

# Constraints on the superconducting order parameter in $\text{Sr}_2\text{RuO}_4$ from $^{17}\text{O}$ NMR

A. Pustogow<sup>1\*</sup>, Yongkang Luo<sup>1,2\*</sup>, A. Chronister<sup>1</sup>, Y.-S. Su<sup>1</sup>, D. A. Sokolov<sup>3</sup>, F. Jerzembeck<sup>3</sup>,  
A. P. Mackenzie<sup>3,4</sup>, C. W. Hicks<sup>3</sup>, N. Kikugawa<sup>5</sup>, S. Raghu<sup>6</sup>, E. D. Bauer<sup>7</sup>, and S. E. Brown<sup>1</sup>

<sup>1</sup>*Department of Physics & Astronomy, UCLA, Los Angeles, CA 90095, USA;*

<sup>2</sup>*Wuhan National High Magnetic Field Center and School of Physics, Huazhong University of Science and Technology, Wuhan 430074, China;*

<sup>3</sup>*Max Planck Institute for Chemical Physics of Solids, Dresden 01187, Germany;*

<sup>4</sup>*Scottish Universities Physics Alliance, School of Physics and Astronomy, University of St Andrews, St Andrews KY16 9SS, UK;*

<sup>5</sup>*National Institute for Materials Science, Tsukuba 305-0003, Japan;*

<sup>6</sup>*Geballe Laboratory for Advanced Materials, Stanford University, Stanford, CA, 94305, USA;*

<sup>7</sup>*Los Alamos National Laboratory, Los Alamos, New Mexico 87545, USA.*

**1 Phases of matter are usually identified through the lens of spontaneous symmetry break-**  
**2 ing, which particularly applies to unconventional superconductivity and the interactions it**  
**3 originates from. In that context, the superconducting state of the quasi-two-dimensional and**  
**4 strongly correlated  $\text{Sr}_2\text{RuO}_4$  is uniquely held up as a solid-state analog to superfluid  $^3\text{He-A}^{1,2}$ ,**  
**5 with an odd-parity vector order parameter that is unidirectional in spin space for all elec-**  
**6 tron momenta and also breaks time-reversal symmetry. This characterization was recently**

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\*These authors contributed equally to this work.

7 called into question by a search for, and failure to find, evidence for an expected “split” tran-  
8 sition while subjecting a  $\text{Sr}_2\text{RuO}_4$  crystal to in-plane uniaxial pressure; instead a dramatic  
9 rise and peak in a single transition temperature was observed <sup>3,4</sup>. NMR spectroscopy, which  
10 is directly sensitive to the order parameter via the hyperfine coupling to the electronic spin  
11 degrees of freedom, is exploited here to probe the nature of superconductivity in  $\text{Sr}_2\text{RuO}_4$   
12 and its evolution under strained conditions. A reduction of Knight shifts  $K$  is observed for  
13 all strain values and temperatures  $T < T_c$ , consistent with a drop in spin polarization in the  
14 superconducting state. In unstrained samples, our results are in contradiction with a body of  
15 previous NMR work <sup>5</sup>, and with the most prominent previous proposals for the order param-  
16 eter.  $\text{Sr}_2\text{RuO}_4$  is an extremely clean layered perovskite, and the superconductivity emerges  
17 from a strongly correlated Fermi Liquid. The present work imposes tight constraints on the  
18 order-parameter symmetry of this archetypal system.

19 The normal state of  $\text{Sr}_2\text{RuO}_4$  is based on three bands crossing the Fermi level <sup>6,7</sup>, with pro-  
20 nounced strong-correlation characteristics linked to Hund’s Rule coupling of the partially filled  
21 Ru  $t_{2g}$  orbitals dominating the Fermi surface. The transition to a superconducting ground state at  
22  $T_c = 1.5 \text{ K}$  <sup>8</sup>, with indirect evidence for proximity to ferromagnetism, led to the suggestion that the  
23 pair wave functions of the superconducting state likely exhibit a symmetric spin part, *i.e.*, triplet <sup>1</sup>.  
24 Crucial support for the existence of a triplet order parameter rested on NMR spectroscopy, which  
25 showed no change in Knight shift between normal and superconducting states<sup>5</sup>. Later, several ex-  
26 periments produced evidence for time-reversal symmetry breaking (TRSB) <sup>9,10</sup>. Together, these  
27 reports aligned well to the above-mentioned proposal that  $\text{Sr}_2\text{RuO}_4$  is a very clean, quasi two-

28 dimensional solid-state analog of the topologically nontrivial  $^3\text{He-A}$  phase <sup>11</sup>, but here in the form  
29 of a charged superfluid.

30 However, several experimental results are difficult to reconcile with the proposed  $p$ -wave  
31 superconducting state <sup>12-14</sup>. For instance, due to TRSB, there is the generic expectation of measur-  
32 able chiral edge currents (which propagate within a coherence length of the edge, but which are  
33 screened over a somewhat larger penetration depth scale). However, such currents have not been  
34 detected despite several attempts with progressively improved sensitivity <sup>15-17</sup>.

35 In mean-field theory, a chiral  $p$ -wave superconductor subjected to in-plane uniaxial strain  $\varepsilon_{aa}$   
36 exhibits a split transition, and accompanying cusp about  $\varepsilon_{aa} = 0$ . However, strained samples of  
37  $\text{Sr}_2\text{RuO}_4$  exhibit neither; observed instead is a large increase in  $T_c$  ( $1.5 \rightarrow 3.5$  K), that peaks at  
38  $\varepsilon_{aa} = \varepsilon_v \equiv -0.5\%$  <sup>4</sup>. The behavior was interpreted as a consequence of tuning the Fermi energy  
39  $E_F$  of the quasi-2D band through a van Hove singularity (vHs), and concomitant singularity in  
40 the density of states (DOS) at  $E_F$  <sup>18</sup>. These observations motivated a study of  $^{17}\text{O}$  nuclear mag-  
41 netic resonance (NMR) in uniaxially pressurized samples; indeed, evidence for the DOS maximum  
42 and accompanying enhanced Stoner factor came from normal-state  $^{17}\text{O}$  NMR experiments <sup>19</sup>. The  
43 results have bearing on the chiral  $p$ -wave state hypothesis: on the one hand, an odd-parity order pa-  
44 rameter vanishes at the location of the vHs, thereby reducing the impact of the DOS enhancement;  
45 on the other hand, the enhanced Stoner factor and ferromagnetic fluctuations could strengthen the  
46 pairing instability.

47 The focus of this paper is  $^{17}\text{O}$  NMR Knight shift studies on uniaxially pressurized  $\text{Sr}_2\text{RuO}_4$ ,

48 comparing the shifts seen in the normal and superconducting states. The experiments were car-  
 49 ried out in a variable-strain device<sup>20,21</sup>, and cover the full range of  $T_c$  from 1.5 K to 3.5 K.<sup>17</sup>O  
 50 NMR spectroscopy is directly sensitive to the spin polarization  $M_s$ ; the expectation for an  $s$ -wave  
 51 (singlet) superconductor is a reduction in the paramagnetic shift, which would vanish in the limit  
 52  $T/T_c \rightarrow 0$  and  $B/B_{c2} \rightarrow 0$ , whereas for the widely proposed  $E_u$  state (Table 1)  $K_s \equiv M_s(B)/B$ <sup>22</sup>  
 53 remains unchanged from the normal-state value. Summarizing the findings, onset of superconduct-  
 54 tivity leads to a substantial drop in  $M_s$  for all strains measured; the zero-strain results are therefore  
 55 in disagreement with those previously reported<sup>5</sup>. We describe a series of tests which, we believe,  
 56 account for this discrepancy. While  $M_s$  remains nonzero for  $T \rightarrow 0$ , note that quasiparticle cre-  
 57 ation occurs for several possible reasons in applied fields  $B_0 \neq 0$ . No evidence for a change in  
 58 ground state symmetry is observed as the strain is varied over the interval  $\varepsilon_{aa} = [0, \varepsilon_v]$ .

59 The crystal structure of  $\text{Sr}_2\text{RuO}_4$  is identical to that of the undoped parent compound of the  
 60 “214” cuprates,  $\text{La}_2\text{CuO}_4$ . Likewise, the states at  $E_F$  are predominantly of  $d$  character; here they  
 61 derive from Ru  $t_{2g}$ -O  $\pi$  hybridization. Extended Data Fig. 1a depicts the orbitals dominating  
 62 the  $\gamma$  band, associated with the Ru, O(1), O(1') sites. The O(2) sites are in the apical positions,  
 63 symmetrically above and below the Ru site. Throughout this report, the magnetic field  $\mathbf{B}_0 \parallel \mathbf{b}$ ,  
 64 since out-of-plane field components suppress  $B_{c2}$ . On stressing the sample, the relevant response  
 65 is the resulting asymmetric strain  $\varepsilon_{aa} - \varepsilon_{bb}$ ; only  $\varepsilon_{aa}$  is noted here.

66 Since magnetic fields lead to quasiparticle spin polarization, the ideal experiment has the  
 67 applied field  $B_0 \ll B_{c2}$ . Nuclear spin polarization, on the other hand, favors the largest field

68 possible. For guidance in making this compromise in the choice of experimental parameters, we  
69 determined  $B_{c2}(\varepsilon_{aa})$  (see Methods) and present the results in Fig. 1.  $B_{c2}$  is maximized at  $\varepsilon_v$ ,  
70 coincident with  $T_c^{max}$ , at a value  $(4.3 \pm 0.05 \text{ T})$  within a few per cent of that  $(4.5 \text{ T})$  reported in Ref.  
71 <sup>4</sup>. The reduction could be a result of a small misalignment from the in-plane condition,  $O(1^\circ)$  <sup>14,23</sup>.  
72 The minimum value is  $B_{c2}(\varepsilon_{aa}) = 1.32 \pm 0.05 \text{ T}$ , identified by extending the measurements to  
73 tensile strains  $\varepsilon_{aa} > 0$ .

74 The temperature dependences of the  $^{17}\text{O}$  central transition frequencies for the three sites were  
75 measured at  $\varepsilon_{aa} = \varepsilon_v$ , where  $B_{c2}$  is largest, at  $B_0 = 1.9980 \text{ T}$ . The resulting spectra, shown in Fig.  
76 2, reveal pronounced changes in shift upon decreasing the temperature through  $T_c(B_0)$ . Since the  
77 orbital shifts are relatively small, the frequencies corresponding to  $K = 0$  (vertical dashed lines)  
78 are attributed to quadrupolar effects <sup>19</sup>.

79 Since the normal-state Knight shifts  $K_{1b} < 0$ ,  $K_{1'b} > 0$ , the changes for  $T < T_c$  in Fig. 2b  
80 correspond to a drop in  $M_s$  of order 20–30 %, qualitatively different from the zero-strain results <sup>5</sup>.  
81 Note that the shifts  $K \sim M_s/B_0$ , remain nonzero for  $T \rightarrow 0$ , where field-induced quasiparticles  
82 are likely relevant at the relatively high fields ( $B_0/B_{c2} \simeq 0.45$ ) at which the measurement was  
83 performed. In addition to the contributions from vortex cores, two other sources should be consid-  
84 ered in the context of gap nodes, or at least the deep minima; these are the Volovik Effect <sup>24</sup>, and  
85 Zeeman coupling.

86 The observed drop of  $M_s$  upon entering the superconducting state under strained conditions  
87 invites a comparison to the previous zero-strain experiments, for which the lack of reported de-

crease constituted a cornerstone of the case for a chiral  $p$ -wave order parameter. Therefore, we carried out measurements covering the entire interval  $\varepsilon_{aa} = [0, \varepsilon_v]$ . In doing so, the results were found to depend on NMR pulsing details. With this important observation in mind, a reexamination of the shifts for  $\varepsilon_{aa} = 0$  is presented first.

In Fig. 3 we present the spectra with no applied stress, collected following various pulse excitations. The applied field is  $B_0 = 0.7107$  T, similar to the 0.65 T used in Ref. [5], and the mixing chamber temperature is  $T_{MC} = 20$  mK. Note that from Fig. 1,  $B_0/B_{c2}(\varepsilon_{aa} = 0) \simeq 0.55$ . As above, the three spectral lines shown are the central transitions for O(1), O(2) and O(1'), from low to high frequency, respectively. The top trace of Fig. 3a corresponds to the normal state at  $T = 1.8$  K, collected using a standard two-pulse echo pulse sequence,  $[\pi/2 - t_1 - \pi - \text{acquire}]$ . The remaining spectra are all recorded at 20 mK base temperature, and transformed from transients following single-pulse excitations of variable time durations  $d_1$ , chosen because it is far less constraining than the echo sequence in regard to the amount of energy transmitted. These are ordered bottom-to-top with increasing pulse energy. Fig.3b depicts the shifts *vs.* pulse energy  $E$ ; the variations are approximately linear for smaller energies, and saturate near to the normal-state values for higher energies.

It is tempting to assign the evolution,  $K$  *vs.*  $E$ , to “instantaneous” sample heating, such that the spectra are recorded while  $T > T_c(B_0)$ . Indeed, eddy currents resulting from the high amplitude RF pulses provide a mechanism for absorption. Moreover, the heat capacity vanishes continuously in the limit  $T \rightarrow 0$ . Consequently, a larger temperature increase results from a

108 given amount of energy dissipated at lower temperatures. Note that a check of the nuclear spin-  
109 lattice relaxation time  $T_1$  is usually insensitive to such an effect, since the time scales for  $T_1$  and  
110 electronic thermal relaxation are so different,  $T_1 \gg \tau_{th}$ . Therefore, it is possible that the spectra  
111 recorded following high-energy pulses correspond to those of the normal state, while  $T_1$  results  
112 correspond to the superconducting state. For insight into the thermal conditions imposed by the  
113 RF pulses, time-synchronous measurements of the tank circuit reflected power were carried out.  
114 A summary of the conditions is as follows: an RF pulse (or sequence), as used for the NMR  
115 excitation, “pumps” the system. It is followed by a low-power RF probe, and the reflection is  
116 phase-sensitively detected using the NMR receiver. In this way we study the temporal changes to  
117 the reflected power, which depends on the sample response to the RF. Note that this is equivalent  
118 to an ac susceptibility measurement, and relates to RF shielding. Comparisons to the normal  
119 state are possible by measuring also the field dependence, including  $B_0 > B_{c2}$ , or by warming to  
120  $T > T_c(B_0 = 0)$ .

121 Our results for in-phase (IP) and quadrature (Q) components of the reflected power are shown  
122 in Fig. 4, where the applied pulse energies cover the range used for the NMR measurements. Note  
123 that the overall phase is arbitrary. For sufficiently high energy pulses, the recovery to a steady state  
124 takes place via a two-step process. Aided by comparing to similar measurements carried out in  
125 varying fields (see Methods, Extended Data Fig. 5), our interpretation is that the sample under  
126 study is initially responding as though it is in the normal state. This lasts for a period of about 100  
127  $\mu s$ . A second, longer period of relaxation ( $O(1 \text{ ms})$ ), occurs within the superconducting state. The  
128 longer time is likely due to changing vortex structure, motion and creep. No such time dependence

129 is observed if the sample is initially in the normal state.

130 In summarizing the results presented so far, the experiments indicate a reduced spin polar-  
131 ization upon entering the superconducting state at zero strain, as well as at  $\varepsilon_v$ . The field strengths  
132 relative to the upper critical field were  $B_0/B_{c2} = 0.55$  and  $0.45$ , respectively. An important ques-  
133 tion is whether there is any indication for a change in order parameter symmetry between these  
134 limiting cases. Toward that end, spectra from normal and superconducting states were recorded  
135 for strains covering the interval  $\varepsilon_{aa} = [0, \varepsilon_v]$  (see Extended Data Fig. 5 and Methods). Collected  
136 at fields  $0.7107$  T,  $1.1573$  T, the data in the superconducting state vary continuously, with no dis-  
137 cernible jump in  $M_s$ . Since one route to a symmetry change is via a first-order phase transition,  
138 these results, when combined with the smooth variations of  $B_{c2}$  (Fig. 1) and the previously mea-  
139 sured  $T_c^4$ , suggest this possibility unlikely.

140 The key experimental finding reported here is our deduction that, at all applied uniaxial  
141 pressures, the spin susceptibility deduced from our Knight shift measurements is substantially  
142 suppressed at  $20$  mK from the normal-state value. For unstrained samples, this result is therefore  
143 inconsistent with the previously considered  $\mathbf{d} = \hat{z}(k_x \pm ik_y)$  order parameter, or indeed any odd-  
144 parity state with an out-of-plane  $\mathbf{d}$ . Since such order parameters have been widely postulated to be  
145 relevant to  $\text{Sr}_2\text{RuO}_4$  for over twenty years, this represents a major advance in our understanding of  
146 this exemplar of unconventional superconductivity.

147 Although we can rule out specific odd-parity order parameters of the type described above,  
148 we cannot rule out all odd-parity states on the basis of our NMR data alone. In Table 1, we present



149 a broader summary of the expected Knight-shift changes for symmetry-allowed order parameters  
 150 in  $\text{Sr}_2\text{RuO}_4$ ; a partial drop of the spin susceptibility is predicted in some cases. The magnitude  
 151 of the drop that we see is therefore important. The uncertainty in estimating the quasiparticle  
 152 background signal at  $B_0/B_{c2} \sim 0.5$  also means that we cannot definitively distinguish odd-parity  
 153 order parameters with in-plane d-vectors (such as the  $A_{1,2u}$  and  $B_{1,2u}$  states in Table 1) from even  
 154 parity states at all measured strains. By reducing the measurement field to 0.7107 T, we obtain a  
 155 drop of 75% in the Knight shift at  $\varepsilon_{aa} = \varepsilon_v$ , see Extended Data Fig. 5. If that is all attributable to the  
 156 spin susceptibility it would indeed rule out all the triplet states listed in Table 1. For the unstrained  
 157 samples we observe a maximum Knight-shift reduction of approximately 50%, not inconsistent  
 158 with  $A_{1,2u}$  or  $B_{1,2u}$  symmetry. We believe that further work on larger and more completely  $^{17}\text{O}$   
 159 enriched samples will enable determination of whether the true reduction is more than 50% in  
 160 the unstrained case. We note that reconciling with the independent observations of TRSB would  
 161 require some amount of fine-tuning or some unusual physics. For instance, one may consider a  
 162 situation in which, accidentally, the  $A_{1u}$  and  $B_{1u}$  states had nearly identical transition temperatures.  
 163 In that case, one may imagine forming distinct domains, some stabilizing the  $A_{1u}$  state, others the  
 164  $B_{1u}$  state, and with non-trivial relative phases between such domains resulting in TRSB. Since  
 165 NMR is a local probe, domains of this kind would generally produce distinct line shapes which we  
 166 do not observe. In the even-parity sector, the tetragonal crystal field prevents in-plane paired states  
 167 such as  $d_{x^2-y^2}$  and  $d_{xy}$  from having the same  $T_c$ , so the only plausible TRSB order parameter would  
 168 be of the form  $d_{xz} \pm id_{yz}$  ( $\psi_{chiral}$  in Table 1), an exotic state for which the Cooper pairing would  
 169 be between electrons in adjacent planes. For any bulk TRSB state, however, transition splitting

170 under uniaxial pressure is expected. Since a split transition has not yet been observed, either in our  
171 work or elsewhere <sup>25</sup>, extending TRSB-sensitive measurements to strained Sr<sub>2</sub>RuO<sub>4</sub> is a priority  
172 for future work. Overall, these are exciting times for research on Sr<sub>2</sub>RuO<sub>4</sub>, with the promise of a  
173 fundamentally new framework with which to understand its enigmatic superconductivity.

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245 conceived and designed the experiments. D.S., N.K., F.J., C.W.H. and A.P.M. prepared the crystal. E.D.B.  
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250 **Competing Interests** The authors declare that they have no competing financial interests.

251 **Correspondence** Correspondence and requests for materials should be addressed to A. Pustogow  
252 (pustogow@physics.ucla.edu), Y. Luo (mpzlyk@gmail.com), or S. E. Brown (brown@physics.ucla.edu).

## 253 **Main Figure Legends**

254 Fig. 1: | **Strain dependence of the upper critical field of  $\text{Sr}_2\text{RuO}_4$ .**  $B_{c2}(T \rightarrow 0, \varepsilon_{aa})$ ,  
255 determined by ac susceptibility measurements at base temperature,  $T = 20$  mK. The increase with  
256 compressive strain peaks at  $\varepsilon_v$ , thus closely following the trend of the critical temperature  $T_c$ <sup>4</sup>.  
257 Inset: Strain gradients become more pronounced at higher strain reaching about  $0.1\varepsilon_v$  at the van  
258 Hove singularity. More details in Methods.

259 Fig. 2: | **Knight shifts  $K$  vs.  $T$ , measured at the van Hove singularity ( $\varepsilon_{aa} = \varepsilon_v$ ).** **a**,  
260 The NMR spectra at applied field  $B_0 = 1.9980$  T and carrier  $f_0 = 11.54$  MHz. Shown are three  
261 peaks corresponding to the O(1), O(2) and O(1') sites (from left to right). Vertical lines indicate  
262 normal-state (solid) and  $K = 0$  (dashed) frequencies. **b**, The associated Knight shifts  $K_{1b}$  and  $K_{1'b}$

263 show a pronounced reduction below  $T_c(B_0) = 2.6$  K (see lower inset and Methods), evidencing a  
 264 drop of spin polarization  $M_s$  in the superconducting state. Upper inset: Experiments with varied  
 265 pulse energy reveal a similar decrease of  $M_s$  below  $T_c$  for  $\varepsilon = 0$ ; details below, see Fig. 3. Error  
 266 bars correspond to 1/4 of the FWHM.

267 **Fig. 3: | Zero-strain  $^{17}\text{O}$  NMR spectra of  $\text{Sr}_2\text{RuO}_4$  for varying pulse energy.** **a**, Free  
 268 induction decay (FID) measurements with varying pulse lengths  $d_1 \leq d_{\pi/2}$  ( $\pi/2$  corresponds to  
 269  $E = 7.5 \mu\text{J}$ ) were applied at the nominal base temperature  $T_{MC} = 20$  mK, with  $B_0 = 0.7107$  T,  
 270  $f_0 = 4.137$  MHz. The O(1) and O(1') peak shifts indicate smaller  $M_s$  for smaller  $E$ . For each  
 271 site, the normal-state position is marked by the solid vertical lines; the estimated  $K = 0$  position  
 272 is the dashed line. **b**, Energy (equivalently: tip angle  $\beta$ ) dependence of O(1), O(1') shifts. Inset:  
 273 The relative Knight shift reductions (normalized to normal state). Note that the three sites give  
 274 comparable reductions; uncertainties for O(2) site are not shown. Error bars defined like in Fig.  
 275 2b.

276 **Fig. 4: | Transient effects following RF pulses,  $\varepsilon_{aa}=\mathbf{0}$ .** A short RF pulse of duration  $d_1$   
 277 is applied at time  $\tau = 0$ , followed by a low-power time-resolved cw measurement of the NMR  
 278 tank circuit phase-sensitive reflected power, which is an RF equivalent to a complex ac suscepti-  
 279 bility measurement. The data are presented as  $\delta\rho_T$  vs.  $E$ , with  $\delta\rho_T$  the changes to the reflection  
 280 coefficient, and  $E$  the energy of the pulse. Both in-phase (IP) and quadrature (Q) parts of  $\delta\rho_T$  are  
 281 strongly impacted, at short times  $\tau$ , for larger energies  $E$ . No similar time-dependence is observed  
 282 when the sample is initially in the normal state.

represent.	basis func.	Nodes	TRSB	$\chi_{b0}/\chi_N$
$A_{1u}$	$\vec{d} = \hat{x}k_x + \hat{y}k_y$	No	No	1/2
$B_{1u}$	$\vec{d} = \hat{x}k_x - \hat{y}k_y$	No	No	1/2
$A_{2u}$	$\vec{d} = \hat{x}k_y - \hat{y}k_x$	No	No	1/2
$B_{2u}$	$\vec{d} = \hat{x}k_y + \hat{y}k_x$	No	No	1/2
$B_{1g}$	$\psi_d = k_x^2 - k_y^2$	vertical	No	0
$B_{2g}$	$\psi_d = k_x k_y$	vertical	No	0
$E_u$	$\vec{d} = \hat{z}(k_x \pm ik_y)$	No	Yes	1
$E_u$	$\vec{d} = k_z(\hat{x} \pm i\hat{y})$	horizontal	Yes	1/2
$E_g$	$\psi_{chiral} = k_z(k_x \pm ik_y)$	horizontal	Yes	0

Table 1: Irreducible representations for selected allowed  $p$ - and  $d$ - wave order parameters compatible with the  $D_{4h}$  symmetry of  $\text{Sr}_2\text{RuO}_4$ . The two  $E_u$  states identified belong to the same irreducible representation and can therefore coexist. Hence, the horizontal nodes of the  $E_u$  state with in-plane d-vector are not protected. Table entries for the ground state susceptibilities  $\chi_{b0}$  apply to the case  $\mathbf{B} \parallel \mathbf{b}$ , and ignore spin-orbit coupling. Generally, the response vanishes in the case  $\mathbf{B} \parallel \mathbf{d}$ <sup>2,26,27</sup>. In the presence of spin-orbit coupling (SOC), spin is no longer a good quantum number. While SOC is relevant to  $\text{Sr}_2\text{RuO}_4$ <sup>28</sup>, the presence of an inversion center and time-reversal symmetry in its normal state leads to the conclusion that spin-orbit effects are important only near regions of accidental band degeneracy, which occupy a small fraction of the Brillouin zone, away from those areas at which the density of states is maximised. Consequently, taking SOC into account will not substantially affect the magnetic responses listed in the fifth column.  $\chi_N$  is the normal-state spin susceptibility.



## 283 **Methods**

284 **Experimental.** The geometry of the experiment is shown in Extended Data Fig. 1. The crystal  
285 structure consists of layers of corner-sharing O octahedra with Ru ions at the center of each. In  
286 panel **a**, we illustrate the planar coordination (at the Y point of the Brillouin Zone) of hybridizing  
287 Ru and O orbitals predominating the quasi-2D  $\gamma$  band character. An in-plane magnetic field  $B_0 \parallel b$   
288 yields inequivalent O(1) and O(1') sites with distinct Knight shifts. Uniaxial deformation along  
289 the  $a$ -axis pushes the  $\gamma$  states at  $E_F$  towards the Brillouin zone boundary (Extended Data Fig.1b)  
290 giving rise to a van Hove singularity in the density of states <sup>4,19</sup>.

291 High-quality single crystalline  $\text{Sr}_2\text{RuO}_4$  used for these measurements was grown by the  
292 floating-zone method as described elsewhere <sup>8</sup>. Smaller pieces were cut and polished along crystal-  
293 lographic axes with typical dimensions  $3 \times 0.3 \times 0.15 \text{ mm}^3$ , with the longest dimension aligned with  
294 the  $a$ -axis.  $^{17}\text{O}$  isotope ( $^{17}I = 5/2$ , gyromagnetic ratio  $^{17}\gamma_n = -5.7719 \text{ MHz/T}$  <sup>29</sup>) spin-labelling  
295 was achieved by annealing in 50%  $^{17}\text{O}$ -enriched oxygen atmosphere at  $1050 \text{ }^\circ\text{C}$  for 2 weeks <sup>5</sup>. The  
296 sample quality after annealing was confirmed by specific heat measurements which show  $T_c \approx 1.5$   
297 K, essentially the same as before annealing <sup>19</sup>.

298 A piezoelectric-type strain cell (Razorbill, UK) was employed to generate the uniaxial stress,  
299 and corresponding strain distortions along the  $a$ -axis. Sample mounting between clamping plates  
300 included black Stycast 2850 (Loctite), with an effective compressive length about 0.9 mm. The  
301 strain values  $\varepsilon_{aa}$  were estimated by a pre-calibrated capacitive dilatometer, and could reflect con-  
302 siderable systematic overestimation. Previous estimates place  $\varepsilon_v \simeq -0.6\%$ . For NMR measure-

303 ments, a small coil of  $\sim 23$  turns is made around the sample with  $25 \mu\text{m}$  Cu wire. In Extended  
 304 Data Fig. 1c we show the sample mounted in the strain cell where  $\epsilon_{aa} \parallel a$  and  $B_0 \parallel b$ . The NMR  
 305 coil was wrapped around the free part of the crystal, thus covering only the non-glued area that is  
 306 subject to uniaxial stress. More information on strain-dependent NMR experiments on  $\text{Sr}_2\text{RuO}_4$   
 307 can be found in Ref. <sup>19</sup>.

308 NMR measurements were performed using a standard Hahn echo sequence with external  
 309 magnetic field parallel to **b**-axis. Two samples in total were measured in this work, denoted as S1  
 310 and S2 respectively. S1 was measured at fixed strain  $\epsilon_v$  ( $T_c = T_c^{max}=3.5$  K) and carrier frequency  
 311  $f_0=11.54$  MHz ( $B_0 = 1.9980$  T) at temperatures spanning both sides of  $T_c$ . Two sets of measure-  
 312 ments on S2 were carried out. First, a fixed carrier frequency  $f_0 = 6.7$  MHz ( $B_0 = 1.1573$  T) was  
 313 chosen, for measurements at temperatures  $25$  mK (SC state) and  $4.3$  K (normal state), as a function  
 314 of strain up to  $-0.58\%$ . The second set of strain-dependent measurements in the superconducting  
 315 state ( $T = 25$  mK) was performed at  $f_0 = 4.137$  MHz ( $B_0=0.7107$  T), followed by a detailed  
 316 study at zero strain. All measurements on S2 were performed using a dilution refrigerator (Oxford  
 317 Kelvinox, UK) with the entire strain jig, including the  $\text{Sr}_2\text{RuO}_4$  crystal, immersed inside the mix-  
 318 ing chamber. The magnetic field value  $B_0$  was referenced to the  $^3\text{He}$  nuclear resonance condition  
 319 at  $f_0$ . The mixing chamber temperature  $T_{MC} = 20$  mK was confirmed by a measurement of the  
 320  $^{63}\text{Cu}$   $T_1$  (in the coil), and exploiting the accepted value  $T_1 T = 1.27$  s-K.

321 **NMR shift correction due to quadrupolar splitting.** The NMR Knight shift,  $K$ , is generically  
 322 defined as the percentage of the shift of resonance frequency with respect to a reference frequency  
 323  $f_{ref}=^{17}\gamma_n B_0$ , viz.  $f=^{17}\gamma_n B_0(1 + K)$ . However, an additional field-dependent correction is neces-

324 sary for nuclei with  $I > 1/2$ , due to quadrupolar coupling to the electric field gradient. On a relative  
 325 scale, the angle-dependent correction to the central transition is more important in weaker fields.  
 326 It was numerically evaluated by diagonalizing the nuclear spin Hamiltonian

$$H_{tot} = H_Z + H_Q, \quad (1)$$

327 where

$$H_Z = h^{17} \gamma_n (1 + K) \mathbf{B}_0 \cdot \hat{\mathbf{I}} \quad (2)$$

328 characterizes the Zeeman effect, and

$$H_Q = \frac{eQV_{zz}}{4I(2I-1)} [3\hat{I}_z^2 - \hat{\mathbf{I}}^2 + \eta(\hat{I}_x^2 - \hat{I}_y^2)] \quad (3)$$

329 is the quadrupolar term. Here  $h$  is Planck's constant,  $\hat{\mathbf{I}} = (\hat{I}_x, \hat{I}_y, \hat{I}_z)$  is nuclear spin operator,  $Q$  is  
 330 nuclear quadrupole moment, and  $\eta = (V_{xx} - V_{yy})/V_{zz}$  is the asymmetry parameter with  $V_{xx}$ ,  $V_{yy}$  and  
 331  $V_{zz}$  being the components of the electric-field gradient (EFG) tensor.

332 For our magnetic field values used in this work, the calculated corrections for different  $^{17}\text{O}$   
 333 sites are listed in Table 2 (in unit of kHz).

334 **Upper critical field measurements and estimation of strain gradients.** As summarized in Fig. 1,  
 335 the upper critical field  $B_{c2}$  was determined at base temperature  $T_{MC} = 20$  mK by measuring the  
 336 field dependence of the power reflected from the NMR tank circuit. More specifically, the fre-  
 337 quency is set close to the tune/match condition. Variations in the reflection coefficient  $\delta\rho_T$  relate  
 338 to changes in the complex load impedance. Consequently, the measurement is equivalent to an  
 339 ac susceptibility experiment, and is sensitive to screening current changes that occur, for example,

340 when the system is driven from the superconducting to the normal state by the magnetic field.  
 341  $B_{c2}$  is taken as the steepest slope at the transition midpoint, *i.e.*, the maximum of  $d(\delta\rho_T)/dB_0$ ,  
 342 as plotted in Extended Data Fig. 2a,b for the respective strain potential bias,  $U_{Piezo}$ . The 'onset'  
 343 and 'lower end' values were defined as the kinks in the derivative  $d(\delta\rho_T)/dB_0$  above and below  
 344  $B_{c2}$ , respectively. The superconducting transition exhibits considerable broadening with increasing  
 345 compressive strain  $\varepsilon_{aa}$ . To model the apparently smeared transition, we assumed a Gaussian distri-  
 346 bution of strains, and used the resulting distribution in  $B_{c2}$  to generate the solid magenta curves in  
 347 Extended Data Fig. 2. The curves shown correspond to strain variations of 10% of the normalized  
 348 value,  $\varepsilon_{aa}/\varepsilon_v$  (see inset of Fig. 1). The approach provided a self-consistent method for estimating  
 349 the relative importance of strain distributions, and suitably describes our observations.

350 **Assessing the zero-strain position.** The “zero-strain” condition attributed to the spectra shown  
 351 in Fig. 3 was determined by taking the minimum in  $B_{c2}$  as a proxy. Note that since there is  
 352 differential thermal contraction between strain device and sample, the strain-free condition needed  
 353 to be assessed *in situ*. The determination was carried out in two steps. First, for a range of discrete  
 354 values of piezo bias  $U_{piezo}$  ranging to positive and negative values about 0 V,  $B_{c2}(U_{piezo})$  was  
 355 determined using field sweeps and recording the reflected power, just as for the measurements  
 356 described in Fig. 1, and Extended Data Fig. 2. Example sweeps are shown in Extended Data Fig.  
 357 3a,b, from which the minimum was found to be near  $U_{piezo} = 0$  V. A more accurate determination  
 358 was made by first setting the initial field to  $B_{c2}(U_{piezo} = 0$  V). That is, the conditions were set to  
 359 the transition midpoint as shown in the inset of Extended Data Fig. 3c. Then, changes in reflected  
 360 power were recorded on sweeping  $U_{piezo}$  about zero. Here again, we found the zero-strain condition

361 indistinguishable from  $U_{piezo} = 0$  V. Thus, our experiments at low pulse energy indeed probe the  
362 superconducting properties of  $\text{Sr}_2\text{RuO}_4$  at zero strain.

363 **Time-synchronous reflected power response.** Our interpretation of the time-synchronous re-  
364 flected power measurements were aided by comparable measurements carried out in variable field  
365 conditions, with the goal to contrast normal- and superconducting-state responses. Results are  
366 shown in Extended Data Fig. 4, where the applied pulse energies cover the range used for the  
367 NMR measurements. First consider panel **b**, which documents a measurement of the power re-  
368 flected from the NMR tank circuit as the magnetic field is varied to a strength exceeding  $B_{c2}$ .  
369 The jump at 1.3 T corresponds to the transition to the normal state. The evolution at lower fields  
370 is presumably associated with the response of a changing vortex structure, including density and  
371 characteristic length scales. The vertical dashed line is the measurement field for the spectra shown  
372 in Fig. 3,  $B_0 = 0.7107$  T. Both components of  $\delta\rho_T$ , in-phase (IP) and quadrature (Q), show a pro-  
373 nounced time dependence for large pulse energies. Our interpretation is that the sample under  
374 study is initially responding as though it is in the normal state. The relaxation back to the static su-  
375 perconducting state appropriate for the applied field occurs via a two-step relaxation process. First  
376 it is normal for  $\tau \leq 100 \mu\text{s}$ , followed by a slower relaxation on the order of a few milliseconds,  
377 while in the superconducting state. The horizontal dotted lines in Extended Data Fig. 4 indicate  
378 the values  $\delta\rho_T(B_0)$  right above and below the superconducting transition, as well as the static state  
379 at 0.7107 T. The longer time is likely due to changing vortex structure, motion and creep. No such  
380 time dependence is observed if the sample is initially in the normal state.

381 **Strain-dependent NMR shifts.** The results from strain-dependent studies of the NMR Knight  
382 shifts are shown in Extended Data Fig. 5, with data from the superconducting state depicted by  
383 open symbols (equilibrium temperature 20 mK), and from the normal state indicated by solid  
384 symbols (equilibrium temperature 4.3 K)<sup>19</sup>. In addition to the results from Fig. 2 (green;  $T =$   
385 20 mK,  $B_0 = 1.9980$  T), two different fields are shown for each temperature. The suppression of  
386 Knight shifts  $K$  in the superconducting state reaches about 80% for strain near  $\varepsilon_v$  in the case of  
387  $B_0=0.7107$  T (blue). The effect of superconductivity weakens on lowering the strain, as  $T_c$  and  
388  $B_{c2}$  both decrease. Since the spectra are generated by the standard echo sequence for these data,  
389 the pulse energies are large – about  $E \approx 10 \mu\text{J}$ , which is comparable to the top trace in Fig. 3 of  
390 the main text. Thus, the results at low and zero strain correspond to the normal-state shifts, which  
391 is very obvious in the 20 mK results at 1.1573 T (orange) that deviate from the 4.3 K data only  
392 for  $\varepsilon_{aa} > \varepsilon_v/2$ . While the reduction of  $K$  is generally more pronounced for 0.7107 T, also these  
393 data approach the normal-state values towards  $\varepsilon_{aa} \rightarrow 0$ . Evidently, the impact of the pulse energy  
394 decreases when the sample is strained because  $T_c$  increases and the heating effect is not sufficiently  
395 strong to drive the crystal to the normal state. The results appear to vary continuously with applied  
396 field and strain, hence they provide no indication for a first-order phase transition between different  
397 superconducting order parameter symmetries.

## 398 **Method References**

399 29. Hoult, D.I. Sensitivity of the NMR Experiment (eMagRes, Wiley Online Library, 2007)

## 400 **Data Availability Statement**

401 The data that support the findings of this study are available within the paper. Additional  
402 informations are available from the corresponding authors upon reasonable request.

### 403 **Extended Data Figure Legends**

404 **Extended Data Fig. 1 | RuO<sub>2</sub> plane, with  $d_{xy} - p$  hybridizing orbitals and experimental**  
405 **setup. a,** Depiction of Ru  $d_{xy}$ - and hybridizing O  $p$ -orbitals at the Y-point, which dominate forma-  
406 tion of the  $\gamma$  band. NMR shifts are measured at the O(1) and O(1') sites. **b,** Compressive  $a$ -axis  
407 stress shifts the  $\gamma$  band Fermi surface to the zone boundary at Y. **c,** Image of the strain device. The  
408 enlarged view highlights the Sr<sub>2</sub>RuO<sub>4</sub> single crystal mounted between piezoelectric actuators, with  
409  $B_0$  parallel to the  $b$ -axis and  $a$ -axis compressive stress,  $\varepsilon_{aa}$ . The NMR coil covers the free part of  
410  $\approx 1$  mm length.

411 **Extended Data Fig. 2 | Estimation of strain gradients. a,**  $B_{c2}$  in Fig. 1 was determined  
412 from magnetic field sweeps of the tank circuit reflected power. The broadening of the supercon-  
413 ducting transition was modeled by a Gaussian strain distribution of half-width  $\delta\varepsilon/\varepsilon_{aa} \simeq 10\%$  (pink  
414 lines). **b,** The fitting curves also match with the corresponding derivative  $d(\delta\rho_T)/dB_0$ . For clarity,  
415 only a subset of the measured fields is shown.

416 **Extended Data Fig. 3 | Tuning the crystal to zero strain. a,** Measurements of the reflected  
417 power  $\delta\rho_T$  at low strain indicate that  $B_{c2}$  has a minimum near  $U_{Piezo} = 0$  V. **b,** The derivative  
418  $d(\delta\rho_T)/dB_0$  illustrates that  $B_{c2}$  associated with the largest rate of change at the transition midpoint  
419 first decreases when reducing compression ( $U_{Piezo} = -20 \rightarrow 0$  V), followed by a slight increase

420 upon tensile strain ( $U_{Piezo} = 0 \rightarrow +12$  V). **c**, The coil impedance was measured at the transition  
421 midpoint ( $B_0$  fixed at  $B_{c2}$  as indicated in inset), providing a sensitive measure of modifications  
422 upon changing strain. In intervals of 20 V or less,  $B_{c2}$  was determined by a field sweep and after-  
423 wards  $B_0$  was set to the new transition midpoint. The results (solid blue squares) were corrected  
424 for the different  $B_0$  yielding one half of a parabola centered around [-10 V;10 V], very similar to  
425 the strain dependence of  $T_c^3$  (dashed black line).

426 **Extended Data Fig. 4 | Transient effects associated with normal-state response. a**, The  
427 transient components of reflected power are plotted as a function of pulse energy  $E$  and time  $\tau$   
428 after the pulse, cf. Fig. 4. **b**, The magnetic field dependence of reflected power was recorded at  
429  $E = 0.8 \mu\text{J}$ . The changes in  $\delta\rho_T(B_0)$  on increasing  $B_0$  from the measurement field (0.7107 T) to  
430  $B_0 > B_{c2}$  match well with the time-dependent recovery in **a**, as indicated by the horizontal dotted  
431 lines. Both channels (IP and Q) document a variation in  $\delta\rho_T$  that results from a transition between  
432 normal and superconducting states around  $\tau \approx 100 \mu\text{s}$ .

433 **Extended Data Fig. 5 | Strain dependence of  $^{17}\text{O}$  Knight shifts in superconducting and**  
434 **normal states.** Contrast of shifts in normal and superconducting states for strains covering the  
435 range  $\varepsilon_{aa} = [0, \varepsilon_v]$ . The top and bottom parts of the panel show the O1' and O1 sites, respectively.  
436 Normal state is indicated by solid symbols (black and red) recorded at 4.3 K and two different  
437 field strengths<sup>19</sup>. Open symbols correspond to an equilibrium temperature of 20 mK, hence within  
438 the superconducting state for sufficiently high  $T_c$  realized by large strain and small magnetic field.  
439 Blue and orange symbols correspond to field strengths 0.7107 T and 1.1573 T, respectively. The



440 results from  $B_0 = 1.9980$  T are shown in green ( $\varepsilon_{aa} = \varepsilon_v$ ; cf. Fig. 2).

$B$ (T)	$f_{ref}$ (MHz)	O(1) <sub>  </sub>	O(1') <sub>⊥</sub>	O(2) <sub><i>b</i></sub>
0.7107	4.0980	1.0	57.5	43.0
1.1573	6.6798	0.8	36.0	26.7
1.9980	11.5323	0.5	20.4	15.6

Table 2: Quadrupolar corrections, in kHz, to central transition resonant frequencies  $f = {}^{17}\gamma_n B_0$ , for the three oxygen sites and field strengths applied along the  $b$ -axis. The listed values apply to the zero strain case, and we have used  ${}^{17}\gamma_n = 5.772$  MHz/T<sup>19</sup>.