simplicity we therefore

193 only used social parentage information. The full social pedigree was used to estimate lifetime

194 reproductive success for selection analyses (details below). For estimating quantitative genetic

195 parameters, we used a trimmed pedigree excluding uninformative individuals generated with the

196 prunePed function in the R package MCMCglmm (Hadfield, 2010). This trimmed pedigree

197 contained 4036 individuals with 1328 unique sires (mean number of offspring per sire \pm 1

198 standard deviation [SD] = 1.83 ± 1.14) and 1313 unique dams (mean number of offspring per

199 dam \pm 1 SD = 1.88 ± 1.25), and had a maximum depth of 26 generations.

200

201 **Quantitative genetic analyses**

202 We partitioned phenotypic variance into additive genetic and other components using a single

203 multivariate animal model and restricted maximum likelihood implemented in ASReml 3.0

204 (Gilmour *et al.*, 2009). The animal model is a form of mixed model incorporating pedigree

205 information, where the phenotype of each individual is modeled as the sum of its additive

206 genetic value and other random and fixed effects (Kruuk, 2004; Wilson *et al.*, 2010). Fixed

207 effects, fitted to control for environmental causes of phenotypic resemblance among relatives,
 208 included year of birth (fitted as a categorical variable), immigration status (locally raised or not),
 209 and information about the environment at each bird's natal nest box (longitude, latitude, altitude
 210 and the numbers of oaks within 50 meters; for local birds only). Year of birth was included it as a
 211 fixed rather than a random variable to facilitate convergence. Longitude, latitude, altitude and
 212 number of oaks within 50 meters were fitted as 4th order polynomials to allow for non-linear
 213 relationships. Note that when fixed effects are included trait heritability estimates need to be
 214 interpreted as being 'conditioned' on these variables (Wilson, 2008). Mother ID and clutch ID
 215 were fitted as random variables in exploratory univariate models but they were generally
 216 attributed either little (< 5%) or none of the phenotypic variation. They were therefore not
 217 considered in the final multivariate model to facilitate convergence. Ultimately, phenotypic
 218 variation after having accounted for fixed effects was therefore partitioned into two components:
 219 additive genetic (V_a) and residual (V_r). Inter-sex residual covariances were fixed to zero and
 220 genetic correlations were constrained to be between -1 and 1 using the !GZ and !GP arguments
 221 in ASReml (Gilmour *et al.*, 2009), respectively. Our choice of starting values for the full
 222 multivariate REML was guided by the outputs of simpler models.

223
 224 Heritability (h^2) was determined by dividing V_a by V_p , where $V_p = V_a + V_r$. To allow comparisons
 225 of additive genetic variation among traits and studies (Houle, 1992; Wilson, 2008), we also
 226 calculated sex-specific coefficients of variation as

227

228

$$229 \quad CV_a = 100 \times \frac{\sqrt{V_a}}{\bar{x}} \quad (2)$$

230

231

232 and mean-standardized additive genetic variance as

233

234

$$235 \quad I_a = \frac{V_a}{\bar{X}^2} \quad (3)$$

236

237

238 Significance of individual additive genetic (co)variance components was tested using likelihood
 239 ratio tests. For hypotheses involving parameters on the boundary of parameter space, such as
 240 variances, the theoretical asymptotic distribution of the likelihood ratio is a mixture of χ^2 variates,
 241 where the mixing probabilities are 0.5, one with 0 degrees of freedom and the other with 1
 242 degree of freedom (Dominicus *et al.*, 2006; Gilmour *et al.*, 2009; Self & Liang, 1987). In these
 243 cases, p-values from χ^2 tests with 1 degree of freedom were divided by 2. Likelihood ratio tests
 244 were also used to test if individual genetic correlations (r_G) were significantly smaller than one.
 245 We tested for significance of variance and covariance estimates using univariate and bivariate
 246 models, respectively. To test for multivariate sex \times **G** interactions, we compared an
 247 unconstrained multivariate model with models where 1) **G** matrices were constrained to be
 248 equal between the sexes, 2) genetic variances were constrained to be equal between the
 249 sexes, 3) genetic covariances were constrained to be equal between the sexes, and 4) genetic
 250 correlations were constrained to be equal between the sexes. This was done using the !=
 251 argument in ASReml (Gilmour *et al.*, 2009). Because asymmetry of the **B** matrix can play an
 252 important role in the evolution of sexual dimorphism (Wyman *et al.*, 2013), we also tested if **B**
 253 was asymmetric by comparing an unconstrained model with a model where the corresponding
 254 elements from above and below the diagonals of **B** and **B**^T were constrained to be equal.
 255 Statistical significance was determined using likelihood ratio tests.

256

257 **Selection analysis**

258 We estimated selection using three fitness metrics. These were the observed number of recruits
259 produced by individuals over their lifetime (lifetime reproductive success, LRS), reproductive
260 longevity (age at last reproduction, hereafter referred to as longevity), and mean annual
261 reproductive success (MRS), calculated as $LRS \times longevity^{-1}$. A recruit was defined as an
262 individual having attempted reproduction in Wytham Woods, and therefore did not include
263 individuals that have only attempted reproduction elsewhere (which is sometimes documented
264 from recapture at other study sites). We restricted selection analyses to individuals that had
265 been measured for all traits simultaneously, and excluded individuals whose nest(s) had been
266 manipulated for experimental purposes such as cross-fostering experiments. Selection
267 coefficients were therefore estimated with fewer records (986 males and 1095 females) than
268 quantitative genetic parameters. Mean observed LRS \pm 1 SD was 1.23 ± 1.55 (1.23 ± 1.47 in
269 males and 1.24 ± 1.61 in females). LRS was smaller than the mean number of offspring per
270 parent expected under stable population size (i.e. 2) because a substantial proportion of
271 breeding adults were immigrants, rather than because of a decline in population size. In fact
272 population size has increased over the study period (Garant *et al.*, 2004). Mean longevity was
273 1.65 ± 1.07 (1.62 ± 1.05 in males and 1.67 ± 1.08 in females), and mean MRS was 0.73 ± 0.87
274 (0.76 ± 0.90 in males and 0.71 ± 0.84 in females). Variance in relative fitness was 1.57 for LRS
275 (1.43 for males and 1.70 for females), 0.42 for longevity (0.43 for males and 0.42 for females),
276 and 1.40 for MRS (1.38 for males and 1.41 for females).

277

278 We tested for the presence of multivariate directional selection using generalized linear models.
279 For LRS, we used a log link function and a negative binomial error structure; for longevity we
280 used a log link function with a poisson error structure; and for MRS, which is a rate, we used a
281 log link function with poisson error while including longevity as weights. In these analyses, sex-
282 specific traits were pooled together after having been centered to sex-specific means of zero.

283 Significance was tested by comparing models with a fitness component as the dependent
284 variable and no explanatory variable (i.e. only an intercept) with models including all traits as
285 linear explanatory variables. Significance was tested using likelihood ratio tests with 4 degrees
286 of freedom. We then tested for sex \times multivariate selection interactions by comparing models
287 with sex and the four traits as linear explanatory variables and models also including all sex \times
288 trait interactions (Chenoweth & Blows, 2005).

289
290 We estimated sex-specific selection coefficients using the R package GSG version 2.0
291 (Morrissey & Sakrejda, 2013). Directional (S) and quadratic selection differentials were
292 calculated using the moments.differentials function, with standard errors and p-values
293 determined with 10000 bootstraps. Mean-standardized and variance-standardized directional
294 selection differentials were obtained by dividing differentials by trait means and standard
295 deviations, respectively. Quadratic differentials were standardized by dividing by the square of
296 trait means and standard deviations, to obtain mean-standardized and variance-standardized
297 measures, respectively. For this we used trait means and standard deviations obtained from the
298 larger dataset used to estimate quantitative genetic parameters.

299
300 We used generalized additive models (GAM) with negative binomial (for LRS) and poisson (for
301 longevity and MRS) error structures fitted using the R package MGCV to identify the most
302 appropriate fitness functions. Initially, we fitted a smooth term (cubic splines) for each trait and
303 all linear interactions. However, when doing so, many smooth terms were penalized to the point
304 of being linear. In that case, meaningful point estimates for quadratic selection gradients could
305 not be obtained (as all curvature of the expected fitness function arises from the curvature of the
306 link function in such instances). Since reporting information about nonsignificant quadratic terms
307 is generally desirable, for example in the context of meta-analyses, we decided to test if there
308 actually was statistical support for fitting smooth terms as opposed to only including linear and

309 quadratic terms. We did this by comparing models including linear and quadratic predictors with
 310 models additionally including smooth terms, with significance of non-linear effects above and
 311 beyond quadratic relationships being tested with likelihood ratio tests. Using that approach we
 312 found little evidence for non-linear effects above and beyond quadratic relationships, and
 313 therefore opted to obtain selection gradients using quadratic models.

314
 315 Directional (β), quadratic and correlational (γ) selection gradients were obtained using the
 316 `gam.gradients` function of GSG. Standard errors (SE) and p-values for selection gradients were
 317 determined with parametric bootstrapping (10000). We obtained mean-standardized and
 318 variance-standardized selection gradients (β_u and β_σ) by multiplying directional gradients by trait
 319 means and standard deviations, and quadratic and correlational gradients by the square and
 320 cross-product of trait means and standard deviations, respectively (Hansen & Houle, 2008). For
 321 this we used trait means and standard deviations obtained from the larger dataset used to
 322 estimate quantitative genetic parameters. Note that while S_σ is equivalent to obtaining β_σ from a
 323 model including a single trait, there is no such direct correspondence between unstandardized
 324 and mean-standardized selection differentials and gradients.

325
 326 As in Stearns *et al.* (2012), we compared the direction of multivariate selection between the
 327 sexes by calculating the angle between male and female vectors of directional selection
 328 gradients:

329

330

$$331 \quad \theta = \cos^{-1} \left(\frac{a \cdot b}{|a| |b|} \right) \quad (4)$$

332

333 where a and b are the two vectors, $|a| = \sqrt{a \cdot a}$ and $|b| = \sqrt{b \cdot b}$.

334

335 An angle of 0° would indicate that multivariate selection is perfectly parallel between the sexes
336 while an angle of 180° would indicate that selection is completely antagonistic. To determine if
337 multivariate selection was significantly parallel or antagonistic (i.e. θ different from the null
338 expectation of 90°) we generated a 95% CI with 10000 sex-specific vectors of selection
339 gradients obtained by parametric bootstrapping in GSG.

340

341 **Evolutionary responses**

342 The expected responses to selection for sex-specific traits were obtained using Lande's (1980)
343 multivariate equation (equation 1). In order to assess the impact of cross-sex genetic
344 covariances on the evolution of sex-specific traits, we compared predictions from the model
345 above with a model where all elements of the **B** matrix were set to zero. As detailed in
346 Morrissey *et al.* (2012), 95% confidence intervals and standard errors were obtained using
347 10000 sex-specific vectors of selection gradients generated by parametric bootstrapping in GSG
348 and bootstrap-like replicate **G** matrices by drawing random samples from the sampling variance-
349 covariance matrix of REML estimate of **G**.

350

351 **Genetic constraints and gender load**

352 The impact of genetic covariances on a population's rate of adaptation can be quantified by
353 comparing the rate of adaptation obtained while considering a full **G** matrix with that obtained
354 while setting all or a subset of genetic covariances to zero (Agrawal & Stinchcombe 2009).
355 We assessed the impact of cross-sex genetic covariances (i.e. the **B** matrix) on the population's
356 rate of adaptation using the R metric of Agrawal and Stinchcombe (2009) while ignoring
357 nonlinear selection (as we are mainly interested in sex-specific directional evolution):

358

359

$$R_B = \frac{\beta_{mf}' \mathbf{G}_{mf} \beta_{mf}}{\beta_{mf}' \mathbf{G}_{mf} (\mathbf{B} = 0) \beta_{mf}} \quad (5)$$

360
 361
 362
 363 where β_{mf} is a vector of sex-specific selection gradients, β_{mf}' is its transpose, \mathbf{G}_{mf} is the
 364 additive genetic covariance matrix for sex-specific traits, and $\mathbf{G}_{mf} (\mathbf{B} = 0)$ is the \mathbf{G} matrix where all
 365 elements of \mathbf{B} and \mathbf{B}^T (i.e. cross-sex genetic covariances) are set to zero. A value of $R_B = 0$
 366 would indicate that adaptive evolution of sexual dimorphism is completely precluded by \mathbf{B} , a
 367 value of 1 would indicate that it is not affected by \mathbf{B} , and values above 1 would indicate that \mathbf{B}
 368 increases adaptive evolution of sexual dimorphism (Agrawal & Stinchcombe, 2009). However, it
 369 is important to note that these conclusions are relative to a scenario where traits are not
 370 genetically correlated between the sexes. In the absence of any difference in selection between
 371 the sexes (i.e. $\beta_m = \beta_f$) and complete overlap of genetic architectures (i.e. $\mathbf{G}_m = \mathbf{G}_f = \mathbf{B}$), R_B
 372 would take a value of two. We therefore quantified the percent decrease in the population's rate
 373 of adaptation due to the presence of separate sexes, or gender load (GL), as

$$GL = \left(1 - \frac{R_B}{2}\right) * 100. \quad (6)$$

374
 375
 376
 377
 378
 379 Note that because we are not considering nonlinear selection, identical R_B and GL values would
 380 be obtained when using Hansen and Houle (2008) multivariate evolvability metric instead of
 381 Agrawal and Stinchcombe (2009) rate of adaptation (Agrawal & Stinchcombe, 2009).

382

383 **Genetic variance for fitness implied by selection gradients and G**

384 Evolutionary constraint is any process that reduces the rate of adaptation (increase in mean
 385 fitness, or increase (decrease) in a positively (negatively) selected trait, relative to some
 386 (presumed) naïve reference rate). Motivated by the fundamental theorem of selection (Fisher
 387 1930), and convincing arguments that constraints should be found in the genetic covariances
 388 among traits (Walsh and Blows 2009), the rate of adaptation as represented by some value of
 389 the genetic variance of relative fitness, is a particularly useful quantity for evaluating constraint.
 390 Any pattern of selection for genetically variable traits implies some genetic variance in relative
 391 fitness. For example, in a univariate scenario, the genetic variance in fitness implied by a
 392 selection gradient β and an additive genetic variance V_a is $V_{a(w)} = V_a * \beta^2$. Any quantity that
 393 reduces this value of $V_{a(w)}$, e.g., selection of a genetically correlated trait, can be seen as a
 394 constraint. In the context of studying sexual dimorphism, we can construct a somewhat more
 395 subtle measure of constraint due to \mathbf{B} by calculating sex-specific $V_{a(w)}$ values due only to sex-
 396 specific selection and genetic variation, and characterize the extent to which the intersexual
 397 genetic covariances in \mathbf{B} may reduce these values of $V_{a(w)}$.

398

399 In the absence of nonlinear selection, the rate of adaptation of Agrawal and Stinchcombe (2009)
 400 measures the amount of genetic variance for fitness accounted for by \mathbf{G} and selection for a set
 401 of traits ($\beta' \mathbf{G} \beta$, from formula 12 in Walsh & Blows, 2009). When treating the sexes separately,
 402 population-wide genetic variance in fitness accounted for by sex-specific traits can be obtained
 403 by including a factor of $\frac{1}{4}$ (because we are combining variances; see equation 1 of Wolak *et al.*,
 404 2015):

405

406

$$407 \quad V_{a(\beta' \mathbf{G} \beta)} = \frac{1}{4} \beta_{mf}' \mathbf{G}_{mf} \beta_{mf} \quad (7)$$

408

409

410 To obtain sex-specific variances, as well as their covariance, the β_{mf}' and β_{mf} vectors in
 411 equation 7 can be replaced with matrices containing sex-specific selection gradients on different
 412 rows, which yields a 2×2 sex-specific covariance matrix:

413

414

$$415 \quad V_{\alpha(\beta'G\beta)} = \frac{1}{4} \begin{bmatrix} \beta_m & 0 \\ 0 & \beta_f \end{bmatrix}' \mathbf{G}_{mf} \begin{bmatrix} \beta_m & 0 \\ 0 & \beta_f \end{bmatrix} = \frac{1}{4} \begin{bmatrix} V_{\alpha(\beta_m'G_m\beta_m)} & COV_{\alpha(\beta_m'G_m\beta_m, \beta_f'G_f\beta_f)} \\ COV_{\alpha(\beta_m'G_m\beta_m, \beta_f'G_f\beta_f)} & V_{\alpha(\beta_f'G_f\beta_f)} \end{bmatrix} \quad (8)$$

416

417

418 Population level and sex-specific heritabilities can then be obtained by dividing $V_{\alpha(\beta'G\beta)}$,
 419 $V_{\alpha(\beta_m'G_m\beta_m)}$ and $V_{\alpha(\beta_f'G_f\beta_f)}$ by population-wide, male, and female phenotypic variance in fitness,
 420 respectively. Note that when the genetic variance for fitness itself is known, the proportion of the
 421 total genetic variation in fitness accounted for by $V_{\alpha(\beta'G\beta)}$ can also be measured (Walsh &
 422 Blows, 2009). However, this was not attempted here because the heritability of fitness in the
 423 study population is known to be very small (McCleery *et al.*, 2004). Finally, the standardized
 424 cross-sex genetic correlation between sex-specific additive genetic variances in fitness
 425 accounted for by the set of traits can be obtained as:

426

427

$$428 \quad r_{mf} = \frac{COV_{\alpha(\beta_m'G_m\beta_m, \beta_f'G_f\beta_f)}}{\sqrt{V_{\alpha(\beta_m'G_m\beta_m)} * V_{\alpha(\beta_f'G_f\beta_f)}}}. \quad (9)$$

429

430

431 **Results**

432 **Phenotypic variation**

433 Multivariate phenotypic sexual dimorphism was statistically significant (MANOVA, $F_{4,2481} =$
 434 1041.7, $P < 0.001$). On average, males had longer wings (SDI = -0.039 or 3.9% difference, 95%
 435 CI = -0.040, -0.037), longer tarsi (SDI = -0.033, 95% CI = -0.035, -0.031), and deeper (SDI = -
 436 0.035, 95% CI = -0.037, -0.032) but shorter bills (SDI = 0.016, 95% CI = 0.014, 0.019) than
 437 females.

438

439 **Quantitative genetic parameters**

440 There was detectable additive genetic variance for all sex-specific traits (Table 1). The
 441 proportion of phenotypic variance explained by additive genetic effects after accounting for fixed
 442 effects ($h^2 \pm SE$) ranged from 0.53 ± 0.08 for male bill length to 0.78 ± 0.06 for female wing
 443 length. In both sexes coefficients of variation (CV_a) and mean-standardized additive genetic
 444 variances (I_a) were lowest for wing and tarsus length and highest for bill length and width (Table
 445 1).

446

447 Additive genetic covariances were generally positive, and significantly different from zero for
 448 approximately half of the trait pairs (Table 2). Genetic correlations ($r_G \pm SE$) within each sex
 449 were generally small, with the largest one being between tarsus length and bill depth in males
 450 (0.508 ± 0.082). Genetic correlations between the sexes were similarly low, with the exception
 451 of cross-sex genetic correlations between homologous traits, which were all large (> 0.8) and
 452 not significantly smaller than one.

453

454 Male and female **G** matrices were significantly different from each other (Table 2, $2 \times (\text{LogL}_1-$
 455 $\text{LogL}_2) = 29.38$, $df = 10$, $p < 0.01$). Genetic variances did not differ significantly between the
 456 sexes ($2 \times (\text{LogL}_1-\text{LogL}_2) = 7.62$, $df = 4$, $p = 0.11$). Genetic covariances and correlations were
 457 always smaller in males than in females (Table 2), and these differences were statistically

458 significant (covariances: $2 \times (\text{LogL}_1 - \text{LogL}_2) = 26.16$, $df = 6$, $p < 0.001$; correlations: $2 \times (\text{LogL}_1 -$
 459 $\text{LogL}_2) = 27.94$, $df = 6$, $p < 0.001$). The **B** matrix was not significantly asymmetric ($2 \times (\text{LogL}_1 -$
 460 $\text{LogL}_2) = 3.36$, $df = 6$, $p = 0.76$).

461

462 **Selection coefficients**

463 We did not observe significant multivariate directional selection when including all traits from
 464 both sexes as explanatory variables in a generalized linear model for either LRS ($\chi^2 = 4.20$, $p =$
 465 0.38), longevity ($\chi^2 = 5.71$, $df = 4$, $p = 0.22$), or MRS ($\chi^2 = 4.89$, $df = 4$, $p = 0.30$). Similarly, we
 466 did not observe significant sex \times multivariate selection interaction for LRS ($\chi^2 = 7.09$, $df = 4$, $p =$
 467 0.13) and MRS ($\chi^2 = 2.00$, $df = 4$, $p = 0.74$). We did, however, observe a significant sex \times
 468 multivariate selection interaction for longevity ($\chi^2 = 14.04$, $df = 4$, $p < 0.01$).

469

470 Unstandardized, mean, and variance standardized directional selection differentials and
 471 gradients for LRS, longevity and MRS are presented in Table 3. Mean standardized directional
 472 selection gradients for LRS ranged from -3.103 ± 1.927 for female tarsus length to $3.551 \pm$
 473 1.314 for female bill depth. Only one selection gradient for LRS was statistically significant
 474 (female bill depth, $\beta_u = 3.551 \pm 1.314$, $p < 0.01$) and this appeared to result mostly from
 475 selection through longevity ($\beta_u = 2.661 \pm 0.767$, $p < 0.001$). While not statistically significant in
 476 males, selection on bill length through longevity was notably different between the sexes (male
 477 $\beta_u = 1.473 \pm 0.867$, $p = 0.09$, female $\beta_u = -1.493 \pm 0.771$, $p = 0.05$).

478

479 The angle between sex-specific vectors of mean-standardized selection gradients for LRS was
 480 88.5° (95% CI = $31.5^\circ - 147.65^\circ$), meaning that multivariate selection in males and females was
 481 neither predominantly parallel nor antagonistic. For longevity and MRS, the angle between sex-
 482 specific vectors of mean-standardized selection gradients were 128.5° (59.5° , 156.4°) and

483 50.68° (20.43°, 145.82°), respectively. Overall, selection through longevity was therefore (non-
484 significantly) predominantly antagonistic between the sexes, while selection through MRS was
485 predominantly (non-significantly) parallel.

486
487 With the exception of bill depth in males, all point estimates for quadratic selection differentials
488 were negative. However, only those for female bill length were significant different from zero
489 (Appendix S1). No clear tendency emerged for quadratic and correlational selection gradients,
490 with statistical support being generally low (Appendix S2).

491

492 **Selection responses**

493 Predicted mean-standardized sex-specific responses when including and excluding the **B** matrix
494 are presented in Fig. 1. Point estimates for predictions based on LRS were largest for bill depth
495 and smallest for wing length. Selection through survival was expected to contribute most to the
496 evolution of bill depth, while selection through annual reproductive success was expected to
497 contribute most to the evolution of tarsus length. Patterns appeared to differ between the sexes
498 when setting all elements of **B** to zero. Most notably, bills were predicted to become deeper in
499 females but not in males. However, in general, predicted responses in males and females
500 became nearly identical once including **B**, suggesting little opportunity for the evolution of sexual
501 dimorphism given current multivariate selection and additive genetic (co)variances. Note,
502 however, that 95% confidence intervals generally overlapped between traits, fitness
503 components, and sexes.

504

505 **Genetic variance for fitness**

506 Together, sex-specific selection through LRS and **G** for the morphological traits considered here
507 accounted for genetic variance explaining less than 1% of the phenotypic variation in relative
508 fitness ($V_{a(\beta'G\beta)} = 0.0025$, 95% CI = 0.0020, 0.0137; $h^2 = 0.0016$, 95% CI = 0.0013, 0.0086,

509 Table 4). About 2/3 of this genetic variance was related to selection through MRS ($V_{\alpha(\beta'G\beta)} =$
 510 0.0016, 95% CI = 0.0004, 0.0084), while the remainder was related selection through longevity
 511 ($V_{\alpha(\beta'G\beta)} = 0.0008$, 95% CI = 0.0003, 0.0036). Sex-specific estimates are presented in Table 4.

512

513 The correlation between male and female genetic variance for relative fitness accounted for by
 514 the set of morphological traits was -0.003 (95% CI = -0.83, 0.83). Longevity and MRS, when
 515 considered in isolation, accounted for genetic variances in relative fitness that were negatively -
 516 0.43 (95% CI = -0.86, 0.58) and positively 0.59 (95% CI = -0.78, 0.91) correlated between the
 517 sexes, respectively. The ratio of $V_{\alpha(\beta'G\beta)}$ obtained while including **B** to $V_{\alpha(\beta'G\beta)}$ obtained while
 518 excluding **B** was 1 ($R_B = 1.00$, 95% CI = 0.27 – 1.73). Cross-sex genetic covariance therefore
 519 did not impact $V_{\alpha(\beta'G\beta)}$ relative to a situation where traits were not genetically correlated
 520 between the sexes. On the other hand, the presence of separate sexes, relative to a situation
 521 where there would be no differences in selection and genetic architectures between the sexes,
 522 resulted in a gender load of 50% (95% CI = 13, 86). Gender load estimates for longevity and
 523 MRS were 68 % (95% CI = 25, 90) and 26% (95% CI = 8, 84), respectively.

524

525

526 **Discussion**

527 Significant additive genetic variance was detected for all traits, indicating that responses to
 528 selection and genetic constraints were possible. Corresponding heritability estimates were
 529 large, as is usually the case for morphological traits in birds (Merilä & Sheldon, 2001) including
 530 previous estimates in Wytham Woods great tits obtained using a variety of methods (Gosler,
 531 1987a; Robinson *et al.*, 2013; Santure *et al.*, 2015). Coefficients of variation (CV_a) were also
 532 typical of morphological traits in other species (Houle, 1992).

533

534 **G** matrices differed between the sexes, with covariances (and genetic correlations) being
535 consistently smaller in males than in females. Sex differences in **G** are relatively common and
536 have, for example, been documented in a number of vertebrates (Arnold & Phillips, 1999;
537 Jensen *et al.*, 2003), invertebrates (Lewis *et al.*, 2011; Rolff *et al.*, 2005), and plants (Ashman,
538 2003; Campbell *et al.*, 2011; McDaniel, 2005; Steven *et al.*, 2007). Such differences are
539 important because they indicate that the sexes could respond differently to direct and indirect
540 selection. The larger genetic covariances in females suggest that genetic integration of
541 morphological traits may be greater in that sex. The reasons why that would be are unclear but
542 one possibility could be the presence of sex differences in correlational selection (McGlothlin *et*
543 *al.*, 2005). Extra-pair paternities (EPP) may also have contributed to these patterns, a point we
544 return to below.

545
546 The evolution of sexual dimorphism depends on the structure of the **B** matrix, which includes
547 genetic covariance between homologous as well as non-homologous male and female traits
548 (Lande, 1980; Wyman *et al.*, 2013). Genetic correlations between homologous male and female
549 traits were all very large, which was similar to previous findings for wing length and fledgling
550 mass in the same population (Garant *et al.*, 2004; Robinson *et al.*, 2013). Large genetic
551 correlations for traits exhibiting relatively low level of sexual dimorphism was consistent with the
552 tendency for cross-sex genetic correlations and sexual dimorphism to be negatively correlated
553 (Poissant *et al.*, 2010). Combined with an absence of significant differences in additive genetic
554 variance between the sexes, our results suggests that the short-term evolution of sexual
555 dimorphism in Wytham Woods great tits may be limited for many aspects of morphology
556 (Lande, 1980). In contrast, genetic correlations between non-homologous traits were
557 comparatively small and at first sight appeared to play a smaller role in constraining the
558 evolution of sexual dimorphism; although assessing the constraining effect of individual genetic
559 correlations can be misleading (Walsh & Blows, 2009). Finally, for the traits considered here,

560 asymmetry of the **B** matrix (i.e. of its off-diagonal elements, Wyman *et al.*, 2013) did not appear
561 to play a role in facilitating the evolution of sexual dimorphism.

562

563 The presence of a significant sex × multivariate selection interaction for longevity indicated that
564 aspects of morphology, or correlated traits, were under sex-specific directional survival
565 selection. However, this pattern was attenuated and no longer statistically significant once
566 combined with variation in MRS (i.e. when considering LRS). This illustrates how considering
567 various fitness components can increase knowledge about the biology of selection and
568 constraints, but also how individual fitness components, when treated in isolation, may lead to
569 erroneous evolutionary predictions. In the context of ISC, it also stresses out the need to
570 interpret and compare studies in the context of the fitness component used. For example, Tarka
571 *et al.* (2014) also studied ISC over morphological traits in a wild bird population using LRS but
572 they defined LRS as the total number of fledglings produced over an individual's lifetime
573 whereas we defined LRS as the total number of recruits produced. While results from the two
574 studies are similar, they are therefore not entirely equivalent because the LRS metric used by
575 Tarka *et al.* (2014) did not include selection through survival to adulthood and sexual selection
576 (i.e. finding a mate) whereas the one used in herein did.

577

578 We detected significant directional selection for female bill depth when considering LRS, and
579 this pattern appeared to result primarily from viability selection. Bill morphology is a classic
580 example of a selected trait in birds, as is it closely tied to variation in the availability of different
581 food types. The strength of selection for female bill depth was relatively strong, as a β_u of 3.55 is
582 larger than the 75% percentile for β_u in natural populations ($\beta_u = 1.34$) compiled by Hereford *et al.*
583 *et al.* (2004). The selection gradient for female bill depth was also especially large considering that
584 our sample size was greater than most published studies to date and that large sample sizes
585 tend to yield smaller, more accurate, estimates (Hereford *et al.*, 2004). In contrast, bill depth did

586 not appear to be under directional selection in males. Bill length, another important aspect of bill
587 morphology, appeared to be under sexually antagonistic viability (longevity) selection, but this
588 pattern was not mirrored by selection through MRS. As a consequence, evidence for sexually
589 antagonistic selection on bill length was attenuated when considering selection through LRS.
590 Sex differences in selection on bill morphology, believed to arise from sex differences in food
591 utilization, have been documented in other systems. For example, in a wild population of serin
592 (*Serinus serinus*), survival selection on bill morphology was directional in females but stabilizing
593 in males (Björklund & Senar, 2001). Male and female great tits are known to exploit different
594 dietary niches in Wytham Woods (Gosler, 1987a,b) and this could explain patterns documented
595 herein. Additional research on the drivers of sex-specific selection on bill morphology and
596 associated genetic constraints would be valuable; for example on the impact of spatial and
597 temporal heterogeneity in food availability and niche partitioning.

598
599 Extra-pair paternity (EPP) has been estimated at 12-13% in the study population (Firth *et al.*,
600 2015; Patrick *et al.*, 2012) and these could have affected selection coefficients and quantitative
601 genetic parameters estimates. This situation is similar to other studies where molecular
602 parentage analyses are not routinely conducted, such as in humans (e.g. Bolund *et al.*, 2013;
603 Stearns *et al.*, 2012). EPP introduce errors in male LRS estimates, which may unduly reduce
604 covariance between LRS and trait variation in that sex. EPP is also expected to limit phenotypic
605 resemblance between offspring and their (social) father as well as other relatives (e.g. paternal
606 grand-parents), which could reduce additive genetic variance and heritability of both male and
607 female traits estimated from an animal model but more so for male traits (Brommer *et al.*, 2005;
608 Brommer *et al.*, 2007; Charmantier & Réale, 2005; Jensen *et al.*, 2003; Morrissey *et al.*, 2007).
609 Reduced phenotypic resemblance between offspring and paternal relatives could also reduce
610 genetic covariance within and between the sexes. We would expect such a bias to be most
611 pronounced for male-specific genetic covariances, followed by cross-sex and female-specific

612 covariances. Larger covariances in females compared to males were consistent with this
613 predicted pattern. However, it is worth noting that sex differences in genetic correlations were
614 substantial, and that Morrissey *et al.* (2007) found that, for the most part, genetic correlations
615 are usually unbiased by pedigree errors because covariances and variances are usually
616 underestimated in similar proportions. The large differences between male and female genetic
617 correlations therefore suggest that sex differences in quantitative genetic parameters were
618 unlikely due to EPP alone. Nonetheless, the potential for EPP to bias estimates means that any
619 downstream sex differences in evolutionary predictions should be interpreted with caution.

620
621 In this study we have quantified the evolutionary consequences of ISC over a set of
622 morphological traits in a population of great tits by estimating the impacts of sex-specific
623 selection and genetic variance on the population's rate of adaptation. At face value, a gender
624 load of 50% for a set of traits exhibiting little sexual dimorphism appeared substantial. In
625 comparison, in a similar study in Red Deer (*Cervus elaphus*) by Walling *et al.* (2014), gender
626 load for a set of life history traits was estimated at 27.5% (calculated from their multivariate
627 evolvability ratio of 1.45). However, additional studies where a similar approach is applied will
628 be needed to reach conclusions on the relative importance of ISC quantified here and by
629 Walling *et al.* (2014). Estimates were also arguably imprecise, but since the current study and
630 the one of Walling *et al.* (2014) were based on two of the world's largest datasets for wild
631 pedigreed populations, similarly or even less precise results are to be expected as researchers
632 work toward quantifying the impacts of ISC in other systems. This is perhaps not surprising
633 given that the estimation of genetic covariances is known to require large sample sizes (Lynch,
634 1999) and that selection analyses in wild populations are often underpowered (Hersch &
635 Phillips, 2004). In that context, the joint publication of **B** matrices and sex-specific selection
636 gradients should be encouraged, even in the absence of significant results, as compiling results
637 from a large number of studies will be necessary to contextualize results and gain a broader

638 understanding of the importance of ISC in constraining contemporary evolution in natural
639 populations (Cox & Calsbeek, 2009; Poissant *et al.*, 2010; Wyman *et al.*, 2013).

640

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664 Table 1. Number of individuals, raw trait means (in millimetres), sexual dimorphism index (SDI)
 665 and univariate quantitative genetic parameters for sex-specific morphological traits in a wild
 666 population of great tits. Phenotypic variances after having accounted for fixed effects (V_p) and
 667 additive genetic variances (V_a) were estimated using a multivariate animal model. Heritability (h^2
 668 = V_a / V_p), coefficient of variation (CV_a) and mean-standardized additive genetic variance (l_a) are
 669 also presented. Standard errors are presented in parentheses. Statistical significance of V_a was
 670 tested using likelihood ratio tests.

trait	n	mean (sd)	SDI	V_p	V_a	h^2	CV_a	$l_a * 10000$
<u>males</u>								
wing length	1207	75.86 (1.32)	-0.039	1.663 (0.072)	1.255 (0.132)***	0.75 (0.06)	1.48 (0.08)	2.18 (0.23)
tarsus length	1171	23.71 (0.52)	-0.033	0.259 (0.012)	0.164 (0.022)***	0.63 (0.07)	1.71 (0.11)	2.91 (0.38)
bill depth	1167	4.59 (0.14)	-0.035	0.017 (0.001)	0.010 (0.001)***	0.57 (0.07)	2.15 (0.16)	4.63 (0.69)
bill length	1167	13.46 (0.41)	0.016	0.156 (0.007)	0.082 (0.013)***	0.53 (0.08)	2.13 (0.17)	4.54 (0.74)
<u>females</u>								
wing length	1367	73.05 (1.30)	-	1.603 (0.066)	1.247 (0.121)***	0.78 (0.06)	1.53 (0.07)	2.34 (0.23)
tarsus length	1321	22.95 (0.53)	-	0.264 (0.011)	0.204 (0.022)***	0.77 (0.06)	1.97 (0.11)	3.87 (0.41)
bill depth	1322	4.44 (0.14)	-	0.018 (0.001)	0.011 (0.001)***	0.64 (0.07)	2.40 (0.16)	5.78 (0.75)
bill length	1322	13.68 (0.47)	-	0.222 (0.009)	0.136 (0.018)***	0.61 (0.07)	2.69 (0.18)	7.25 (0.98)

671 * $p < 0.05$, ** $p < 0.01$, *** $p < 0.001$.

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