Exosomes as Hedgehog carriers in cytoneme-mediated transport and secretion

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ABSTRACT

The Hedgehog signalling pathway is crucial for development, adult stem cell maintenance, cell migration, and axon guidance in a wide range of organisms. During development, the Hh morphogen directs tissue patterning according to a concentration gradient. Lipid modifications on Hh are needed to achieve graded distribution, leading to debate about how Hh is transported to target cells despite being membrane-tethered. Cytonemes in the region of Hh signalling have been shown to be essential for gradient formation, but the carrier of the morphogen is yet to be defined. Here we show that Hh and its co-receptor lhog are in exovesicles transported via cytonemes. These exovesicles present protein markers and other features of exosomes. Moreover, the cell machinery for exosome formation is necessary for normal Hh secretion and graded signalling. We propose Hh transport via exosomes along cytonemes as a significant mechanism for the restricted distribution of a lipid-modified morphogen.

INTRODUCTION,

The Hh molecule acts as a morphogen to regulate growth and cell fate specification at a distance. In different systems Hh is secreted from a restricted group of cells and distributed in a concentration-dependent manner according to distance from the source, resulting in differential activation of target genes¹. Thus, Hh production, release, transport and reception must be kept under strict spatial and temporal control to accomplish an activity gradient. Hh gradient formation mechanisms have been studied extensively in the *Drosophila* wing imaginal disc comprising two cell populations with different adhesion affinities dividing the field into a posterior (P) and an anterior (A) compartment. The P compartment cells produce Hh, which moves across the A/P compartment border, decreasing in concentration as it spreads away from the border to the A compartment. Hh is post-translationally modified by the addition of cholesterol² and palmitic acid³

which promote Hh association to lipid membranes but are essential for its restricted spreading⁴, raising the question of how its actual secretion and transfer are achieved. In both the wing disc and the abdominal epidermis of *Drosophila*, specialized filopodia called cytonemes⁵ are crucial for establishment of the Hh gradient⁶. Cytonemes are easily visualized by confocal microscope in the basal part of the wing disc epithelium by expressing the Hh co-receptor lhog⁶⁻⁸, which also labels punctate structures⁸ with a size 0.1 - 0.6 μm; some of them seem to exceed the cytoneme diameter, suggesting they could be extracellular vesicles (EVs)⁶. In the chicken limb bud, particles containing SonicHh (SHh) and CDO (vertebrate homologue of lhog) have also been shown to travel along filopodia-like extensions within the field of SHh signalling⁹. Here we characterize these structures and their association with Hh, determining the role of EVs in Hh distribution and gradient formation.

RESULTS

Hedgehog is located in EVs that move towards recipient cells

In the wing disc, Hh punctate structures (endogenous or ectopically expressed Hh-GFP) locate at the plasma membrane both apically and basolaterally (Fig. 1B), and in both P and A compartment cells near the A/P border¹ (Fig.1C). Importantly, these puncta can be partially labelled by extracellular *ex vivo* staining with anti-GFP antibody (Fig.1 B-C), indicating the presence and the extracellular localization of Hh on their surface. They are more abundant at the basolateral part of the disc epithelium (Fig 1 B,C red and yellow puncta), and distinct from cytoplasmic puncta8 (green puncta in Fig. 1C).

Co-expression of Hh-GFP and Ihog-RFP reveals puncta labelled with both markers in the A compartment, as well as puncta that just contain Hh-GFP probably due to internalization of Hh-GFP vesicles by the receiving cells (Fig. 1D, see also Supplementary Movie 1). Live imaging of Ihog-RFP puncta in the abdomen, where Hh also acts as a morphogen¹⁰, confirms their presence

both laterally as well as basolaterally, similar to Hh (Supplementary Movie 2). Disp¹¹ and Dlp⁸, both essential for Hh release⁸, also co-localize with Ihog-labelled punctate structures and cytonemes (Fig. 1E-G). These results indicate that Hh could indeed be transported in extracellular vesicles (EVs) together with other pathway components, Ihog, Disp and Dlp, all involved in Hh release. The punctate structures localize to cytonemes in the basal side of the epithelium⁶; and as *ex-vivo* antibody staining marks both Disp and Hh, these proteins might all be at the surface of EVs (Supplementary Fig. 1G).

To further investigate the EV nature of the puncta, immuno-labelling for Hh in wing discs co-expressing lhog-RFP and the mammalian EV marker CD63 tagged with GFP¹² was performed, revealing a clear co-localization of the three in punctate structures (Fig. 2A). This co-localization was also confirmed by live imaging in the abdominal epidermis of pupae co-expressing CD63-GFP and lhog-RFP (Fig. 2B and Supplementary Movie 3). Furthermore, immunoprecipitation of the GFP-tagged CD63 shows co-immunoprecipitation of lhog-RFP and endogenous Hh *in vivo* (Fig. 2C-E), supporting the presence of CD63 in the Hh-lhog complex observed by confocal imaging and strongly advocating the EV nature of the puncta (Fig. 2A-B).

Detailed observation of movies with CD63-GFP marked puncta shows their association with cytonemes in basal regions, where they move along the cytonemes which point from the P towards the A compartment (Fig.3 A-B and Supplementary Movie 4 and 5). Live imaging of cells expressing either the membrane marker CD4-Tomato or Ihog-RFP also shows punctate structures moving along cytonemes (Fig. 3C-D and Supplementary Movie 6 and 7, see also⁶). Interestingly, CD4-Tomato labelling occasionally shows buckling followed by a swelling structure which might be related to direct shedding of vesicles from the cytoplasmic membrane (Fig.3C and Supplementary Movie 6), also sporadically observed in puncta labelled with Ihog-RFP (Fig. 3D and Supplementary Movie 7).

Hh in MVBs, plasma membranes and EVs by Immuno-EM

To analyse the distribution of Hh at the ultra-structural level, immunoelectron microscopy (Immuno-EM) was performed on thawed cryosections of wing discs expressing Hh-GFP. Supplementary Fig 1 (A-F) shows correlative light-electron microscopy of the Hh distribution on ultrathin cryosections cut orthogonal to the ventral/dorsal axis. Immunofluorescent Hh staining (Supplementary Fig. 1A) was detected along the whole apical disc lumen and at the basolateral region of the P compartment. At the EM level, apical Hh signal was found on microvilli membranes (Supplementary Fig. 1B) whereas basolateral staining on Hh producing cells was mainly detected within multivesicular bodies (MVBs) and lysosomes as well as on the basolateral membranes (Supplementary Fig. 1C,D,E). Interestingly, Hh staining was also detected on heterogeneous vesicle-like structures (size ranging from 30 to 200 nm) in basolateral extracellular spaces close to the basal lamina (Supplementary Fig. 1F,f). To further explore the extracellular distribution of Hh, wing discs expressing Hh-GFP were labelled ex vivo with an anti-GFP antibody before EM processing. As shown in Fig. 4A, thawed cryosections labelled with a dual fluorescent and electron-dense Fab'fragment probe showed apical staining and a basolateral punctate fluorescent pattern at the P compartment, fully consistent with the punctate labelling of external Hh observed at the confocal microscope (Fig. 1). In addition, at the EM level, immunogold staining detected Hh-GFP on apical microvilli membranes (arrows in Fig. 4B-B1) as well as on discrete regions of basolateral membranes (arrows in Fig. 4C-D), frequently associated with cellto-cell contacts (arrows in Fig. 4D). Importantly, significant Hh labelling was detected on clusters of vesicle-like structures at the basolateral extracellular spaces (arrows in Fig. 4C, E and F) and some of these vesicles appear also localized in association with cell protrusions (arrows in Fig. 4E, insets). Finally, Immuno-EM confirmed the presence of Hh, Ihog and Disp at MVBs and exovesicles (Supplementary Fig. 1G.H. I) in cryosections of wing discs expressing Ihog-CFP and Disp-YFP, respectively. Altogether, these results support the notion that all these Hh signalling pathway components share the same secretion mechanism in exovesicles at basolateral spaces.

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Due to the size of some of these EVs (30-150 nm) and their association with MVBs, they could comprise *bona fide* exosomes¹³, defined as extracellular vesicles enriched in cholesterol, sphingomyelin, ceramide and components of membrane raft microdomains¹⁴. Exosomes originate from MVBs and are released to the extracellular space following fusion with the plasma membrane, containing proteins implicated in trafficking, membrane fusion and signalling¹⁵. Hh has been shown to traffic from apical to basolateral plasma membranes⁶⁻⁸ and this recycling process might actually localize Hh in MVBs. Both processes, Hh release⁸ and MVB formation, require Rab5, Rab4, and Rab8 function^{16,17}.

Hh-loaded exovesicles in culture cells

Further characterization using *Drosophila* cultured wing disc cells, CI8, as well as transfected S2 cells expressing Hh-GFP also show the presence of endogenous Hh or Hh-GFP in EVs. These EVs have exosome-like features based on flotation density and protein markers (Fig. 5 and Supplementary Fig. 2A-B). Characterization of the vesicular fraction by isopynic density gradients shows co-fractioning of the Hh protein with membrane (TSG101, Rab11, Rab8 and Syntaxin), and luminal (Hsp70) exosomal associated proteins¹⁸ (Fig. 5B) and the Hh co-receptor lhog (Supplementary Fig. 2C). Previously, it has been described that Hh is associated to lipoproteins (*Drosophila* apoliproteins; Lipophorins (Lp-I and Lp-II¹⁹) for transport¹². Lp-II has also been detected in EV preparations in the presence of fly extracts (source of Lps in the *Drosophila* cell culture medium) but Lp-II does not co-fractionate with Hh-containing exosomes (Fig. 5A,B). Moreover, Hh loaded EVs were able to activate the *Ptc::luciferase* reporter (Fig. 5C-D), further showing that the Hh protein present in these EVs is functional.

Finally, interfering with proteins involved in the production/secretion of EVs, TSG101 and Rab27²⁰⁻²² in *Drosophila* wing disc cells (Cl8 cells) leads to a significant reduction in the levels of Hh protein associated to EVs (Supplementary Fig. 2D). However, in our *in vitro* model,

interference with the ESCRT independent exosome production protein nSMase does not show a significant decrease in the Hh levels within EVs (Supplementary Fig. 2D). Together, results obtained from cell cultured EV analysis support the notion that at least a fraction of functional Hh is secreted in exosome-like vesicles in *Drosophila* cells.

Exovesicle formation genes are needed for Hh release in vivo

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From an *in vivo* perspective, preliminary observations have shown a reduction of the Hh gradient when blocking EVs formation via RNAi treatment⁶. Further, in vivo RNAi screening confirmed the previously observed role of genes involved in EV formation and release, identifying new proteins involved in the graded secretion of Hh via EVs. Five RNAi treatments show an effect on the Hh gradient by the analysis of the Ptc::GFP-Enhancer-Trap expression, a recognized reporter for both, short- and long-range Hh responses: the ESCRT complex components Vps22 (ESCRT-II component) and Vps24 (ESCRT-III component), the ESCRT independent sorting protein SMase²³, the SNARE complex component Ykt6 and the *Drosophila* homologous for the P4-ATPase (CG31729), TAT-5 in *C. elegans* shown to regulate the budding of EVs from the plasma membrane (shedding vesicles/ectosomes/microparticles)²⁴ (Fig. 6A a-d). All these proteins are involved in EV secretion pathways and Ykt6 has also been shown to be involved in the release of exosomes containing Wingless (Wg)²⁵. In addition, in order to confirm the requirement of EV formation during Hh signalling, we have quantified the effect of knocking down a fraction of the genes identified over the long-range target Cubitus interruptus (Ci), and a significant decrease in activation was also observed (Fig 6A e-h). These experiments then endorse the necessity of the molecular machinery for EV formation and release for both short- as well as long-range Hh signalling.

To further analyse the effect of knocking down EVs production genes over Hh-loaded EVs *in vivo*, we ectopically expressed Hh-GFP or Ihog-RFP in producing cells, quantifying the

visible punctate structures only in the A compartment (Fig.6B and for methods Supplementary Fig. 3). We tested RNAi treatments with a clear effect in Hh signalling (Fig. 6A and⁶) including the ESCRT-0 protein Hrs²⁶, the accessory ESCRT protein ALiX²⁶, the EV component Anx B11²⁷, the endosomal sorting protein Rab11 implicated in EV targeting²⁸, and the lipid raft component Flo2 also found in EVs²⁹. All RNAi treatments tested result in significantly fewer Hh-GFP puncta in the A compartment (Fig. 6Ba-c), showing an effect on actual Hh secretion. Similar reduction effects were also observed for lhog-RFP puncta, confirming again the role of these genes in the regulation of the Hh pathway (Fig 6Bd). Moreover, interfering with EV production decreases the externalized levels of endogenous Hh (see Fig 6Cc expressed in levels of ratio change), shown by ex vivo staining after depletion only in the dorsal compartment of the disc while the ventral part retains wild type conditions (Fig. 6C a-b). Importantly, all RNAis used did not have a significant apoptotic effect after treatment (Supplementary Fig. 4A). In addition, quantitative RT-PCR experiments for four of these treatments confirmed the significant reduction of targeted RNA levels induced by the RNAis expression (Supplementary Fig.4B).

On the other hand, immunolabelling for total endogenous Hh levels of wing discs expressing the RNAi constructs only in the dorsal compartment, and compared to the wild type ventral compartment, show no significant change, excluding potential effects of RNAi treatments over production or degradation of intracellular Hh (Supplementary Fig. 4C). The only exceptions to the latter observation were the RNAi treatment for the ESCRT-I component TSG101 and the ESCRT-II component Vps22, which show significant accumulation of total Hh on the P compartment (paired t-test, t = -5.19, df = 7, p<0.01) (Supplementary Fig. 4Cc). However, despite this accumulation both TSG101 and Vps22 RNAi treatment still lead to a reduction in the extracellular levels of Hh (Fig. 6C). Thus, and taking into account all data from RNAi treatments, EV production is required for the normal release levels of Hh to the extracellular space in the wing disc and consequently for the normal graded signalling pattern.

DISCUSSION

Our previous research showed a requirement for cytonemes extending from Hh producer cells towards receptor cells for Hh gradient formation, while Hh was also observed in punctate structures⁶. Here, we characterized these puncta confirming their EV nature and role during Hh signalling. These Hh-loaded exovesicles are a heterogeneous group, differing in size and potentially in origin. *In vivo* imaging shows puncta moving along cytonemes, suggesting a route of Hh secretion and restricted dispersion where Hh-containing EVs are transported by cytonemes. Nevertheless, to date we still do not know the precise mechanism used for Hh release and transport along the cytoneme. Ultrastructural analysis confirmed the presence of Hh in MVBs on the A compartment, supporting an ESCRT dependent route of exovesicle formation and release. Thus, it is possible that MVBs fuse to the plasma membrane releasing vesicles at the same time as cytonemes are elongating, and that these smaller vesicles either travel within the cytoneme (that could be small MVBs) or on the cytoneme. However, live imaging of these structures also shows puncta shedding directly from the cytonemes, and these might correspond to membrane-derived vesicles known as shedding vesicles or ectosomes/microvesicles³⁰.

Ectosome EVs were described as bigger than exosomes and more heterogeneous in size, ranging from 200 nm to greater than 1 μm in diameter, and are originated by shedding preceded by the budding of small cytoplasmic protrusions, which then detach by fission of their stalk³⁰. Although shedding vesicles/ectosomes seem to have a different origin³¹, the mechanisms of their sorting process remain obscure and might also be dependent on the ESCRT complex²⁴. In addition, studies have shown a crucial role for cholesterol-rich microdomains of the plasma membrane for shedding vesicle formation³² as well as for biogenesis of exosomes¹⁴. In our *in vivo* experiments, we have observed a decrease in Hh signalling by knocking down Vps22, an ESCRT-II complex component described as dispensable for vesicles derived directly from the plasma membrane^{33,34}, but required for MVB formation³⁵ (reviewed in ³⁶) supporting an MVB

fusion origin. However, we have also observed a decrease in signalling and Hh release when interfering with P4-ATPase (CG-31729), the *Drosophila* ortholog of TAT-5 specifically involved in the formation of ectosomes in *C. elegans*²⁴. Thus, as it is difficult to account for the considerable differences between the two types of vesicles, the result of knocking down Vps22 and P4-ATPase together with the EM data and the *in vivo* imaging indicate that Hh might be released in both ectosomes/microvesicles and exosome-like vesicles. Determining which process might be the main one regulating Hh secretion or whether both processes are linked is a future challenge.

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In vitro, functional tests demonstrate that Hh loaded exovesicles fractionate together with classical exosomal markers (Fig 5B), and are able to activate Hh dependent transcription in cell culture (Fig 5D). Furthermore, interference with genes involved in the formation and release of EVs in vivo has a decreasing effect on the release of Hh to the extracellular space, altering the Hh gradient formation during signalling (Fig 6). In our experimental model (the *Drosophila* wing imaginal disc) all RNAi treatments behave similarly, independently of their individual function within the EVs formation pathways. The only exceptions were given by the silencing of ESCRT-I component TSG101 and the ECRT-II component Vps22, which resulted in a significant accumulation of total Hh in the P compartment (Supplementary Fig. 4C) but still impaired Hh secretion to the A compartment (Fig. 6B,C); probably due to a simultaneous impairment of the route for Hh degradation as they both play a key role in MVB formation^{26,35}. Differential outputs after down regulation of different EVs formation genes have been reported, including an increment in EVs release (eg ALiX RNAi)26. However, there is increasing evidence of the heterogeneous nature of EVs in size, protein content and origin¹⁸. Depletion of a gene involved in the formation pathway might either affect EVs release in general or might alter the proportion of the different vesicles formed²⁶. Thus, quantifying the effects over those vesicles containing Hh or lhog might not detect potentially distinct changes in the distribution of different size vesicles or protein content.

Association of Hh to EVs and thus membranes supports the transport mechanism initially proposed by Greco et al³⁷ for the spread of Wg protein; Wg secreted and moved while contained in membrane fragments called argosomes. Vesicular release of SHh has also been described in the determination of left-right asymmetry in vertebrates³⁸. Moreover, Hh has been found in exosomal structures for its apical secretion in *C. elegans*³⁹. We have found a functional Hh associated to heterogeneous EVs, either originated from MVBs or/and directly shedding from the plasma membrane of cytonemes, and that are essential for Hh gradient formation.

Recent reports also show Wg and Wnt to be released in exosomes at the wing disc, in the zebrafish and tissue culture cells^{21,22,25,40}. During patterning of the zebrafish neuroectoderm, Wnt8a localizes to membrane-associated punctate structures in live tissue and these puncta are found on filopodial cellular processes⁴⁰. In *Drosophila*, Wg has also been visualized *in vivo* moving along cellular extensions by Evi-exosomes¹⁸ or released as exosomes from MVBs at synaptic terminals²². The release of exosomes and further activation of the Hh pathway in an epithelium might then require a synaptic process with a potential complex association of various proteins. Thus, *in vitro* experiments with cultured cells might not be able to reproduce the signalling process in an epithelium, leading to the relatively low representation of Hh in exosomes and Hh dependent transcription activation.

Overall, our results support a route for morphogen transport that involves vesicle transport and secretion along cytonemes to accomplish proper spatially restricted signalling. Still, key unanswered questions regarding the final transfer or release of morphogens like Hh remain. Supporting a conserved mechanism in vertebrates, SHh and CDO (vertebrate homologue of lhog) in vesicle-like structures have been observed moving along specialized filopodia in the chick limb bud⁹. Further elucidation of the origin, structure and function of the EVs implicated in this process as well as the mechanism of their release is likely to be essential to understand Hh cell-cell signalling. However, our results do not totally exclude a potential combinatorial effort with

other secretion routes or extracellular forms of Hh, such as lipoprotein particles^{12,41} or Hh multimers⁴². Comprehending how signalling molecules like Hh are distributed will improve knowledge of developmental processes and their role in diseases like cancer, revealing a wider set of mechanisms and genes involved in the regulation of their signalling.

METHODS

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- Fly mutants.
- A description of mutations, insertions and transgenes (Supplementary Table 1) is available at Fly
- Base (http://flybase.org/). Gal80ts, FLP122 (Bloomington *Drosophila* Stock Centre (BDSC),
- 293 Indiana, USA; http://flystocks.bio.indiana.edu).

Overexpression experiments

- The Gal4 drivers were: hh.Gal4⁴⁴, ap.Gal4 ⁴⁵, tub.Gal4 (BDSC). The pUAS-transgenes were:
- 296 UAS.Hh-GFP⁴⁶, UAS.Ihog-RFP⁸, UASCD63-GFP¹², and UAS.*CD4-tdTom*⁴⁷.
- 297 UAS-RNAi lines targeting TSG101 (35710), ALiX (33417), Hrs (33900), Rab27 (37774), Vps 22
- 298 (38289), Vps 24 (38281), α Smase (25283) and Ykt6 (38314) were all from BDSC. Flo2 (31525),
- 299 AnxB11 (29693), Rab11 (108382), P4-ATPase (CG31729) (105987) and Vps4 (105977) were
- from the IMP Vienna Drosophila RNAi Centre (VDRC; http://stockcenter.vdrc.at). 30 hours of
- transient expression of the UAS-constructs using Gal4; Tub-Gal80ts drivers was achieved by
- maintaining the fly crosses at 18°C and inactivation of Gal80ts at the restrictive temperature
- 303 (29°C) before dissection.

Immunostaining of imaginal discs

Immunostaining was performed according to standard protocols⁴⁸. Imaginal discs from third instar larvae were fixed in 4% paraformaldehyde/PBS for 20 min at room temperature (RT) and washed in PBT before incubating with PBT 0.2% BSA for blocking (1 hour at RT) and primary antibody

incubations (overnight at 4°C). Incubation with fluorescent secondary antibodies (1/200 Jackson laboratories and Invitrogen) was performed for 2 hours at RT for posterior washing and mounting in mounting media (Vectashield). Antibodies were used at the following dilutions: rabbit polyclonal anti-Hh (1:800 or 1:500, raised in this work); rat monoclonal anti-Ci⁵⁰ (1:20 dilution, a gift from B. Holmgren); rabbit polyclonal anti-GFP antibody (1:500, Molecular Probes, A-6455); and rabbit polyclonal anti-Caspase 3 antibody (1:50 dilution, Asp-175 from Cell Signalling). The protocol for the *ex-vivo* labelling using anti-GFP antibody is described in⁴⁶. Imaginal discs from third instar larvae were dissected on ice, transferred immediately to ice-cold M3 medium containing anti-Hh (1:30 dilution; rabbit antibody raised for this work), or anti-GFP (1:50 dilution, rabbit antibody A-6455; Invitrogen), or anti-Disp⁸ (1:50 dilution, guinea pig antibody), or anti-Dlp (1:5 dilution; mouse antibody, Hybridome bank, Iowa) antibodies and incubated at 4°C for 30 minutes. The incubation with the primary antibody under these 'in vivo' conditions, without detergents prior to fixation, rendered the antibody incapable of penetrating the cells. They were then washed in ice-cold PBS, fixed in PBS 4% PF at 4°C, washed in PBT and incubated with secondary fluorescent antibody as above.

In vivo imaging of the abdomen

Pupae were filmed through a window in the pupal case and analysed as described previously⁶. White prepupae were attached to double-sided adhesive tape to remove the operculum with forceps. The prepupa was removed from the adhesive in a solution of 1 mM levamisole in water and moved to a new slide mounting between three bands of Parafilm "M" arranged in a U-shape to ensure minimal squashing. A total of 30 μ l of 1 mM levamisole was used to surround the prepupa. A coverslip was placed over the sample, and the open part of the chamber was filled with 100 μ l voltalef oil to ensure an oxygen supply. All imaged flies developed into pharate adults and many hatched. Z-stacks of around 40 μ m with a step size of 2.5 or 3 μ m were recorded every 150-180 seconds using a Leica SP8 confocal microscope at room temperature.

Number (N) of recorded pupae: Supplementary movie 2+7, N = 8; Supplementary Movie 3, N = 3;

Supplementary Movie 4+5, N = 9; Supplementary Movie 6, N = 6.

Microscopy and image processing of imaginal discs

Laser scanning confocal microscopes (LSM510 or LSM710 Vertical; Zeiss) were used for confocal fluorescence imaging of imaginal discs. ImageJ software (National Institutes of Health) was used for image processing and for determining fluorescence levels.

Quantification of EVs and Hh levels

Vesicle number (Fig. 6B) was quantified using ImageJ. A defined rectangular area of 170x75 µm was chosen, which was located in the A compartment in the vicinity of the P compartment (Supplementary Fig. 3A,B). The edge limit of the P compartment cells was defined after blurring of the projected image and by creating a shaped selection to delimit edges (Supplementary Fig. 3a,b) also confirmed by the immuno-labelling of the A compartment Ptc expression (Supplementary Fig. 3C). Within the selection a mean filter of 1 pixel radius was used to smooth the image and remove noise. To remove particles that were of low fluorescence intensity, the lower threshold for pixel intensities was set to 60, whereas the upper was kept at 255. Finally, the "Analyse Particles" tool was used to count puncta within 0-4.5 pixels of size (Supplementary Fig. 3a,b). Quantifications were performed using individual Z slices taken every 1 µm. All images were treated identically. For all RNAi treatments a control for potential cell death due to RNAi treatment was performed by immune-staining with anti-Caspase antibody (see Supplementary Fig. 4A); no significant increment of cell death due to treatment was detected.

Levels of externalized Hh (Fig. 6C) and total Hh (Supplementary Fig. 4C) were quantified by determining the Mean Gray Value in ImageJ. A rectangular area of approximately 14,400 pixels within the wing pouch on each side of the dorso-ventral border marked by GFP expression driven by the *ap*.Gal4 was used.

Quantification of gradient length

Gradient lengths were determined as described in ⁶ and then expressed as a proportion of the wing pouch length (Fig. 6 A).

Quantitative RTqPCR

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- 361 The RNAis' ability to down regulate their target genes in the transgenic flies was already tested 362 by the manufacturer (BDSC Trip toolbox stocks). Four RNAi treatments were tested 363 (Supplementary Fig. 4B). Three independent biological replicate assays were produced for 364 TSG101-, Flo2-, Rab11-, and the control EGFP-RNAi constructs, and six replicates in the case of 365 HRS- and its control EGFP-RNAi. For RNA extraction *Drosophila* third instar larvae expressing 366 RNAi constructs or not were collected and kept at -80°C. Larval tissues were homogenized in 367 500μl Trizol (Invitrogen), 100μl Chloroform (Merck). After a 15 min 12000 rpm centrifugation at 368 4°C the upper phase containing total RNA was collected and precipitated with 250µl 2,3-propanol 369 (Merck). The dry pellets were resuspended in 40µl sterile water and stored at -80°C. For the RT-370 gPCR reaction, RNA concentration was measured using the Nanodrop ND-1000 and RNA 371 integrity was confirmed using the "Total RNA Analysis ng sensitivity (Eukaryote)" assay of the 372 Agilent 2100 bioanalyzer. cDNA was generated using Super Script III First-Strand Synthesis 373 SuperMix for qRT-PCR from Invitrogen (PN 11752250), 800 ng of total RNA were used for each 374 replicate in a final volume of 20 ul (final concentration of 40 ng/μl). qPCR reactions (95°C for 10 375 min., followed by 40 cycles of 95°C for 15sec. and 60°C for 30sec.; and 1 cycle of 95°C for 376 15sec, 60°C for 15sec and 95°C for 15sec) were run on the CFX 384 (Biorad) according to the 377 manufacturer's instructions.
- 378 Primers used in RTqPCR:
- Flo2_1F 5'-GGCGATGCAGCAATTATGA-3', Flo2_1R 5'-TCATCGGTTTTGGCCAGT-3',
- Flo2_2F 5'-GACGCAAGCAGATCGAGATT-3', Flo2_2R 5'-GATGGTCTGACATTGCTTGG-3',
- Rab11_1F 5'-GACATTGCCAAGCATCTGAC-3', Rab11_1R 5'-GTTCTGGTCGGCATGGTC-3',

- Rab11_2F 5'-AGCCACAGTTTGTCATGTGC-3', Rab11_2R 5'-TCTGATGATGGTGGTGGTGT-3'
- 383 Hrs 1F 5'-AAGATGAACTCGCCCAACC-3', Hrs 1R 5'-GCAGTTCTTGACGATGCTCTC-3',
- 384 Hrs 2F 5'-TCACTCCCAAGAATGCCTTT-3', Hrs 2R 5'-GAGGGAATAGCAGGAGGAGTG-3',
- 385 TSG101 1F 5'-GACCTGCAGAGGTTCGTGTT-3', TSG101 1R 5'-
- 386 CGGGAATAGTGCCCTGTATG-3', TSG101 2F 5'-CTTATATGCCTCAGCCTGGTG-3',
- 387 **TSG101 2R** 5'-GCTGTGGGATAAGGCAGAAA-3', **Actin-F** 5'-
- 388 CACCTGCACACCATCATCATTAT-3', Actin_R 5'-CACACAACATGCGCCCAA-3', Tub_F 5'-
- 389 TCCAATCGCAACAAAAATTCA-3', Tub R 5'-TCGTTTTCGTATGCTTTTCAGTGT-3', RP49 F
- 390 5'-GACGCTTCAAGGGACAGTATCTG-3', **RP49_R** 5'-AAACGCGGTTCTGCATGAG-3'

391 Statistical Analysis

- 392 All statistical analysis was carried out in R⁵¹. Data were tested for normality using Shapiro-Wilk
- tests (data were logged for normality where required), and for homogeneity of variance using
- 394 Bartlett tests.

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Models for treatment effects on gradient length

- 396 For the Ptc reporter a Kruskal Wallis test of gradient length against treatments related to
- 397 exovesicle production (Wildtype, UAS-aSmase-RNAi, UAS-Vps22-RNAi, UAS-Vps24-RNAi, UAS-
- 398 Ykt6-RNAi, UAS-CG31729 (P4ATPase)-RNAi) (n=65) showed a significant effect of treatment
- 399 (Chi²=34.11, df=5 P<0.001). Pairwise Wilcoxon tests adjusted for multiple comparisons were
- used to test for differences between control and each treatment (Fig. 6 Ad). For the Ci reporter a
- 401 Kruskal Wallis test of gradient length against treatments related to exovesicle production
- 402 (Wildtype, UAS-Hrs-RNAi, UAS-Vps22-RNAi, UAS-Vps4-RNAi, UAS-Anxb11-RNAi, UAS-
- 403 TSG101-RNAi, UAS-Vps24-RNAi, UAS-αSmase-RNAi), (n=87) showed a significant effect of
- 404 treatment (Chi²=36.89, df=7 P<0.001). Pairwise Wilcoxon tests adjusted for multiple comparisons
- were used to test for differences between control and each treatment (Fig. 6Ah).

Models for treatment effects on number of EVs released

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407 A Kruskal Wallis test of the number of Hh-GFP puncta released for the control (UAS-Hh-GFP) 408 and ten EVs related treatments (UAS-ALIX-RNAi, UAS-AnxB11-RNAi, UAS-CG31729 409 (P4ATPase)-RNAi, UAS-Rab11- RNAi, UAS-Hrs-RNAi, UAS-Vps4-RNAi, UAS-Flo2-RNAi, UAS-410 TSG10-RNAi, UAS-YKT6-RNAi, UAS-aSmase-RNAi)(n=103) showed a significant effect of 411 treatment (Chi²=54.67, df=10 P<0.001). Pairwise Wilcoxon tests adjusted for multiple 412 comparisons were used to test for significant differences between control and each treatment (Fig. 413 6Bc). A Kruskal Wallis test carried out for the number of IhogRFP puncta released for the control (UAS-414 415 Ihog-RFP) and seven treatments related to exosome production (UAS-Alix-RNAi, UAS-TSG101-416 RNAI, UAS-AnxB11-RNAI, UAS-Rab11-RNAI, UAS-Hrs-RNAI, UAS-Vps4-RNAI, UAS-Flo2-RNAI) 417 (n=76) showed a significant effect of treatment (Chi²=31.18, df=7, P<0.001). Pairwise Wilcoxon tests adjusted for multiple comparisons were used to test for significant differences between 418 419 control and each treatment (Fig 6Bd)...

Models for treatment effect on endogenous levels of external Hh

A paired t-test comparing the relative fluorescence (mean gray values) for WT tissue and for RNAi treated tissue (*UAS-TSG101-RNAi, UAS-Rab11-RNAi, UAS-Hrs-RNAi, UAS-Vps22-RNAi*) (n=56) showed a significant difference (t = 13.18, df = 55, P<0.001). The Ratio WT:*ap* was tested for difference between RNAi expressing wing discs and discs without RNAi treatment or Control, using Anova (F_{4,51}=7.79, P>0.001). Tukey's Honest significant difference tests were used to test for differences between control and each treatment (Fig 6Cc).

Models for treatment effect on endogenous levels of total Hh

Paired t-tests comparing the relative fluorescence (mean gray values) for WT tissue and for RNAi treated tissue (*UAS-TSG101-RNAi, UAS-Hrs-RNAi, UAS-AnxB11-RNAi, UAS-Flo2-RNAi, UAS-Vps22-RNAi,* and *UAS-CG31729-RNAi (P4-ATPase)* (n=49) showed non-significant differences,

except for the TSG101 (t = -5.19, df = 7, p<0.01) and Vps22 (t=-5.50, df=7, p<0.001) treatments. The Ratio WT:ap was tested for difference between RNAi expressing wing discs (ap) and discs without RNAi treatment or control (WT), using Anova ($F_{6,42}$ = 11.7, p<0.001). Tukey's Honest significant difference tests showed that the only significant differences with control were for

Models for treatment effects on target RNA levels

TSG101 (p<0.05) and Vps22 (p<0.001) (Supplementary Fig. 4Cc).

Welch two sample T-tests comparing the normalized values for RNA expression for WT tissue and for each RNAi treated tissue (*UAS-TSG101-RNAi*, *UAS-Flo2-RNAi*, *UAS-Rab11-RNAi*, *UAS-Hrs-RNAi*) showed significant differences between RNAi expressing larvae and larvae without RNAi treatment or Control (Supplementary Fig. 4B). Values for each treatment are: TSG101 RNAi against Control (n=6) (t=3.63, df=3.6 p<0.05), Flo2 RNAi against Control (n=6) (t=9.19, df=2.5 p<0.005), Rab11 RNAi against Control (n=6) (t=18.2, df=2 p<0.005), HRS RNAi against Control (n=12) (t=4.08, df=8.3 p<0.005).

Immunoelectron Microscopy

Larvae were inverted in PBS and fixed in 2% (w/vol) paraformaldehyde (PFA) and 0.2% (w/vol) glutaraldehyde (GLA) or 4%PFA and 0.05% GLA in 0.2 M phosphate buffer (PB, pH 7.4) for 2 h at room temperature and kept in 1% (w/vol) PFA in PB at 4 °C. Subsequently, wing discs were dissected, embedded in 10% (w/vol) gelatine, and processed for cryosectioning. Discs were then cut orthogonal to the ventral/dorsal axis on an EM FCS cryo-ultramicrotome (Leica Microsystems) at -120 °C. For immunogold labelling, thawed 90-nm thick cryosections were incubated with rabbit anti-GFP (1:500, A-6455; Invitrogen, rabbit anti-Hh (1:150) (6), guinea pig anti-Disp (1:100) antibodies followed by protein A conjugated to 15-nm gold particles (EM Laboratory, Utrecht University, The Netherlands). Sections were stained with a mix of 1.8% methylcellulose and 0.4% uranyl acetate. For double labelling, anti-Disp⁸ and anti-Hh⁴⁸ antibodies were detected with goat

anti-guinea pig IgG conjugated to 10-nm gold particles and goat anti-rabbit IgG conjugated to 15-nm gold particles (British Biocell), respectively.

For ex vivo anti-GFP labelling experiments, discs expressing Hh-GFP were labelled with 1:30 dilution anti rabbit anti-GFP polyclonal antibody (Life technologies (Molecular Probes)) as reported⁴⁶ and fixed with 4%PFA and 0.05% GL in 0.2 M PB (pH 7.4) for 2h at RT. Then, the discs were processed for cryosectioning as described before. Ultrathin (100 nm) thawed cryosections were incubated with an anti-rabbit Fab´ fragment conjugated to Alexa594 and 1.4-nm nanogold (Fluoronanogold, Nanoprobes, New York, USA), mounted with 50% glycerol and visualized with an inverted fluorescence microscope (DMI6000, Leica Microsystems, Wetzlar, Germany). For EM visualization, nanogold labelling was amplified by silver enhancement according to manufacturer's instructions (Nanoprobes). Sections were then stained with a mixture of methylcellulose and uranyl acetate and visualized with a JEOL JEM 1010 (Tokyo, Japan) electron microscope operating at 80 kV. Images were recorded with a 4k x 4k CMOS F416 camera from TVIPS (Gauting, Germany).

Immunoprecipitation

We modified a standard protocol for immunoprecipitation using Drosophila embryos⁵². Larvae expressing CD63-GFP, Ihog-RFP or co-expressing both under *tub*.Gal4 were collected and dry frozen in liquid Nitrogen. 50 frozen larvae for each genotype were homogenized in 1 ml/each of C Buffer (50mM HEPES [pH7.4], 50mM KCl, 1mM MgCl, 1mM EGTA, 0.1% Triton, Protease inhibitors cocktail [Roche] and 1mM PMSF). Extracts were initially clarified by centrifugation at 35,000 x g for 10 min, followed by two consecutive high-speed centrifugations at 35,000 RPM for 10 min and the second for 30 min. Clarified supernatant was transferred to fresh tubes between each spin. The supernatant was then incubated with GFP-Trap coupled to agarose beads (Chromoteck) for 1 hour at 4°C, followed by washing (5X) with C Buffer. Immunoprecipitated samples were resuspended in sample buffer with DTT and subjected to 1 D SDS-Page and

Western blotting. Blotted membranes were probed with appropriate antibodies, either to RFP (1:5000, Abcam) or GFP (1:1000, Sigma). After antibody stripping (Tris-HCL 0.5 M, pH 6.8, 2% SDS and β -mercaptoethanol 0.1 M, for 30 min at 60°C) membranes were probed with anti-Hh (rabbit antibody raised for this work 1:5000). Uncropped Western blots are shown in Supplementary Fig. 5 A-C.

Cell culture

Drosophila S2 cells stably-expressing full-length Hh fused to green fluorescent protein (S2::Hh-GFP) were generated using the multicistronic vector pAc5-STABLE2-Neo⁵³, and cultured in Schneider's medium supplemented with 10% FBS and 1% penicillin/streptomycin at 25°C. Cl8 cells were cultured in M3 medium containing 2.5% of FBS, 2.5% fly extract, 10 mg/ml of insulin and 1% penicillin/streptomycin. Transient transfections of Cl8 cells were performed using X-tremeGENE transfection reagent (Roche Applied Science) following manufacturer's instructions on 25 million (5 million/ml) cells and 6 μg of DNA per transfection experiment.

Production and isolation of EVs

Crude preparation of EVs from Hh-GFP transiently transfected Cl8 cells were obtained by collecting 5 ml of EV-depleted media and performing differential centrifugation at 2,000 x g and 100,000 x g of the supernatants after 48 h transfection period. The pellets containing crude EVs were resuspended. For EV production of S2::Hh-GFP and Cl8 cells, 400 million cells were cultured for 48-h and 96-h, respectively, in EV-depleted media (2.5 millions/ml), and exosomesenriched EVs secreted into the medium were purified as previously described⁵⁴; briefly, culture supernatant was collected and centrifuged at 2,000 x g, 4°C, for 10 min to remove cells. The resultant supernatant was subjected to filtration through 0.22 μ m pore filters, followed by ultracentrifugation at 10,000 x g and 100,000 x g for 30 min and 60 min, 4°C, respectively. The resulting pellets were washed with PBS and again submitted to ultracentrifugation at 100,000 x g.

4°C, for 60 min. Final pellets were suspended in PBS and stored at - 80°C.

Western blot analysis

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A small portion (1/350th) of the supernatants obtained after 2,000 x g and 100,000 x g, and 1/5th of the crude EVs preparations or of the fractions from the sucrose gradient were analysed by Western-blotting. Extracts from larvae stage 3 (L3) were prepared as described⁷. SDS-sample buffer was added to the samples and incubated for 5 min at 37°C, 65°C and 95°C and separated on 4-12% pre-casted acrylamide gels (Invitrogen, Carlsbad, CA) under non-reducing conditions. Gels were transferred to PVDF membranes and blocked (5% milk and 0.05% Tween-20 in PBS) for antibody incubation. Chemoluminescent detection of proteins was performed using ECL Prime (Amersham) or Clarity Western ECL substrate (Biorad). Monoclonal antibodies were purchased from the vendors indicated: anti-GFP (clones 7.1 and 13.1) from Roche, anti-GFP (clone GFP-20) for co-immunoprecipitation experiments from Sigma, anti-RFP (ab62341) from Abcam, anti-Hsp70 (BRM-22) from Santa Cruz Biotech. Inc (Santa Cruz, CA), anti-TSG101 (4A10) from Abcam, anti-Rab11 (clone 47) and anti-ubiquitin (clone 6C1.17) from BD Biosciences (Mountain View, CA), anti-ApoLII⁵⁵ and anti-Syntaxin (8C3) from Developmental Studies Hybridoma Bank (lowa City, IA). Rabbit polyclonal anti-Hh and anti-lhog were obtained using the Polyclonal Genomic Antibody TechnologyTM (sdix)⁵⁶. For the anti-Hh production, the immunogen region used comprised the DmHh amino-acids region 80-256; as for the anti-lhog the Dmlhog aminoacid region 248-488 was used. Horseradish peroxidase (HRP)-conjugated secondary antibody was from GE-Healthcare (Buckinghamshire, UK). Uncropped Western blots are shown in Supplementary Fig. 5 D-I.

Fractionation of EVs on continuous sucrose gradient

A continuous 0.25–2 M sucrose gradient in 20 mM HEPES (pH 7.4) was performed as described in 57 . Briefly, EVs were put on top of the continuous sucrose gradient and submitted to ultracentrifugation for 16 h at 210 000 × g, 4°C, in a SW40Ti swinging-bucket rotor. By using an

auto densi-flow density gradient fractionator (Labconco, Kansas City, MO, USA), one millilitre fractions were collected from top to bottom and 20 μ L of each fraction were reserved for measurement of the refractive index to density determination. Each fraction was diluted with 2 mL of 20 mM HEPES (pH 7.4) and ultra-centrifuged for 1 h at 100 000 × g, 4°C, in a TLA-110 rotor. Supernatants were aspirated and pellets were suspended in 25 μ L PBS and stored at -80°C.

Gene silencing in *Drosophila* cultured CI8 cells

nSMase, TSG101 and Rab27 dsRNAs were synthesized following the protocol used at the $PCSMath{T}$ Drosophila RNAi Screening Centre (DRSC) in Boston. Briefly, DNA templates containing T7 promoters sequence on both ends were obtained from the DRSC and were amplified by PCR. These PCR products were used for the in vitro transcription (IVT) reaction, which was carried out for 16 h at 37°C using the T7 Megascript kit from Ambion. After DNasel (Ambion) digestion to remove the template DNA, the dsRNAs were purified using RNAeasy columns (QIAGEN). Both PCR-amplified DNA and purified dsRNA products were assessed by gel electrophoreses and absorbance measurements of the yield. CI8 cells were seeded in six-well plates at 2×10^6 per well in 0.5 mL of FBS-free medium and 7.5 μ g of dsRNA were added and incubated for 1h, adding then 1.5 mL of EV-depleted medium. After 48 h of incubation a new dose of dsRNA was added and after another 48h of incubation the supernatants were collected and centrifuged at 2 000 x g for 10 min to remove cells, then centrifuged at 100 000 \times g for 1 h, 4°C, in a TLA-110 rotor. The resulting pellets were suspended in 25 μ L of PBS and stored at -80°C for subsequent analysis by Western blotting.

Luciferase activity assay of Hh EVs on cultured Drosophila cells

Cl8 cells were transfected with ptc Δ 136-GL3 Firefly responsible reporter ⁵⁸. After 24 h, cells were lifted and seeded into 96-wells plate, and 8-hours later incubated with 0.2 ng/ul of Shh recombinant protein (Sigma) or 1/4th of the crude EVs. After 24 h of treatment, Firefly luciferase

levels were measured using the Dual-Glo Luciferase Assay System (Promega) and the ratio to the control (no EVs added) was calculated to give the Hh signalling activity. This was tested in triplicate and significant differences were tested by a t-student test.

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AUTHOR CONTRIBUTIONS

- Ana-Citlali Gradilla, performed Drosophila silencing experiments, the IP assays, the imaging and statistical analysis and wrote the manuscript.- Esperanza González, Laura González-Mendez, Vanessa Sánchez¹ James D. Sutherland, -Monika González, Rosa Barrio, did the in vitro tissue culture experiments.
- Irene Seijo performed silencing experiments, immunostaining and the confocal images of the
 Drosophila imaginal discs as well as quantitative RT-PCR experiments.

- Ainhoa Callejo, Carmen Ibáñez performed immunostaining and the confocal images of the
- 578 Drosophila imaginal discs.
- 579 German Andrés designed and Milagros Guerra performed the immune-electromicroscopy
- 580 experiment.
- Marcus Bischoff performed the in vivo movies to visualize exosomes in the Drosophila adult
- 582 abdomen.
- 583 João Ramalho Ortigão-Farias collaborated in obtaining and characterised the anti Hh and anti
- 584 Ihog polyclonal antibodies.
- 585 Juan M. Falcón-Pérez designed the in vitro tissue culture experiments.
- Isabel Guerrero designed the experiments and wrote the manuscript.

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COMPETING FINANCIAL INTERESTS

No competing financial interests

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FIGURE LEGENDS.

Figure1: Hh and key signalling components are present in EVs and cytonemes. A) Schematic representation of a cross-section of the wing disc showing the expression of Hh ²¹ in both epithelia; Disc proper (DP) and peripodial membrane ⁵⁹. B) Transverse section of a *hh*.Gal4>UAS.Hh^{GFP} wing disc which has been *ex-vivo* stained with anti-GFP antibody for one hour at low temperature to avoid Hh^{GFP} internalization. Note the colocalization of Hh^{GFP21} and externalized GFP (red) mainly at the basolateral part of the disc epithelium (bottom of image). C) Confocal sections of a similar *hh*.Gal4>UAS.Hh^{GFP} wing disc *ex-vivo* stained with anti-GFP antibody. Note that the colocalization of green ⁶⁰ and red (externalized Hh) is increased in more basolateral sections. The internalized Hh^{GFP} at the A compartment is in green (white arrow heads). Note also that in the most basal section Hh puncta appear to be aligned in a 'beads on a

string' arrangement, suggesting they associate to cytonemes (see also ⁶). D) *Ex-vivo* staining using an anti-GFP antibody in a UAS.Hh^{GFP}/UAS.Ihog^{RFP}; *hh*.*Gal4*/tubGal80^{ts} wing disc after 24 hours at the restrictive temperature. Note the colocalization between Hh and Ihog (arrow heads) in the A compartment and also the presence of externalized Hh at the cellular extensions marked by the Ihog protein. E) Dlp expression in a tubGal80^{ts}; UAS.Ihog^{YFP}/*lhh*.*Gal4* wing disc for 24 hours. e) Insets in E showing the colocalization of puncta of Ihog and Dlp (arrow heads) in the A compartment. F) Ectopic expression of UAS-Ihog^{YFP} and UAS-Disp using the *hhGal4*; tubGal80^{ts} system for 24 hours. f) Insets in F show the colocalization of puncta of both proteins (arrow heads) in the A compartment. G) *Ex-vivo* staining using an anti-Disp antibody in a UAS-Disp/UAS-iHog^{CFP}; *hhGal4l*/tubGal80^{ts} wing disc after 24 hours at the restrictive temperature. Note the colocalization of Disp, Dlp and Ihog in the A compartment (arrow heads) (insets g). Bars,10 μm.

Figure 2: Hh and Ihog can complex with the exosome marker CD63 *in vivo*. A) Lateral view of a reconstructed z –stack of confocal images from a wing disc expressing the exosome marker UAS.CD63^{GFP} and UAS.lhog^{RFP} under the control of *hh.Gal4*/tubG80^{ts} after 24 hours at the restrictive temperature and immuno-labeled for Hh. Note the colocalization of Ihog^{RFP} (red) and Hh (grey) with the marker CD63^{GFP21} (arrow heads). Bar 20 μm. B) Live imaging of *Drosophila* abdomen shows CD63^{GFP} labelled puncta that co-localizes with puncta also labelled by Ihog^{RFP} (arrow heads) and that move along the cytoneme (See also Supplementary Movie 3). Bar 10 μm. C-E) Western Blots showing co-immunoprecipation of CD63^{GFP}, IhogRFP and endogenous Hh after a GFP-Trap pull down (Chromoteck) from a High Speed Supernatant (HSS) of homogenized larvae expressing CD63^{GFP} as control and larvae co-expressing CD63^{GFP} and Ihog^{RFP} as experimental. (C) Immunoprecipitation of CD63^{GFP} shown for both, the IP control and the experimental IP (arrowhead). (D') Co-immunoprecipitation of Ihog^{RFP} revealed by anti-RFP in the experimental IP (arrow) and not present in the IP control. D") Co-immunoprecipitation of

endogenous Hh revealed (after membrane antibody stripping) by anti-Hh in the experimental IP (asterisk) and not present in the IP control, probably due to an enrichment effect of the co-expression of IhogRFP and CD63GFP.

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Figure 3. Punctate structures move along cytonemes in vivo. (A,B) CD63GFP labels punctate structures that move along cytonemes. Cells of the P compartment are labelled with hh. Gal4>UAS. CD63^{GFP}. (A) Individual frames taken from Supplementary Movie 4. Black arrows indicate puncta. Fluorescence is depicted using an inverted grey lookup table⁶¹. (B) Individual frames taken from Supplementary Movie 5. Arrowheads indicate puncta. Fluorescence is depicted using a grey LUT (left) and a HiLo LUT (right), which highlights the brightest pixels in red. (C) Cytonemes labelled with CD4-Tomato show 'buckling' and 'swelling' (C). These structures might be related to the shedding of vesicles, which we could observe occasionally (see D). Individual frames taken from Supplementary Movie 6. Cells of the P compartment are labelled with hh. Gal4 >UAS.CD4-Tomato. Fluorescence is depicted using an inverted grey lookup table.. (D) Occasionally, we observe punctate structures shedding from the cytonemes. Individual frames taken from Supplementary Movie 7. Cytonemes reaching into the A compartment are labelled with hh.Gal4>UAS.IhogRFP and coloured with a fire look-up table. Left panel: Overview. Right panels: Time sequence of detail indicated in the overview. Note punctate structures, which are located along the cytonemes. One punctum (white arrows) is budding (cyan arrowheads) and finally shedding from the cytoneme (orange arrowhead).

Figure 4: Ultrastructural localization of Hh in imaginal discs. Correlative light-electron microscopy of wing discs expressing Hh-GFP. Discs were labelled *ex vivo* with a rabbit anti-GFP antibody and then fixed and processed for cryosectioning. Ultrathin sections, cut orthogonally to the V/D axis, were incubated with a fluorescent (Alexa594) 1.4-nm nanogold-conjugated antirabbit Fab' probe. Labelled cryosections were first imaged at the fluorescence microscope (A1) and then at the transmission electron microscope after silver enhancement of the nanogold signal

(A2-F1). At the light microscopy level (A1) fluorescent labelling is detected at apical areas and at basolateral regions of the P compartment. At the EM level, apical immunogold labelling (B and B1 shows the area delimited by a red box/square/rectangle in A) decorated microvilli membranes (arrows in B1) whereas basolateral signal (panels C1-C3 shows EM images of the area delimited by a blue square in A while D-F shows details of a different disc) is mainly associated with discrete extents of the plasma membrane (arrows in C1, C3 and D) that frequently coincide with cell-to-cell contacts (arrows in D). Also, immunogold labelling is detected in clusters of extracellular vesicle-like structures (arrowheads in panels C1.1, C3, D1, E1, E2 and F1), some of which are associated with cell protrusions (insets in C1 (C1.1) and E (E1)). A and P compartments as well as apical (Ap) and basolateral (Bs) regions are indicated in panels A1 and A2. To help the interpretation, apical and basolateral extracellular spaces are depicted in red (B) and blue (C1, C3, D, E and F), respectively. Panels A to C3 correspond to the same wing disc whereas panels D to F1 correspond to a different specimen. Abbreviations: LD (lipid droplet). Bars: 25 μm (A1 and A2), 5 μm (C), 500 nm (B, C2, D, E and F), 200 nm (B1, C1, C3, D1, E1 and E2) and 100 nm (C1.1 and F1).

Figure 5: Hedgehog protein is associated to EVs with features of exosomes. A) A representative Western blotting of supernatants (SN1500 and SN45) and EVs obtained from 5 ml of media from mock- (control) or Hh-GFP- transfected Cl8 cells. Similar volume of supernatants (1/350 of the total) and 1/5th of the EVs were applied to the gel. Antibodies against indicated proteins were used as described in *Materials and Methods*. Antibody against Hh showed that Hh is found in EVs, although the Hh-associated to EVs represents less than 10% of the total secreted forms (n=3) B) EVs from Hh-GFP transfected cells were fractionated by continuous sucrose density gradient and equal amounts (1/5th) of the resulting fractions analysed by Western blotting. Specific antibodies show the presence of Hh and protein markers of exosomes (Ubiquitinated proteins, Hsp70, TSG101 and Rab11) mapping at similar densities. ApoLII was

also tested in the gradient, showing a different pattern along the gradient. C) Western blot analysis of Hedgehog protein in EVs obtained from untransfected CI8 cells and extract from larvae stage 3 (L3). D) Luciferase activity in CI8 cells transfected with ptc Δ 136-GL3 Firefly responsible reporter and incubated without (Control) or with EVs obtained from CI8 cells. Shh recombinant protein was used as positive inducer. Mean \pm SD of three replicates is shown. Significance level (t-student test) **P<0.01.

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Figure 6: Hh signalling and release in mutant conditions for exosome production genes.

A) Hh signalling in wing discs expressing RNAi treatments in the P compartment (b-d, f-h) and control (a.e), visualized in the A compartment using the Ptc-promotor-Trap::GFP reporter (a-d) and immunolabelling for the long range target Ci (e-h). Detail shown at the bottom and anterior is to the left. Note in RNAi wing discs (b-d, f-h), gradients are shorter than in controls (a,e). (d,h) Box plot comparing gradient length expressed as a proportion of wing pouch length, between control discs and treatments for each reporter. B) Quantification of the number of HhGFP (a-c) or IhogRFP (d) released punctate structures. Reconstruction in Z (lateral view) of wing discs expressing HhGFP 21 (a) or coexpressing HhGFP and RNAi for AnxB11 (b) under the control of hh.Gal4 and immunostained for the transcription target Ptc (red), note punctate structures in the A compartment, decrease after RNai treatment. (c) Boxplot comparing the number of HhGFP puncta released for the control (UAS.HhGFP) and ten exosome related treatments. Note the reduction in the number of puncta. (d) Boxplot comparing the number of IhogRFP puncta (anterior compartment) for the control (UAS.IhogRFP) and seven treatments related to exosome production. Note the reduction in the number of puncta. C) Endogenous externalized Hh levels decrease in mutant conditions for exosome production genes. Ex-vivo staining for Hh in wild type discs (a) or in wing disc expressing RNAi for TSG010 (b) driven by ap. Gal4 with a dorsal expression domain (marked by GFP), leaving the ventral domain in Wild Type conditions as an internal control. Note the decrease in fluorescence after treatment (a,b). (c) Boxplot showing the ratio between relative

- intensity of the mean grey value in the dorsal (RNAi treated) versus the ventral compartment
- (Wild type). The ratio is close to 1 in control while ratio for all RNAi cases is greater than 1 due to
- a decrease in the levels of external Hh in treated cells. Significance levels for pairwise tests
- 705 (Tukey HSD or Wilcoxon, depending on Normality of data): *** P<0.001, ** P<0.01, *P<0.05, +
- 706 P<0.1. Bars,10 μm.

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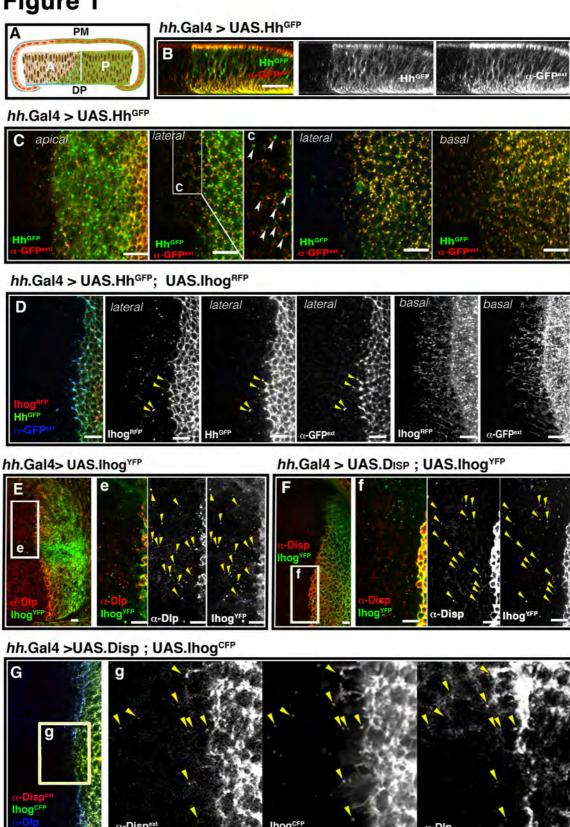
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Figure 1



α-Dispext

Figure 2

hh.Gal4 > UAS.IhogRFP; UAS.CD63GFP

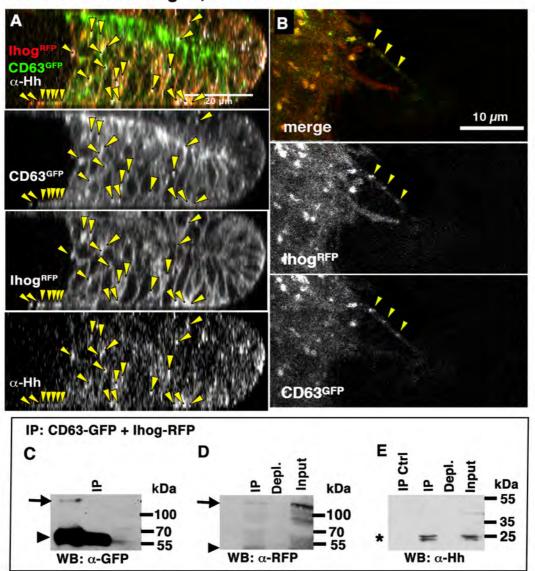
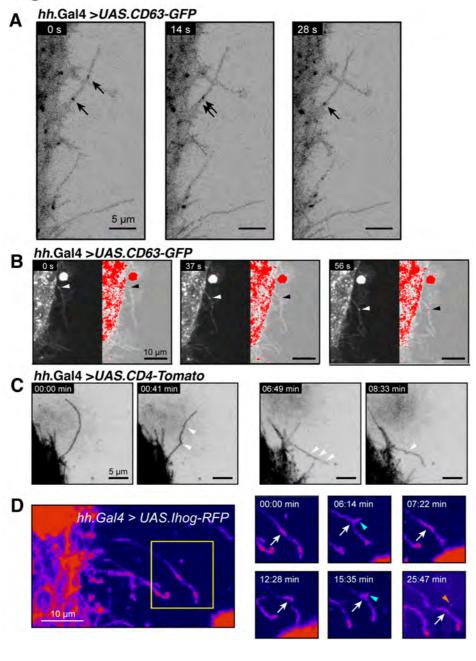


Figure 3



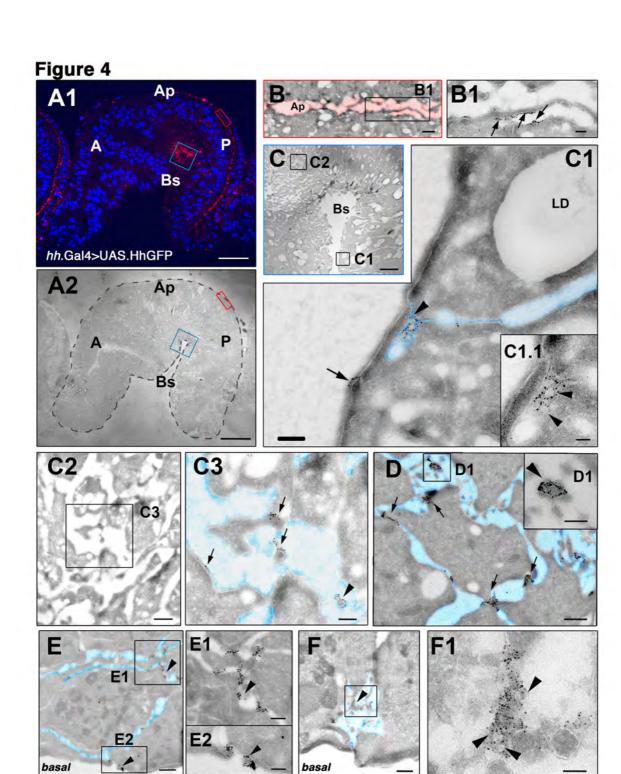


Figure 5

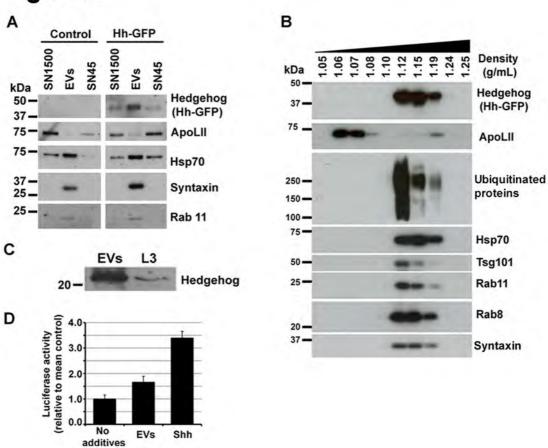
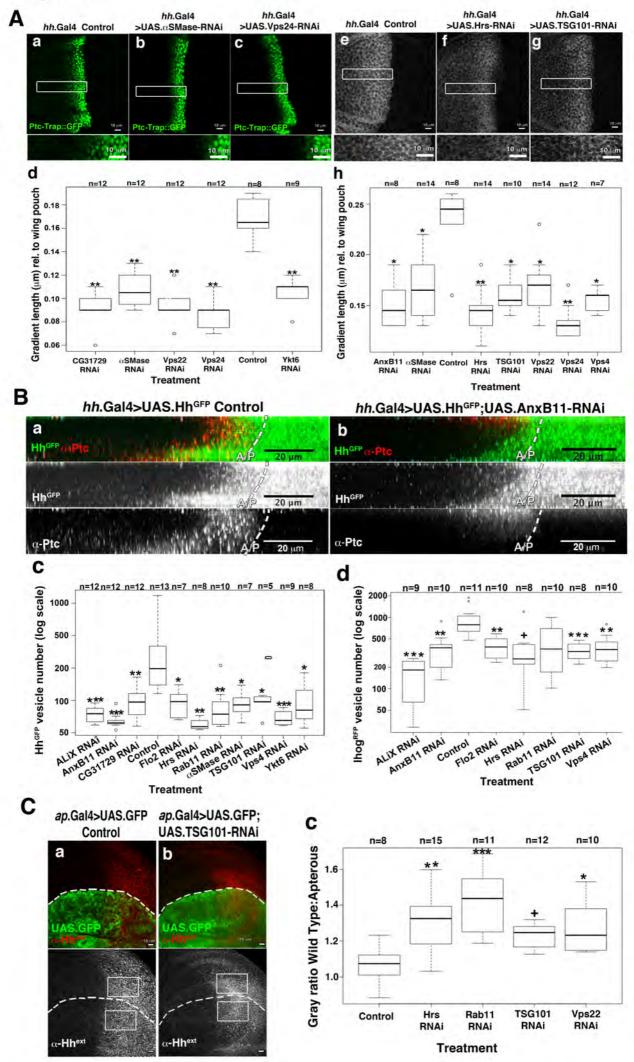


Figure 6



SUPPLEMENTARY MATERIAL

Supplementary Fig. 1: Ultrastructural localization of Hh, Ihog and Disp in wing discs. A) Thawed 200 nm thick cryosections of wing disc expressing HhGFP were immunostained with an anti-GFP antibody followed by a fluorescent (Alexa594) conjugated antibody and nuclear DAPI staining. HhGFP signal is localized along the apical lumen as well as in the basolateral region of the P compartment. B, C, D, E, F, f) Correlative immunogold labelling of 100 nm thick cryosections with an anti-Hh antibody followed by protein A gold (15nm). Labelling decorated the apical microvilli along the entire disc lumen (arrows in B) as well as basolateral membranes (arrows in C and D), multivesicular bodies (MVB in C and E) and lysosomes in the Hh producing cells (C). Hh staining appears also associated with exovesicle-like structures (F, f) in basolateral spaces (depicted with blue colour in F). G, H) Immunogold labelling of cryosections of wing discs expressing Ihog^{CFP}. Staining was performed with an anti-GFP antibody followed by protein A gold (15 nm). Labelling decorated MVBs (G) and exovesicles (arrowheads in G and H-h) at basolateral spaces. Note that in panel H, the basolateral space between adjacent cells (N indicates their nuclei) has been depicted in blue colour to better visualize gold-decorated exovesicles. I) Double-immunogold labelling of Hh and Disp on cryosections of wing disc expressing DispYFP. Labelling was performed with rabbit anti-Hh and guinea pig anti-Disp antibodies followed by 15nm gold conjugated anti-rabbit and 10-nm gold conjugated anti-guinea pig antibodies. Image shows double-labelled on basolateral membranes, MVBs and exovesicles (arrowheads) at basolateral spaces. Bars, 500 nm (F, H) and 200 nm (B,C,D,f,G,I). A and P compartments are indicated in A. Basolateral extracellular spaces are depicted in blue.

Supplementary Fig. 2: Hedgehog and Ihog are in EVs dependent of the ESCRT complex.

A) Western-blotting of three independent experiments of transfection in Cl8 cells with a vector carrying Hh-GFP. 1/30th of 1% Triton X-100-lysed cells, 1/5th of the purified EVs and 1/350th of

the SN1500 and SN45 were analysed by Western-blotting using antibody against Hedgehog. Both, low and high exposures of the films are indicated in order to visualize the protein in all the fractions. B) Western blotting of cell extracts and purified EVs obtained from untransfected and S2 stably-expressing Hh-GFP cells. Equal amounts of proteins (20 ug) of 1% Triton X-100-lysed cells and of purified EVs were analysed using antibodies against indicated proteins. Note that while a tiny band was observed in cell extract of Hh-GFP expressing cells a clear band was observed in the EVs from Hh-GFP expressing cells indicating an enrichment of Hh-GFP protein in the extracellular vesicular fraction regarding the intracellular Hh content. C) Gradient density analysis of EVs from Hh-GFP stably-expressing S2 cells. EVs were fractionated by continuous sucrose density gradient and equal amounts (1/5th) of the resulting fractions analysed by Western blotting. Specific antibodies show the presence of Hh, iHog and exosomal marker Rab11 mapping at similar densities. D) dsRNA treatment against nSMase, TSG101 or Rab27 in *Drosophila* cultured cells Cl8.

Supplementary Fig. 3: Methods for the quantification of puncta in the A compartment. A-a) Maximum intensity projection of Z stacks from a wing disc expressing lhog^{RFP} (control), showing the rectangular area used for quantifications of the number of puncta in the A compartment, a) Image showing the selection used for quantification after delimiting the edge of the P compartment cells. a) Small numbers are the actual quantification showed here in a projection of the Z stacks. B-b) Example of another quantification for one of the RNAi treatments coexpressing lhog^{RFP}, showing the same image analysis procedure as in the control (A). All quantifications were performed per z-slice rather than using projections. C) Confocal sections of wing discs expressing HH^{GFP} in the P compartment (hh.Gal4) and immuno-labelled for the receptor Ptc in the A compartment. Yellow line shows the delimitation of the edge obtained after blurring the projected image of all sections. Note how the delimiting line coincides with the compartment border marked by Ptc in red (c).

Supplementary Fig. 4: Results are robust to controls for RNAi treatments A) Imaginal discs immunostained with anti-Caspase-3 antibody to analyse the effect of a possible cell death after RNAi treatments (b-d) when compared to a non-treated Hh^{GFP} expressing disc (a). Note that there is no significant increment in cell death. Bars,10 μm. B) Boxplot showing RNA levels after RTcPCR quantification in larvae expressing RNAi treatments and tested for their target genes. Note that there is a significant reduction in specific RNA levels when treated (See Methods). C) *Immuno*staining for total Hh in wild type discs (a) or in wing disc expressing RNAi treatment for AnxB11 (b) driven by *ap.Gal4* with a dorsal expression domain (marked by GFP), leaving the ventral domain in Wild Type conditions as an internal control. Note there is no change in fluorescence levels at the dorsal posterior compartment compared to the ventral side (a,b). (c) Boxplot showing the ratio between relative intensity of the mean gray value in the dorsal (RNAi treated) versus the ventral compartment (Wild type). The ratio is close to 1 in control, and in all RNAi cases except TSG101 and Vps22 where the ratio decreases due to accumulation of Hh in the RNAi treated cells.

Significance levels for pairwise tests (Tukey HSD or Wilcoxon, depending on Normality of data):

*** P<0.001. ** P<0.01. *P<0.05. + P<0.1. Bars.10 um.

Supplementary Fig. 5: Original films for all Western Blot experiments. A-C) Western Blots for co-immunprecipitation experiment (Fig. 2 C-E) incubated with antibodies against GFP (A), RFP(B) and Hh (C). D) Western Blots for the isolation of EVs showing Hh, ApoLII in EVs with exosomal markers (Fig. 5A). E) Western Blots for the fractionation of EVs by density gradient showing Hh, ApoLII and exosomal markers (Fig. 5B). F) Western Blots for the isolation of EVs showing Hh^{GFP} (Supplementary Fig. 2A). G) Western Blots for the isolation of EVs showing Hh^{GFP} and Ihog in EVs with exosomal markers (Supplementary Fig. 2B). H) Western Blots for the fractionation of EVs by density gradient showing Hh^{GFP} and Ihog with the exosomal marker

Rab11 (Supplementary Fig. 2C). I) Western Blots for silencing experiments showing EVs with Hh and Syntaxin after dsRNA treatment against nSMase, TSG101 or Rab27 in *Drosophila* cultured cells Cl8 (Supplementary Fig. 2D). Thus WB was also used to show endogenous Hh (Vehicle lane) in EVs with a control for Hh expression from Larvae extracts (Fig. 5C)

Supplementary Movies

To observe all the details in these complex Movies, please use the arrow keys to play the Movies in Quicktime (Apple, Inc.). In all Movies, anterior is to the left.

Supplementary Movie 1: 3D Reconstruction of a *z*-stack from apical to basal of a *hh.Gal4>UAS.IhogRFP*; *UAS.HhGFP* wing disc. Movie shows a disc rotated from above apical side to a lateral side. Note the presence of vesicles all along the lateral side and along cytonemes at the basal part of the disc. Bar,10 μm.

Supplementary Movie 2. Ihog^{RFP} labels cytonemes and punctate structures in the abdominal epidermis *in vivo*. Histoblasts of the P compartment are labelled with *hh.Gal4>UAS.Ihog^{RFP}*. Lateral region of the epithelium shown in the top panel and basal region in the bottom panel. Note that besides the basal cytonemes, which reach into the A compartment, punctate structures can be found in the A compartment both basally and laterally. Bar, 10 μm. Anterior is to the left.

Supplementary Movie 3. Punctate structures labelled with CD63^{GFP} co-localize with those labelled with lhog^{RFP} *in vivo*. Cells of the P compartment are labelled with hh. *Gal4* > *UAS.CD63*- *GFP*, $UAS.Ihog^{RFP}$. The white arrow highlights a protrusion, in which puncta are most noticeable. Bar, 5 µm.

Supplementary Movie 4. Punctate structures labelled with CD63^{GFP} move along cytonemes *in vivo*. Cells of the P compartment are labelled with hh.*Gal4* >*UAS.CD63^{GFP}*. The white arrow highlights a protrusion, in which puncta are most noticeable. Bar, 5 µm.

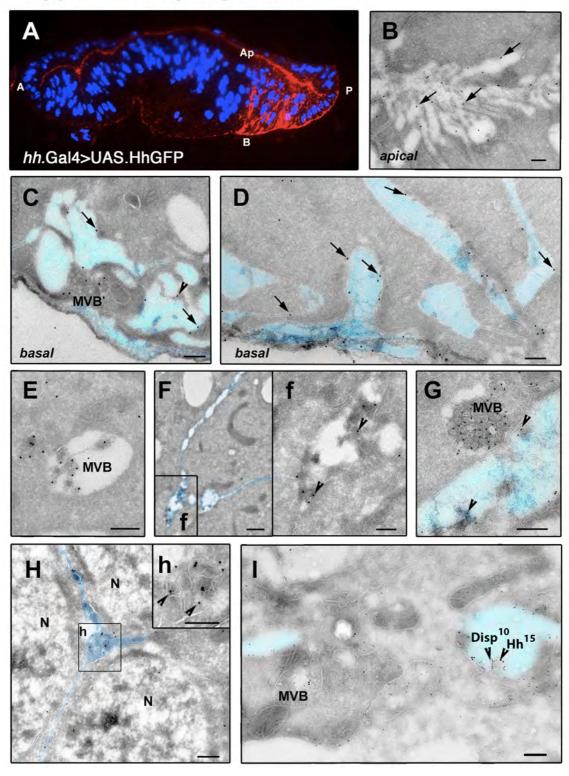
Supplementary Movie 5. Punctate structures labelled with CD63^{GFP} move along cytonemes in

vivo. Cells of the P compartment are labelled with hh. *Gal4 >UAS.CD63*^{GFP}. Arrowheads highlight puncta, which move along a protrusion. Fluorescence is depicted using a grey (left) and a HiLo lookup table (right), which highlights the brightest pixels in red. Bar, 10 μm.

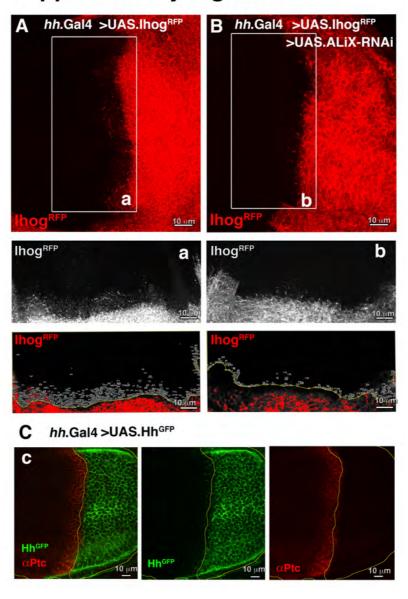
Supplementary Movie 6. Cytonemes labelled with CD4-Tomato show 'buckling' and 'swelling'. The first arrows highlight 'buckles', the later ones 'swellings'. Cells of the P compartment are labelled with hh. *Gal4* > *UAS.CD4-Tomato*. Fluorescence is depicted using an inverted grey lookup table. Bar, 5 µm.

Supplementary Movie 7. Ihog^{RFP} puncta move along cytonemes. P compartment cells and their cytonemes are labelled with *hh.Gal4* >*UAS.Ihog^{RFP}* and coloured with a Fire lookup table. Note punctate structures, which are located along the cytonemes (white arrows). One punctum is budding and finally shedding from the cytoneme (cyan arrow indicates punctum shortly before it leaves the protrusion). Note also that Ihog^{RFP} labels puncta, which are not associated to cytonemes. Bar, 10 μ m.

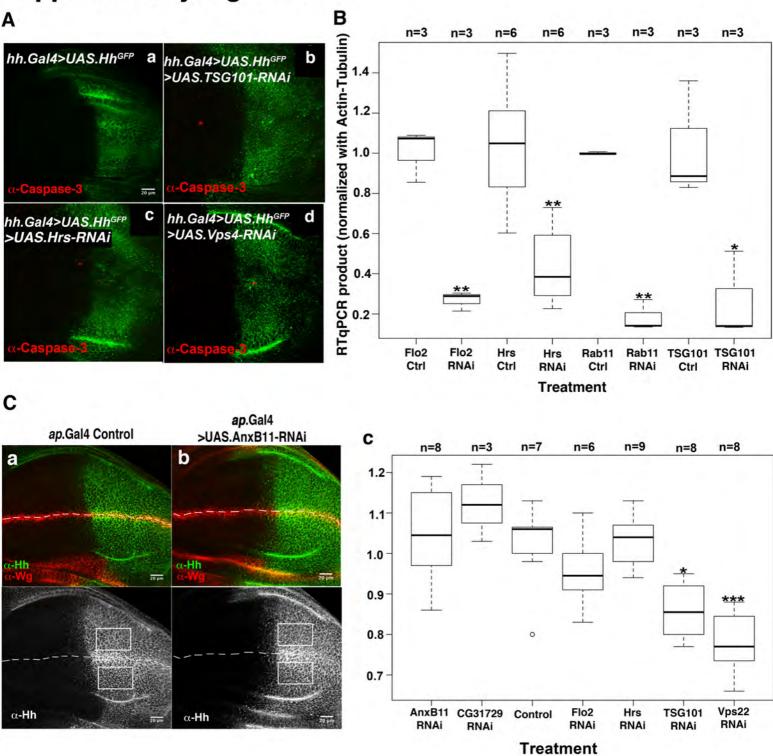
Supplementary Figure 2

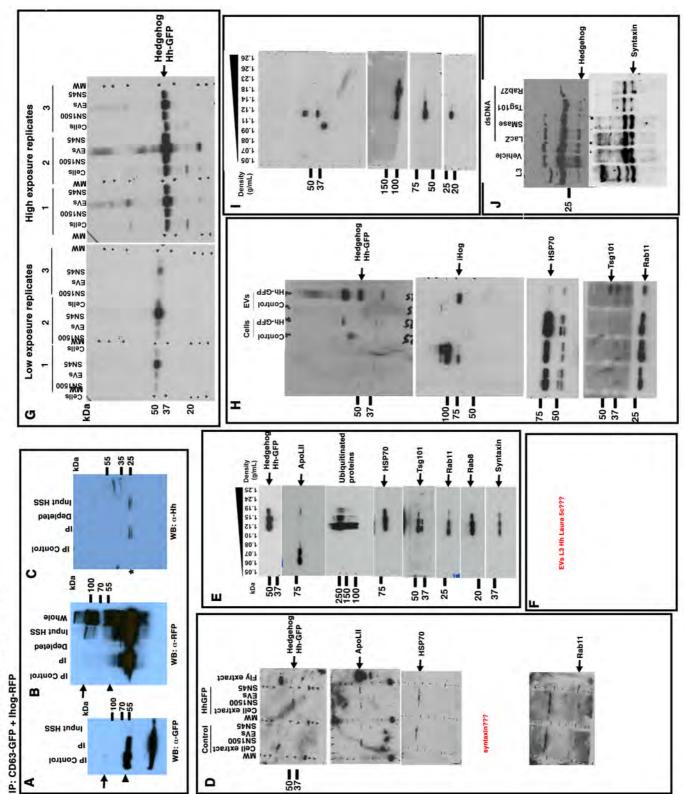


Supplementary Figure 3



Supplementary Figure 4





Supplementary Table 1: Drosophila stocks

Name (Symbol)	ТҮРЕ	Procedence Stock Number	FlyBase ID (stock)	FlyBase ID (gene)	Annotation symbol
ALG-2 interacting protein X (ALiX)	UAS-RNAi line	Bloomington Drosophila Stock Center #33417	FBst0033417	FBgn0086346	CG12876
Annexin B11 (AnxB11)	UAS-RNAi line	Vienna <i>Drosophila</i> RNAi Centre #29693	FBst0458097	FBgn0030749	CG9968
Flotillin 2 (Flo2)	UAS-RNAi line	Vienna <i>Drosophila</i> RNAi Centre #31525	FBst0459071	FBgn0264078	CG32593
Hepatocyte growth factor regulated tyrosine kinase substrate (Hrs)	UAS-RNAi line	Bloomington Drosophila Stock Center #33900	FBst0033900	FBgn0031450	CG2903
Rab11 (Rab11)	UAS-RNAi line	Vienna <i>Drosophila</i> RNAi Centre #108382	FBst0480193	FBgn0015790	CG5771
αSMase	UAS-RNAi line	Bloomington Drosophila Stock Center #25283	FBst0025283	FBgn0039769	CG15534
Tumor susceptibility gene 101 (TSG101)	UAS-RNAi line	Bloomington Drosophila Stock Center #35710	FBst0035710	FBgn0036666	CG9712
Vacuolar protein sorting 4 (Vps4)	UAS-RNAi line	Vienna <i>Drosophila</i> RNAi Centre #105977	FBst0477803	FBgn0027605	CG6842
Larsen (Vps22)	UAS-RNAi line	Bloomington Drosophila Stock Center #38289	FBst0038289	FBgn0260940	CG6637
Vacuolar protein sorting 24 (Vps24)	UAS-RNAi line	Bloomington Drosophila Stock Center #38281	FBst0038281	FBgn0037231	CG9779
YKT6 ortholog (S. cerevisiae) (Ykt6)	UAS-RNAi line	Bloomington Drosophila Stock Center #38314	FBst0038314	FBgn0260858	CG1515

Cation– transporting P- type ATPase (TAT-5)	UAS-RNAi line	Vienna <i>Drosophila</i> RNAi Centre #105987	FBst0477813	FBgn0051729	CG31729
Hedgehog	UAS-HhGFP	Torroja et al., 2004	FBtp0019401	FBgn004644	CG4637
Ihog	UAS-IhogRFP UAS-IhogYFP UAS-IhogCFP	Bilioni et al., 2013 Callejo et al., 2011	FBtp0083037	FBgn0031872	CG9211
Apterus	Gal4	Bloomington Drosophila Stock Center #56807	FBst0056807	FBgn0000099	CG8376
α-Tubulin at 84B	Gal4	Bloomington Drosophila Stock Center #30036	FBst0030036	FBgn0003884	CG1913
CD-63	UAS-CD63GFP	Panakova et al., 2005	FBtp0020578	FBtp0020578	ENSG00000 135404
Dispatched	UAS-Disp UAS-DispYFP	Burke et al., 1999 Callejo et al., 2011	FBtp0011804 FBtp0083034	FBgn0029088	CG2019
Patched	Promoter enhancer trap- GFP (Spradling)	DGRC	Fly Trap GFP CB02030	FBgn0003892	CG2411
Hedgehog	Gal4	Takei et al., 2004	FBti0017278	FBgn004644	CG4637
GFP	UAS-EGFP	Bloomington Drosophila Stock Center #5430	FBst0005430	FBtp0011396	
CD-4	UAS-CD4- Tomato	Han et al., 2011	FBtp0068019	FBgn0263317	ENSG00000 010610